



Ava Pihlstrom won every IMAC alpine meet this year and recently just won the Section 5 alpine meet. She will be competing in the state tournament at Giants Ridge in Biwabik. “Ava is a very driven athlete. She strives to get as many runs in at training each night and is always eager to hear feedback from her coaches. Ava knows how to win every day with hard work and passion for the sport,” says head coach Robbie Massie.



Senior, Sam Shideman, has been an outstanding member of the Breck Alpine Ski Team this year. He is the boys IMAC Conference Champion, he won his side of the Section 5 Championship and placed as the top seed for the MSHSL State Meet. Sam was a valuable member of the Alpine team in which he assisted the coaches with course setup, repair and tear down. Sam also contributed as a leader and mentor to his teammates.



Minnehaha Academy Junior Grace Torgeson capped off another great season winning a Section Title and qualifying for the State Meet!



Congratulations to Junior Isak Nightingale class of 2022 for placing first in the IMAC Nordic Championship at Battle Creek. Isak also placed first in the Section 4A Nordic meet at Hyland Park Reserve. Isak, a dual winter athlete for the Panthers placed 12th at the State Nordic meet and 14th in the State Alpine meet. Congratulation's Isak.

FEBRUARY ATHLETE OF THE MONTH NOMINEES

ATHLETE	SCHOOL	SPORT	YEAR
Ava Pihlstrom	BLAKE	Alpine	Junior
Grayson Okoronkwo	BLAKE	Basketball	9th
Sam Shideman	BRECK	Alpine	Senior
Payton Aafedt	BRECK	Basketball	Senior
Chet Holmgren	MINNEHAHA	Basketball	Senior

Grace Torgeson	MINNEHAHA	Alpine	Junior
Isak Nightingale	MPA	Nordic/Alpine	Junior
Izzy Quam	MPA	Nordic	Senior
Johnny Hendrickson	PROVIDENCE	BHKY	Sophmore
Ava Wasserman	PROVIDENCE	GHKY	Junior
George Peltier	SPA	BHKY	Sophomore
Inga Wing	SPA	nordic	8th grade