

Bison Cardinal

ATHLETIC



Handbook

2022-2023 EDITION

Dream Believe Succeed

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BISON CARDINAL ATHLETIC PROGRAM PHILOSOPHY

We believe that the Bison Athletic Program will be a positive learning experience for all participants. Our athletes will be provided a sequential program focusing on fundamental and advanced skill development, competitive strategies, and teamwork. By creating this learning environment our program will allow players to not only develop into better players, but also to become more productive student athletes.

Players in these programs will strive for excellence. Excellence is achieving your very best; reaching your individual potential. Learning to do your best is a very important life lesson, which will serve the athletes on and off the court or playing field. Athletes will commit to excel in the classroom and in the athletic arena. Academic success is the priority of the coaching staff and must be the priority of each of our athletes.

Athletes will be given the opportunity to improve their skills, but they are required to maintain a positive attitude while making these improvements. The concepts of TEAM, EFFORT, and ATTITUDE will be strongly stressed. Players must put the team before themselves. They must possess the “Never Give Up” attitude, while demonstrating sportsmanship.

Players will be given every opportunity to develop according to their skill, position, and potential. The game teaches the game, and repetition is the key to improvement, which in turn, controls the outcome of the game.

Our goal is to succeed. Success means giving our all, learning and improving each day, working together, competing at a high level, winning, and enjoying all experiences that athletics has to offer. The program will be successful with the collaborative efforts and support of the coaches, athletes, parents, administration, and the community.

The philosophy of the Bison School District is that strong elementary and junior high athletic programs are the foundation in the building of a strong junior varsity and varsity program. Varsity and junior varsity athletes are primarily made up of students in grades 9-12. After a discussion amongst all coaches involved, the Head Varsity Coach may extend an invitation to junior high athletes to participate in the junior varsity and/or varsity program. Eligibility rules and guidelines established by the South Dakota High School Athletic Association (SDHSAA) will be followed. Invitations may also be extended for 6th grade athletes to join the JH programs, assuming the JH season does not conflict with any elementary sports seasons.

CARDINAL ATHLETICS PROGRAM GOALS

- ✓ Teach fundamental skills and allow each player to reach their potential.
- ✓ Emphasize knowledge and understanding of the game, athletes will become “students of the game”.
- ✓ Develop strong TEAM PLAYERS and POSITIVE LEADERS with character, strength, and skill, who demonstrate self-discipline, dedication, respect, and responsibility.
- ✓ Provide athletes the opportunity to enjoy playing competitive sports with a tradition and culture where athletes learn to win and want to win.

As a TEAM we will strive to meet ALL goals!

CARDINAL ATHLETIC PROGRAM

POLICIES AND EXPECTATIONS FOR ATHLETES

It is the expectation that all coaches meet with parents and students prior to the first competition each season to review the rules and regulations in this handbook.

PARTICIPATION IN ACTIVITIES

Students are allowed to participate in more than one sport/activity per season. Coaches and advisors must work together to coordinate a plan for these students. In order to participate in an extra-curricular contest, the student must be in school the last three periods the day of the contest. Exemptions to this policy include but are not limited to medical educational and family emergency absences that have received **PRIOR** administrative approval. Detention comes first over sports practice.

PHYSICALS & FORMS

Students participating in athletics need a physical according to the following schedule:

- Grades 3rd-5th will only need one physical good for three years.
- Grades 6th-12th will need a yearly physical.
 - Physicals must be completed prior to the first scheduled day of sport practices.
 - If physical has not been completed you will be expected to be at practice but will not be able to dress or participate.

All forms in this hand book must be filled out and returned to the head coach/supervisor at the conclusion of the parent/athlete meeting.

EQUIPMENT CHECK OUT/IN

All equipment will be checked out clean and in good condition at the beginning of the season and should be turned in the same at the conclusion of the season. Following the final game of the season the coach will schedule 2 equipment turn in dates. After the second date a bill will be sent home for all equipment not turned in. All equipment must be turned in to the coach on scheduled dates and will not be accepted at the office.

No equipment belonging to the Bison School District shall be checked out in the off season without written documentation given to the Athletic Director.

LOCKER ROOMS

1. Lockers with locks will be assigned to athletes at the beginning of season; all valuables should be locked in lockers during practice and competitions.
2. No vulgar or profane language will be tolerated in locker room.
3. Locker room will be picked up after every practice or competition.
4. Smell is a problem in our locker rooms, dirty cloths, towels and equipment will be taken home weekly for cleaning. If this rule is not followed, offensive articles will be removed and discarded.

5. If locker room is needed for the parallel sport all needed equipment will be removed by noon on that day. Locker room will be off-limits after the final bell.
6. It is the athlete's responsibility to lock gym lockers, if left unlocked repeatedly locker privileges may be revoked.

PRACTICE

Coaches will post practice location, start and end time on the **rSchool** calendar a minimum of one week in advance. Except for weather or emergency situations, times will not be changed without 12 hours' notice and published in morning announcements on day of event. All changes will appear on the rSchool calendar.

10 team practices must be scheduled before first competition. The coach will have final say on individual readiness for first competition, and may limit play time if not properly conditioned.

Coaches will be the first at practice and the last to leave.

