

**MONTANA HIGH SCHOOL
ASSOCIATION**



**2025-2026
STATE TRACK AND FIELD
PROCEDURES MANUAL**

This booklet contains the
Montana High School Association's
ORGANIZATION PROCEDURES
FOR
PRELIMINARIES AND FINALS

STATE TRACK AND FIELD CHAMPIONSHIPS

Classes "AA" - "A" - "B" - "C"

Boys and Girls

2026

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PREFACE

Since 1968, State Track and Field Championships in Montana have been administered with the policies and regulations of this manual. Though altered at various times, this manual provides a systematic and equitable method of organizing preliminary competition through finals. The entire State Track and Field Meet is computer programmed, and preliminaries and/or finals are patterned from the systems described in this book.

COMPLETE LIST OF TRACK & FIELD EVENTS

Girls' Track Events

100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
1600 Meter Run
3200 Meter Run
100 Meter High Hurdles
(10 hurdles-33" high)
300 Meter Low Hurdles
(8 hurdles-30" high)
400 Meter Relay (4 x 100 Meters)
1600 Meter Relay (4 x 400 Meters)

Girls' Field Events

Discus (2 lbs. 2.205 ozs. /1 kg minimum)
Javelin (1 lb. 3.23 ozs. /600 gr. minimum)
Shot Put (8.818 lbs. /4.0 kg minimum)
Pole Vault
High Jump
Long Jump
Triple Jump

Boys' Track Events

100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
1600 Meter Run
3200 Meter Run
110 Meter High Hurdles
(10 hurdles-39" high)
300 Meter Intermediate Hurdles
(8 hurdles-36" high)
400 Meter Relay (4 x 100 Meters)
1600 Meter Relay (4 x 400 Meters)

Boys' Field Events

Discus (3 lbs. 5.3 ozs. /1.6 kg minimum)
Javelin (1.764 lbs. /800 gr. minimum)
Shot Put (12 lbs./5.443 kg)
Pole Vault
High Jump
Long Jump
Triple Jump

During the regular season, the MHSAA will allow the addition of a relay (200, 200, 400, 800) to be run if requested by meet management to the MHSAA Executive Director.

BASIC PROCEDURES

Class AA – Qualifying Standards and Divisional

There are two divisions: Eastern and Western. **The top *eight (8) qualifiers from each division advance to the state meet.** In addition, qualifiers who meet the qualifying standards established by Class AA during the regular season or during the divisional meet will advance to state. The number of heats, sections and flights will vary and will be determined by the meet manager after the divisional meets.

Finals are seeded by time/mark.

Class A – Qualifying Standards and Divisional

There are two divisions: Western and Eastern. ***The top ten (10) in the Western Division and the Eastern Division, including relays, advance to the state meet.** In addition, qualifiers who meet the qualifying standards established by Class A during the regular season or during the divisional meet will advance to state. The number of heats, sections and flights will vary and will be determined by the meet manager after the divisional meets.

Finals are seeded by time/mark.

Class B – Qualifying Standards and Divisional

There are three divisions: Northern, Southern and Western. ***Six (6) qualifiers from the Western and Northern divisions advance to the state meet and *eight (8) qualifiers from the Southern Division advance.** In addition, qualifiers who meet the qualifying standards established by Class B during the regular season or during the district/divisional meet will advance to state. The number of heats, sections and flights will vary and will be determined by the meet manager after the divisional meets.

Finals are seeded by time/mark.

Class C – Qualifying Standards and Divisional

There are four divisions: Northern, Southern, Western and Eastern. **The top *six (6) qualifiers from the Northern Eastern, and Southern divisions, and the Western division in Class C advance to the state meet for a total of twenty-four (24) qualifiers in each event.** In addition, qualifiers who meet the qualifying standards established by Class C during the regular season or during the district/divisional meet will advance to state. The number of heats, sections and flights will vary and will be determined by the meet manager after the divisional meets.

Finals are seeded by time/mark.

***For all classifications (AA, A, B, and C) the relevant number of place winners for each respective classification (AA-8; A-10; B-6 or 8; C-6) will qualify including ties for the last place in all running and field events.**

SEEDING FOR TRACK EVENTS

Preliminaries

All Classes:

Seeding for all preliminary qualifying running events is determined by times from the divisional meets and from other meets in which a qualifying standard was met. **If a qualifying mark has not been met, the time from finals at the divisional meet will be used for seeding purposes at the state meet.** The number of heats will vary and will be determined by the meet manager after the divisional meets. Preliminaries will be run when the total number of qualifiers exceeds ten runners in an event for a ten-lane track or eight for an eight-lane track.

Finals

All Classes:

Lane assignments for the finals in the 100 meter dash, 200 meter dash, 100 meter hurdles, 110 meter hurdles and the 400 meter relay will be determined by the competitor's time in the preliminaries.

Lane assignments for the timed finals in the 300 meter hurdles, 400 meter dash, and the 1600 meter relay will be determined by the competitor's time in his/her division or by his/her qualifying time.

The 800 and 1600 meter races will have a maximum of thirty (30) per section in all classifications. In all classifications, if more than one section is needed, a maximum of fifteen (15) racers will run in the last section, and all other runners (up to 30) will run in the first section.

The 3200 meter event will have one race at state.

Times will be listed from fastest to slowest and will be placed in sections and finals according to standard seeding in ***the meet management software***.

DISTANCES RACES

All classes will assign positions depending on the number of qualifiers in the 800 and 1600 meter races. For all classes there will be only one race in the 3200 meter event.

All distance races will be run using a double waterfall start and will be seeded from the inside out. The fastest 1/3 of the athletes will be seeded in alley 2 (lanes 6-10) and the other 2/3 of the athletes will be seeded into alley 1 (lanes 1-10). Position assignments will be determined by the competitor's time in his/her division or by his/her qualifying time. NOTE: If an 8-lane track is used, alley 2 is lanes 5-8 and alley 1 is lanes 1-8.

Double Waterfall Start – 10 Lane Track- In the 800, 1600, and 3200 the 1 turn, double waterfall competitor starting positions will be used. This arrangement is used for entries greater than 5 and less than 31. The fastest 1/3 of all entries are placed in the outside waterfall (lanes 6, 7, 8, 9, 10) and the remaining entries are placed in the waterfall that extends across the track (lanes 1 – 10). All locations use the 3M step-up marks. The seeding arrangements for the double waterfall are located below. The competitors at the waterfall line that extends across the track may break to the inside at any time without fouling. The competitors in the upper waterfall must stay in the outside 5 lanes for 1 turn and may break to lane 6 at any time without fouling. The use of the double waterfall is recommended to be used at regular season meets so the competitors are familiar with this procedure.

Two Alley Waterfall Seeding

To be used for the 800, 1600, and 3200

Rational

Based on 2/3 of the athletes at the common start/finish line - lanes 1-10
 1/3 of the athletes placed in the second alley – lanes 6 – 10

Alley Seeding Preference

Alley 2 - Higher Seeds
 Alley 1 - Lower Seeds

Seeding Position

(Based on 24 Athletes)*

Seed	Position
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13
14	14
15	15
16	16
17	17
18	18
19	19
20	20
21	21
22	22
23	23
24	24

If you have heats of 25 or greater, the athlete’s seeded position will follow the above format where seed mark = alley position. **Example** - an athlete with a seed time that places them as 27th best seed should be assigned position 27. Athletes with a seed mark greater than 24 will be placed on the second row of the assigned alley.

Seed / Position

Number of Runners	Alley One (Common Start/Finish line) (Lanes 1 -10) Seeded Positions	Alley Two (Lanes 6-10) Seeded Positions
5	1,2,3,4,5	Do Not Use
6	4,5,6	1,2,3
7	4,5,6,7	1,2,3
8	4,5,6,7,8	1,2,3
9	4,5,6,7,8,9	1,2,3
10	4,5,6,7,8,9,10	1,2,3
11	4,5,6,7,8,9,10,11	1,2,3
12	5,6,7,8,9,10,11,12	1,2,3,4
13	5,6,7,8,9,10,11,12,13	1,2,3,4
14	5,6,7,8,9,10,11,12,13,14	1,2,3,4
15	6,7,8,9,10,11,12,13,14,15	1,2,3,4,5
16	6,7,8,9,10,11,12,13,14,15,16	1,2,3,4,5
17	6,7,8,9,10,11,12,13,14,15,16,17	1,2,3,4,5
18	7,8,9,10,11,12,13,14,15,16,17,18	1,2,3,4,5,6
19	7,8,9,10,11,12,13,14,15,16,17,18,19	1,2,3,4,5,6
20	7,8,9,10,11,12,13,14,15,16,17,18,19,20	1,2,3,4,5,6
21	8,9,10,11,12,13,14,15,16,17,18,19,20,21	1,2,3,4,5,6,7
22	8,9,10,11,12,13,14,15,16,17,18,19,20,21,22	1,2,3,4,5,6,7
23	8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23	1,2,3,4,5,6,7
24	9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24	1,2,3,4,5,6,7,8
25	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25	1,2,3,4,5,6,7,8
26	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25,26	1,2,3,4,5,6,7,8
27	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25,26	Front -1,2,3,4,5,6,7,8 Back Row -27
28	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25,26,28	Front -1,2,3,4,5,6,7,8 Back Row -27
29	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25,26,28,29	Front -1,2,3,4,5,6,7,8 Back Row -27
30	Front Row -9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24 Back Row – 25,26,28,29	Front -1,2,3,4,5,6,7,8 Back Row -27,30

Double Waterfall Start - 8 Lane Track- In the 800, 1600, and 3200 the 1 turn, double waterfall competitor starting positions will be used. This arrangement is used for entries greater than 5 and less than 31. The fastest 1/3 of all entries are placed in the outside waterfall (lanes 5, 6, 7, 8) and the remaining entries are placed in the waterfall that extends across the track (lanes 1 – 8). All locations use the 3M step-up marks. The seeding arrangements for the double waterfall are located below. The competitors at the waterfall line that extends across the track may break to the inside at any time without fouling. The competitors in the upper waterfall must stay in the outside 4 lanes for 1 turn and may break to lane 5 at any time without fouling. The use of the double waterfall is recommended to be used at regular season meets so the competitors are familiar with this procedure.

Two Alley Waterfall Seeding

To be used for the 800, 1600, and 3200

Rational

Based on 2/3 of the athletes at the common start/finish line - lanes 1-8

1/3 of the athletes placed in the second alley – lanes 5 – 8

Alley Seeding Preference

Alley 2 - Higher Seeds

Alley 1 - Lower Seeds

Seeding Position

(Based on 24 Athletes)*

Seed	Position
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13
14	14
15	15
16	16
17	17
18	18
19	19
20	20
21	21
22	22
23	23
24	24

If you have heats of 25 or greater, the athlete's seeded position will follow the above format where seed mark = alley position. Example - an athlete with a seed time that places them as 27th best seed should be assigned position 27. Athletes with a seed mark greater than 21 will be placed on the second row of the assigned alley.

Seed / Position

Number of Runners	Alley One (Common Start/Finish line) (Lanes 1 -8) Seeded Positions	Alley Two (Lanes 5-8) Seeded Positions
5	1,2,3,4,5	Do Not Use
6	4,5,6	1,2,3
7	4,5,6,7	1,2,3
8	4,5,6,7,8	1,2,3
9	4,5,6,7,8,9	1,2,3
10	4,5,6,7,8,9,10	1,2,3
11	4,5,6,7,8,9,10,11	1,2,3
12	5,6,7,8,9,10,11,12	1,2,3,4
13	5,6,7,8,9,10,11,12,13	1,2,3,4
14	5,6,7,8,9,10,11,12,13,14	1,2,3,4
15	6,7,8,9,10,11,12,13,14,15	1,2,3,4,5
16	6,7,8,9,10,11,12,13,14,15,16	1,2,3,4,5
17	6,7,8,9,10,11,12,13,14,15,16,17	1,2,3,4,5
18	7,8,9,10,11,12,13,14,15,16,17,18	1,2,3,4,5,6
19	7,8,9,10,11,12,13,14,15,16,17,18,19	1,2,3,4,5,6
20	7,8,9,10,11,12,13,14,15,16,17,18,19,20	1,2,3,4,5,6
21	8,9,10,11,12,13,14,15,16,17,18,19,20,21	1,2,3,4,5,6,7
22	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22	1,2,3,4,5,6,7
23	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23	1,2,3,4,5,6,7
24	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23	1,2,3,4,5,6,7 Back Row -24
25	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25	1,2,3,4,5,6,7 Back Row -24
26	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25,26	1,2,3,4,5,6,7 Back Row -24
27	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25,26	Front -1,2,3,4,5,6,7 Back Row -24,27
28	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25,26,28	Front -1,2,3,4,5,6,7 Back Row -24,27
29	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25,26,28,29	Front -1,2,3,4,5,6,7 Back Row -24,27
30	Front Row -8,9,10,11,12,13,14,15,16,17,18,19,20,21 Back Row – 22,23,25,26,28,29	Front -1,2,3,4,5,6,7 Back Row -24,27,30

SEEDING FOR FIELD EVENTS

All Classes

Seeding for state will be determined by the distances/marks from the divisional meets and other meets in which a qualifying standard was met. **If a qualifying mark has not been met, the distances/marks at the divisional meet will be used for seeding purposes at the state meet.** Distances will be used to place competitors in flights according to standard seeding in the meet management software. The number of flights will vary depending on the number of qualifiers and will be determined by the meet manager.

