# Anchor Bay School District
# Athletic Department




# Student-Athlete
# Code of Conduct

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**"GOOD SPORTSMANSHIP LASTS A LIFETIME"**

## NONDISCRIMINATION POLICY

It shall continue to be the policy of the Anchor Bay School District not to discriminate on the basis of religion, race, national origin, gender, or handicap in educational programs, activities, or services and to comply with all requirements and regulation of the US Department of Education.

## GENDER AND ETHNICITY – Position Statement

The Anchor Bay school District believes that gender and ethnicity equity is more than being in compliance with the law. It is a spirit. It is a personal ethic. It is a commitment to do what is right and fair for all athletes, officials, coaches and athletic administrators. It means creating an atmosphere and an environment where opportunities and resources are distributed fairly to all.

## SPECIAL NEEDS

Anchor Bay High School Athletic Department is committed to make athletic teams accessible to special needs students. Accessibility will follow the MHSAA guidelines and rules. Please contact the Athletic Director to discuss your special needs requirements.

## Philosophy, Expectations & Communication

### FORWARD

The Anchor Bay School District Athletic Handbook has been assembled for the athletes and parents of Anchor Bay High School. The Handbook is to be used as a guide for all student-athletes. It is the desire of the Athletic Department that all students have a quality experience in interscholastic athletics. Good sportsmanship is expected from athletes, coaches and fans that participate in, or attend events. The athletic department staff is dedicated to providing a quality experience to all students that participate. Student welfare and safety are a top priority as athletes enter the spirit of competition.

If you would like more information regarding Anchor Bay Athletics, please contact the Athletic office at (586) 648-2528.

### MESSAGE TO THE PARENTS

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. We believe that participation in sports provides a wealth of opportunities and experiences, which assist students in personal development. It should be recognized that involvement in interscholastic athletics is a privilege enjoyed by those students who meet the requirements – it is not a right.

A student who elects to participate in athletics is voluntarily making a choice to self-discipline and commitment. Because the health and safety of the participants must be our top priority, we must place conditions on involvement. Good training habits and a healthy lifestyle are necessary for us to ensure this experience. Failure to comply with the rules of training and conduct results in exclusion from the team. This concept of self-discipline and commitment is tempered by our responsibility to recognize the rights of the individual within the objectives of the team and the interscholastic sports program. There is no place in school athletics for students who will not discipline their minds and bodies for rigorous competition. These statements are supported by the Supreme Court of the United States, as there have been challenges to athletic codes on several occasions and the Supreme Court has ruled in favor of such codes on each occasion under premise that athletes' safety and health must be ensured. Challenges to the Athletic Code will be considered on their merits, but no consideration will be given to any party or stakeholder who will not agree to the provisions of the Code in advance.

### EXPECTATIONS

Participation in interscholastic athletics at Anchor Bay is a privilege and an honor. Students who are involved in athletics are in a leadership role representing their family, school, and community. Athletes have a responsibility to exemplify high ideals, fair play, good sportsmanship, and leadership in their competitive setting, their classroom, and the community. Athletes ARE expected to follow the rules of their sport, school, and the laws of society.

The primary purpose of the athletic program is to enrich the student athletes' educational experience. This is done primarily for the physical, mental, social, and moral well-being of the participants. Anchor Bay School District supports its athletes in their endeavors to meet these goals.

The Athletic Department promotes the health and safety of its athletes through its policies and procedures. In order to create a safe and healthy environment for its athletes the Athletic Department expects the athletes to follow its policies 365 days of the year. Proper off season and summer training must be adhered to throughout the entire year so that the athlete will be ready to compete in his/her upcoming sport.

Through participation in athletic programs student athletes learn self-discipline, build self-confidence, and develop skills which help them to become responsible adults and productive citizens.

The Anchor Bay Athletic Department and its athletes are governed by the rules of the Michigan High School Athletic Association, the policies of the Anchor Bay Board of Education and the Anchor Bay Athletic Code of Conduct. The Michigan High School Athletic Association Handbook for the current school year is available in the High School Athletic Director's office.