If school is cancelled due to weather all scheduled practices are also cancelled. A non-mandatory open gym may be held in place of that practice at the discretion of, and with the permission of the Athletic Director or school Administration.

ABSENCES & TARDIES:

- ✓ Excused Situations – school, illness, appointments, family emergencies – coaching staff was **notified prior** to the absence or tardy by phone, email, or face to face.
- ✓ **Unexcused Situations– staff was not notified prior to the occurrence.**
- ✓ Unexcused Absence:
 - First Occurrence –Consultation with coaching staff.
 - Second Occurrence – May result in suspension from the next competition.
 - Third Occurrence – May result in dismissal from the team.
- ✓ Unexcused Tardy:
 - First Occurrence – Consultation with coaching staff.
 - Second Occurrence – May result in suspension from the first set or quarter of the next competition.
 - Third Occurrence – May result in suspension from next competition. If behavior persists it will result in dismissal from the team.

Practice is where you improve your skill – skill improvement does not take place during a game. A concentrated effort is needed at all times by everyone. You earn your spot to compete during practice. Every day, you should be a better player when you step off the court/playing field than when you stepped on. **PRACTICE MAKES permanent!** Be self-disciplined – push yourself – test your ability.

DRESS CODE: Coach discretion with approval from athletic director.

CLEAN UP: Dispose of or take-home water bottles daily. Do not leave in Gym, on field, or in locker area. They will be disposed of, sweep floor, turn off all lights and lock doors.

CHURCH NIGHT: Wednesday evenings will be reserved for non-school activities. No contest or practices will be scheduled on Wednesday from 4:10 p.m. through the evening for K-6 and 6:00 p.m. through the evening for grades 7-12. Wednesday evenings will only, in emergency, be used upon consent of local ministers. (Example - tournaments scheduled by other than local administration.) No coach supervised open gym.

COMPETITIONS

DRESS CODE: All attire must meet the standards set forth in the Bison School Handbook. Strive to exceed those standards. Represent our team, school, and community.

Playing time will be decided only by the **COACH**. ***This decision will be based on the player's skill, ability, effort, attitude, team involvement, and practice participation.*** Playing time is earned by the player and not by **ANY** outside influences.

- If at any time a player feels they are not receiving adequate playing time they may notify the coaches and arrange a meeting time to discuss ways in which more playing time could be earned. Coaches will not discuss such matters outside of the office.
- If the player feels the need, their parent/guardian may accompany them to this meeting.

- During the game, your focus needs to be on the court or field, not the stands or sidelines.

- If you aren't playing in the game, you help with the warm-up and other game tasks. Team members that are not participating in the event are to support fellow athletes in a positive/appropriate manner (No Horseplay). Ineligible students are not allowed to dress for a game or travel with the team.

- After each match, go directly to the locker room or designated meeting area for a quick team meeting. Do not leave water bottles on the bench, dispose of or take home.

BEHAVIOR/CONDUCT

As a member of the Bison Athletic Program, you will be expected to conduct yourself with honor, pride, and class. Your behavior on and off the court or playing field, will be a reflection of you, our team, the coaching staff, our school, and our community. Behave in a manner that will uphold the integrity of this program and yourself.

- Inappropriate Behavior: Any behavior deemed inappropriate by the coaching Staff or Administration.
 - First Occurrence-Consultation with coaching staff may result in suspension from next competition.
 - Second Occurrence-May result in dismissal from the team.

PROGRAM EXPECTATIONS

- A player has control of their *attitude* and *effort*—CONTROL IT!
- Mistakes will be made but excuses will NOT. If a mistake is made, admit it, fix it, and learn from it.
- When talking to your teammates keep the THINK principle in mind. Your words/actions should be:
 - **T** – true
 - **H** – helpful
 - **I** – inspiring
 - **N** – necessary
 - **K** – kind
 - *Comments that do not meet the THINK principle need to be kept to one 's self. This principle should also apply outside of the athletic arena.*
- *Togetherness*- Your teammates are like a second family. Your attitude and effort will not only affect your performance but also the overall teams' performance.
- *Promptness*- Time management is a life skill; it too takes practice. Being late to practice or the bus will result in loss of privilege at the coaches' discretion.
- When in the gym – you are thinking about your sport – all talk should be sport related – your focus is your current sport.
 - *Physical Toughness*- There is no substitute for hard work in this program. It is our intent that players participating in this program will understand the value of hard work in achieving goals. Giving that “extra” effort will give us the competitive edge over our opponents.
 - *Mental Toughness*- Hard work alone is not enough. The “mental edge” is needed. Confidence, concentration, consistency, and commitment are essential. Preparing mentally to perform skills correctly and to train physically is over half the battle.
- *Total Involvement*- Take the time to gather equipment, assist teammates and coaches, be supportive of all those associated with the program. Be a true MEMBER of the program.