STATE MEET POLICIES AND PROCEDURES

The following items were agreed upon as policies for both state meets:

- A. The Montana High School Association has approved the use of either HyTek or RunMeet as meet management software.**
- B. No** radios, recorders, iPods, cell phones or video cameras will be allowed on the field. Please advise your athletes!
- C. Coaches** will be required to clear the track and field areas at 10:00 am on both days. Exception for pole vault coaches: A coaches' box for pole vault coaches only will be designated near the pole vault event. Passes for admission to that area will be issued to participating schools at the Coaches' Meeting at the state meet. **Only one (1) pass is given per school. Passes are not given per gender or for multiple coaches. Coaches box for other field events are allowed by facility – Host facilities will be responsible for management (including passes).**
- D. Jewelry:**
1. The wearing of jewelry is allowed per NFHS Track and Field rules. The meet official can ask an athlete to remove jewelry, etc. that is thought to be potentially harmful to themselves or another athlete while they are competing.
 2. Watches are allowed, but participants may wear only one watch during competition and the watch must be worn only on the wrist.
- E. Uniforms:**
1. The uniform must be worn as intended by the manufacturer. If applicable, the jersey must be tucked into the shorts for all competition.
 2. The first illegal uniform violation shall only apply to the competitor. Without holding up competition, the competitor shall be required to correct the violation before any further competition and be issued a warning that another uniform violation shall result in a disqualification from the event. The event judge or the observing meet official should give written notice of the violation to the meet referee, including the athlete's name, the event, time and date of the uniform violation. The meet referee shall notify the coach of the offending school of the competitor's violation and the warning. The protocol for communication of a violation will be that the event judge will notify the referee, and the referee will notify the coach.
 3. **No** portion of the team uniform, except shoes, may be removed in the finish area of track events or in the immediate area of competition for field events.
- F. Headwear:**
- No** headwear, except headbands, will be allowed unless inclement weather is encountered or in special circumstances, such as health conditions or religious considerations. A headband is any item that goes around the head (including elastic strips/bands, pre-wrap, moisture-absorbing terry cloth etc.) If worn,

only one headband is permitted. Headbands may be a maximum of 5 inches wide and must be a single, solid color and be non-abrasive and unadorned except for a manufacturer's logo and/or a school logo. Headbands that are tied are legal, however, the meet official can ask the athlete to tuck in any headband tail that is deemed too long and impedes another runner. **Exception: Participants may wear head coverings for religious reasons. The headwear must fit securely and be made of non-abrasive or soft materials.**

G. Spikes:

At both meet sites, the following restrictions will apply to spikes:

1/4" spikes are the maximum lengths in track and field events (no needles). Pyramid or hex is recommended. Exception: javelin boots - football/soccer or baseball/softball shoes may be used in the javelin on grass runways.

H. Running Events:

1. **No** holding of starting blocks unless block malfunctions, then only the starter can designate someone to hold blocks. Meet management will furnish all starting blocks. No personal blocks are allowed.
2. **The 1600 Meter Relay** will start on a three-curve stagger.
3. **The 800, 1600 and 3200 Meter Races** will be started with a double waterfall start. These races will be seeded inside out with preferred positions in the inside lanes. Refer to chart on page 6.
4. **Relay batons** will be furnished. No personal batons allowed.
5. Only tape or markers will be allowed for the **relay exchange zones**. **No chalk will be allowed on the track or any runways.**
6. For the **4x100 meter relay**, participants will proceed to the corners from the marshalling area as directed by the clerk of the course.
7. **Warm-ups** for running events will be conducted on the backstretch or on another suitable area as determined by the meet manager.

8. Procedure for Timed Finals:

For all classes, if the FAT system fails during one section of a timed final, then place winners will be determined by using hand times for both (all) sections of the event. Hand times will be rounded to the slower one-tenth and an additional .24 added to the time per NFHS rules. In the event of a tie, points for all tied places will be added together and divided among the number of tied competitors/relay teams.

9. Use of relay cards:

Postseason track meets: The athletic.net entry serves as the first relay card (athletic.net allows each relay team entered to list 4 starting runners and 4 alternate runners). If a change needs to be made from that list, the coach needs to obtain a relay card from the meet referee and turn it in to the marshal by the final call of the event.

I. Field Events:

Athletes will use their own implements. **Inspection of implements will be Friday and Saturday from 7:30 a.m. to 9:30 a.m. (Implements for events on Saturday's schedule must be inspected on Saturday, not the day before.) Only approved implements are allowed for event warm-ups.**

1. Throwing and horizontal jumps:

- a. Trials - competitors will be placed into flights.

- b. A general warm-up period before the start of the event will be allowed for all competitors. During any general warm-up period on Thursday or immediately preceding the throwing event(s), each athlete will be allowed only one implement/attempt at a time.

Then, a period of time where only the flight's competitors are allowed two (2) warm-ups before their flight begins competition will be conducted. The Games Committee will have the option of modifying this procedure for inclement weather or other extreme circumstances.

- c. Competitors in each flight shall be allowed three trials. All three trials shall be taken before the next flight begins.
- d. In both preliminaries and finals, the head event judge may allow trials to be taken in succession to accommodate those who may be excused to participate in other events. Changes may also be made in the order of competition, provided that athletes compete within their original flights and the changes are made only in order to accommodate an event conflict. If weather or other conditions might result in unfairness to any competitor, the referee shall alter the plan and prescribe single trials in the preliminaries and in the finals.
- e. Finals - the top ten will throw or jump in reverse order (10th, 9th, 8th, 7th, 6th, 5th, 4th, 3rd, 2nd, 1st) taking one attempt at a time or more than one trial in succession.

2. Pole vault and high jump:

The continuous flight method will be used with five competitors active at a time - e.g., five competitors are designated to start competition. Each of the first group will be called in order. When one passes a turn, clears the bar or is eliminated, the next competitor in order shall move up so the number of contestants in the active flight remains constant.

- a. Starting heights will be as follows*:

Class	Gender	Pole Vault Height:	High Jump Height:
AA	Boys	12' 0"	5' 11"
	Girls	8' 6"	4' 9"
A	Boys	11' 0"	5' 10"
	Girls	7' 6"	4' 8"
B	Boys	11' 0"	5' 10"
	Girls	7' 6"	4' 8"
C	Boys	10' 6"	5' 8"
	Girls	7' 0"	4' 6"

- b. Successive heights in the pole vault will be 6" raises until three or fewer competitors remain, then 3" raises will be used. High jump successive heights will be 2" raises until three or fewer competitors remain, then 1" raises will be used. When only one competitor remains and he/she is determined to be the winner of the event, he/she can determine the increments.
- c. Prior to the start of the meet, the MHSA office can alter starting heights and successive heights. **The starting heights will be set/adjusted lower (if needed) on Monday following divisional track meets. The height is to be set based upon approximately the top 12 qualifying heights advancing to state.**
- d. Each high jump competitor will be allowed only one tape marking on the jumping pad. Each athlete should remove his/her tape following the completion of the event. **No chalk will be allowed.**

- e. Use of two pole vault pits at state meet: If a state track facility has equipment and crew, two pole vault competitions can be conducted at the same time with two on Thursday and two on Friday.

J. Scoring:

Scoring for the state meets will follow National Federation rules for all events:

1st place----- 10 points

2nd place -----8 points

3rd place-----6 points

4th place-----4 points

5th place-----2 points

6th place----- 1 point

K. Video or Other Recorded Images

Other than the official recording/electronic device(s) approved for timing the meet by the Games Committee, digital images, video replay, television monitoring equipment, camera phone recordings and other recorded media shall not be used to make decisions related to the meet.

L. Pre-meet Workouts and Other Warm-ups:

Both tracks will be available for workouts on Thursday. See the schedule below for practice times. Warm up for the first pole vault competition for the meet will begin at 3:00 pm on Thursday. Please refer to the pole vault schedule for each site, which is found in the schedule (next) section of this booklet.

Warm-ups during the meet will be determined by meet management unless otherwise prescribed in this procedure manual. No exercise bikes will be allowed as a means of warming-up competitors.

STADIUM HOURS FOR AA - B:

Thursday 2:00 pm – 6:00 pm (practice and first pole vault event)
Class AA Girls' and Class B Girls' Pole Vault Warmup start at 3 pm.

Friday/Saturday 7:30 am – 5:00 pm

STADIUM HOURS FOR A – C:

Thursday 2:00 pm – 6:00 pm (practice and first pole vault event)
Class C Boys' Pole Vault Warmup starts at 3 pm.

Friday/Saturday 7:30 am – 5:00 pm

M. Weather Considerations:

No tents will be allowed on the infield. Tents in grandstands will be allowed as specified in the facility memo to be distributed in May.

In case of inclement weather, an area or shelter will be provided for student-athletes. Towels will not be provided.

Umbrellas are not allowed on the infield. In case of extreme weather conditions, allowances may be made at each site.

N. Buses

When dropping off or picking up athletes, busses are not allowed inside either school complex. Please do not pull in behind any school building. Busses will not be allowed to idle in the vicinity of the schools.

O. MHSA Track and Field Rule (17), page 100 of the current MHSA Handbook:

All participants are prohibited from wearing any garments with alcohol or tobacco advertisements, with profanity or with other inappropriate messages at track meets. It is the responsibility of coaches and meet directors to ensure that inappropriate apparel is removed.

P. NFHS Track and Field Rules – Items of Note

NFHS Track and Field Rules, Rule 4, Section 6-5 includes this note: *“The use of an atomizer during competition containing a prescription drug designed to alleviate the asthmatic condition is not considered to be an illegal aid as long as a physician’s statement documenting the need of the athlete to use the prescription is presented to the meet director/referee prior to the beginning of the meet.”*

SCHEDULE OF STARTING TIMES
CLASSES AA AND B
Missoula

FRIDAY - MAY 29, 2026

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Trials - 400 M Relay - "B" (B) Finals - 400 M Relay - "AA" (B) Trials - 400 M Relay - "B" (G) Finals - 400 M Relay - "AA" (G)	9:00	Javelin - "B" (B) Shot Put - "AA" (B) Long Jump - "AA" (G) Long Jump - "B" (B)
11:20	Trials - 110 M Hurdles - "B" (B) Trials - 110 M Hurdles - "AA" (B) Trials - 100 M Hurdles - "B" (G) Trials - 100 M Hurdles - "AA" (G)	10:30	Javelin - "AA" (G)
12:10	<i>PRESENTATION OF COLORS</i>	11:00	High Jump - "AA" (B)
12:30	Finals - 800 M Run - "AA" (B) Finals - 800 M Run - "AA" (G)	12:10	<i>PRESENTATION OF COLORS</i>
12:55	Trials - 100 M Dash - "B" (B) Trials - 100 M Dash - "AA" (B) Trials - 100 M Dash - "B" (G) Trials - 100 M Dash - "AA" (G)	12:15	Discus - "B" (G)
1:40	Finals - 1600 M Run - "B" (B) Finals - 1600 M Run - "B" (G)	1:30	Long Jump - "AA" (B) Long Jump - "B" (G) High Jump - "AA" (G) Shot Put - "AA" (G)
2:10	Trials - 200 M Dash - "B" (B) Trials - 200 M Dash - "AA" (B) Trials - 200 M Dash - "B" (G) Trials - 200 M Dash - "AA" (G)	1:45	Discus - "B" (B)
2:50	Finals - 3200 M Run - "AA" (B) Finals - 3200 M Run - "AA" (G)		
3:30	Finals - 400 M Dash - "B" (B) Finals - 400 M Dash - "AA" (B) Finals - 400 M Dash - "B" (G) Finals - 400 M Dash - "AA" (G)		

TENTATIVE POLE VAULT SCHEDULE		For Pole Vault Events: This is an approximate schedule, which is <i>subject to change</i> . Weather permitting the first event will begin Thursday. Meet management, in conjunction with MHS, may make adjustments.
Thursday – "B" Girls	3:00 pm Warm-up for 45-60 minutes, depending on athletes. 4:00 pm Competition begins at the end of warm-up.	
Thursday – "AA" Girls	3:00 pm Warm-up for 45-60 minutes, depending on athletes. 4:00 pm Competition begins at the end of warm-up.	
Friday – "B" Boys	8:30 am Warm-up for 45-60 minutes, depending on athletes. 9:30 pm Competition begins at the end of warm-up.	
Friday – "AA" Boys	8:30 am Warm-up for 45-60 minutes, depending on athletes. 9:30 pm Competition begins at the end of warm-up.	
Note for finals: 300m hurdles, 400m dash, 4 x 400m relay are timed finals. 4 x 100m relay is a timed final for AA but has preliminaries/finals for other classes. 100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.		