## SPORTSMANSHIP

As an athlete and as a parent, you can help us establish an outstanding reputation for good sportsmanship. We must work hard in conducting ourselves in a commendable manner. A display of unsportsmanlike conduct can result in sanctions against the offending athlete, parent, and or fan. Always observe the following guidelines for good sportsmanship:

**Acceptable Behavior Includes:**

- Cheering for your team, not against the other team
- Respecting the efforts of coaches
- Accepting decisions of officials and security personnel
- Treating the competition as a game, not a war
- Giving credit for outstanding effort regardless of the team
- Showing concern for any injured player
- Encouraging surrounding fans to display only the best sportsmanlike conduct.

**Unacceptable Behavior Includes**

- Trash talking, taunting, and other intimidating actions on behalf of players and spectators
- Displaying disgust for officials calls or arguing with officials
- Name calling to distract opponents
- Refusing to shake hands or give credit to opponents
- Using profanity or displays of anger that draws attention away from the game
- Coaching from the stands
- Using profanity in cheers.

Any person, including adults, who behave in an unsportsmanlike manner during an athletic or extracurricular event may be ejected from the event and/or denied admission for conduct that includes, but is not limited to: using vulgar or obscene language; possessing or being under the influence of any alcoholic beverage or illegal substance; possessing a weapon; fighting or otherwise

striking or threatening another person, especially game officials; failing to obey a security officer or school employee; and engaging in any activity which is illegal or disruptive.

## RULES FOR ELIGIBILITY

**Enrollment** - Students must have enrolled in school prior to the fourth Friday after Labor Day (1st half of school year) or fourth Friday of February (2nd half of school year). A student must be enrolled in the school for which he/she competes. Participation in one or more interscholastic athletic scrimmages or contests shall be considered as enrollment.

**Age** - A student who competes in any high school interscholastic athletic contests must be under nineteen (19) years of age, except that a student whose nineteenth (19th) birthday occurs on or after September 1 of a current school year is eligible for the balance of that school year.

An athlete cannot participate in tryouts, practices, or games under any circumstances unless the registration process through Appryse (found at abtars.com) is complete and the physical is uploaded to the student-athletes Appryse account.

Information that will be requested through the student-athlete Appryse account:

1. Physical Examination completed by a Doctor, a Physician's Assistant, or Nurse Practitioner dated on or after April 15th of the previous school year.
2. Medical history
3. Insurance statement
4. Medical treatment consent
5. Student consent
6. Parent consent
7. Emergency information
8. Insurance waiver
9. Received and signed for Athletic Code of Conduct before the first game of the season.
10. Social Media Contract
11. Student-athlete Contract

### INSURANCE

All student athletes and parents /legal guardians are responsible for their own insurance program. Anchor Bay School District is not responsible for individual student athlete insurance medical treatment, including the use of an ambulance.

### ALL-STAR COMPETITIONS

A student athlete may not participate in any All-Star contest at any time in any sport sponsored by the MHSAA during the school year.

**Failure to Comply**

A student violating this rule will be ineligible for one year.

## ACADEMIC ELIGIBILITY

All student athletes must meet the Anchor Bay Board of Education requirements for academic eligibility. Students must be passing six (6) classes to participate in athletics, play in scrimmages and games. There are two types of grade checks; semester (Initial eligibility) and weekly (In-season eligibility).

### Initial eligibility *MHSAA SEMESTER ELIGIBILITY CHECK

Initial eligibility before the season, will be determined by the previous semesters grades. Incoming 9th graders will have automatic initial eligibility for the initial fall check only. Students must pass 4 of 6 classes or 66% from previous semester in order to be eligible to participate in current season. Deficits can be made up through classes that are re-taken at Summer School, Night School, or online, as long as it replaces the same class as the one failed. If the student passes the MHSAA standard (4 of 6 or 66%) but does not meet the ABHS standard, that student will be ineligible for the first week of the competition schedule. Block classes will count as two grades.

### In-season eligibility *ANCHOR BAY IN-SEASON CHECKS

Biweekly eligibility reports will be run every Thursday and will go into effect the following Monday through Sunday. Students must be passing six (6) classes on any eligibility check in order to participate. Those who are not eligible will not play in any games or scrimmages for 1 week (Monday to Sunday) until they regain eligibility.

In checking season eligibility, two grades of "D+" or lower will be considered equivalent to one "F" for the purpose of athletic eligibility. Block classes will count as two grades. Grades marked as GD = Grade Denied qualify for credit but will equate to "D" for eligibility purposes.

