

Surrey High School
Sports Guidelines
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Athlete Guidelines & Rules For Athletic Activities

Students participating in extracurricular activities at Surrey High School must be aware this is a privilege and are expected to always represent the ideals, principles and standards of SPS. These expectations and rules are outlined below.

Academics:

Students who participate on sports teams must remember these teams are part of the extra-curricular program at SHS. Thus all work assigned by teachers must be completed and turned into the instructor in accordance with the instructor's timeline. Academic work takes a priority over athletic practices and games.

Academic Eligibility:

Grades will be checked by the high school principal Starting the 4th Wednesday of the semester. Students failing and/or incomplete in more than one course will be deemed ineligible for competition for one week. Ineligible students will be eligible the following Wednesday by improving grades and/or completing missing work. Ineligible students are still eligible for athletic practices if practice time does not interfere with extra help in the courses affecting eligibility.

Alcohol, Tobacco, & Illegal Drugs:

Surrey High School follows the NDHSAA policy regarding alcohol, tobacco, and illegal drug use by student athletes. This policy forbids the use or possession of alcohol, tobacco, and illegal drugs by students participating on school teams. A student athlete found to be in violation of the NDHSAA's policy regarding use of alcohol, tobacco, and/or illegal drugs is ineligible for competition for a period of six weeks. The student athlete deemed ineligible under this policy will be encouraged to remain part of the team and attend all practices during the time of suspension. This is done to keep the student athlete involved in school activities and hopefully help them make better choices and avoid similar problems in the future. A second violation in the same school year carries an 18- week suspension.

Guilt By Association:

Being in attendance at a function, in a vehicle, or at party where the students know or has reason to know that alcohol, tobacco products or other drugs are being consumed illegally by minors and/or intent to use alcohol, such alcohol, tobacco products or drugs, and failing to leave despite having a reasonable opportunity to do so is a violation. Failing to leave immediately is in violation of the POLICY. Consequences are suspension from extracurricular activities for two weeks for the first offense, six weeks for the second offense, and 18 weeks for the third offense. "Tobacco products" include any product that contains tobacco, is derived from tobacco or contains nicotine (or lobelia), that is intended for human consumption, or is likely to be consumed, whether smoked, heated, chewed,

absorbed, dissolved, or ingested by any other means. This includes e-cigarettes and other electronic smoking devices.

Felonies and Stealing:

Upon being found guilty of stealing during the school day or during an extracurricular activity, the student will have a suspension of one-week for the first offense. The second offense will be for the remainder of that sports season. If convicted of a felony, the student will be suspended from extracurricular activities for the rest of the academic year.

Participation Fees:

Students who participate on athletic teams must pay a participation fee for each season in which a student participates. The fee structure is as follows: Grades 5 & 6 are \$20.00 Grades 7 & 8 are \$40.00 Grades 9-12 are \$60.00 per sport. Fees must be paid by the end of the first week of practice. NO Refund after the first contest will be paid.

Family Night:

All extracurricular activities must be out of the school on Wednesday's by 6:00 pm.

School Attendance:

All students who are members of extra-curricular sports teams at Surrey High School must be in school for the entire day of the activity. Unless a valid reason is given to the Athletic Director such as medical, dental or bereavement.

Dress Code:

The dress code on the day of a competition will differ from sport to sport. Students must dress in a manner that meets the SHS school dress code policy. Students are representing SHS at these events and should dress accordingly. The coach of each team will set guidelines for his or her team.

Sportsmanship:

"Fair and generous behavior or treatment of others, especially in a sports contest."

All students and parents must always show good sportsmanship. At practice and at games. Profanity or un-sportsmanship conduct will not be tolerated at any time. The penalty will be at the discretion of the coach or Athletic Director .

Tryouts:

All eligible students have the opportunity to try out for a school activity. Each activity has a starting date, and there will be a minimum of three days if tryout/practice before team selections/or cuts will be made. This is at the discretion of the Coach/ Director.

Hazing:

Hazing occurs when an act is committed against a student, or a student is coerced into committing an act that creates a substantial risk or harm to the student or any third party in order for the student to be initiated into with any group, club, athletic team or grade level. Refer to the student handbook for more information.