TEAM TRAVEL

- The bus leaves ON TIME and for your safety there will be no horseplay on the bus.
 - You are responsible for picking up after yourself – bus, locker rooms, bleachers, etc.... The team will not be dismissed to go home after practices, games, or away trips until all areas have been approved by a member of the coaching staff.
 - Be respectful of the other people on the bus. Monitor your volume and your behaviors.
 - Often we share locker rooms and valuables can easily be taken or lost. Leave such items on the bus.
-

- To ride home with your parents, they **MUST** sign you out with the coaches. You cannot ride home with a friend/friend's parents unless the coaching staff has received a note with your parent's signature **PRIOR** to departure from school for away event. The note must indicate your traveling arrangements as well as the date it will be occurring. NO EXCEPTIONS

- Overnight field trip rules and forms need to be completed at the beginning of the season at the parent meeting. Forms are to be signed at parent meeting.
- Students are not allowed to drive themselves to athletic events without expressed written consent from a parent prior to the day of the event. No other student will be allowed to ride with them.
- The district will provide a bus and driver for all JV and Varsity competitions. The bus is not provided for JH, Coach may drive other school vehicles if needed and are available.

COMMUNICATION

rschool is the primary school calendar and will be used for sports along with most other events taking place at Bison School. All parent/guardians and athletes are expected to sign up for this messaging system with the following link:

<https://www.littlemoreauconference.org/public/notify/genie/311/school/10>

This can also be done by contacting the Bison AD

or get the mobile rschool today app (the one with baseball cap)

Message systems such as Remind may be used by coaches to communicate with their teams but will NOT be recognized for scheduling or schedule changes. Group texting, Snapchat and Facebook messenger are discouraged and will NEVER be accepted in scheduling and schedule changes.

If for any reason you need to contact a coach, a phone call or email would be appreciated.

SCHOOL

You are a student-athlete. The student part comes first and is the reason that we are here. Getting help with schoolwork will be supported. If you are late to practice or miss a practice for this reason, please bring a note from the teacher you were working with. You are expected to be a respectful and responsible student in the classroom. Any failures to do so will be dealt with and may result in loss of playing and/or traveling privileges.

See eligibility policy following:

Eligibility 7-2013

To be eligible and participate in extracurricular programs (as defined below), a student must carry 5 academic units, be in school the last three periods the day of the contest, and maintain a D-. Exemptions to this policy include but are not limited to medical, educational and family emergency absences that have received PRIOR administrative approval. Detention comes first over sports practice.

Deficiency reports will be run on infinite campus 4 times per quarter; at approximately 2.5 weeks, midterm, approximately 7 weeks, and end of quarter. Dates will be included along with the annual school calendar. Ineligibility becomes effective the day the report is published and students will remain ineligible until the next deficiency report.

Ineligibility does not affect a student in physical education nor does it affect practicing for any non-academic activity. Students may practice but not participate while they are ineligible, however they may not dress or travel with the team to away events.

Extracurricular activities to which training rules and academic eligibility requirements do apply includes: Varsity and JV Football, Video Crew, Boys and Girls basketball, Volley ball, All Statisticians, All Student Managers, Cross County, Golf, Track, School Play, FFA, FCCLA (as per anything outside the classroom) Quiz bowl, Oral Interp., National Honor Society, Pep Band, All State Chorus, Small Group Contests, Cheerleading, Prom, school dances and all other school sponsored or affiliated activities or contests where the students represent the Bison School District.

The coach or supervisor has the right to remove a player from the team or group, at his/her discretion, for repeated ineligibility.

MEDIA USAGE

Video recording contests by schools and parents or guardians- SDHSAA Media Policy, Participating schools, parents, or guardians may, for their personal use, video record a game or event that involves their team or child, provided that the video recording is not intended for broadcast, duplication, or resale (this includes posting on social media-i.e. Facebook). Such video recording must be done from an area in the venue designated for school or spectator video recordings. Live streaming of post-season competition is prohibited per SDHSAA rules.

The Bison Athletic Booster club has provided our school with the Pixellot system so people can purchase a subscription to the NFHS network to watch livestream athletic events. It costs \$69.99 or \$10.99 a month. More information at <https://www.nfhsnetwork.com>

SOCIAL NETWORKING

As you begin participation in another athletic season, the Athletic Department of Bison High School wants to make sure you are aware of the new social networking guidelines.

The Bison High School athletic Department recognizes and supports the student-athletes' rights to freedom of speech, expression, and association, including the use of social networks (i.e. Facebook, Twitter, Snapchat, etc.). In this context, however, each student-athlete must remember that playing and competing for the Bison School district is a privilege. As a student-athlete, you represent the school district and you are expected to portray yourself, your team, your school and the school district in a positive manner at all times. Posting pictures, videos, or comments on various social media outlets networks (i.e. Facebook, Twitter, Snapchat, etc.) can bring the potential of serious consequences for misbehavior.

Below are social networking guidelines which provide the following direction from social networking site usage: **Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your page. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.**

What you post may affect your future! Many employers, college admissions officers, and athletic recruiters review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments and posters).

