

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Waivers must be filled out & turned into a coach. You should be early for each event. Be sure to check the SportsYou app for schedule changes.			1 Lifting 3:30-4:30	2 Lifting 3:30-4:30	3	4
5	6	7 Lifting 3:30-4:30 Open Gym 4:30-5:30	8 Lifting 3:30-4:30	9 Lifting 3:30-4:30 Open Gym 4:30-5:30	10	11
12	13 Lifting 3:30-4:30	14 Lifting 3:30-4:30 Open Gym 4:30-5:30	15 Lifting 3:30-4:30	16 Lifting 3:30-4:30 Open Gym 4:30-5:30	17	18
19	20 Lifting 3:30-4:30	21 Lifting 3:30-4:30 Open Gym 4:30-5:30	22 Lifting 3:30-4:30	23 Lifting 3:30-4:30 Open Gym 4:30-5:30	24	25
26	27 Lifting 3:30-4:30	28 Lifting 3:30-4:30 Open Gym 4:30-5:30	29 Lifting 3:30-4:30	30 Lifting 3:30-4:30 Open Gym 4:30-5:30		

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Waivers must be filled out & turned into a coach. You should be early for each event. Be sure to check the SportsYou app for schedule changes.					1	2
3	4 Lifting 3:30-4:30	5 Lifting 3:30-4:30 Open Gym 4:30-5:30	6 Lifting 3:30-4:30	7 Lifting 3:30-4:30 Open Gym 4:30-5:30	8	9
10	11 Lifting 3:30-4:30	12 Lifting 3:30-4:30 Open Gym 4:30-5:30	13 Lifting 3:30-4:30	14 Lifting 3:30-4:30 Open Gym 4:30-5:30	15	16
17 JH/JV Summer League Whitehall TBD	18 Lifting 3:30-4:30	19 Lifting 3:30-4:30 Open Gym 4:30-5:30	20 Lifting 3:30-4:30	21 Lifting 3:30-4:30 Open Gym 4:30-5:30	22	23
24 JH/JV Summer League Whitehall TBD	25	26 Varsity Summer League Whitehall TBD	27 Lifting 3:30-4:30	28 Varsity Summer League Whitehall TBD	29	30
31 JH/JV Summer League Whitehall TBD						

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Slater Youth Camp 8:30-12:00 Varsity Summer League Whitehall TBD	3 Lifting 8:00-9:00 Slater Youth Camp 8:45-12:00	4 Slater Youth Camp 8:45-12:00 Varsity Summer League Whitehall TBD	5 Slater Youth Camp 8:45-12:00 <i>Pizza After</i>	6
7 Varsity ESU Team Shootout (All Day- 3 Games) JH/JV Summer League Whitehall TBD	8 Lifting 8:00-9:00	9 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	10 Lifting 8:00-9:00	11 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	12	13
14 JH/JV Summer League Whitehall TBD	15 Lifting 8:00-9:00	16 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	17 Lifting 8:00-9:00	18 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	19	20
21 JH/JV Summer League Whitehall TBD	22 Lifting 8:00-9:00	23 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	24 Lifting 8:00-9:00	25 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	26	27
28 JH/JV Summer League Whitehall TBD	29 Lifting 8:00-9:00	30 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	Waivers must be filled out & turned into a coach. You should be early for each event. Be sure to check the SportsYou app for schedule changes.			

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Waivers must be filled out & turned into a coach. You should be early for each event. Be sure to check the SportsYou app for schedule changes. Varsity- Bash at the Beach Tournament will be sometime in July.			1 Lifting 8:00-9:00	2 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	3	4
5 JH/JV Summer League Whitehall TBD	6 Lifting 8:00-9:00	7 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	8 Lifting 8:00-9:00	9 Lifting 11:00-12:00 Open Gym 12:00-1:00 Varsity Summer League Whitehall TBD	10	11
12 JH/JV Summer League Whitehall TBD	13 Lifting 8:00-9:00	14 Lifting 11:00-12:00 Open Gym 12:00-1:00	15 Lifting 8:00-9:00	16 Lifting 11:00-12:00 Open Gym 12:00-1:00	17	18
19 JH/JV Summer League Whitehall TBD	20 Lifting 8:00-9:00	21 Lifting 11:00-12:00 Open Gym 12:00-1:00	22 Lifting 8:00-9:00	23 Lifting 11:00-12:00 Open Gym 12:00-1:00	24	25
26 JH/JV Summer League Whitehall TBD	27 Lifting 8:00-9:00	28 Lifting 11:00-12:00 Open Gym 12:00-1:00	29 Lifting 8:00-9:00	30 Lifting 11:00-12:00 Open Gym 12:00-1:00	31	

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Waivers must be filled out & turned into a coach. You should be early for each event. Be sure to check the SportsYou app for schedule changes.						1
2	3 Lifting 8:00-9:00	4 Lifting 11:00-12:00	5 Lifting 8:00-9:00	6 Lifting 11:00-12:00	7	8
9	10 Lifting 8:00-9:00	11 Lifting 11:00-12:00	12 Lifting 8:00-9:00	13 Lifting 11:00-12:00	14	15
16	17 Lifting 8:00-9:00	18 Lifting 11:00-12:00	19 Lifting 8:00-9:00	20 Lifting 11:00-12:00	21	22
23	24 Lifting 8:00-9:00	25 Lifting 11:00-12:00	26 Lifting 8:00-9:00	27 Lifting 11:00-12:00	28	29
30	31	Lifting & Open Gyms will continue Tuesdays & Thursdays, starting September 15 th .				