

NOVEMBER IMAC Athlete of the Month



SPA sophomore Matt Dahlseide has started the 2014-15 boys hockey season with a bang. Fourth in the state in assists (12) as of Dec. 8th, Matt also leads the team with 17 points in 6 games including 3 assists in a 5-2 win over Luverne, and 4 assists in a 4-0 win over Sibley.

The Spartans are 5-1 on the season and ranked #10 in Class A as of 12/10.

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Congratulations to Providence Academy diver Megan White '16. Megan claimed the 2014 MSHSL Class A State Diving Championship competing with the Blake/ Providence co-op following an undefeated regular and post season. Megan set the Blake 6 and 11 dive school records with scores of 301 and 476, along with establishing meet records for True Team Sections Class A, True Team State Class A, and the MSHSL Section 2A Championship. She was the Maroon and Gold (Bronze) Invitational Champion, True Team Section Class A Champion, True Team State Class A Champion, MSHSL Section 2A Champion and MSHSL Class

A State Champion. She was named Section 2A Diver of the Year and All-State. She has been submitted for High School All American consideration.

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Congratulations to Breck School swimmer and Junior Bre Thorne. Bre helped her team achieve first place at the Section 2A Swimming and Diving meet. At this meet, Bre broke the University of St Katherine's pool record in the 100 Butterfly with a :56.38! Bre also helped her team achieve a 4th place finish at the MSHSL State Swimming and Diving Championships in November. Bre is the State Champion in the 100 Butterfly with a :55.87 and was 2nd overall in the 50 Freestyle with a :23.81. Both individual swims broke Breck school records. Bre also placed 4th in the 200 Free Relay with a time of 1:38. 26 (also a new Breck school record) and she was 5th in the 200 Medley Relay with a time of 1:50.01. All of Bre's accomplishments earned her All-State Team honors, and her teammates voted her the 2014 MVP. Congratulations Bre on an outstanding season finish!

November Nominees

The following IMAC scholar-athletes were nominated by their schools for consideration of the November **LIDS Independent Metro Athletic Conference Boy and Girl ATHLETE OF THE MONTH.**

Congratulations to all the nominees.

<u>ATHLETE NAME</u>	<u>SCHOOL</u>	<u>SPORT</u>	<u>YEAR</u>
Carly Bullock	Blake	Girls Hockey	Sophomore
Mark Lyman	Blake	Boys Hockey	Senior
Bre Thorne	Breck	Girls Swim & Dive	Junior

Mo Lawal	Breck	Boys Basketball	Senior
Julia Carle	Minnehaha	Girls Hockey	Senior
Andre Larenzie	Minnehaha	Boys Hockey	Senior
Megan White	Providence	Girls swimming and diving	Junior
Wyatt Thole	Providence	Boys hockey	Sophomore
Matt Dahlseide	SPA	Boys hockey	Sophomore
Catherine Johnson	SPA	Girls hockey	Junior