Similar to comments made in person, the Bison School District department of athletics will not tolerate disrespectful comments and behavior online, such as:

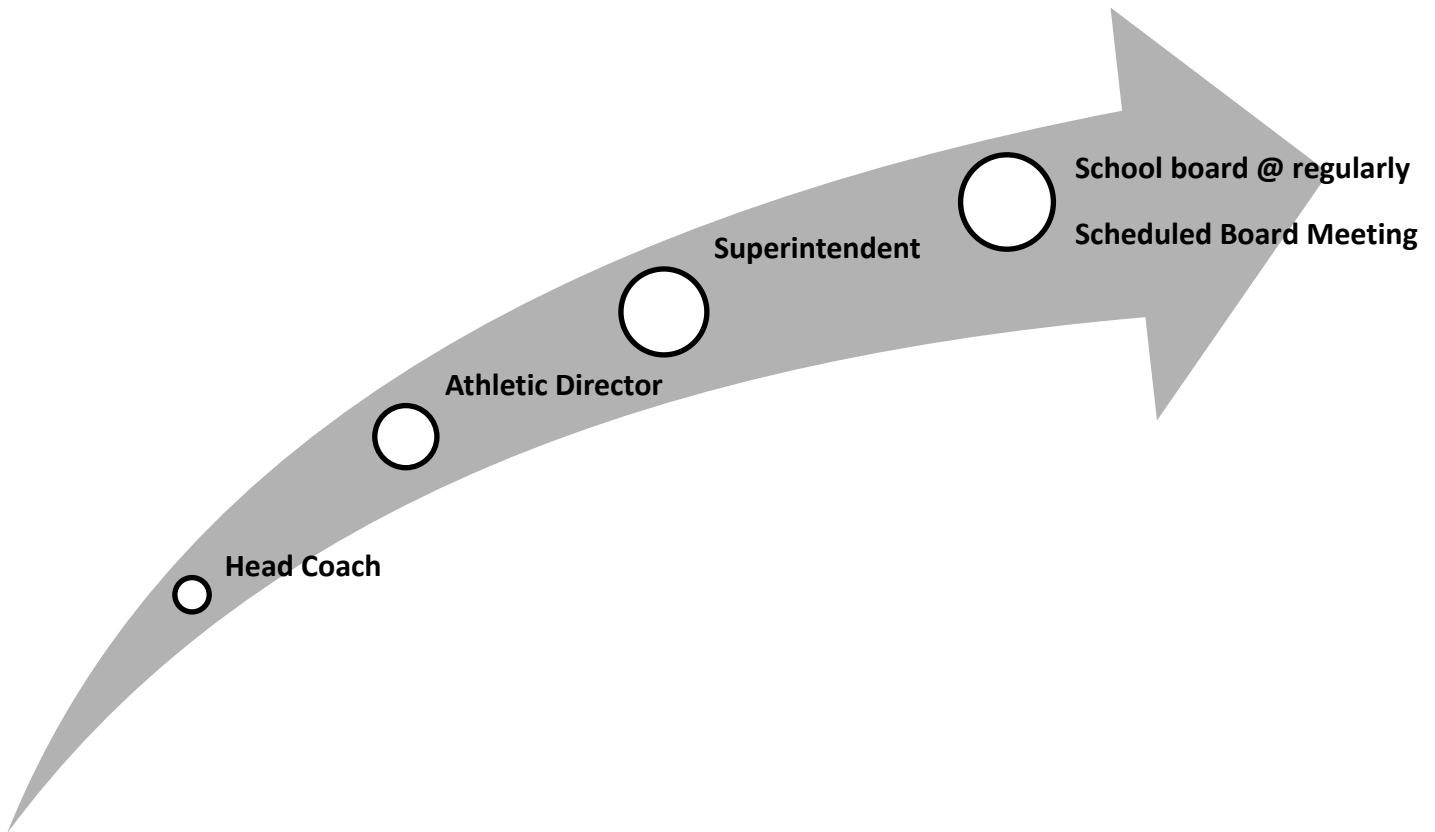
- Pictures or videos of students or staff taken without their permission during the school day or on school premises. Locker rooms, classrooms and restrooms are off limits.
- Derogatory language or remarks that may harm teammates, classmates, teachers or coaches; including comments that may be disrespectful to opposing teams.
- Incriminating photos, videos or statements depicting violence, hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism; stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behavior (including the use of profanity).
- Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
- Indicating knowledge of an unreported school or team violation – regardless if the violation was unintentional or intentional.

Social media outlets will be used as communication devices. They will also be used to encourage involvement with family, friends, fans, colleges and recruiting outlets. For this reason, all student-athletes need to comply with the following: Never involve yourself with alcohol or any other controlled substances. Posting pictures, retweeting or “liking” a post where this behavior is going on also indicates your approval. If you are asked to remove a post, you must do so immediately! This is for the protection of your reputation and that of the school district.

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions.

The information you post on a social networking site is considered public information. Think about who you represent: yourself, your family, your teammates and coaches, and your school. Like it or not, people are going to associate everything you post with you and what you represent. Protect yourself by maintaining a self-image of which you can be proud for years to come.

CARDINAL ATHLETICS PROGRAM CHAIN OF COMMAND



The above graphic is an illustration of the chain of command to be used for any issue relating to the Bison Athletic Program.

