

Henry Snider



Henry Snider of Mounds Park

Henry has had a splendid season, culminating in a remarkable final 3 races. Henry improved steadily during the season, running personal best times in five of his six 5000 meter races. And he was just one second short of a personal best in the one race he didn't improve. He won the IMAC and Section 4A races in impressive fashion, and finished 9th at the state championship in 16:16, improving his best time by 19 seconds.

Maddie, a junior at Providence Academy, missed her entire sophomore cross country season due to a knee injury. In 2018, she returned to the cross country team for a fantastic comeback season. Maddie's first race of the month was the IMAC conference race where she won with a personal record (PR) of 19:39.9. She went on to the Brooklyn Park invite where she won again. On

Thursday, October 25, she competed in the Section 5A race in Mora, where she won again with another PR time of 19:13.5, which was also a school record. She led her team to State where she ran another PR of 19:08.4, finishing tenth and earning All State Honors.

Maddie Kelly



Maddie Kelly of Providence Academy

Arlina Shen



Airlina Shen of Blake

Blake Junior Airlina Shen claimed the Class A State Singles Championship in the Girls' State Tennis Tournament. Airlina won 6-0, 6-4 in a tough match that included a 35 shot rally at one point. It was Shen's first State Title after finishing as runner up the previous three seasons.

OCTOBER NOMINEES

<u>ATHLETE</u>	<u>SCHOOL</u>	<u>SPORT</u>	<u>YEAR</u>
Airlina Shen	BLAKE	Tennis	Junior

Keegan James	BLAKE	Boys Soccer	Sophomore
Riley Walsh	BRECK	Volleyball	Sophomore
Finn Salveson	BRECK	CC	Senior
Grace Kassebaum	MINNEHAHA	CC	8th
Max Gifford	MINNEHAHA	CC	Senior
Henry Snider	MPA	CC	Junior
Margo Nightingale	MPA	CC	8th
Maddie Kelly	PROVIDENCE	CC	Junior
Jacob Gable	PROVIDENCE	Football	Senior
Eric Lagos	SPA	Soccer	Senior
Maddie Bretton	SPA	CC	Junior