

## Sam Myers. Minnehaha Academy.



*Sam Myers of Minnehaha Academy*

**Nellie Ide. Blake School**



*Nellie Ide of Blake*

Senior Co-Captain Sam Myers led a strong group of Nordic Skiers to the Conference and Section title for the second year in a row. Sam has earned a top five place at Sections for the past three years, crowning this year's Section race with a first place finish in blizzard conditions. He earned first place in all but one Conference race this year, and had a Top Ten finish in the Classic Race at the Mesabi East invitational. Sam is a spirited leader whose love and dedication to the sport is contagious and inspiring. Sam will be racing at the Minnesota State Meet for the third time.

Nellie Ide '17 was the girls' individual IMAC Conference Champion for the 15-16 Alpine Ski season. Ide placed second at the Section Meet and 3rd place at the 2016 State Meet earning her team 46 valuable points toward their team State Championship!

## JANUARY 2016 Athlete of the Month Nominees

<b>JANUARY</b>			
<b><u>ATHLETE</u></b>	<b><u>SCHOOL</u></b>	<b><u>SPORT</u></b>	<b><u>YEAR</u></b>
Max Owens	BLAKE	Nordic	10
Nellie Ide	BLAKE	Alpine	10
Ingrid Thyr	BRECK	Nordic	12
Lewis White	BRECK	Nordic	12
Sam Myers	MINNEHAHA	Nordic	12
Elsa Ubel	MINNEHAHA	Nordic	12
Cam Durfee	MPA	Alpine	12
Erin Quam	MPA	Nordic	11
Clara Counts	PROVIDENCE	Girls Basketball	12
Dominic Miller	PROVIDENCE	Boys Basketball	12
Jack Johnston	SPA	Boys Hockey	11
Katie Brunell	SPA	Alpine	11
Val Hart	SPA	Nordic	10