ALCOHOL USE/DRUG ABUSE/CHEMICAL ABUSE BY STUDENTS

ADOPTED 9/11/00 Revised 9/14/2015

(Narcotics, Drugs, Tobacco and Alcoholic Beverages)

The Board recognizes its share of the responsibility for the health, welfare, and safety of the students who attend the District's Schools. Alcohol and drug dependency is an illness and a hazard that can interfere with a student's ability to learn and function responsibly in the school setting and community. Anything that can interfere with the development of an adolescent, therefore, must be evaluated as to its impact to both the young person and the community. Psychoactive and mood-altering drugs can destroy the health and well-being of an individual. The school community defines drug use as a serious health problem and is committed to discouraging this behavior and to encouraging young people to seek help should a problem arise.

As educators, we recognize that chemical abuse (drugs, tobacco and alcohol) has become a serious problem in our country. We accept our obligation to establish a positive environment in which these problems can be addressed locally in a helpful and supportive rather than a punitive way. One of our goals is to prevent abuse. Accomplishing this goal, we realize, will entail training teachers, counselors and other staff members to educate the community about drug abuse. Other goals are to teach staff to identify chemical abuse problems and to know what resources are available to address these problems if they are observed. The administration recognizes that the problems of chemical abuse exceed the boundaries of the school. Therefore, we are prepared to cooperate with agencies and community groups that address these problems.

The following document outlines policy on student abuse of psychoactive or mood-altering chemicals in the School District. This policy is in effect on property owned, leased or maintained by the School District, at all school sanctioned activities on and off campus, in vehicles used to transport students to and from school or at other activities and in vehicles parked on school property.

Student and parent members of the school community are expected to be aware of and understand these policies and comply with them. A copy of the policy will be provided to all students and parents.

A student shall not possess, use, transfer, conceal, sell, attempt to sell, deliver nor be under the influence of narcotics, tobacco, drugs or alcohol, materials/substance represented to be a drug or controlled substance, or chemical substances which affect psychological functions or affect the educational system of the school. Students shall not engage in drug use/abuse nor possess paraphernalia specific to the use of illegal chemicals.

VIOLATIONS

The following procedures will be used in dealing with possession, use, transmission or being under the influence of illicit drugs, tobacco and alcohol.

A. First Offense

1. The administration will try to notify the parent(s)/guardian(s) by phone to explain the incident and arrange a conference.
2. The administration will suspend the student for three (3) days in compliance with student due process procedures.

3. Within thirty-six (36) hours, the Administrator will notify the parent(s)/guardian(s) in writing of the suspension.
4. Notify available law enforcement authorities.

The School District strongly recommends that students with chemical abuse problems seek professional evaluation and treatment from a trained chemical dependency counselor or a licensed physician trained in chemical dependency. Because we believe that chemical dependency is preceded by misuse, we feel confident that such early intervention can benefit the student before significant harm or dependency results.

The suspension of a student who agrees to be evaluated and treated will be commuted to one (1) day. The administration will provide a list of agencies/professionals who can do the assessment and provide treatment. Fees for this assessment and treatment are the responsibility of the student and family.

Upon receipt of appropriate authorization, the agency or professional will notify the school administration that the student is willing to be evaluated and to comply with the treatment process

B. Second and subsequent offenses

1. The administration will contact the parent(s)/guardian(s) to arrange a conference.
2. Notify available law enforcement authorities.
3. The administration will suspend for five (5) days in compliance with student due process procedures.
4. Within thirty-six (36) hours, the administration will notify the parent(s)/guardian(s) in writing of the suspension.
5. The administration will recommend to the School Board that the student be expelled unless the following procedure is followed:
 - a. The student must agree to be evaluated and treated by a trained chemical dependency counselor or a licensed physician trained in chemical dependency.
 - b. Upon appropriate authorization, the agency or professional notifies the administration that the student has accepted treatment. If the student is accepting treatment, the recommendation for expulsion may be commuted. Fees for this assessment and treatment are the responsibility of the student and family.

C. Supplying/distributing or selling chemical (drugs, tobacco, alcohol or material represented to be a controlled substance.

1. Within thirty-six (36) hours, the administration will notify parent(s)/guardian(s) in writing of the suspension.
1. Supplying or selling illegal chemicals will result in a five (5) day suspension.
2. The administration will refer the case to available law enforcement authorities.
3. A hearing on the case will be conducted by the School Board pursuant to due process rules for expulsion. Expulsion may be recommended by the Administrator.

D. Pupils who visibly appear to be impaired from use of the illicit drugs/alcohol will be referred to the community health nurse, if available, and the building administrator. The administrator will determine whether to contact the parent, *refer to the emergency authorization form* or immediately seek additional

medical treatment. Following the handling of the medical emergency, this Policy Statement for Chemical Abuse will be followed. Law enforcement will be notified.

See also: Extracurricular training rules concerning the use of alcohol, drugs, and tobacco- covered under Extracurricular/Athletic training rules in the Secondary Student/Parent and Athletic Handbook.

EXTRACURRICULAR TRAINING RULES

Student participation in extracurricular programs is a privilege and, therefore subject to eligibility requirements which go beyond normal requirements for the right to attend the public school's curricular education program.