The number of sections and heats will be determined by the classification qualifying requirements

SCHEDULE OF STARTING TIMES
 CLASSES AA AND B
Missoula
SATURDAY - MAY 30, 2026

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Finals - 400 M Relay - "B" (B) Finals - 400 M Relay - "B" (G)	9:00	Javelin - "AA" (B) Shot Put - "B" (B)
10:55	Finals - 110 M Hurdles - "B" (B) Finals - 110 M Hurdles - "AA" (B) Finals - 100 M Hurdles - "B" (G) Finals - 100 M Hurdles - "AA" (G)	10:30	Triple Jump - "B" (G) Triple Jump - "AA" (B) High Jump - "B" (B) Javelin - "B" (G)
11:35	<i>PRESENTATION OF COLORS</i>	11:35	<i>PRESENTATION OF COLORS</i>
11:55	Finals - 800 M Run - "B" (B) Finals - 800 M Run - "B" (G)	**11:45	Shot Put – Unified (G/B)
12:25	Finals - 300 M Hurdles- "B" (B) Finals - 300 M Hurdles- "AA" (B) Finals - 300 M Hurdles- "B" (G) Finals - 300 M Hurdles- "AA" (G)	12:15	Discus – "AA" (G)
1:15	Finals - 100 M Dash - "B" (B) Finals - 100 M Dash - "AA" (B) Finals - 100 M Dash - "B" (G) Finals - 100 M Dash - "AA" (G)	1:30	Triple Jump - "B" (B) Triple Jump - "AA" (G) High Jump - "B" (G) Shot Put - "B" (G)
1:40	Finals - 1600 M Run - "AA" (B) Finals - 1600 M Run - "AA" (G)	1:45	Discus - "AA" (B)
2:10	Finals - 200 M Dash - "B" (B) Finals - 200 M Dash - "AA" (B) Finals - 200 M Dash - "B" (G) Finals - 200 M Dash - "AA" (G)	**3:00	Long Jump – "Unified" (G/B)
*2:30	Finals - 400 M Relay - Unified (B) Finals - 400 M Relay - Unified (G)		
*2:55	Finals - 3200 M Run - "B" (B) Finals - 3200 M Run - "B" (G)		
*3:30	Finals - 100 M Dash - Unified (B) Finals - 100 M Dash - Unified (G)		
*3:50	Finals - 1600 M Relay - "AA" (B) Finals - 1600 M Relay - "AA" (G) Finals - 1600 M Relay - "B" (B) Finals - 1600 M Relay – "B" (G)		

***Races could start EARLIER depending on the number of Unified entries**

****Tentative time depending on number of Unified entries**

Note for finals:

300m hurdles, 400m dash, 4 x 400m relay are timed finals. 4 x100m relay is a timed final for AA but has preliminaries/finals for other classes. 100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.

MCPS STADIUM

MCPS Stadium located at Big Sky High School 3100 South Avenue West, Missoula, MT



SCHEDULE OF STARTING TIMES
CLASSES A AND C
LAUREL

FRIDAY - MAY 29, 2026

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Trials - 400 M Relay - "C" (B) Trials - 400 M Relay - "A" (B) Trials - 400 M Relay - "C" (G) Trials - 400 M Relay - "A" (G)	9:00	Javelin - "C" (B) Shot Put - "A" (G) Long Jump - "A" (G) Long Jump - "C" (B)
11:20	Trials - 110 M Hurdles - "C" (B) Trials - 110 M Hurdles - "A" (B) Trials - 100 M Hurdles - "C" (G) Trials - 100 M Hurdles - "A" (G)	10:30	Discus - "C" (G)
12:10	<i>PRESENTATION OF COLORS</i>	11:00	High Jump - "A" (B)
12:30	Finals - 800 M Run - "A" (B) Finals - 800 M Run - "A" (G)	12:10	<i>PRESENTATION OF COLORS</i>
12:55	Trials - 100 M Dash - "C" (B) Trials - 100 M Dash - "A" (B) Trials - 100 M Dash - "C" (G) Trials - 100 M Dash - "A" (G)	12:15	Javelin - "A" (B)
1:40	Finals - 1600 M Run - "C" (B) Finals - 1600 M Run - "C" (G)	1:30	Long Jump - "A" (B) Long Jump - "C" (G) High Jump - "A" (G)
2:10	Trials - 200 M Dash - "C" (B) Trials - 200 M Dash - "A" (B) Trials - 200 M Dash - "C" (G) Trials - 200 M Dash - "A" (G)	1:45	Discus - "C" (B) Shot Put - "A" (B)
2:50	Finals - 3200 M Run - "A" (B) Finals - 3200 M Run - "A" (G)		
3:30	Finals - 400 M Dash - "C" (B) Finals - 400 M Dash - "A" (B) Finals - 400 M Dash - "C" (G) Finals - 400 M Dash - "A" (G)		

<u>TENTATIVE POLE VAULT SCHEDULE</u>			<u>For Pole Vault Events:</u>
Thursday - "C" Boys	3:00 pm Warm-up for 45-60 minutes, depending on athletes 4:00 pm Competition to begin at the end of warm-up		This is an approximate schedule, which is <i>subject to change</i> . Weather permitting the first event will begin Thursday. Meet management, in conjunction with MHSA, may make adjustments.
Friday - "A" Boys	8:30 am Warm-up for 45-60 minutes, depending on athletes 9:30 am Competition to begin at the end of warm-up		
"C" Girls	12:00 pm (approx) Warm-up for 45-60 minutes, depending on athletes 1:00 pm (approx.) Competition to begin at the end of warm-up		
"A" Girls	3:00 pm (approx) Warm-up for 45-60 minutes, depending on athletes 4:00 pm (approx.) Competition to begin at the end of warm-up		
Note for finals: 300m hurdles, 400m dash, 4 x 400m relay are timed finals. 4 x100m relay is a timed final for AA but has preliminaries/finals for other classes. 100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.			

The number of sections and heats will be determined by the classification qualifying requirements.

SCHEDULE OF STARTING TIMES
CLASSES A AND C
LAUREL

SATURDAY - MAY 30, 2026

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Finals - 400 M Relay - "C" (B) Finals - 400 M Relay - "A" (B) Finals - 400 M Relay - "C" (G) Finals - 400 M Relay - "A" (G)	9:00	Javelin - "A" (G) Shot Put - "C" (G)
11:05	Finals - 110 M Hurdles - "C" (B) Finals - 110 M Hurdles - "A" (B) Finals - 100 M Hurdles - "C" (G) Finals - 100 M Hurdles - "A" (G)	10:30	Triple Jump - "C" (G) Triple Jump - "A" (B) High Jump - "C" (B) Discus - "A" (G)
11:45	PRESENTATION OF COLORS	11:45	PRESENTATION OF COLORS
12:05	Finals - 800 M Run - "C" (B) Finals - 800 M Run - "C" (G)	** 12:00	Shot Put – Unified (G/B)
12:35	Finals - 300 M Hurdles-"C" (B) Finals - 300 M Hurdles-"A" (B) Finals - 300 M Hurdles-"C" (G) Finals - 300 M Hurdles-"A" (G)	12:15	Javelin – "C" (G)
1:25	Finals - 100 M Dash - "C" (B) Finals - 100 M Dash - "A" (B) Finals - 100 M Dash - "C" (G) Finals - 100 M Dash - "A" (G)	1:30	Triple Jump - "C" (B) Triple Jump - "A" (G) High Jump - "C" (G)
1:50	Finals - 1600 M Run - "A" (B) Finals - 1600 M Run - "A" (G)	1:45	Discus - "A" (B) Shot Put – "C" (B)
2:20	Finals - 200 M Dash - "C" (B) Finals - 200 M Dash - "A" (B) Finals - 200 M Dash - "C" (G) Finals - 200 M Dash - "A" (G)	** 3:00	Long Jump – Unified (G/B)
*2:40	Finals - 400 M Relay - Unified (B) Finals - 400 M Relay - Unified (G)		
*3:05	Finals - 3200 M Run - "C" (B) Finals - 3200 M Run - "C" (G)		
*3:40	Finals - 100 M Dash - Unified (B) Finals - 100 M Dash - Unified (G)		
*3:55	Finals - 1600 M Relay – "A" (B) Finals - 1600 M Relay - "A" (G) Finals - 1600 M Relay - "C" (B) Finals - 1600 M Relay - "C" (G)		

***Races could start EARLIER depending on the number of Unified entries**
****Tentative time depending on number of Unified entries**
Note for finals:
 300m hurdles, 400m dash, 4 x 400m relay are timed finals. 4 x100m relay is a timed final for AA but has preliminaries/finals for other classes. 100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.

LAUEL SPORTS COMPLEX

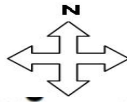


Area Map for Laurel Sports Complex

Please be advised that school will be in session at the meet location on Thursday. Parking will be limited when arriving for practice on Thursday.

Spectator parking will be limited, and existing daily school bus zones will be closely monitored.

Team Bus parking will be available between East 6th and East 8th Streets.



SEEDING PROCEDURES

FOR

CLASS "AA"

Boys and Girls

Class AA QUALIFYING STANDARDS

Revised 2024

(Next review of standards after 2026 state meet)

Girls

Boys

EVENTS

13.00	100 METERS	11.25
26.70	200 METERS	22.80
1:01.00	400 METERS	51.80
2:24.00	800 METERS	2:00.00
5:23.00	1600 METERS	4:30.00
11:50.00	3200 METERS	10:00.00
16.30	100/110 M HURDLES	15.70
48.50	300 M HURDLES	41.50
35'3"	SHOT PUT	48'
113'	DISCUS	146'
113'	JAVELIN	165'
5'2"	HIGH JUMP	6'2"
16'6"	LONG JUMP	21'
34'	TRIPLE JUMP	42'
10'	POLE VAULT	13'
50.60	400 METER RELAY	43.80
4:12.00	1600 METER RELAY	3:30.00

CLASS AA QUALIFYING STANDARDS

PROCEDURES as outlined by the Class AA Activities Directors.

Qualifying Standards / Qualifying Meets

1. The qualifying standards will be reviewed via the AA Activities Directors every two years.
2. **Qualifying meets must have all 17 events, FAT system used, and events must be supervised by adults.**
3. **All meets in which teams compete against another school will be used as a qualifying meet when FAT is used. These qualifying marks will be accepted for the state meet. This is to include divisional. For field events, all meets will be used regardless of the use of FAT.**
4. Wind gauges will not be required at qualifying meets.
5. Implements that will be used for competition are required to be weighed and certified by both the coach and activities director at the beginning of the season. Implements will be marked with the two school colors.
6. A qualifying meet must have all seventeen events unless it is shortened because of weather. Any other deviations must be approved by MHSA.
7. Qualifying marks are to be reported to hundredths. No rounding will be accepted. All qualifying standard times must be electronic times. No conversion from hand times to FAT or vice/versa will be allowed.
8. If FAT fails in the middle of the meet all times that are certifiable with FAT can be used to determine if a qualifying standard is met. All field events will be considered certifiable.
9. In order for a qualifying time/mark to be recognized, the data from the qualifying meet must be posted on Athletic.net. Results must be uploaded to Athletic.net within two (2) full business days of the meet. Late submissions are not allowed. Meet data will be sorted into a leader board on which the qualifying marks will be listed.
10. At the conclusion of each qualifying meet, the meet manager or his/her designee will post the event results from your meet management software to Athletic.net. In the event that a meet management software is not used for a particular meet, the meet manager or his/her designee will create a meet within Run Meet or HyTek and enter only the qualifying marks, which will then be posted on Athletic.net. This will allow all qualifying times/marks to be added to the website without mandating the use of Run Meet or HyTek for the entire meet.
11. Out-of-state meets that meet the criteria for a qualifying meet will be considered qualifying meets, provided the information is posted on Athletic.net. If there are fewer than seventeen events because the specific state does not sanction the same number and/or types of events, it will still be considered a qualifying meet if FAT is used.

Divisional Details

12. **An athlete who meets or exceeds the qualifying standard in a particular individual event at a regular season qualifying meet or at a divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the divisional meet for that event but is not required to participate. The entry counts toward the event limitation of five per athlete as well as toward the school's limitation of five contestants per event.**
13. Relay teams must participate at the Divisional meet in order to advance to the State Meet. Teams that achieved a Qualifying Standard during the year will advance to state as long as they participate at Divisionals.

14. All divisional entries for running races must be FAT times. No conversions up or down will be accepted.
15. The top **eight (8)** placers, including all ties, in field events and running events at divisional advance to state.
16. For divisional meets, coaches are responsible and will be required to enter athletes via an online service for all of their athletes' events by Tuesday of divisional week. Divisional meet managers will provide instructions for entering athletes online. Coaches are required to provide the athlete's best marks. It is imperative that coaches double-check their entries.
17. The divisional meet manager will provide results to the state meet manager immediately following the meet.

Seeding and Event Details for Divisional and/or State Meets

18. At state, athletes are limited to five events plus two relays.
19. Divisional meet managers will provide a file containing the divisional advancers to the state meet data manager immediately following the divisional meet.
20. **Coaches will enter all athletes from Divisional places, including all state qualifiers, that may or may not have competed in their state qualifying event at divisional. Entries will close at 3:00 pm on Sunday following divisional. Coaches will review data on Monday morning and have until 3:00 pm on Monday to correct any errors. NOTE FOR ENTRIES: Entries for state must be either a final time/mark from a divisional meet from which the athlete is advancing OR a time/mark set at a previous competition which meets or exceeds the qualifying standard. If an athlete's personal best from the regular season does not meet or exceed the qualifying standard, it cannot be used for seeding at the state meet.**
21. If an athlete and/or relay team is disqualified for unsportsmanlike conduct at divisional, the athlete and/or relay team cannot use a qualifying mark in the specific event to compete at state.
22. In an event where there are timed finals, if the number of athletes is greater than the number of lanes, the last heat will be filled if we have at least 4 runners in the heat preceding. Lane guidelines are as follows:

10-Lane Track
 14 athletes on a 10-lane track will have 4 in one heat and 10 in the last heat.
 13 athletes on a 10-lane track will have 4 in the first heat and 9 in the last heat.
 11 athletes on a 10-lane track will have 4 in the first heat and 7 in the final heat.
 This is for timed finals and preliminaries.