Student-Athletes that finish the spring semester below the Anchor Bay In-Season check standards will sit the first week of the competition schedule in their next season of participation.

### Eligibility for Holiday's and breaks

If a student is ineligible the check before a holiday break, that student cannot participate in competition for the duration of the break.

### Exception

The only exception that will be made to over-turn an ineligible athlete is:

- Work turned in **on time** but not entered in PowerSchool before eligibility check.

### Process of appeal

If above exception occurs, the student must print off PowerSchool grade report and have teacher sign off on grade, indicating that work was turned in on time and that the work met the standard making the student eligible.

**Academic Intervention and Support**

Students who are declared ineligible for the second time in an athletic season will be required to attend after school tutoring for the balance of the semester. Students will work with faculty and/or honors students twice a week for an hour on not only content-specific areas, but also study skills and academic success monitoring. Students in good standing with the program may be absent at scheduled sessions for after school contests and bus trips. However, students must attend even when in conflict with practice. If student fails to attend scheduled sessions, student will lose playing time to possible dismissal from team.

## ATHLETIC COMPETITION, OUTSIDE OF SCHOOL

A student who is a member of an Anchor Bay athletic school team may not participate in the same sport in the same season in any athletic competition/scrimmage outside of school. The exception to this rule is individual sports listed with the MHSAA. Coaches ask that students do not practice with outside teams during the school season because of the risk of injury and/or varying coaching philosophies.

**Failure to Comply**

A student violating this rule will be ineligible for the next **3 games.**

## TRYOUTS

Athletes must try-out for a team during the try-out dates that are set for the sport. If a student is newly enrolled in the district after the try-out period, they may, at the coach's discretion, be given a try-out period. Students that cannot try-out because of an injury, funeral, illness, or other emergency situation may be given an extended try-out at the discretion of the athletic director and coach. Students that want to join a non-cut sport after the season has begun, must do so prior the first game with permission from the coach and Athletic Director.

## PROMOTING ATHLETES

Athletes will try out for the appropriate level of team according to grade. Freshman will tryout for freshman teams, Sophomores will tryout with JV teams, Junior/Seniors will tryout for Varsity teams
If an athlete is proposed to be moved to a different level, consideration will include grades, attendance, attitude, physical and social maturity, team betterment, proposed playing time and team dynamics. The coach will use the following process:

1. Permission from the Athletic Director (detailing the above criteria),
2. Permission from the parent of the proposed athlete.
3. Acceptance from the athlete.

## QUITTING/REMOVAL

Athletes who quit or are removed from a team prior to the end of the sport season will not be allowed to condition with another team or use school facilities to work on another sport, until the team has finished its season. In addition, athletes are also responsible for all cost and obligations that were incurred prior to quitting/removal from the team.

## ATHLETIC INJURIES

The health and well being of Anchor Bay student athletes is important. All athletes are expected to properly train, condition, and follow the guidelines of their program. However, if there is an injury, whether it happened at home or school, student-athletes are required to bring it to the attention of the coach. If an injury is severe enough to require a doctor's attention, then a doctor's note must be shown to the coach, to resume any participation in practice or games.

### Concussion Protocol

Prior to the season, all athletes must complete a baseline concussion test in ImPact. Any athlete that is suspected of having a concussion must be cleared by a doctor in order to resume participation. Additionally, any athlete that has a confirmed concussion must complete the 5-step return to play protocol as recommended by the University of Michigan department of Nero-Science. The doctor's note does not supersede the 5-step protocol.

## ATTENDANCE – SCHOOL

Attendance in all classes of each school day is required for students to be eligible to participate in practices and contests. A student who has an exempt absence because of a funeral, medical appointment, field trip or some other school approved activity is considered to be in school for that day. Exceptions will be dealt with on an individual basis through the athletic department.

A student with an unexcused absence from school may not participate in the athletic contest or practice scheduled for that day. If a violation is discovered after that day's contest, the student may not participate in the next scheduled contest. If the violation is discovered after the final contest of the season, the student may not participate in the first contest of the next season they compete in.