Extracurricular programs for Bison School District include: Varsity & JV Football, Video Crew, Boys & Girls Basketball, Cross Country, Golf, Volleyball, All Statisticians, All Student Managers, Track Students, School Play, FCCLA (as per anything outside the classroom), Oral Interp., FFA, National Honor Society, Pep Band, All State Band, All State Chorus, Small Group Contests, Cheerleaders, Prom, School Dances and all other school sponsored or affiliated activities or contests where the students represent the Bison School District. The Post-Prom Party is a positive community sponsored activity or affiliated activities or contests where the students represent the Bison School District.

- 1) **ACADEMICS COME FIRST** - Passing grades must be maintained to remain eligible for extracurricular programs (see Eligibility for Non-Academics)
- 2) **DRESS APPROPRIATELY** – See DRESS CODE.
- 3) **BEHAVIOR** - Inappropriate language and behavior will not be tolerated at any time.
- 4) **CURFEW** – is at the discretion of coach/advisor and will be enforced by them with approval of administration.

ALCOHOL, DRUG AND TOBACCO PROHIBITED – Whether the student is on school grounds or not, the use of illicit drugs and the unlawful possession or use of alcohol is wrong and harmful. If students are caught in use or possession of alcohol, drugs or tobacco substances anytime during grades 7 through 12 the penalties are as follows:

If the violation occurs at school, on school property, in vehicles being used to transport students to/from school events, in vehicles on school property or while attending school sponsored events on or off campus, the student will face suspension (as stated in the handbook) from school by the administration as well as the following consequences for training rule violation by coach or advisor. For a first offense, suspension will be 3 days, second offense will be 5 days, third offense will be 5 days and possible expulsion.

The extracurricular season begins with the first day of activities/practice in the fall and the last day of school or springs activities whichever is latest are to be used as the starting and ending dates for the school term:

August 4, 2022 through June 6, 2023

Extracurricular suspension will be from all Bison High School activities and from school sponsored extra-curricular activities, such as clubs, teams, statisticians, managers, cheerleaders, drama, speech music, prom, school dances, etc.

FIRST OFFENSE – 2 WEEKS -(14 CONSECUTIVE CALENDAR DAYS) AND 2 EVENTS (whichever is greater).

1. The first offense will be for two weeks (14 consecutive calendar days) or 2 events, whichever is greater. If no offense is committed for a period of one year from the date of the previous offense, the penalty for the next offense will be two weeks or two events *whichever is greater*.
2. Athletic/extracurricular suspensions will run consecutively if additional infractions occur while on suspension.

SECOND OFFENSE – 10 WEEK - (70 CONSECUTIVE CALENDAR DAYS)

1. A second offense that happens within one year of a previous offence, constitutes a 10 week (70 calendar days) suspension.
2. Athletic/extracurricular suspensions will run consecutively occur while on suspension.
3. The student will participate in mandatory substance abuse counseling at the family's expense.

THIRD OFFENSE – ONE CALENDAR YEAR FROM THE DATE OF THE EVENT.

1. A third offense that happens within one year of a previous offense, constitutes a suspension for one calendar year from the date of the event from extracurricular activities.
2. Athletic/extracurricular suspensions will run consecutive if additional infractions occur while on suspension.
3. The student will participate in mandatory substance abuse counseling at the family's expense.

Please Note: If time is not completed in a given school year, the time left is carried into the next school year beginning with the first day of practice in the fall.

ADMINISTRATION OF THE RULE

1. The school administration, athletic director, and activity director shall immediately investigate any alleged violation. If they, the administrator, athletic director, or activity director, finds probable cause to believe that the rules have been violated the rule will be administered.
2. If the student admits guilt the administrator will document this and ask for a signed statement to that effect, the parents will be informed through a phone call as well as in written form. Parents are to be reminded that the student has the right to a hearing if so desired. The period of suspension shall begin from the date and time notification is given to the student by the school administration.
3. If the student does not admit guilt a hearing time, place and date will be set. The following participants are included at the hearing:
 - Any person who witnesses a violation may report violations. The reporting person shall testify before a school administrator, athletic director, and/or coach. The accuser, who will sign a statement with the accusation on it:
 - Student
 - Parents
 - Any other representatives the student wants present
 - Activity Director or Athletic Director
 - One or more of the student's activity leaders or teachers
 - Administrator
 - A third school official may be appointed by the administration if need to form a committee of three.
4. A committee of three (3) will decide whether the student is guilty or not guilty of the alleged offense. The committee will be made up of two (2) of his/her activity leaders or teachers and an administrator.
5. In all cases of a hearing or of admitted guilt the student, parent and school board members will be informed in writing of the decision and length of suspension.

6. If the ruling of the hearing officer does not satisfy the student, such student shall have the right to have the ruling reviewed by the local board of education.

SUSPENSION FROM EXTRACURRICULAR COMPETITIONS - The coach, advisor or administration may suspend a student from playing (bench a student) for violation of dress, language, curfew violations or other conduct not becoming of a student representing Bison School District. Suspensions may also be imposed for chronic absence from practice or attitude problems.

Benched students are expected to attend and participate in practice and may be required to attend events sitting behind the team but not in uniform.

Students who are ineligible or benched are Not allowed to travel with the team to away events

Participation in extracurricular activities is encouraged. Scholarships for college depend heavily upon grades, but participation in extracurricular programs also counts heavily for many of these scholarships. The standards of conduct are high so that our school and our community can be proud of our programs. This policy is understood to be in effect from the first day of fall sports practice until the last day of school or the end of the track/golf season (State Track Meet or State Golf Meet) whichever the latest date is.