8 Lane Track
 14 athletes on an 8-lane track will have 6 in one heat and 8 in the last heat.
 13 athletes on an 8-lane track will have 5 in the first heat and 8 in the last heat.
 10 athletes on an 8-lane track will have 4 in the first heat and 6 in the final heat.
 This is for timed finals and preliminaries.
23. During preliminary races, athletes from the same team will be separated when there are more than two athletes from the same school in a race. This may not occur if there are only two heats and five athletes from the same school; there will obviously be three athletes in one heat.
24. Seeding of preliminary and final races will be as follows:

<p>10 Lane Track</p> <p>1st Best Time-Lane 5 2nd Best Time- Lane 6 3rd Best Time-Lane 4 4th Best Time-Lane 7 5th Best Time-Lane 3 6th Best Time-Lane 8 7th Best Time-Lane 2 8th Best Time-Lane 9</p>	<p>8 Lane Track</p> <p>1st Best Time-Lane 4 2nd Best Time-Lane 5 3rd Best Time-Lane 3 4th Best Time-Lane 6 5th Best Time-Lane 2 6th Best Time Lane 7 7th Best Time-Lane 1 8th Best Time-Lane 8</p>
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9th Best Time-Lane 1
10th Best Time-Lane 10

25. At divisional and state, entries and seeding for running event finals will be determined by times from preliminary races.
26. For races with preliminaries, the heats will be seeded by time, will be divided evenly with competitors and will use the following advancement formula. The number taken with preliminary races to finals at divisional and state are as follows and **finals will be seeded by time.**
 - 10-lane track**
 - a. 2 heats=top four places in each heat and next best 2 times
 - b. 3 heats= top two places in each heat and next best 4 times
 - c. 4 heats=top two places in each heat and next best 2 times
 - d. 5 heats=first place and next best 5 times
 - 8-lane track**
 - e. 2 heats=top three places in each heat and next best 2 times
 - f. 3 heats= top two places in each heat and next best 2 times
 - g. 4 heats=first place in each heat and next best 4 times
 - h. 5 heats=first place and next best 3 times
27. Preliminaries will only be run for the 100-meter dash, 200-meter dash, 100-meter hurdles and 110-meter hurdles. The preliminary will only be run if the total number of qualifiers exceeds ten runners in an event for a ten-lane track or eight for an eight-lane track. Although unlikely, if there is no need for multiple preliminary races, the first scheduled preliminary race is the final.
28. The 800 and 1600 meter races will have a maximum of thirty (30) per section. If more than one section is needed, a maximum of fifteen (15) racers will run in the **fast** section, and all other runners (up to 30) will run in the first section. The 3200-meter will have one race at divisional and state.
29. All distance races will be run using a double waterfall start and will be seeded from the inside out. The fastest 1/3 of the athletes will be seeded in alley 2 (lanes 6-10) and the other 2/3 of the athletes will be seeded into alley 1 (lanes 1-10). Position assignments will be determined by the competitor's time in his/her division or by his/her qualifying time. NOTE: If an 8-lane track is used, alley 2 is lanes 5-8 and alley 1 is lanes 1-8.
30. Distances in field events from longest/highest to shortest/lowest will be seeded from an athlete's best marks. This is to include a divisional mark or qualifying mark.
31. At divisional and state, field events finals will be reseeded for flights following preliminaries.
32. Preliminary flights in field events for the shot put, discus, long jump, triple jump, and javelin will range from 6-9 athletes per flight depending on the number of entries. The top 10 preliminary finishers will advance to finals and will participate in the reverse order of their finish. The 10th best preliminary competitor competes first in the finals.
33. For seeding purposes for divisional or state, if a tie exists, the time, distance or height from the previous postseason event will be used as the tiebreaker.

SEEDING PROCEDURES

FOR

CLASS "A"

Boys and Girls

Class A QUALIFYING STANDARDS

Reviewed 2024

(Next review of standards after 2026 state meet)

Girls

Boys

EVENTS

13.10	100 METERS	11.30
26.90	200 METERS	23.10
1:01.50	400 METERS	51.70
2:26.00	800 METERS	2:01.00
5:28.00	1600 METERS	4:37.00
12:13.00	3200 METERS	10:12.00
16.70	100/110 M HURDLES	16.10
48.50	300 M HURDLES	41.80
35'2"	SHOT PUT	47'
110'	DISCUS	142'
113'	JAVELIN	167'
5'	HIGH JUMP	6'
16'2"	LONG JUMP	20'6"
33'7"	TRIPLE JUMP	41'9"
9'6"	POLE VAULT	12'6"
51.80	400 METER RELAY	44.80
4:14.00	1600 METER RELAY	3:34.00

CLASS A QUALIFYING STANDARDS

PROCEDURES as outlined by Class A. Class A activities directors implemented the seeding procedures at their June 2015 meeting.

Qualifying Standards / Qualifying Meets

1. The qualifying standards will be reviewed every two years via a panel of Class A coaches and activities directors from each division.
2. **Qualifying meets must have all 17 events, FAT system used, and events must be supervised by adults.**
3. ***For running events, all meets in which teams compete against another school will be used as a qualifying meet when FAT is used. These qualifying marks will be accepted for the state meet. This is to include divisional. For field events, all meets will be used regardless of the use of FAT.***
4. Wind gauges will not be required at qualifying meets.
5. All field events will be considered certifiable.
6. Implements that will be used for competition are required to be weighed and certified by both the coach and activities director at the beginning of the season. Implements will be marked with the two school colors.
7. A qualifying meet must have all seventeen events unless it is shortened because of weather. Any other deviations must be approved by MHSA.
8. If FAT fails in the middle of the meet all times that are certifiable with FAT can be used to determine if a qualifying standard is met. All field events will be considered certifiable at any varsity meet.
9. In order for a qualifying time/mark to be recognized, the data from the qualifying meet must be posted on Athletic.net. Results must be uploaded to Athletic.net within two (2) full business days of the meet. Late submissions are not allowed. Meet data will be sorted into a leader board on which the qualifying marks will be listed. If a school competes at a meet where the results are not required to be posted on athletic.net (eg, Class B or Class C), it is the school's responsibility to get any qualifying marks uploaded to athletic.net from that meet.
10. At the conclusion of each qualifying meet, the meet manager or his/her designee will post the event results from your meet management software to Athletic.net. In the event that a meet management software is not used for a particular meet, the meet manager or his/her designee will create a meet within Run Meet or HyTek and enter only the qualifying marks, which will then be posted on Athletic.net. This will allow all qualifying times/marks to be added to the website without mandating the use of Run Meet or HyTek for the entire meet.
11. Out-of-state meets that meet the criteria for a qualifying meet will be considered qualifying meets, provided the information is posted on Athletic.net. If there are fewer than seventeen events because the specific state does not sanction the same number and/or types of events, it will still be considered a qualifying meet if FAT is used.

Divisional Details

12. **An athlete who meets or exceeds the qualifying standard in a particular individual event at a regular season qualifying meet or at a divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the divisional meet for that event but is not required to participate. The entry counts toward the event limitation of five per athlete as well as toward the school's limitation of five contestants per event.**

13. Relay teams must participate at divisional. Schools that do not place in the top ten (10) in the Eastern Division and the Western Division may use a qualifying time to advance to state if they have met the standard. Relay teams will be allowed an entry if they have either placed in the top ten at divisional or have met a qualifying standard earlier in the year.
14. The top ten (10) placers in field events and running events from the Eastern division and the Western division, including all ties for the final place, advance to state. The top Ten (10) relays from the Eastern Division from and the Western Division at divisional advance to state.
15. Only ten (10) individuals in the Eastern divisional and the Western divisional will qualify for the final in the 100m at the divisional meet. If an individual false starts in the 100m final at the divisional meet, they will still advance to the state meet but will be seeded at state with No Time (NT) unless they have a qualifying standard time they can use to seed at state.
16. For divisional meets, coaches are responsible and will be required to enter athletes via an online service for all of their athletes' events by Tuesday of divisional week. Divisional meet managers will provide instructions for entering athletes online. Coaches are required to provide the athlete's best marks. It is imperative that coaches double-check their entries.
17. The divisional meet manager will provide results to the state meet manager immediately following the meet.

Seeding and Event Details for Divisional and/or State Meets

18. At state, athletes are limited to five events plus two relays.
19. Divisional meet managers will provide a file containing the divisional advancers to the state meet data manager immediately following the divisional meet.
20. **Coaches will enter all athletes from Divisional places, including all state qualifiers, that may or may not have competed in their state qualifying event at divisional. Entries will close at 3:00 pm on Sunday following divisional. Coaches will review data on Monday morning and have until 3:00 pm on Monday to correct any errors. NOTE FOR ENTRIES: Entries for state must be either a final time/mark from a divisional meet from which the athlete is advancing OR a time/mark set at a previous competition which meets or exceeds the qualifying standard. If an athlete's personal best from the regular season does not meet or exceed the qualifying standard, it cannot be used for seeding at the state meet.**
21. If an athlete and/or relay team is disqualified for unsportsmanlike conduct at divisional, the athlete and/or relay team cannot use a qualifying mark in the specific event to compete at state.
22. For preliminaries at divisional and state meets, if the number of participants is greater than the number of available lanes (eight or ten), the heats will be equally divided. If there is an odd number, the largest heat will be last.
For timed finals at state meets, the last section will contain the maximum number of competitors based on available lanes (eight or ten), provided that at least four competitors are seeded in the first section. In the event that three or more sections are needed, all available lanes will be used in the last section, at least four lanes will be used in the first section, and all other sections will vary accordingly.
23. Seeding of preliminary and final races will be as follows:

10 Lane Track	8 Lane Track
1 st Best Time-Lane 5	1 st Best Time-Lane 4
2 nd Best Time- Lane 6	2 nd Best Time-Lane 5
3 rd Best Time-Lane 4	3 rd Best Time-Lane 3
4 th Best Time-Lane 7	4 th Best Time-Lane 6
5 th Best Time-Lane 3	5 th Best Time-Lane 2
6 th Best Time-Lane 8	6 th Best Time Lane 7
7 th Best Time-Lane 2	7 th Best Time-Lane 1
8 th Best Time-Lane 9	8 th Best Time-Lane 8

9th Best Time-Lane 1
10th Best Time-Lane 10

24. At divisional and state, entries and seeding for running event finals will be determined by times from preliminary races.
25. For races with preliminaries, the heats will be seeded by time, will be divided evenly with competitors and will use the following advancement formula. The number taken with preliminary races to finals at divisional and state are as follows and **finals will be seeded by time**.

10-lane track

- a. 2 heats=top four places in each heat and next best 2 times
- b. 3 heats= top three places in each heat and next best 4th place time

8-lane track

- c. 3 heats= top two places in each heat and next best 2 times
- d. 4 heats= top two places in each heat
- e. 5 heats=first place and next best 3 times

Preliminaries will only be run for the 100-meter dash, 200-meter dash, 100-meter hurdles, 110-meter hurdles and the 400-meter relay.

26. The 800 and 1600 meter races will have a maximum of thirty (30) per section. If more than one section is needed, a maximum of fifteen (15) racers will run in the **fast** section, and all other runners (up to 30) will run in the first section. The 3200-meter will have one race at divisional and state.
27. All distance races will be run using a double waterfall start and will be seeded from the inside out. The fastest 1/3 of the athletes will be seeded in alley 2 (lanes 6-10) and the other 2/3 of the athletes will be seeded into alley 1 (lanes 1-10). Position assignments will be determined by the competitor's time in his/her division or by his/her qualifying time. NOTE: If an 8-lane track is used, alley 2 is lanes 5-8 and alley 1 is lanes 1-8.
28. Distances in field events from longest/highest to shortest/lowest will be seeded from an athlete's best mark or divisional place. This is to include a divisional mark or qualifying mark. The top ten (10) placers from the Western division and the top eight (8) placers from the Eastern division including all ties at divisional will advance to state.
29. At divisional and state, field events finals will be reseeded for flights following preliminaries.
30. Preliminary flights in field events for the shot put, discus, long jump, triple jump, and javelin will range from 7-11 athletes per flight depending on the number of entries. The top 10 preliminary finishers will advance to finals and will participate in the reverse order of their finish. The 10th best preliminary competitor competes first in the finals.

Size and number of flights will depend on the total number of qualifiers per event.

31. For seeding purposes for divisional or state, if a tie exists, the time, distance or height from the previous postseason event will be used as the tiebreaker.