Parent/Coach Relationship:

Both parenting and coaching are extremely difficult vocations. Establishing a better understanding of each position will hopefully allow each individual to better accept the actions of the other and provide

a greater benefit to the student athletes involved on these sports teams. Parents have the right to understand what expectations and rules are being placed on their child. This understanding begins with clear communication from the coach of their child's team. Parents are expected to attend parent meetings at the beginning of each season. These meetings provide an opportunity for all involved to listen to the coach and ask questions related to the intricacies of that sports season. Parents must also communicate with their child who is involved in the sport. Throughout the season there will be communication that has to occur through the student athletes. Parents may have concerns throughout the season or with issues related to their child's team. The most difficult job here is determining whether it is appropriate to discuss these concerns with their child's coach. Before visiting with coaches, parents are required to use the (24 hour) cool down period. Do not try to contact a coach within the first 24 hours of the event. This allows all parties to evaluate the situation from all directions.

Parent concerns throughout the season, parents may have concerns with issues related to their child's team.

Appropriate Discussion Issues:

1. The treatment of your child mentally and/or physically
2. Concerns about your child's behavior
3. Ways to help your child improve

Inappropriate Discussion Issues: **THESE WILL NOT BE DISCUSSED AT ANYTIME WITH A COACH OR WITH THE ATHLETIC DIRECTOR.**

1. Playing time
2. Team strategies
3. Play calling
4. Other student athletes

If you as a parent feel you need to discuss one of the "appropriate discussion issues", please follow this protocol:

1. Where appropriate, always have your child talk to the coach to resolve a situation or answer questions your child may have.
2. If you feel the issue was not resolved or needs further discussion, please reach out to the coach and ask to meet with the coach and your child. Please see below for Parent/Coach Contact and meeting.
3. If you are still needing further action or resolution, please contact the Athletic Director to set up a meeting with the A.D., Coach, you and your child.

Parent/Coach Contact:

Parents are asked to contact coaches and set up a face-to-face meeting to discuss any concerns fitting into the preceding list. This initial contact should be made by calling the school and getting contact information for the coach. Whenever possible this initial contact should occur Monday through Friday between the hours of 8:00 am and 5:00 pm. There will be circumstances that do not allow for this timeline to work. Parents are encouraged to use good judgment when determining a time to contact a coach- keeping in mind that these individuals have obligations outside the normal school day.

Parent/Coach Meeting:

Parent/coach meetings must occur for both sides to understand all aspects of the issue causing the concern. All individuals involved are asked to keep the discussion within the guidelines established in this brochure. Involved parties should keep the communication in a tone that will allow for a productive meeting. The parents and coach must understand each other's position for the meeting to be productive.

Emergency Concerns:

Parents who have concerns related to mental and/or physical treatment of their child should contact the coach or school administration immediately. This mistreatment may include bullying, hazing, or some other form of abuse. In situations where it is not appropriate to contact the coach, one of the school administrators should be contacted immediately.

Meeting with Administration:

Not all parent/coach meetings will reach a resolution satisfactory to the parents or coach. If this occurs, the dissatisfied individual(s) should contact the athletic director. A meeting will be set up and the involved parties will discuss the issues that have led to this dissatisfaction. An individual who is still not satisfied with the outcome of the meeting with the athletic director can request a meeting with the superintendent. The final step in this process would be an appeal to the school board.

Curfew:

Students who participate on athletic teams at SHS are subject to the following curfew hours:

Week nights & Sunday--10:30 pm

Friday and Saturday--1:00 am

Night before a Game--10:30

Penalties for Breaking Curfew

1st offense—Coaches discretion

2nd offense—1 game suspension

3rd offense—remainder of season

Missing practice;

If a student misses practice without telling the coach, this will be an unexcused absence. Penalties for missing practice are.

1st offense—Coaches discretion

2nd offense—1 game suspension

3rd offense—remainder of season

Quitting A Sport:

- a. Return will be at the discretion of the coach.
- b. No Fees will be refunded.
- c. All letters and awards are forfeited for that sport.

Transportation to School Sponsored Events:

Surrey High School will provide transportation to all athletic events. When athletic team members are transported by private car, the car must be driven by an adult approved by the Surrey High School

administration. This approval must occur before the event day. Parents may sign their children out from coaches at the site of away games with the coach.

Saving Clause:

It is impossible to establish policy for every possible situation that may arise. The administration, athletic director and coaching staff will have the final say regarding possible situations that arise that do not have rules established in the written policy.

Athletic Director Information:

Students or parents who have questions and/or concerns regarding any of these guidelines and rules should contact the athletic director at Surrey Public School for more information. 701-838-1262.

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