

2026 State Swim Practice Times

| TIME | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|---------------------|---------------------------------------|---------------------------------------|---------------------------------------|--------------------|----------------|---------------|
| | | | | | | |
| 10:00 AM - 10:45 AM | Helena Capital & Helena High | Helena Capital & Helena High | Helena Capital & Helena High | East Helena | Havre | Havre |
| 10:45 AM - 11:30 AM | Missoula Big Sky, Hellgate & Sentinel | Missoula Big Sky, Hellgate & Sentinel | Missoula Big Sky, Hellgate & Sentinel | Butte Central | Butte | Butte |
| 11:30AM - 12:15 PM | Bozeman & Gallatin | Bozeman & Gallatin | Bozeman & Gallatin | Bozeman & Gallatin | Belgrade | Belgrade |
| 12:15 PM -1:00 PM | Billings Central | Billings Central | Billings Central | Billings Central | Bigfork | Bigfork |
| 1:00 PM - 1:45 PM | Billings Senior | Billings Senior | Billings Skyview | Billings Skyview | Billings West | Billings West |
| 1:45 PM - 2:30 PM | Flathead & Glacier | Flathead & Glacier | Flathead & Glacier | Columbia Falls | Columbia Falls | |
| 2:30 PM - 3:15 PM | Hardin | Hardin | Hardin | Polson | Whitefish | Whitefish |
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Note 1 - All teams slots are based on the number of swimmers at the 2025 MHSА State Swim Meet