SEEDING PROCEDURES

FOR

CLASS "B"

Boys and Girls

Class B QUALIFYING STANDARDS

Established 2024

(Next review of standards after 2026 state meet)

Girls

Boys

EVENTS

13.20	100 METERS	11.50
27.10	200 METERS	23.10
1:01.70	400 METERS	51.70
2:25.20	800 METERS	2:03.00
5:33.80	1600 METERS	4:39.50
12:21.60	3200 METERS	10:21.50
16.50	100/110 M HURDLES	16.00
48.20	300 M HURDLES	41.90
34'6"	SHOT PUT	46'9"
106'6"	DISCUS	139'7"
115'6"	JAVELIN	157'3"
4'11"	HIGH JUMP	6'
16'1"	LONG JUMP	20'4"
33'9"	TRIPLE JUMP	41'1"
9'	POLE VAULT	12'6"
51.50	400 METER RELAY	44.75
4:17.50	1600 METER RELAY	3:34.50

CLASS B QUALIFYING STANDARDS

PROCEDURES as outlined by the Class B:

Qualifying Standards / Qualifying Meets

1. The qualifying standards will be reviewed every two years via a panel of Class B coaches and activities directors from each division.
2. **Qualifying meets must have all 17 events, FAT system used, and events must be supervised by adults.**
3. ***For running events, all meets in which teams compete against another school will be used as a qualifying meet when FAT is used. Only qualifying FAT marks will be accepted for the state meet. This is to include district and divisional if FAT is used. In field events, all meets will be used regardless of the use of FAT.***
4. Wind gauges will not be required at qualifying meets.
5. Only FAT race times will be used to meet qualifying standards. Class B qualifying marks will be reported in FAT time.
6. All races must be run with the infield to the left of the competitors.
7. All field events will be considered certifiable at varsity meets regardless if FAT is used.
8. Implements that will be used for competition are required to be weighed and certified by both the coach and activities director at the beginning of the season. Implements will be marked with the two school colors.
9. A qualifying meet must have all seventeen events unless it is shortened because of weather. Any deviations must be approved by MHSAA.
10. If FAT fails in the middle of the meet all times that are certifiable with FAT can be used to determine if a qualifying standard is met.
11. In order for a qualifying time/mark to be recognized, the data from the qualifying meet must be posted on Athletic.net. Results must be uploaded to Athletic.net within two (2) full business days of the meet of the meet. Late submissions are not allowed. Meet data will be sorted into a leaderboard on which the qualifying marks will be listed.
12. At the conclusion of each qualifying meet, the meet manager or his/her designee will post the event results from your meet management software to Athletic.net. In the event that a meet management software is not used for a particular meet, the meet manager or his/her designee will create a meet within Run Meet or HyTek and enter only the qualifying marks, which will then be posted on Athletic.net. This will allow all qualifying times/marks to be added to the website without mandating the use of Run Meet or HyTek for the entire meet.
13. Out-of-state meets that meet the criteria for a qualifying meet will be considered qualifying meets, provided the information is posted on Athletic.net. If there are fewer than seventeen events because the specific state does not sanction the same number and/or types of events, it will still be considered a qualifying meet if FAT is used.

District Details

14. **An athlete who meets or exceeds the qualifying standard in a particular individual event at a regular season qualifying meet or at a district or divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the district meet and the divisional meet for that event, but is not required to participate. The entry counts toward the event limitation of five per athlete as well as toward the school's limitation of five**

contestants per event. If a coach substitutes another athlete for the state qualifying athlete, then the qualifier is no longer part of the five district individual entries for that school and no longer eligible for the state meet in that event.

15. Relay teams must participate at districts. Schools that do not place in the top 6 (Northern, Western) or 8 (Southern) at divisional may use a qualifying FAT time to advance to state if they have met the standard. Relay teams will be allowed an entry if they have either advanced from the divisional or have met a qualifying FAT standard earlier in the year.
16. For district meets, coaches are responsible and will be required to enter athletes via an online service for all of their athletes' events by Monday of district week. District meet managers will provide instructions for entering athletes online. Coaches are required to provide the athletes' best marks. It is imperative that coaches double-check their entries.

Seeding and Event Details for Divisional and/or State Meets

17. The top 6 places from the Northern and Western divisional and top 8 places from the Southern Divisional will advance to state. As noted in the district section above, an athlete who meets or exceeds the qualifying standard in a particular event at a regular season qualifying meet or at a district or divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the district meet and the divisional meet for that event, but is not required to participate.
18. At state, athletes are limited to five events plus two relays.
19. Divisional meet managers will provide a file containing the divisional advancers to the state meet data manager immediately following the divisional meet.
20. **Coaches will enter all athletes from Divisional places, including all state qualifiers, that may or may not have competed in their state qualifying event at divisional. Entries will close at 3:00 pm on Sunday following divisional. Coaches will review data on Monday morning and have until 3:00 pm on Monday to correct any errors. NOTE FOR ENTRIES: Entries for state must be either a final time/mark from a divisional meet from which the athlete is advancing OR a time/mark set at a previous competition which meets or exceeds the qualifying standard. If an athlete's personal best from the regular season does not meet or exceed the qualifying standard, it cannot be used for seeding at the state meet.**
21. If an athlete and/or relay team is disqualified for unsportsmanlike conduct at district or divisional, the athlete and/or relay team cannot use a qualifying mark in the specific event to compete at state.
22. For preliminaries at the state meet, if the number of participants is greater than the number of available lanes (eight or ten), the heats will be equally divided. If there is an odd number, the largest heat will be last.

For timed finals at state meets, the last section will contain the maximum number of competitors based on available lanes (eight or ten), provided that at least four competitors are seeded in the first section. In the event that three or more sections are needed, all available lanes will be used in the last section, at least four lanes will be used in the first section, and all other sections will vary accordingly.

23. Seeding of preliminary and final races will be as follows:

10 Lane Track

- 1st Best Time-Lane 5
- 2nd Best Time-Lane 6
- 3rd Best Time-Lane 4
- 4th Best Time-Lane 7
- 5th Best Time-Lane 3
- 6th Best Time-Lane 8
- 7th Best Time-Lane 2
- 8th Best Time-Lane 9
- 9th Best Time-Lane 1

8 Lane Track

- 1st Best Time-Lane 4
- 2nd Best Time-Lane 5
- 3rd Best Time-Lane 3
- 4th Best Time-Lane 6
- 5th Best Time-Lane 2
- 6th Best Time-Lane 7
- 7th Best Time-Lane 1
- 8th Best Time-Lane 8

10th Best Time-Lane 10

24. At divisional and state, entries and seeding for running event finals will be determined by times from preliminary races.
25. For races with preliminaries, the heats will be seeded by time, will be divided evenly with competitors and will use the following advancement formula.

10-lane track

- a. 2 heats=top four places in each heat and next best 2 times
- b. 3 heats= top two places in each heat and next best 4 times
- c. 4 heats=top two places in each heat and next best 2 times
- d. 5 heats=first place and next best 5 times

8-lane track

- e. 2 heats=top three places in each heat and next best 2 times
 - f. 3 heats= top two places in each heat and next best 2 times
 - g. 4 heats=first place in each heat and next best 4 times
 - h. 5 heats=first place and next best 3 times
26. State preliminaries will only be run for the 100-meter dash, 200-meter dash, 100-meter hurdles, 110-meter hurdles and the 400-meter relay.
 27. The 800 and 1600 meter races will have a maximum of thirty (30) per section. If more than one section is needed, a maximum of fifteen (15) racers will run in the **fast** section, and all other runners (up to 30) will run in the first section. The 3200-meter will have one race at divisional and state.
 28. All distance races will be run using a double waterfall start and will be seeded from the inside out. The fastest 1/3 of the athletes will be seeded in alley 2 (lanes 6-10) and the other 2/3 of the athletes will be seeded into alley 1 (lanes 1-10). Position assignments will be determined by the competitor's time in his/her division or by his/her qualifying time. NOTE: If an 8-lane track is used, alley 2 is lanes 5-8 and alley 1 is lanes 1-8.
 29. Distances in field events from longest/highest to shortest/lowest will be seeded from an athlete's best marks. This is to include a divisional mark or qualifying mark, whichever is better.
 30. At divisional and state, field events finals will be reseeded for flights following preliminaries.
 31. State preliminary flights in field events for the shot put, discus, long jump, triple jump, and javelin will range from 6-10 athletes per flight depending on the number of entries. The top 10 preliminary finishers will advance to finals and will participate in the reverse order of their finish. The 10th best preliminary competitor competes first in the finals.
 31. For seeding purposes for divisional or state, if a tie exists, the time, distance or height from the previous postseason event will be used as the tiebreaker.

SEEDING PROCEDURES

FOR

CLASSES "C"

Boys and Girls

Class C QUALIFYING STANDARDS

Reviewed 2024

(Next review of standards after 2064 state meet)

Girls

13.04
26.92
1:00.97
2:25.48
5:33.19
12:23.59
16.32
47.26
35'1"
107'11"
116'6"
5'
16'7"
34'9.25"
8'10"
51.99
4:17.00

EVENTS

100 METERS
200 METERS
400 METERS
800 METERS
1600 METERS
3200 METERS
100/110 M HURDLES
300 M HURDLES
SHOT PUT
DISCUS
JAVELIN
HIGH JUMP
LONG JUMP
TRIPLE JUMP
POLE VAULT
400 METER RELAY
1600 METER RELAY

Boys

11.57
23.93
52.33
2:02.79
4:40.40
10:22.63
15.99
41.55
46'1.25"
141'4"
153'0"
6'1"
20'9"
42'3"
12'2"
45.69
3:34.74

CLASS C QUALIFYING STANDARDS

PROCEDURES as outlined by the Class C:

Qualifying Standards / Qualifying Meets

1. The qualifying standards will be reviewed every two years via a panel of Class C coaches and activities directors from each division.
2. **Qualifying meets must have all 17 events, FAT system used, and events must be supervised by adults.**
3. ***For running events, all meets in which teams compete against another school will be used as a qualifying meet when FAT is used. Only qualifying FAT marks will be accepted for the state meet. This is to include district and divisional if FAT is used. In field events, all meets will be used regardless of the use of FAT.***
4. Wind gauges will not be required at qualifying meets.
5. Only FAT race times will be used to meet qualifying standards. Class C qualifying marks will be reported in FAT time.
6. All races must be run with the infield to the left of the competitors.
7. All field events will be considered certifiable at varsity meets regardless if FAT is used.
8. Implements that will be used for competition are required to be weighed and certified by both the coach and activities director at the beginning of the season. Implements will be marked with the two school colors. (Recommend a midseason recertification and again for all post season meets.)
9. A qualifying meet must have all seventeen events unless it is shortened because of weather. Any deviations must be approved by MHSA.
10. If FAT fails in the middle of the meet all times that are certifiable with FAT can be used to determine if a qualifying standard is met.
11. In order for a qualifying time/mark to be recognized, the data from the qualifying meet must be posted on Athletic.net. Results must be uploaded to Athletic.net within two (2) full business days of the meet of the meet. Late submissions are not allowed. Meet data will be sorted into a leaderboard on which the qualifying marks will be listed.
12. At the conclusion of each qualifying meet, the meet manager or his/her designee will post the event results from your meet management software to Athletic.net. In the event that a meet management software is not used for a particular meet, the meet manager or his/her designee will create a meet within Run Meet or HyTek and enter only the qualifying marks, which will then be posted on Athletic.net. This will allow all qualifying times/marks to be added to the website without mandating the use of Run Meet or HyTek for the entire meet.
13. Out-of-state meets that meet the criteria for a qualifying meet will be considered qualifying meets, provided the information is posted on Athletic.net. If there are fewer than seventeen events because the specific state does not sanction the same number and/or types of events, it will still be considered a qualifying meet if FAT is used.

District Details

14. **An athlete who meets or exceeds the qualifying standard in a particular individual event at a regular season qualifying meet or at a district or divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the district meet and the divisional meet for that event, but is not required to participate. The entry counts toward the event limitation of five per athlete as well as toward the school's limitation of five**

contestants per event. If a coach substitutes another athlete for the state qualifying athlete, then the qualifier is no longer part of the five district individual entries for that school and no longer eligible for the state meet in that event.

15. Relay teams must participate at districts. Schools that do not place in the top 6 at the Eastern, Northern, Southern, and the Western divisional may use a qualifying FAT time to advance to state if they have met the standard. Relay teams will be allowed an entry if they have either advanced from the divisional or have met a qualifying FAT standard earlier in the year.
16. For district meets, coaches are responsible and will be required to enter athletes via an online service for all of their athletes' events by Monday of district week. District meet managers will provide instructions for entering athletes online. Coaches are required to provide the athletes' best marks. It is imperative that coaches double-check their entries.

Seeding and Event Details for Divisional and/or State Meets

17. **The top 6 places from the Eastern, Northern, Southern, and Western divisional will advance to state, including all ties.** As noted in the district section above, an athlete who meets or exceeds the qualifying standard in a particular event at a regular season qualifying meet or at a district or divisional meet may enter that event at state. An athlete using a qualifying standard to advance to state in a particular event must be entered in the district meet and the divisional meet for that event but is not required to participate. If an athlete false starts or scratches all three attempts in an event at the district or divisional meet, he/she is still entered in the divisional/state meet and may or may not participate. If an athlete is not going to participate in an event the coach must notify meet management.
18. At state, athletes are limited to five events plus two relays.
19. Divisional meet managers will provide a file containing the divisional advancers to the state meet data manager immediately following the divisional meet.
20. **Coaches will enter all athletes from Divisional places, including all state qualifiers, that may or may not have competed in their state qualifying event at divisional. Entries will close at 3:00 pm on Sunday following divisional. Coaches will review data on Monday morning and have until 3:00 pm on Monday to correct any errors. NOTE FOR ENTRIES: Entries for state must be either a final time/mark from a divisional meet from which the athlete is advancing OR a time/mark set at a previous competition which meets or exceeds the qualifying standard. If an athlete's personal best from the regular season does not meet or exceed the qualifying standard, it cannot be used for seeding at the state meet.**
21. If an athlete and/or relay team is disqualified for unsportsmanlike conduct at district or divisional, the athlete and/or relay team cannot use a qualifying mark in the specific event to compete at state.
22. For preliminaries at the state meet, if the number of participants is greater than the number of available lanes (eight or ten), the heats will be equally divided. If there is an odd number, the largest heat will be last.

