

## Maren Overgaard and Helen Townley



The sprint relay of Maren Overgaard '26 and Helen Townley '25 had a standout season with the SPA nordic ski program. They lead the team to another IMAC Championship, finishing first in the conference meet by almost two minutes ahead of the next closest IMAC relay. They went on to clinch the section championship title with ease (more than 40 seconds before the 2nd place relay), helping the team earn a trip to the State Tournament for the third year in a row. At State, Overgaard and Townley finished second overall in the sprint relay race with a time of 16:19, and boosted the team to a 6th place finish.

## Anika Golla



Anika Golla '25 had the best season of her gymnastics career thus far. She worked hard throughout the season on new skills and perfecting her routines. Anika competed in the Breck Luau Invitational at the beginning of the month and helped the team take fourth place in a field of mainly AA teams. She finished second on Vault and in the All-Around competition. She rounded out the meet with a fifth place finish on Bars, sixth on Beam and fourth on Floor. Anika finished the season as the Section 4A Floor and All-Around Champion with personal bests on both events and helping the team to a season high score and second place finish. She outscored top contenders from Mahtomedi to qualify for the Class A State Meet. For Anika's first experience at the State Meet she did very well by finishing in 12th place in the All-Around. She also took 15th on Vault, 18th on Beam, 29th on Floor, and 22nd on Bars. Anika was also named All Section, All State and All American for her scores throughout the season.

## Finn Christiansen



Minnehaha Academy Junior Finn Christiansen had a tremendous season in Nordic Skiing. For the 3rd straight year, Finn qualified for the MSHSL Nordic Ski State Meet. This season, Finn used a great Pursuit Race effort to rally for a Top 20 Finish. In similar fashion, Finn won this year's IMAC Conference Meet in an outstanding close competition. Finn is also a 3 sport athlete who competes at the Varsity level in Cross Country, where he qualified for the State Meet, and Baseball - where he is known to be the team's best all-around player. Congratulations, Finn!

## FEBRUARY NOMINEES

<b><u>February</u></b>			
<b><u>ATHLETE</u></b>	<b><u>SCHOOL</u></b>	<b><u>SPORT</u></b>	<b><u>YEAR</u></b>
Colin Craig	BLAKE	Diving	Junior
Vivien Pihlstrom	BLAKE	Alpine	Sophomore
Anika Golla	BRECK	Gymnastics	Sophomore
Josh Frett	BRECK	Nordic	Sophomore
Finn Christiansen	MINNEHAHA	Nordic	Junior
Addi Mack	MINNEHAHA	Basketball	Sophomore
Vitto Bloyer	MPA	Alpine	Junior
Sydney Lundeen	MPA	Alpine	8th
Alvin Mokua	PROVIDENCE	Basketball	Senior
Maddyn Greenway	PROVIDENCE	Basketball	Freshman
Henry Giles	SPA	Alpine	Junior
Maren Overgaard and Helen Townley	SPA	Nordic	9th/10th