CARDINAL ATHLETIC PROGRAM ACKNOWLEDGEMENT CONTRACT

This form must be signed and returned to the coaching staff at beginning of school year or before first practice.

I have read and clearly understand the Bison Athletic Program Policies and Philosophy.

I acknowledge the rules, expectations, responsibilities and program procedures stated within, and will accept the consequences that may occur from not meeting these expectations.

Athletic team: _____

Printed Name of Player _____

Signature of Player _____ Date _____

Signature of Parent/Guardian _____ Date _____

Signature of Superintendent _____ Date _____

CARDINAL ATHLETIC PROGRAM STUDENT MANAGER DUTIES

DAILY PRACTICES:

At coaches' discretion. Always ready to work and help when needed.

HOME MATCHES/EVENTS:

- Dress professionally.
- Locate and transfer:
 - Medical kit
 - Camera, iPad, GoPro
 - Water bottles
 - Stat materials
- Act as Official or Guest Book Keeper when needed
- Track all necessary stats for said sport
- At the end of the game:
 - Make sure nothing is left on the score table or team benches before leaving

AWAY MATCHES/EVENTS:

- Arrive 10 minutes before the bus is to depart
- Dress professionally, no jeans (excluding tournament days)
- Help gather the following items on the bus and into and out of event site:
 - Coaching bags & Materials
 - Medical Kit, Fully stocked
 - Video Camera, Blank disc Tripod, extension cord, and camera AC plug.
- Act as Guest book Keeper as needed (See SDHSAA tutorial video)
- No Horseplay, always be ready to work and help.

I would like to assist with:

_____ PRACTICES

_____ HOME GAMES

_____ AWAY GAMES/TOURNAMENTS

_____ Coach Initials giving approval to join the team in this role

I acknowledge the expectations and responsibilities set forth and will accept anything that may occur from not meeting these expectations.

Manager Signature: _____ Date: _____.

Parent/Guardian Signature: _____ Date: _____

BISON SCHOOL DISTRICT
Field Trip Permission Form

Date: _____

Dear Parents/Guardians:

Your child has the opportunity to attend a school sponsored field trip to:

Sponsored by: _____

Please see the itinerary on the back or attached to this form.

Transportation will be provided by: _____

The cost per child to attend is: _____

Lunch provisions for the trip: _____

Parent(s)/Guardian(s): Please complete the following section and return this form to your child's school no later than: _____

Thank you.

Student's Name: _____

Parent(s) Name(s): _____

In case of emergency, I can be reached at: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

_____ I give my permission for my child to attend this field trip.

_____ In case of a medical emergency and I cannot be reached, I give permission for my child to receive necessary medical treatment.

_____ I am interested in chaperoning this field trip. Please call me at: _____

_____ I do not give my permission for my child to attend this field trip.

Parent/Guardian Signature

Date

BISON HIGH SCHOOL OVERNIGHT SPORTING EVENTS & FIELD TRIPS

Rules of Conduct

All students on overnight field trips will abide by the following rules:

1. All school rules apply while traveling. This includes the use of inappropriate language, dress code, and all other school rules and policies as indicated in the student handbook.
2. Students will be in groups at all times and assigned to a chaperone. Students will follow the set itinerary and remain with their groups.
Absolutely, no one goes anywhere off hotel/lodging premises without a chaperone.
3. Malicious or willful damage or theft of property by a student shall result in the student being returned to the district. Parents and students assume full financial responsibility for damages, transportation, and other associated cost.
4. Use or possession of tobacco, alcohol, or any illegal drugs will result in notification of proper authorities and possible immediate return of the student to the district at the parent's expense. If illegal activity results in detention by authorities, parents shall have the responsibility for all intervention, counsel, and transportation. Possessing or being under the influence of drugs, tobacco, or alcohol will result in an administrative disciplinary action of suspension upon return to school.
5. All medications (prescriptions and non-prescriptions) are to be held by the staff member in charge of the trip. Special consideration is given to those with asthma inhalers and those who need medication unexpectedly throughout the day. All medication containers must be labeled with the student's name. The medical release form should include parental approval for administration of non-prescription medications. None should be given out without checking for allergies and parent permission.
6. Males shall not be allowed in the rooms of females and females shall not be allowed in the rooms of males at any time, for any reason. If this occurs, an administrative disciplinary action will occur. No sexual or inappropriate activity or contact is permitted on overnight trips.
7. No room service is allowed. No pay per view movies or long-distance phone calls are to be made from the room.
8. Curfew will be established nightly and adhered to strictly by all students. "Curfew" means that students are to be in their assigned rooms at the designated time. Students are not to leave their rooms after bed check. A violation of curfew will result in administrative disciplinary action.
9. Check your hotel room upon arrival. If there is any existing damage, immediately report it to your adult advisor since you will be held responsible for any damage to your room.
10. Each chaperone will be assigned rooms to monitor during the time in the hotel. Adjoining rooms must be locked at all times. Please do a head check of each assigned room before taping students in each night. Chaperones will monitor the hallways or hire a security firm to be sure students remain in their room. Lights out is usually an hour after we return to the hotel from the day's itinerary. Lights out means that students are to be in their room with the lights off, TV off, and no telephone activity. The rooms must be quiet, and students need to respect other guests in the hotel.
11. Each chaperone will keep 1 key per assigned room to be used in case of emergencies. This key will not be used to enter the room unless it is deemed necessary by the designated chaperone and there are two chaperones present. Luggage, rooms, etc., are subject to search at any time if chaperones have reasonable suspicion that the luggage or personal items contain contraband.
12. When checking rooms before checkout, if there is trash all over and the furniture is moved, please call the students back to put the room back in its original condition.
13. The trip organizer shall hold a mandatory meeting with parents, students, and chaperones prior to the trip. Failure of the parent to attend the meeting may result in the student not participating in the activity.

