



Will Grassle from Blake



Jalen Suggs from Minnehaha Academy



Taytum Rhoades from Minnehaha

Will Grassle helped lead the Blake/Breck Bearstangs Boys Swimming and Diving Team to a State Championship with an outstanding performance. Grassle won the 200 Yard Individual Medley and 400 Yard Free Relay, placed 2nd in the 200 Yard Free Relay, and placed 3rd in the 100 Yard Free.

Jalen Suggs is not your average Freshman. In his 3rd year in the Minnehaha Academy Redhawks starting lineup, he's already a 1,000 point scorer and now he's a State Champion! After leading his team in nearly every statistical category throughout the season, he finished in amazing fashion at State averaging 24 PPG, 7.3 RPG, 3APG, 3SPG on 57% shooting from the field and 81% shooting from the Free Throw Line. Jalen was the IMAC Boys Basketball Player of the Year.

The Minnehaha sophomore guard had her best game on the biggest stage. In the State Quarterfinals, Taytum led all scorers with 25 Points on 10-16 shooting, including 4-6 from behind the arc. Taytum also led the Redhawks, who dropped a tough game to #2 Seeded Sauk Centre, with 5 Assists. Taytum is a 2 time IMAC All-Conference player already, and looks poised to add to that number over the next two seasons.

MARCH NOMINEES

Will Grassle	BLAKE	Boys Swimming	12
Josie Lagerstrom	BLAKE	Synchronized Swimming	11
Davis Harrington	BRECK	Boys Swim & Dive	12
Lauren Bilcik	BRECK	Girls Basketball	12
Jalen Suggs	MINNEHAHA	Boys Basketball	9
Taytum Rhoades	MINNEHAHA	Girls Basketball	10
Lauren Schommer	PROVIDENCE	Girls Hockey	11
Mark Richelsen	PROVIDENCE	Boys Basketball	10
Noah Rice	SPA	Boys Swim and Dive	9
Matt Dahlside	SPA	Boys Hockey	12