

Wrestling Weight Class for 2024-2025

GIRLS' WRESTLING

14 NFHS Weight Classes – 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235.

BOYS' WRESTLING

14 Weight Classes – 103, 110, 118, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285