



*Val Hart of St. Paul Academy and Summit School*

Val Hart began January by competing in an IMAC conference skate race on Jan. 3, at Elm Creek. Although the timing machines failed because of the

cold, Val was the clear winner, finishing the approximate 5 km race in 00:14:51, 00:01:21 ahead of the next recorded finisher.

After that race, Val competed in the the Senior National Nordic Ski Races in Soldiers Hollow, Utah. Upon her return to the Twin Cities, she competed in the IMAC two-day pursuit race on Jan. 18 and 19. Continuing her dominance of the conference, Val skied that first classic leg of the race (5 km) in 00:17:00 and the second skate leg (5 km) in 00:15:52, for a combined time of 00:32:52, 00:01:08 ahead of the 2nd place finisher.

On Jan. 31, Val cemented her position as the IMAC's top female Nordic skier by winning the day long pursuit race. She skied the 5 km classic leg in 00:16:13 and the 5 km skate leg in 00:15:16--both were the fastest of all girls--for a combined time of 00:31:29, 28 seconds ahead of the 2nd place finisher.



*Dev McCabe of St. Paul Academy and Summit School*

In 11 games in January, Dev had 15 goals and 16 assists for 31 points. That was good for the team lead for the month and was just shy of 3 points per

game. In those 11 games, the Spartans were 9-2 and lost two close games to conference rival and #2 team in state Breck. In those games, Dev factored in all 3 goals and was a consistent force both offensively and defensively for the Spartans. Dev also had 2 powerplay goals, 3 shorthanded goals, and 2 game winners during that timeframe.

Not only is Dev getting noticed by our conference and the state, but he is being recognized nationally for his efforts as well. He was recently named one of five finalists for the State Farm Prep Hockey Player of the Year by USA today. Coach Funk quote: “Dev’s results on the ice thus far this year have been really impressive, but what has been more impressive is his leadership on and off the ice. He has continually adapted his style of play to the environment and has led by example down the stretch. I am so proud of the efforts he has put in on and off the ice.”

## JANUARY NOMINEES

<b>January 2017</b>			
<u><b>ATHLETE</b></u>	<u><b>SCHOOL</b></u>	<u><b>SPORT</b></u>	<u><b>YEA R</b></u>
Max Owens	BLAKE	Nordic	12
Olivia Bizal	BLAKE	Girls Hockey	10
Louis Weiner	BRECK	Alpine Ski	12
Kendall Williamson	BRECK	Girls Hockey	12
Justin Evenson	MINNEHAHA	Boys Hockey	12
Terra Rhoades	MINNEHAHA	Girls Basketball	11
Matt Bourne	MPA	Nordic Ski	10
Izzy Quam	MPA	Nordic Ski	8
Jodie Clay	PROVIDENCE	Girls Hockey	10
Gavin Blomberg	PROVIDENCE	Bball/Fball	12
Val Hart	SPA	Nordic	11
Dev McCabe	SPA	Boys Hockey	11