



MHSA Official Weigh-In Sheet for the Night Before a Tournament Weigh-In

Rule: For regular season and divisional tournaments, schools can weigh-in participants the night before the opening of the tournament at their home site **with school administration present to verify those weigh-ins**. The team participants will still be required to follow NFHS weigh-in rule 4-5 and must weigh-in on site the second day at the tournament site. Weigh-ins for duals and mixers will be onsite on the day of the event.

Name of school: _____	Date: _____	Time: _____
Administrator Name: _____	Signature: _____	
Tournament attending: _____		

This **signed** document must be **faxed or emailed (as a scanned pdf or image)** to the tournament manger the **night before** the tournament begins. Weigh-ins must take place after 4:00 pm to meet the requirements of this rule.

Name of Wrestler (last, first)	Weight Class	Actual Weight
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____

Name of Wrestler (last, first)	Weight Class	Actual Weight
16. _____	_____	_____
17. _____	_____	_____
18. _____	_____	_____
19. _____	_____	_____
20. _____	_____	_____
21. _____	_____	_____
22. _____	_____	_____
23. _____	_____	_____
24. _____	_____	_____
25. _____	_____	_____
26. _____	_____	_____
27. _____	_____	_____
28. _____	_____	_____
29. _____	_____	_____
30. _____	_____	_____