For timed finals at state meets, the last section will contain the maximum number of competitors based on available lanes (eight or ten), provided that at least four competitors are seeded in the first section. In the event that three or more sections are needed, all available lanes will be used in the last section, at least four lanes will be used in the first section, and all other sections will vary accordingly.

23. Seeding of preliminary and final races will be as follows:

10 Lane Track	8 Lane Track
1st Best Time-Lane 5	1st Best Time-Lane 4
2nd Best Time-Lane 6	2nd Best Time-Lane 5
3rd Best Time-Lane 4	3rd Best Time-Lane 3
4th Best Time-Lane 7	4th Best Time-Lane 6
5th Best Time-Lane 3	5th Best Time-Lane 2
6th Best Time-Lane 8	6th Best Time Lane 7
7th Best Time-Lane 2	7th Best Time-Lane 1

8th Best Time-Lane 9
9th Best Time-Lane 1
10th Best Time-Lane 10

8th Best Time-Lane 8

24. At divisional and state, entries and seeding for running event finals will be determined by times from preliminary races.
25. For races with preliminaries, the heats will be seeded by time, will be divided evenly with competitors and will use the following advancement formula.

10-lane track

- a. 2 heats=top four places in each heat and next best 2 times
- b. 3 heats= top two places in each heat and next best 4 times
- c. 4 heats=top two places in each heat and next best 2 times
- d. 5 heats=first place and next best 5 times

8-lane track

- e. 2 heats=top three places in each heat and next best 2 times
- f. 3 heats= top two places in each heat and next best 2 times
- g. 4 heats=first place in each heat and next best 4 times
- h. 5 heats=first place and next best 3 times

26. State preliminaries will only be run for the 100-meter dash, 200-meter dash, 100-meter hurdles, 110-meter hurdles and the 400-meter relay.
27. The 800 and 1600 will be limited to 30 competitors per section. If more than one section is needed, a maximum of fifteen (15) racers will run in the **fast** section, and all other runners (up to 30) will run in the first section. The 3200-meter will have one race at state.
28. All distance races will be run using a double waterfall start and will be seeded from the inside out. The fastest 1/3 of the athletes will be seeded in alley 2 (lanes 6-10) and the other 2/3 of the athletes will be seeded into alley 1 (lanes 1-10). Position assignments will be determined by the competitor's time in his/her division or by his/her qualifying time. NOTE: If an 8-lane track is used, alley 2 is lanes 5-8 and alley 1 is lanes 1-8.
29. Distances in field events from longest/highest to shortest/lowest will be seeded from an athlete's best marks. This is to include a divisional mark or qualifying mark, whichever is better.
30. At divisional and state, field events finals will be reseeded for flights following preliminaries.
31. State preliminary flights in field events for the shot put, discus, long jump, triple jump, and javelin will range from 5-10 athletes per flight depending on the number of entries. The top 10 preliminary finishers will advance to finals and will participate in the reverse order of their finish. The 10th best preliminary competitor competes first in the finals.
32. For seeding purposes for divisional or state, if a tie exists, the time, distance or height from the previous postseason event will be used as the tiebreaker.

Montana High School Association
State Boys' Track & Field Champions of the Past
1904-2025

1904	Missoula County	"B"	Hamilton	"B"	Conrad
1905	Butte Public	1951	"A" Missoula County	"C"	Medicine Lake
1906	Anaconda	"B"	Hamilton	1967	"AA" Great Falls
1907	Flathead County	1952	"A" Helena	"A"	Bozeman
1908	Missoula County	"B"	Polson	"B"	Conrad
1909	Helena	1953	"A" Missoula County	"C"	Medicine Lake
1910	Gallatin County	"B"	Fairview	1968	"AA" Great Falls
1911	Gallatin County	1954	"AA" Missoula County	"A"	Bozeman
1912	Gallatin County	"A"	Custer County (Miles City)	"B"	Shelby
1913	Gallatin County	"B"	Whitefish	"C"	Broadview
1914	Gallatin County	1955	"AA" Missoula County	1969	"AA" Billings Senior
1915	Missoula County	"A"	Custer County (Miles City)	"A"	Havre
1916	Missoula County	"B"	Polson	"B"	Shelby
1917	(No play)	1956	"AA" Missoula County	"C"	Medicine Lake
1918	Stevensville	"A"	Havre	1970	"AA" Great Falls
1919	Butte Public	"B"	Polson	"A"	Bozeman
1920	Butte Public	"C"	Broadwater Co. (Townsend)	"B"	Plentywood
1921	Butte Public	1957	"AA" Missoula County	"C"	Outlook
1922	Great Falls	"A"	Sidney	1971	"AA" Missoula Hellgate
1923	Great Falls	"B"	Hamilton	"A"	Havre
1924	Butte Public	"C"	Cascade	"B"	Plentywood
1925	Butte Public	1958	"AA" Missoula County	"C"	Shepherd
1926	Missoula County	"A"	Sidney	1972	"AA" Missoula Hellgate
1927	Butte Public	"B"	Whitefish	"A"	Havre
1928	Butte Public	"C"	Troy	"B"	Plentywood
1929	Great Falls	1959	"AA" Park County (Livingston)	"C"	Charlo
1930	Missoula County	"A"	Sidney	1973	"AA" Billings West
1931	Butte Public	"B"	Hamilton	"A"	Havre
1932	Missoula County	"C"	Broadwater County	"B"	Plentywood
1933	Butte Public	1960	"AA" Helena	"C"	Shepherd
1934	Missoula County	"A"	Hardin	1974	"AA" Butte
1935	Butte Public	"B"	Loyola (Missoula)	"A"	Polson
1936	Butte Public	"C"	Plains	"B"	Cascade
1937	Butte Public	1961	"AA" Billings	"C"	Shepherd
1938	Butte Public	"A"	Custer County (Miles City)	1975	"AA" Butte
1939	"A" Missoula County	"B"	Loyola (Missoula)	"A"	Glasgow
	"B" Sheridan	"C"	Troy	"B"	Three Forks
1940	"A" Missoula County	1962	"AA" Great Falls	"C"	Frenchtown
	"B" Plains	"A"	Custer County (Miles City)	1976	"AA" Great Falls
1941	"A" Missoula County	"B"	Red Lodge	"A"	Glasgow
	"B" Lincoln County	"C"	Sheridan	"B"	Forsyth
1942	"A" Missoula County	1963	"AA" Butte	"C"	Twin Bridges
	"B" Columbus	"A"	Glasgow	1977	"AA" Great Falls
1943	(No play)	"B"	Red Lodge	"A"	Glasgow
1944	(No play)	"C"	Sheridan	"B"	Corvallis
1945	(No play)	1964	"AA" Missoula County	"C"	Columbus
1946	"A" Missoula County	"A"	Glasgow	1978	"AA" Great Falls
	"B" Libby	"B"	Polson	"A"	Laurel
1947	"A" Missoula County	"C"	Medicine Lake	"B" Sweetgrass Co. (Big Timber)	
	"B" Libby	1965	"AA" Great Falls	"C" White Sulphur Springs	
1948	"A" Billings	"A"	Glasgow	1979	"AA" Billings West
	"B" Hamilton	"B"	Polson	"A"	Laurel
1949	"A" Missoula County	"C" Granite County (Philipsburg)		"B"	Belgrade
	"B" Victor	1966	"AA" Butte	"C"	Stanford
1950	"A" Missoula County	"A"	Glasgow	1980	"AA" Missoula Hellgate

**Montana High School Association
Girls' State Track & Field Champions of the Past
1969-2025**

1969	"A" Flathead (Kalispell)	"B" Malta/Conrad	"B" Malta
	"B" Cascade	"C" Seeley-Swan	"C" Harlowton
1970	"A" Flathead (Kalispell)	1986 "AA" Butte	2001 "AA" Bozeman
	"B" Cascade	"A" Custer County (Miles City)	"A" Custer County (Miles City)
1971	"A" Flathead (Kalispell)	"B" Wolf Point	"B" Florence-Carlton
	"B" Cascade	"C" Seeley-Swan	"C" Harlowton
1972	"AA" Billings West	1987 "AA" Butte	2002 "AA" Flathead (Kalispell)
	"A" Whitefish	"A" Glasgow	"A" Belgrade
	"B" Ronan	"B" Wolf Point	"B" Conrad
	"C" Manhattan Christian	"C" Dutton	"C" Harlowton
1973	"AA" Flathead (Kalispell)	1988 "AA" Flathead (Kalispell)	2003 "AA" Bozeman
	"A" Whitefish	"A" Park (Livingston)	"A" Polson
	"B" Seeley-Swan	"B" Cut Bank	"B" Conrad
	"C" Dutton	"C" Belt	"C" Geraldine
1974	"AA" Billings West	1989 "AA" Flathead (Kalispell)	2004 "AA" Bozeman
	"A" Sidney	"A" Park (Livingston)	"A" Polson
	"B" Corvallis	"B" Cut Bank	"B" Huntley Project (Worden)
	"C" Frenchtown	"C" Hot Springs	"C" Geraldine
1975	"AA" Billings West	1990 "AA" Missoula Big Sky	2005 "AA" Flathead (Kalispell)
	"A" Fergus (Lewistown)	"A" Custer County (Miles City)/Havre	"A" Anaconda
	"B" Harlowton	"B" Forsyth	"B" Loyola Sacred Heart (Missoula)
	"C" Philipsburg	"C" Bridger	"C" Geraldine
1976	"AA" Billings West	1991 "AA" Flathead (Kalispell)	2006 "AA" Billings West
	"A" Custer County (Miles City)	"A" Havre	"A" Belgrade
	"B" Cascade	"B" Frenchtown	"B" Huntley Project (Worden)
	"C" Philipsburg	"C" Bridger	"C" Big Sandy
1977	"AA" Flathead (Kalispell)	1992 "AA" Flathead (Kalispell)	2007 "AA" Bozeman
	"A" Custer County (Miles City)	"A" Dawson County (Glendive)	"A" Belgrade
	"B" Harlowton	"B" Bigfork	"B" Huntley Project (Worden)
	"C" Arlee	"C" Manhattan Christian	"C" Big Sandy
1978	"AA" Flathead (Kalispell)	1993 "AA" Flathead (Kalispell)	2008 "AA" Missoula Big Sky
	"A" Hamilton	"A" Billings Central	"A" Polson
	"B" Harlowton	"B" Troy	"B" Glasgow
	"C" Arlee	"C" Belt	"C" Big Sandy
1979	"AA" Flathead (Kalispell)	1994 "AA" Flathead (Kalispell)	2009 "AA" Butte
	"A" Hamilton	"A" Billings Central	"A" Belgrade
	"B" Harlowton	"B" Chinook	"B" Choteau
	"C" Arlee	"C" Sheridan	"C" Big Sandy
1980	"AA" C.M.Russell	1995 "AA" Flathead (Kalispell)	2010 "AA" Billings Senior
	"A" Custer County (Miles City)	"A" Billings Central	"A" Polson
	"B" Harlowton	"B" Lincoln County (Eureka)	"B" Cut Bank
	"C" Arlee	"C" Cascade	"C" Ennis
1981	"AA" C.M.Russell	1996 "AA" Helena Capital	2011 "AA" Billings Senior
	"A" Butte Central	"A" Custer County (Miles City)	"A" Corvallis
	"B" Frenchtown	"B" Manhattan	"B" Glasgow
	"C" Seeley-Swan	"C" Absarokee	"C" Fairview
1982	"AA" Billings West	1997 "AA" Helena Capital	2012 "AA" Billings Senior
	"A" Butte Central	"A" Colstrip	"A" Corvallis
	"B" Fort Benton	"B" Fort Benton	"B" Loyola Sacred Heart
	"C" Absarokee	"C" Absarokee	"C" North Star
1983	"AA" Great Falls	1998 "AA" Flathead (Kalispell)	2013 "AA" Billings Senior
	"A" Butte Central	"A" Colstrip	"A" Corvallis
	"B" Fort Benton	"B" Malta	"B" Plains
	"C" Seeley-Swan	"C" Harlowton	"C" Superior
1984	"AA" C.M.Russell/Butte	1999 "AA" Flathead (Kalispell)	2014 "AA" Billings Senior
	"A" Whitefish	"A" Colstrip	"A" Corvallis
	"B" Thompson Falls	"B" Malta	"B" Plains
	"C" Seeley-Swan	"C" Harlowton	"C" Seeley-Swan
1985	"AA" Great Falls	2000 "AA" Helena	2015 "AA" Billings Senior
	"A" Custer County (Miles City)	"A" Sidney	"A" Corvallis

**Montana High School Association
Girls' State Track & Field Champions of the Past
1969-2025**

	"B"	Plains
	"C"	West Yellowstone
2016	"AA"	Billings West
	"A"	Corvallis
	"B"	Malta
	"C"	Plains
2017	"AA"	Missoula Sentinel
	"A"	Belgrade
	"B"	Bigfork
	"C"	Fort Benton
2018	"AA"	Missoula Sentinel
	"A"	Beaverhead Co (Dillon)
	"B"	Bigfork
	"C"	Manhattan Christian
2019	"AA"	Bozeman
	"A"	Whitefish
	"B"	Baker & Huntley Project (Tie)
	"C"	Seeley-Swan
2020	"AA"	(No play)
	"A"	(No play)
	"B"	(No play)
	"C"	(No play)
2021	"AA"	Missoula Sentinel
	"A"	Laurel
	"B"	Sweet Grass Co (Big Timber)
	"C"	Seeley Swan
2022	"AA"	Helena
	"A"	Whitefish
	"B"	Sweet Grass Co (Big Timber)
	"C"	Plentywood
2023	"AA"	Helena
	"A"	Corvallis
	"B"	Loyola Sacred Heart (Missoula)
	"C"	Plentywood
2024	"AA"	Helena
	"A"	Corvallis
	"B"	Huntley Project
	"C"	Roberts & Savage
2025	"AA"	Gallatin
	"A"	Whitefish
	"B"	Loyola Sacred Heart
	"C"	Richey-Lambert