## ATTENDANCE - STUDENT ATHLETE

Attendance at all practice sessions and games is essential to prepare students mentally and physically for the athletic contests. All team members are required to be at all athletic practice sessions and contests at the times designated by the coach. When it is impossible for a student athlete to attend a practice or a game due to required school functions or family commitments, arrangements must be made in advance with the coach. Student athletes who are injured will attend all practice sessions and games if physically possible.

### Failure to Comply

Failure to attend regularly scheduled practice sessions without an excused absence will lead to disciplinary action as outlined within the supplemental team rules distributed by the coach.

## AWARDS

A student may accept for participation in athletics a symbolic or merchandise award, which does not have a cost or value in excess of $40. Awards for athletic participation in the form of cash, merchandise certificates, membership privileges, athletic equipment or wearing apparel are never allowed.

**Failure to Comply**
A student athlete violating this regulation shall be ineligible for interscholastic competition for a period not less than one full semester from the date of the violation.

## AWAY ATHLETIC CONTESTS

Any student athlete on a team traveling to an athletic contest shall return with the team via the school transportation system. The only exception is when prior arrangements are made with a written note or email from the parents which has been approved and signed by the Athletic Director and given to the coach.

**Failure to Comply**
Any participant not returning from an away contest with a team without prior arrangements shall be suspended for one athletic contest. Also a meeting with the Athletic Director, the athlete and their parents must be held before the athlete is reinstated.

## INCLEMENT WEATHER

Games/practices that are scheduled on days that school is cancelled because of inclement weather will be cancelled. The game/practices will be rescheduled if possible.

## SPORTSMANSHIP

Athletes that display poor sportsmanship outside the spirit of the game may be disciplined by the coach or the athletic department. This may carry over to the next season, if applicable. A display of poor sportsmanship may have occurred before, during or after a game. This penalty may be in addition to penalties assessed during the game. Displays of poor sportsmanship are subject to the following discipline but are not limited to the following. Discipline is not necessarily sequential depending on the act or infraction. It is at the discretion of administration as to what level of discipline is appropriate for the act or infraction of good sportsmanship.

1. Verbal Warning
2. Written Warning
3. Partial Season/Game suspension
4. Removal for the team for the remainder of the season

In addition to these levels, all MHSAA rules for disqualification will apply.

Any time discipline is given, due process will be given including: an investigation of the allegations, meeting with the coaches, meeting with the student athlete, and any others deemed credible witnesses to the act or infraction.

## APPEAL PROCEDURES

Student athletes found in violation of the Anchor Bay Athletic Code of Conduct may appeal the disciplinary action to the Athletic Director. If the appeal is denied, the following chain of administrators can be appealed to in this order.

1. Principal
2. Director of Secondary Education

3. Superintendent

An appeal must be submitted, in writing with reasons for appeal, to the Athletic Director within 14 school days after the discipline is given.

## MULTIPLE SPORTS

Students wishing to play two different sports in the same season must have permission from both varsity coaches and consent from the parent and Athletic Director. If accepted by all parties, a schedule will be developed by the coaches and the athlete in regards to games/practices. Both coaches and student will also agree upon what sport will have priority if two events are scheduled for the same date/time. The student must realize that missing games/practices may affect playing time in one/both of the sports involved

## UNIFORMS AND EQUIPMENT

All student athletes are responsible for the care, the security and use of Anchor Bay uniforms and equipment issued to them.

**Failure to Comply**

Student athletes will be responsible to pay the replacement cost for any uniform or equipment items that are not returned. Student athletes will not be allowed to participate in another sport until all obligations of the previous sport are met. Student will not participate in the graduation ceremony until replacement costs are paid or uniform is turned in.

## TRANSFER STUDENTS

Students that transfer to Anchor Bay from another school district, who are currently or will have an athletic suspension at their last attended school will not be allowed to participate until the period of suspension is served equivalent to the period of the former school.

## SUBSTANCE ABUSE

Students who are involved in athletics are in a leadership role representing their family, their school, and their community. Athletes have a responsibility to exemplify high ideals, fair play, good sportsmanship, and leadership in their competitive setting, their classroom, and in the community. Students using or possessing tobacco, alcohol, illegal drugs or banned performance enhancing substances or in the presence of "look-a-like" containers or paraphernalia as witnessed or reported and determined by school personnel, coach, or police will be subject to the following discipline.