14. If a student becomes a severe discipline problem, the parent(s) will be contacted. If conduct requires immediate departure, it will be at the parents' expense.

15. Students shall be instructed not to advise others about hotel locations and are not to let visitors into their room. Any family visitations during the trip should be pre-arranged and approved in advance by the school.

16. Emergency Communication: An emergency protocol must be in place between staff and adults supervising students and the staff member in charge and school site. Communication should include at a minimum:

- a. Cell phone numbers for all adults on the trip and the school emergency contact number
- b. List of students assigned to each supervising adult
- c. List of applicable travel destination phone numbers: hotel, bus company, etc.

I, _____ understand that failure to comply with any of the Bison School District overnight sports field trip rules may result in my immediate departure from the trip and/or penalties outlined in the Student Handbook or established rules of the organization involved in the trip. Any violation of law or trip rules may result in my parents being contacted immediately and the proper authorities being notified.

Student Signature: _____ Date : _____

Parent/Guardian Signature: _____ Date: _____

Bison School District

**Medical and Insurance Information and
Parent Consent for Student Travel and Medical Treatment**

Student Name _____
Last First MI

Home Address _____ Home Phone _____

Parent/Guardian _____ Wk Phone _____

Cell Phone _____ Cell Phone Provider _____ Email _____

Local Relative/Neighbor _____ Phone _____

MEDICAL INFORMATION

List known allergies (food, medications, etc.) If none, so state _____

List special medical problems. If none, so state _____

List any medication(s) the student is presently taking and the purpose. If none, so state _____

If your child requires medication (prescription or non-prescription) please keep medications in original containers and be sure they are labeled with the child's name. Medications should be left with the trip advisor or a designated chaperone who will administer the medication.

I, the undersigned, being the parent or the legal guardian of _____ DOB _____

Hereby grant permission for the above name student to receive the above stated medication on our school sponsored trip by an adult chaperone. I release the school and its employees from any claims or liability connected with its reliance on the permission.

Signature of responsible party: _____ Relationship to student: _____

MEDICAL INSURANCE INFORMATION

Medical Insurance Company _____ Policy # _____

Student Social Security # _____ Group/Plan # _____

Current Physician _____ Phone #: _____ Ins Co. Phone # _____

Please attach a copy of your medical insurance identification card.

If you do not have medical insurance coverage please read and sign the following:

For and in consideration of emergency services and goods rendered by or through the attending physician(s), the undersigned hereby guarantees payment in full immediately upon receipt of the final billing.

Signature of responsible party: _____ Relationship to student _____

CONSENT FOR TRAVEL AND FOR MEDICAL TREATMENT

I, the undersigned, being the parent or the legal guardian of _____ DOB _____

hereby grant permission for the above-named student to travel to **Bison School Events**, during the **2022-2023 school year** and hereby grant authorization to the supervisor(s) or chaperone(s) of this school trip to obtain any emergency medical and/or surgical treatment and procedures from a physician or hospital emergency room physician on behalf of the above-named minor. I also grant permission for the supervisor(s)/chaperone(s) to administer medication as indicated by physician.

Signature of person giving consent Date Relationship to student

Please complete and return signed form to the school by: _____

BISON SCHOOL DISTRICT ATHLETIC FACILITIES/WEIGHT ROOM WAIVER

Must be updated annually

IN CONSIDERATION of being given the opportunity to participate in using the Bison School Athletic Facilities' and Weight Room, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of athletic activities and weightlifting, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
2. FULLY UNDERSTAND that (a.) ATHLETIC AND WEIGHTLIFTING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death (Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place or the negligence of the names below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the facilities' and will refuse to take part in the activity until the condition has been corrected to my satisfaction.
4. HEREBY RELEASE, discharge, and covenant not to sue Bison School District, the school board, their administrators, directors, agents, officers, volunteers and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

PARENTAL CONSENT

I, the minor's parent and/or legal guardian, understand the nature of athletic and weightlifting activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO IMDEMNIFY AND SAVE AND HOLD HARMLESS each of the releases' from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releases' from any litigation expenses, attorney fees, loss liability, damage, or cost if any may incur as the result of any such claim.

Please sign on back and return to office.

Name of Participant: _____

Printed Name of Parent/Guardian: _____

Date: _____ Phone: _____

Address: _____

Parent/Guardian Signature: _____