	"A"..... Laurel	"B"..... Shelby	"C"..... Hinsdale/Saco
	"B"..... Jefferson (Boulder)	"C"..... Cascade	2009 "AA"..... Billings West
	"C"..... Stanford	1995 "AA"..... Flathead (Kalispell)	"A"..... Corvallis
1981	"AA"..... Butte	"A"..... Colstrip	"B"..... Manhattan
	"A"..... Polson	"B"..... Shelby	"C"..... Harlowton
	"B"..... Shepherd	"C"..... Absarokee	2010 "AA"..... Billings Skyview
	"C"..... Florence-Carlton	1996 "AA"..... Flathead (Kalispell)	"A"..... Corvallis
1982	"AA"..... Butte	"A"..... Polson	"B"..... Columbus
	"A"..... Butte Central	"B"..... Shelby/Roundup	"C"..... Joliet
	"B"..... Troy	"C"..... Scobey	2011 "AA"..... Billings Senior
	"C"..... Dutton	1997 "AA"..... Helena	"A"..... Columbia Falls
1983	"AA"..... Billings Senior	"A"..... Whitefish	"B"..... Darby
	"A"..... Park (Livingston)	"B"..... Jefferson (Boulder)	"C"..... Charlo
	"B"..... Cascade	"C"..... Harlowton	2012 "AA"..... Billings West
	"C"..... Dutton	1998 "AA"..... Helena Capital	"A"..... Corvallis
1984	"AA"..... Billings West	"A"..... Whitefish	"B"..... Manhattan
	"A"..... Custer County (Miles City)	"B"..... Jefferson (Boulder)	"C"..... Charlo & Darby (tie)
	"B"..... Cascade	"C"..... Harlowton	2013 "AA"..... Missoula Big Sky
	"C"..... Sheridan	1999 "AA"..... Helena Capital	"A"..... Whitefish
1985	"AA"..... Billings West	"A"..... Billings Central	"B"..... Manhattan
	"A"..... Custer County (Miles City)	"B"..... Roundup	"C"..... Charlo
	"B"..... Bigfork	"C"..... Kremlin-Gildford	2014 "AA"..... Missoula Big Sky
	"C"..... Sheridan	2000 "AA"..... Flathead (Kalispell)	"A"..... Hamilton
1986	"AA"..... Billings West	"A"..... Colstrip	"B"..... Manhattan
	"A"..... Dawson County (Glendive)	"B"..... Plains/Seeley Swan	"C"..... Charlo
	"B"..... Fort Benton	"C"..... Kremlin-Gildford	2015 "AA"..... Helena/Flathead (Kalispell)
	"C"..... Sheridan	2001 "AA"..... Flathead (Kalispell)	"A"..... Corvallis
1987	"AA"..... Billings West	"A"..... Colstrip	"B"..... Manhattan
	"A"..... Dawson County (Glendive)	"B"..... Fort Benton	"C"..... Ennis
	"B"..... Fort Benton	"C"..... Kremlin-Gildford	2016 "AA"..... Billings West
	"C"..... Bridger	2002 "AA"..... Flathead (Kalispell)	"A"..... Beaverhead Co (Dillon)
1988	"AA"..... Billings Skyview	"A"..... Colstrip	"B"..... Manhattan
	"A"..... Custer County (Miles City)	"B"..... Thompson Falls	"C"..... Ennis
	"B"..... Cascade	"C"..... Kremlin-Gildford	2017 "AA"..... Billings West
	"C"..... Hot Springs	2003 "AA"..... Flathead (Kalispell)	"A"..... Sidney
1989	"AA"..... Great Falls High	"A"..... Whitefish	"B"..... Fairfield
	"A"..... Havre	"B"..... Fort Benton	"C"..... Ennis
	"B"..... Huntley Project (Worden)	"C"..... Kremlin-Gildford	2018 "AA"..... Glacier (Kalispell)
	"C"..... Hot Springs	2004 "AA"..... Helena Capital	"A"..... Corvallis
1990	"AA"..... Great Falls High	"A"..... Whitefish	"B"..... Forsyth
	"A"..... Havre	"B"..... Conrad	"C"..... Ennis
	"B"..... Cut Bank	"C"..... Harlowton	2019 "AA"..... Missoula Sentinel
	"C"..... Belfry	2005 "AA"..... Helena	"A"..... Beaverhead Co. & Laurel (Tie)
1991	"AA"..... Helena	"A"..... Colstrip	"B"..... Huntley Project
	"A"..... Laurel	"B" Loyola Sacred Heart (Missoula)	"C"..... Scobey
	"B"..... Cut Bank	"C"..... Drummond	2020 "AA"..... (No play)
	"C"..... Absarokee	2006 "AA"..... Billings West	"A"..... (No play)
1992	"AA"..... Helena	"A"..... Whitefish	"B"..... (No play)
	"A"..... Dawson County (Glendive)	"B"..... Huntley Project (Worden)	"C"..... (No play)
	"B"..... Jefferson (Boulder)	"C"..... Big Sandy	2021 "AA"..... Missoula Sentinel
	"C"..... Denton	2007 "AA"..... Billings West	"A"..... Hamilton
1993	"AA"..... Billings Skyview	"A"..... Libby	"B"..... Jefferson (Boulder)
	"A"..... Dawson County (Glendive)	"B"..... Huntley Project (Worden)	"C"..... Fort Benton
	"B"..... Arlee	"C"..... Joliet	2022 "AA"..... Missoula Sentinel
	"C"..... Garfield County (Jordan)	2008 "AA"..... Billings West	"A"..... Beaverhead Co.
1994	"AA"..... Billings West	"A"..... Whitefish	"B"..... Jefferson (Boulder)
	"A"..... Custer County (Miles City)	"B"..... Manhattan	"C"..... Seeley-Swan

2023 "AA" Gallatin (Bozeman)/Helena Capital
"A" Corvallis
"B" Jefferson (Boulder)
"C" Manhattan Christian

2024 "AA" Gallatin (Bozeman)
"A" Corvallis
"B" Jefferson (Boulder)
"C" Belt

2025 "AA" Flathead
"A" Corvallis
"B" Loyola Sacred Heart
"C" Manhattan Christian

MONTANA STATE TRACK AND FIELD RECORDS FOR BOYS

Event	Name	School	Performance	Date
100m	Damien Nelson	Great Falls CMR	10.5	2017
200m	Chris Wilson	Great Falls CMR	21.06	2009
400m	William Hollensteiner	Flathead (Kalispell)	47.22	2025
800m	Wilson Schmidt	Belgrade	1:50.21	2025
1600m	Nathan Neil	Bozeman	4:04.89	2024
3200m	Nathan Neil	Bozeman	8:53.19	2024
110 Meter Hurdles	Bradley Graves	Huntley Project	14.14	2019
300 Meter Hurdles	Nash Coley	Gallatin	36.91	2024
Shot Put	Dennis Black	Great Falls	68' ½"	1991
Discus	Jack Murray	Gallatin	198' 1"	2024
Old Javelin	Chad McKinney	Missoula Big Sky	249' 7"	1989
New IAAF Javelin	Nate Bache	Thompson Falls	213' 4"	2005
Pole Vault	Chase Smith	Helena High	16' 4"	2015
Long Jump	Mike Ramos	Missoula Hellgate	23' 2"	1980
Triple Jump	Mathew Tokarz	Flathead (Kalispell)	48' 9½"	2013
High Jump	Trey Tintinger	Helena	7' 1½"	2017
400 Relay	Jacob Dolezal	Flathead (Kalispell)	41.47	2024
	Ben Bliven	Flathead (Kalispell)		
	William Hollensteiner	Flathead (Kalispell)		
	Brody Thornsberry	Flathead (Kalispell)		
1600 Relay	Lane Chivers	Flathead (Kalispell)	3:15.92	2024
	Ben Bliven	Flathead (Kalispell)		
	William Hollensteiner	Flathead (Kalispell)		
	Brody Thornsberry	Flathead (Kalispell)		

MONTANA STATE TRACK AND FIELD RECORDS FOR GIRLS

Event	Name	School	Performance	Date
100m	Logan Todorovich	Helena	12.06	2024
200m	Vicky Sturn	Billings West	*24.4	1975
200m	Brooke Zetooney	Whitefish	24.41	2024
400m	Loni Perkins	Conrad	54.62	2003
800m	Christina Aragon	Billings Senior	2:05.65	2016
1600m	Christina Aragon	Billings Senior	4:43.51	2016
3200m	Christina Aragon	Billings Senior	10:23.31	2016
100m Hurdles	Alivia Rinehart	Flathead (Kalispell)	14.06	2025
300m Hurdles	Olivia Lewis	Corvallis	41.86	2024
High Jump	Kari Shepherd	Helena	5' 9½"	1983
Pole Vault	Shannon Agee	Helena	13' 0"	1998
Long Jump	Logan Todorovich	Helena	19' 4 1/2"	2023
Triple Jump	Ava Kellenberg	Missoula Sentinel	40' 8 1/4"	2024
Shot Put	Kylee Zent	Bridger	47' 6"	2004
Discus	Brooke Kearns	Missoula Big Sky	157" 0"	2018
Old Javelin	Brooke Allen	Columbia Falls	172' 0"	1986
New IAAF Javelin	Rae Smart	Billings Skyview	162' 11"	2025
400 Relay	Hailey Coey	Billings West	47.55	2022
	Taylee Chirrick	Billings West		
	Kaitlin Grossman	Billings West		
	Jaeden Wolff	Billings West		
1600 Relay	Nichole Walker	Bozeman	3:52.46	2002
	Keshia Shabazz	Bozeman		
	Mandy Close	Bozeman		
	Carlee Clark	Bozeman		

*English distance records still stand. English distance and metric distance records are both listed.

TOP PERFORMANCES--CLASS "AA" BOYS

Event	Name	School	Performance	Date
100m	Damien Nelson	Great Falls CMR	10.5	2017
200m	Chris Wilson	Great Falls CMR	21.06	2009
400m	William Hollensteiner	Flathead (Kalispell)	47.22	2025
800m	Wilson Schmidt	Belgrade	1:50.21	2025
1600m	Nathan Neil	Bozeman	4:04.89	2024
3200m	Nathan Neil	Bozeman	8:53.19	2024
110m Hurdles	Matt Larson	Helena Capital	14.21	2002
300m Hurdles	Nash Coley	Gallatin	36.91	2024
Shot Put	Dennis Black	Great Falls	68' ½"	1991
Discus	Jack Murray	Gallatin	198' 1"	2024
Old Javelin	Chad McKinney	Missoula Big Sky	249' 7"	1989
New IAAF Javelin	Todd Ogden	Glacier (Kalispell)	210' 10"	2014
Pole Vault	Chase Smith	Helena High	16' 4"	2015
Long Jump	Mike Ramos	Missoula Hellgate	23' 2"	1980
Triple Jump	Mathew Tokarz	Flathead (Kalispell)	48' 9½"	2013
High Jump	Trey Tintinger	Helena	7' 1 1/2"	2017
400 Relay	Jacob Dolezal	Flathead (Kalispell)	41.47	2024
	Ben Bliven	Flathead (Kalispell)		
	William Hollensteiner	Flathead (Kalispell)		
	Brody Thornsberry	Flathead (Kalispell)		
1600 Relay	Lane Chivers	Flathead (Kalispell)	3:15.92	2024
	Ben Bliven	Flathead (Kalispell)		
	William Hollensteiner	Flathead (Kalispell)		
	Brody Thornsberry	Flathead (Kalispell)		

TOP PERFORMANCES--CLASS "A" BOYS

Event	Name	School	Performance	Date
100m	Malaki Simpson	Columbia Falls	10.74	2024
100m	Steve Heberly	Havre	10.74	2003
200m	Jeff Muri	Custer Co. (Miles City)	**21.4	1975
200m	Malaki Simpson	Columbia Falls	21.67	2024
400m	Jeff Muri	Custer Co. (Miles City)	**48.1	1976
400m	Steve Heberly	Havre	48.4	2003
800m	Jonathan Eastwood	Belgrade	1:53.17	2015
1600m	Finn Schretenthaler	Park (Livingston)	4:16.31	2025
3200m	Gordon Ruttenbur	Powell Co. (Deer Lodge)	9:13.3	1982
110m Hurdles	Roy Robinson	Glasgow	**14.4	1966
110m Hurdles	Tim Fox	Hardin	**14.4	1976
110m Hurdles	Treyton Anders	Beaverhead Co. (Dillon)	14.4	2022
300m Hurdles	Brent Sampson	Dawson Co. (Glendive)	38.49	1993
High Jump	Kral Ferch	Park (Livingston)	6' 10"	1983
Pole Vault	Garrison Hughes	Sidney	16' 0"	2017
Long Jump	Lonnie Gillette	Hamilton	22' 11¾"	1979
Triple Jump	Mike Lamphear	Custer Co. (Miles City)	47' ½"	1978
Shot Put	Astin Brown	Polson	64' 7 1/2"	2025
Discus	Jason Small	Colstrip	182' 7"	1996
Javelin	Curt Brandon	Glasgow	220' 4½"	1967
New IAAF Javelin	Blaine Baker	Libby	212' 1"	2005
400 Relay	Tanner Schwend	Laurel	42.42	2022
	Cameron McAllister	Laurel		
	Beau Dantic	Laurel		
	Jakob Webinger	Laurel		
1600 Relay	Nick Garreffa	Billings Central	3:21.60	1999