If a student is suspended from a game, he/she may attend the game but cannot wear a uniform or enter the game. If a student is suspended from games for less than the remaining season he/she must participate in the regular practices.

All Substance Abuse offenses are cumulative throughout a student athlete's high school career. Any student athlete who is suspended for one year from the date of the violation may ask to have a meeting at the end of the year of suspension to be reinstated in athletics. Consequences for substance abuse by a student athlete may require completion of a program or counseling. The athlete will not return to competition until fulfilling all required conditions and counseling.

### POSSESSION OR USE OF TOBACCO/VAPE/E-CIGARETTES

*First Offense* - Suspension from 1 Game or the duration of the suspension and appropriate counseling. Tournaments count as one game.
*Second Offense* - Suspended for 3 Games or the duration of the suspension of regularly scheduled games and appropriate counseling. Tournaments count as one game.
*Third Offense* - Suspended for one year from date of violation. Reinstated only after successful completion of an appropriate counseling program and by recommendation of the Athletic Commission.

### POSSESSION OR USE OF ALCOHOL

*First Offense* - Suspended for 3 Games or the duration of the suspension. Reinstated only after completion of counseling. Without counseling, suspended for the entire season. Tournaments count as one game.
*Second Offense* - Suspended from athletics for one year. Reinstated only after successful completion of an appropriate counseling program and by recommendation of the Athletic Commission.
*Third Offense* - Student is removed from athletics for remainder of High School career.

### POSSESSION OR USE OF ILLEGAL DRUGS/CONTROLLED SUBSTANCES CONSEQUENCES

*First Offense* - Suspended for 6 games or the duration of the suspension. Reinstated only after completion of counseling. Without counseling, suspended for the entire season. Tournaments count as one game.
*Second Offense* - Suspended from athletics for one year. Reinstated only after successful completion of an appropriate counseling program and by recommendation of the Athletic Commission.
*Third Offense* – Student is removed from athletics for remainder of High School career.

## HAZING

In 2004, the Michigan Legislature enacted legislation that prohibits hazing activities at educational institutions and provides penalties.

Hazing is defined in the law as an intentional, knowing or reckless act by a person who acted alone or with others that was directed against an individual and that person knew or should have known would endanger the physical health or safety of the individual, and that was done for the purpose of affiliation with, participation in, or maintaining membership in any organization. The law does not apply to an activity that was normal and customary in an athletic program sanctioned by the educational institution.

If the violation resulted in physical injury, the person would be guilty of a misdemeanor punishable by imprisonment for not more than 93 days, a fine of not more than $1,000, or both. A violation resulting in impairment of a body function would be a felony resulting in imprisonment of up to five years and a fine up to $2,500, or both. A violation resulting in death of the person hazed would be punishable by up to 15 years imprisonment and a maximum fine of $10,000 or both.

## INAPPROPRIATE USE OF THE INTERNET & SOCIAL MEDIA

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student-athletes here at Anchor Bay High School in one form or another.

Student-athletes should be aware that third parties - - including the media, faculty, future employers and MHSAA officials - - could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student-athlete, the athletic department and the school. This can also be detrimental to a student-athletes' future college application process and future employment options.
Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of sexual nature. This includes links to inappropriate websites or material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another school and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).
- Cyberbullying – Using technology to bully others verbally, emotionally and/or socially.

If a student-athlete's profile and its contents are found to be inappropriate in accordance with the above behaviors, he/she may be subject to one of the following depending on severity:

- Written warning

- A meeting with Athletic Director, Head Coach, and Parents.
- Penalties as determined by the athletic department, including but not limited to possible suspension or removal from his/her team.

## SCHOOL SUSPENSIONS

Student athletes who are suspended from school may not attend or participate in tryouts, practices, contests or end-of year-banquets during the time of suspension. Suspension ends at midnight of the last day of suspension. After an athlete returns to practice, the coach determines when the athlete is ready to participate in a game. If a suspension occurs during a tryout for a team, then the student will be evaluated on the days (if any) that they are present.

## SUMMER AND OFF SEASON PROGRAMS

A variety of sports camps, schools, clinics, weight programs are offered to athletes during the off season and during the summer months by individual coaches, community education programs, and private groups and organizations. These programs provide opportunities for athletes to improve their skills in their chosen sport. The summer and off-season programs are on a voluntary basis.

