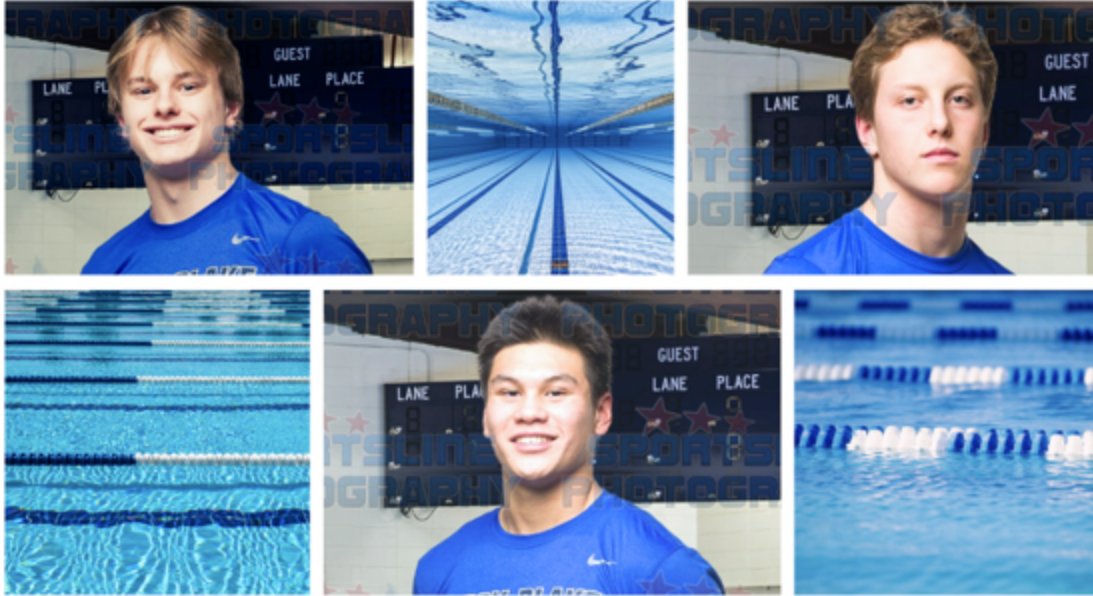




Grace Counts finished her basketball career with honors and accolades that very few ever reach. Grace ended March as a 2 times state champion in basketball. Both years she was recognized as an AA All tournament team member. She has also been recognized as a AA All-State player. In her career Grace finished with 1598 career points, 1011 career rebounds (All Time School leader), 325 career assists, 261 career steals, and 171 career blocks (All Time School leader). Grace is the ultimate winner. She finishes her career with a record of 107-13 over her 4 seasons with the Lions. (89% win percentage) and she finished with a State Tournament record of 9-1 over 4 seasons having never missed the state tournament in her career. If I needed something done on or off the court Grace always stepped up to make it happen. Grace has left an incredible career at Providence Academy and has helped bring the program to new heights we never thought were attainable. She leaves as a champion but more importantly, she leaves a lasting legacy for those after her to aspire towards.



Henry Webb (upper left photo)

Henry is a Sophomore at Blake. He has been swimming on the team since his 7th grade year. This past season Henry was the 2023 State Champion in 3 events: 200yd freestyle, 200 yd freestyle relay, & 400 yd freestyle relay

Charlie Egeland (upper right photo)

Charlie is a Senior at Blake. He has been swimming on the team since his 7th grade year. He is committed to swim at Yale next season. This past season Charlie won 2023 State Titles in 3 events this year : 200 yd IM, 100yd Breaststroke, 200yd medley relay, & 400 yd freestyle relay.

Nam Truong (lower middle photo)

Nam is a Senior at Blake. He has been swimming on the team since his 7th grade year. Nam is committed to attend Virginia Military Institute next year. This past season Nam won the 2023 State Title in the 200 yd freestyle relay.



Jack Schurtz-Ford from Breck



Andrew Colgan from Breck

Jack Schurtz-Ford took 1st place at State in the 200 yd Medley Relay, 400 yd Free relay and backstroke, Andrew Colgan took first place in the State Meet with the 400 yd Free relay.

March Nominees

<u>MARCH</u>			
<u>ATHLETE</u>	<u>SCHOOL</u>	<u>SPORT</u>	<u>YEAR</u>
Charlie Egeland (12), Nam Truong (12), Henry Webb (10)	BLAKE	Boys Swim and Dive	Senior,Senior, Sophomore
	BLAKE	Synchro Swim	
Andrew Colgan (11) & Jack Schurtz-Ford (12)	BRECK	Boys Swim & Dive	Junior & Senior
Rolyns Aligbe	MINNEHAHA	Basketball	Senior
Aniyah Reuben	MINNEHAHA	Basketball	Senior
Micah Hudock	MPA	Basketball	Junior
Nora Pederson	MPA	Basketball	Junior
Grace Counts	PROVIDENCE	Basketball	Senior
Alvin Mokuia	PROVIDENCE	Basketball	Senior
Tysen Hayes	SPA	Basketball	Junior
Catherine Hooley	SPA	Basketball	Senior