Matt Garreffa	Billings Central
Jake Sienko	Billings Central
Doug McBride	Billings Central

** English distance records still stands. English distance and metric distance

TOP PERFORMANCES--CLASS "B" BOYS

Event	Name	School	Performance	Date
100m	Casey Gunlikson	Sweet Grass Co. (Big Timb	10.87	2019
200m	Trizten Avila	Superior	22.00	2025
400m	Arie Gray	Powell Co. (Deer Lodge)	48.2	1997
800m	Austin Schellig	Joliet	1:53.79	2025
1600m	Scott McGowan	Poplar	4:15.50	1999
3200m	Scott McGowan	Poplar	9:30.64	1999
110m Hurdles	Bradley Graves	Huntley Project	14.14	2019
300m Hurdles	Harry Clark	Cascade	38.1 *	1983
300m Hurdles	Casey Gunlikson	Sweet Grass Co. (Big Timb	38.11	2019
High Jump	Darby Jones	Whitehall	6' 9"	1986
Pole Vault	Nolan Evenson	Red Lodge	15' 0"	2025
Long Jump	Kelly Friede	Huntley Project	23' 8"	1989
Triple Jump	Harry Clark	Cascade	48' 2"	1983
Shot Put	Alec Nehring	Manhattan	60' 6"	2016
Discus	Austin Forson	Powell Co.(Deer Lodge)	178'8	2017
Old Javelin	Craig Stiles	Malta	242' 7"	1969
New IAAF Javelin	Nate Bache	Thompson Falls	213' 4"	2005
400 Relay	Garrett Buer	Huntley Project	42.55	2006
	Clark Cranford	Huntley Project		
	Cameron Dean	Huntley Project		
	Joe Foggin	Huntley Project		
1600 Relay	Troy Estell	Fort Benton	3:21.48	1986
	David Polancheck	Fort Benton		
	Tad Gillen	Fort Benton		
	Bryan Burney	Fort Benton		

*Hand-held time

TOP PERFORMANCES--CLASS "C" BOYS

Event	Name	School	Performance	Date
100m	Trevor Heckford	Power	10.96	1993
200m	Kelly Murnion	Jordan	21.88	2016
400m	Kelly Murnion	Jordan	48.64	2016
800m	Dominic Duelli	Absarokee	1:53.43	1988
1600m	Craig Widhalm	Belt	4:19.02	1999
3200m	Larry Novak	Shepherd	**9:24.0	1975
3200m	Travis Stehman	Kremlin-Gildford	9:29.92	1999
110m Hurdles	Lucas Fowler	Harlowton	14.3	1998
300m Hurdles	Cleet Wrzesinski	Ennis	37.9	2016
300m Hurdles	Lucas Fowler	Harlowton	*37.8	1998
High Jump	Ricky Williams	Noxon	6' 9 1/4"	2025
Pole Vault	Blaine Downing	Saco	15' 3"	2024
Long Jump	Caiden Sekuterski	Cascade	23' 4 1/4"	2024

Triple Jump	Caiden Sekuterski	Cascade	48' 1"	2024
Shot Put	Ben Toeckes	Power	56' 7½"	1995
Discus	Walker McDonald	Seeley-Swan	174' 3"	2022
Old Javelin	Dane Brubaker	Terry	208' 10"	2001
Javelin	Logan Labbee	Superior	193' 9"	2003
400 Relay	Austin Baum	Ennis	42.95	2016
	Corbin Wood	Ennis		
	Tanner Wood	Ennis		
	Cleet Wrzesinski	Ennis		
1600 Relay	Tanner Wood	Ennis	3:24.00	2016
	Corbin Wood	Ennis		
	Wade Luly	Ennis		
	Cleet Wrzesinski	Ennis		

*Hand held time

** English distance records still stands. English distance and metric distance records are listed.

TOP PERFORMANCES--CLASS "AA" GIRLS

Event	Name	School	Performance	Date
100m	Logan Todorovich	Helena	12.06	2024
200m	Vicky Sturn	Billings West	*24.4	1975
200m	Alivia Rinehart	Flathead (Kalispell)	24.54	2025
400m	Cristina Aragon	Billings Senior	55.87	2015
800m	Christina Aragon	Billings Senior	2:05.65	2016
1600m 3200m	Christina Aragon	Billings Senior	4:43.51	2016
100m Hurdles	Christina Aragon	Billings Senior	10:23.31	2016
300m Hurdles	Alivia Rinehart	Flathead (Kalispell)	14.06	2025
High Jump	Alivia Rinehart	Flathead (Kalispell)	42.07	2025
Pole Vault	Kari Shepherd	Helena	5' 9½"	1983
Long Jump	Shannon Agee	Helena	13' 0"	1998
Triple Jump	Logan Todorovich	Helena	19' 4 1/2"	2023
Shot Put	Ava Kellenberg	Missoula Sentinel	40' 8 1/4"	2024
Discus	Kelli Bruner	Billings West	46' 3¾"	1988
Old Javelin	Brooke Kearns	Missoula Big Sky	157" 0"	2018
	Brooke Allen	Columbia Falls	172' 0"	1986
New IAAF Javelin	Rae Smart	Billings Skyview	162' 11"	2025
400 Relay	Hailey Coey	Billings West	47.55	2022
	Taylee Chirrick	Billings West		
	Kaitlin Grossman	Billings West		
	Jaeden Wolff	Billings West		
1600 Relay	Nichole Walker	Bozeman	3:52.46	2002
	Keshia Shabazz	Bozeman		
	Mandy Close	Bozeman		
	Carlee Clark	Bozeman		

*English distance records still stand. English distance and metric distance records are both listed.

TOP PERFORMANCES--CLASS "A" GIRLS

Event	Name	School	Performance	Date
100m	Brooke Zetooney	Whitefish	12.24	2023
100m	Stacey Rehbein	Sidney	12.24	1998
200m	Brooke Zetooney	Whitefish	24.41	2024
400m	Marlow Schulz	Whitefish	55.06	2014
800m	Peyton Frame	Custer Co. (Miles City)	2:12.35	2025
1600 m 3200m	Pipi Eitel	Belgrade	4:57.07	2017
100m Hurdles	Bea Frissell	Polson	10:47.33	2019
300m Hurdles	Paige Squire	Corvallis	14.47	2011
High Jump	Olivia Lewis	Corvallis	41.86	2024
High Jump	Tracy Elder	Libby	5' 8"	1992
Pole Vault	Brenda Naber	Havre	5' 8"	1990
*Long Jump	Leila Ben-Youssef	Sidney	12' 4"	2000
Long Jump	Julie Leneger	Beaverhead Co. (Dillon)	*18' 11¾"	2001
Triple Jump	Janice Anderson	Malta	18' 8½"	1978
Shot Put	Karsen Murphy	Dawson Co. (Glendive)	37' 11 1/2"	2019
Discus	Bree Fuqua	Polson	46' 5"	2000
Old Javelin	Bree Fuqua	Polson	154' 10"	1999
	Jennifer Gill	Hamilton	145' 7"	1995
New IAAF Javelin	Angellica Street	Columbia Falls	156' 11"	2019
400 Relay	Anna Boysen	Whitefish	47.9	2024
	Hailey Ells	Whitefish		
	Rachael Wilmot	Whitefish		
	Brooke Zetooney	Whitefish		
1600 Relay	Lakyn Connor	Corvallis	3:57.16	2011
	Ayden Eickhoff	Corvallis		
	Paige Squire	Corvallis		
	Sadie Henderson	Corvallis		

* There is some evidence that the 2001 effort was wind-aided.
 However, it cannot be verified so both marks are recognized as state records.

TOP PERFORMANCES--CLASS "B" GIRLS

Event	Name	School	Performance	Date
100m	Kaimea Dalke	Shepherd	12.24	2025
200m	Loni Perkins	Conrad	24.81	2003
400m	Loni Perkins	Conrad	54.62	2003
800m	Chiara Warner	Broadwater Co (Townsend)	2:10.52	2013
1600m 3200m	Bryn Morley	Bigfork	4:47.76	2015
100m Hurdles	Chiara Warner	Broadwater Co (Townsend)	10:35.85	2013
300m Hurdles	Hailey Phillips	Plains	14.75	2015
High Jump	Mariah Guilfoyle	Malta	43.34	2000
Pole Vault	Skyla Sisco	Malta	5' 7"	1991, 1993
Long Jump	Brynn Wandle	Huntley Project	12' 3"	2024
Triple Jump	Kaitlyn Noyes	Broadwater Co (Townsend)	18' 1/2"	2024
Shot Put	Kellee Glaus	Whitehall	39' 2"	2010
Discus	Larry Jo Christensen	Plains	46' 2¼"	1993
Old Javelin	Larry Jo Christensen	Plains	137' 10"	1993
	Andrea Batt	Frenchtown	150' 7"	2000
New IAAF Javelin	Hailey Poole	Colstrip	152' 8"	2016
400 Relay	Allison Gama	Loyola Sacred Heart	48.15	2024
	Sophia Berry	Loyola Sacred Heart		
	Ireland Johnston	Loyola Sacred Heart		
	Isabelle Berry	Loyola Sacred Heart		

1600 Relay	Matti McAnally	Bigfork	4:01.71	2015
	Haile Norred	Bigfork		
	Makena Morley	Bigfork		
	Bryn Morley	Bigfork		

TOP PERFORMANCES--CLASS "C" GIRLS

Event	Name	School	Performance	Date
100m	Brooke Reuter	Savage	12.34	2024
200m	Brooke Reuter	Savage	25.33	2023
400m	Taylee Chirrick	Roberts	56.4	2024
800m	Taylee Chirrick	Roberts	2:12.97	2023
1600m 3200m	Bailey Parker	West Yellowstone	4:57.09	2016
100m Hurdles	Bailey Parker	West Yellowstone	10:31.82	2016
300m Hurdles	Carlee Fryberger	Charlo	14.78	2021
High Jump	Taylee Chirrick	Roberts	43.06	2023
Pole Vault	Michele Van Dyke	Chester	5' 7½"	2000
Long Jump	Annie Kraul	Plentywood	11' 6"	2023
Long Jump	Montannah Piar	Granite Co.	17' 9½"	2025
Triple Jump	Jolee Klempel	Richey-Lambert	17' 9½"	2025
Shot Put	Kelsey Kirkpatrick	Ryegate	37' 10¾"	2003
Discus	Kylee Zent	Bridger	47' 6"	2004
	Leah Thompson	Plains	154' 11"	2016
NewIAAF Javelin	Kimberly Earhart	Plains	142' 6"	2016
Old Javelin	Diane Franklin	Hot Springs	149' 9"	1969
400 Relay	Lilly Ferris	Fort Benton	49.82	2025
	Ally Jacques	Fort Benton		
	Angeline Riener	Fort Benton		
	Etta Wicks	Fort Benton		
1600 Relay	Paige Holmes	Seeley Swan	4:03.92	2016
	Alex Bohlman	Seeley Swan		
	Stephanie Robbins	Seeley Swan		
	Lily Mercer	Seeley Swan		

METRIC EVENTS FOR HIGH SCHOOL TRACK

Metric Length	Equivalent Event	Difference
100 m	100 yards	28' 1" longer
100 m	110 yards	1' 11" shorter
110 m	120 yards	10 5/8" shorter
200 m	220 yards	3' 10" shorter
300 m	330 yards	5' 9" shorter
400 m	440 yards	7' 8" shorter
800 m	880 yards	15' 4 1/8" shorter
1600 m	1 mile	30' 8" shorter
3200 m	2 miles	61' 4" shorter

TIME/DISTANCE CONVERSION TABLE

The following table shows the conversion from English to metric. To convert metric to English, reverse the process.

To convert time from:		
100 yards	To 100 meters	Add .9 second
110-yard hurdles	To girls' 100-meter hurdles	Subtract .1 second
120-yard hurdles	To 110-meter high hurdles	Time is the same
220 yards	To 200 meters	Subtract .1 second
330-yard hurdles	To girls' 300-meter low hurdles	Subtract .2 second
330-yard hurdles	To boys' 300-meter intermediate hurdles	Subtract .2 second
440 yards	To 400 meters	Subtract .3 second
440-yard relay	To 400-meter relay	Subtract .2 second
880 yards	To 800 meters	Subtract .7 second
Mile relay	1600-meter relay	Subtract 1.1 seconds
Mile run	To 1600-meter run	Subtract 1.6 seconds
2-mile run	To 3200-meter run	Subtract 3.4 seconds

HANDHELD TIME CONVERSIONS

The procedure for converting handheld times to be integrated with FAT times is as follows:

The handheld time must first be rounded up to the slower one-tenth of a second. Then a conversion factor of .24 must be added. A record shall not be granted unless the time is recorded in FAT.

EXAMPLE: 10.42 must be rounded up to 10.5 and .24 must be added. [10.5 + .24 = 10.74]