## SUPPLEMENTAL RULES AND REGULATIONS

Individual coaches with the approval of the athletic director shall develop supplemental rules and regulations unique to a given sport. These rules will be printed and reviewed with athletes at the start of the season. These rules will be more specific and also include materials unique to that sport. They will also include written criteria for earning an award.

## CERTIFICATES and VARSITY LETTERS

Freshman and JV athletes will receive certificates after completing the season and returning all equipment and uniforms. Varsity athletes that complete the individual sport criteria set by the coach for a varsity sport, will receive a varsity letter (awarded once), certificate and sports chevron after completing the season and returning all equipment and uniforms. An athlete can only obtain (1) one varsity letter.

## NCAA CLEARING HOUSE

Many college athletic programs are regulated by the National Collegiate Athletic Association (NCAA), an organization founded in 1906 that has established rules on eligibility, recruiting, and financial aid. The NCAA has three membership divisions—Division I, Division II and Division III. Institutions are members of one or another division according to the size and scope of their athletic programs and whether they provide athletic scholarships.

If you are planning to enroll in college as a freshman and you wish to participate in Division I or II athletics, you must be certified by the NCAA Initial-Eligibility Clearinghouse. The Clearinghouse was established as a separate organization by the NCAA member institutions in January 1993. The Clearinghouse ensures consistent interpretations of NCAA initial-eligibility requirements for all prospective student athletes at all member institutions. You should apply for certification before graduation. If you appear to meet NCAA requirements, the Clearinghouse will issue a preliminary certification report. After you graduate, the Clearinghouse will review your final transcript to make a final certification decision. More information can be found at www.eligibilitycenter.org or contact the Counseling Office or Athletic Office.

**Official College Signing Day Requirements**

Each year, Anchor Bay High School takes part in the three NCAA Official Signing days.
In order to participate in the official college signing days, student-athletes must:

- Communicate with athletic office at least one month in advance that they intend on signing on the official signing date
- Provide their official letter of intent to the athletic office at least one week prior to the signing date

## Proper Communication for Parent to Coach

**Parent-Coach Relationship:**

Both parent and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of others and provide greater benefit to the students. As parents, when your children become involved in a school's programs, you have the right to understand what expectations are placed on your child. This begins with clear communications to the coach of your child's program.

**Communication you should expect from your child's coach**

1. Expectations the coach has for your child as well as the players on the squad.
2. Location and times of all practices and contests.
3. Team requirements, i.e., fees, special equipment, off-season conditioning.
4. Procedure should your child be injured while participating.
5. Team rules and guidelines, and letter requirements.

**Communication coaches expect from athletes**

1. Notification of any schedule conflicts in advance.
2. Special concerns in regard to a coach's philosophy and/or expectations.

As your children become involved in an athletic program, they will experience some of the most rewarding moments of their lives. It is important to under-stand that there also may be times when things do not go the way
that your child wishes. At these times discussion with the coach is encouraged.

**Appropriate concerns to discuss with coaches**

1. The treatment of your child – mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child not playing as much as you desire. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As

you see from the list above, certain things can be and should be discussed with your child's coach. Other things, such as the following, must be left to the discretion of the coach.

**Issues not appropriate to discuss with coaches.**

1. Playing time
2. Team Strategy
3. Play calling
4. Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understand of the other position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

**If you have a concern to discuss with the coach, the procedure you should follow:**

1. Call to set up an appointment.
2. If the coach cannot be reached, call the athletic director. He or she will set up a meeting for you.
3. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for the parent and the coach. Meetings of this nature do not promote resolution.

**What can a parent do if the meeting with the coach did not provide satisfactory resolution?**

1. Call and set up an appointment with the athletic director or principal to discuss a situation.
2. At this meeting the appropriate next step can be taken.

Since research indicates a student involved in extra-curricular activities has a greater chance for success during adult-hood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided here makes both your child's and your experience with the school's athletic programs less stressful and more enjoyable.

**The Anchor Bay School District is a non-profit, equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. It is the policy of the Anchor Bay School District that no person, on the ground of race, color, religion, sex, national origin, age, disability, political affiliation or belief, shall be excluded from participation in, denied the benefits of, or subjected to discrimination in any activity.**