



# BIG RIVERS GIRLS XC STATE CHAMPIONS STATE RUNNER-UP / TOP 10 INDIVIDUALS

1975 - present

## TEAM STATE CHAMPIONS

SCHOOL	YEAR	PARTICIPANTS
Eau Claire Memorial, D1	2015	A. Roberts, H. Roeske, S. Smith, Z. Smith, C. Dial K. Bertrang, M. Barnhardt
Eau Claire Memorial, D1	2014	A. Roberts, K. Gynnild, E. Smith, H. Roeske, Z. Smith, S. Smith, K. Bertrang
LaCrosse Central, Cl. A**	1988	T. Roden, K. Kirkpatrick, K. Brieske, L. Schmaltz, T. Conrad, C. Tooley, S. Schultz
LaCrosse Central, Cl. A**	1985	K. Christopherson, E. Brocick, L. Frise, S. Leith, M. Smith, K. Kirkpatrick, C. Frize

\*\*BRC school at the time, but presently not a BRC school

## TEAM STATE RUNNER-UP

SCHOOL	YEAR	PARTICIPANTS
Eau Claire Memorial, D1	1998	T. Lien, B. Lundquist, A. Strobel, K. Anderson, M. Blomquist, J. Leafblad, S. Jensen
Chippewa Falls, Cl. A	1989	S. Walrath, K. Walrath, T. Schemenauer, J. Hartsough, L. Janssen, S. Rowan, D. Kvapil
Chippewa Falls, Cl. A	1988	S. Walrath, T. Schemenauer, B. Schuch, L. Janssen, J. Hartsough, K. Walrath, P. Lanners
Eau Claire Memorial, Cl. A	1987	K. Kappus, S. Farrell, J. Wickham, So. Braatz, J. Mueller, H. Thiesing, M. Happe

## INDIVIDUAL STATE CHAMPIONS

NAME	DIVISION	YEAR	SCHOOL	TIME
Lauren McCalla	D1	2025	Menomonie	17:24* (5k)
Aubrie Roberts	D1	2015	Eau Claire Memorial	17:49* (5k)
Annie Frisbie	D1	2014	River Falls	17:59* (5k)
Katrina Betzold	D1	1994	Eau Claire North	14:34 (4k)
Katrina Betzold	D1	1993	Eau Claire North	14:47 (4k)

\*indicates state record

## TOP 10 INDIVIDUAL FINISHERS

NAME	PLACE	DIVISION	YEAR	SCHOOL	TIME
Lauren McCalla	1st	Division 1	2025	Menomonie	17:26*
Lauren McCalla	6th	Division 1	2024	Menomonie	18:36
Marah Benedict	5th	Division 1	2023	New Richmond	18:38
Lauren McCalla	10th	Division 1	2023	Menomonie	18:56
Bella Jacobsen	5th	Division 1	2021	Menomonee	18:22
Hayley Loewe	6th	Division 1	2021	Hudson	18:45
Jillian Heth	8th	Division 1	2021	Eau Claire Memorial	18:56
Lexi MacDonald	6th	Division 2	2021	Rice Lake	19:18
Katie Rassbach	6th	Division 1	2021!	Eau Claire North	18:58
Jillian Heth	7th	Division 1	2021!	Eau Claire Memorial	19:01
Hayley Loewe	7th	Division 1	2020	Hudson	18:39
Bella Jacosen	10th	Division 1	2020	Menomonie	18:43
Aubrie Roberts	1st	Division 1	2015	Eau Claire Memorial	17:49*
H. Roeske	7th	Division 1	2014	Eau Claire Memorial	18:51
Annie Frisbie	1st	Division 1	2014	River Falls	17:59*
Aubrie Roberts	2nd	Division 1	2014	Eau Claire Memorial	18:13
<b>RACE DISTANCE 4000 METERS FROM 1993-2013</b>					
Aubrie Roberts	6th	Division 1	2013	Eau Claire Memorial	14:38
Aubrie Roberts	2nd	Division 1	2012	Eau Claire Memorial	14:16
Annie Frisbie	9th	Division 1	2012	River Falls	14:38
Katie Wetzstein	9th	Division 1	2011	Hudson	14:40
Kristin Pelzel	4th	Division 1	2006	Hudson	14:47
Kristin Pelzel	9th	Division 1	2005	Hudson	14:54
Alya Mitchell	8th	Division 2	2004	New Richmond***	15:31
Ayla Mitchell	5th	Division 2	2003	New Richmond***	15:06
Katie Bethke	7th	Division 1	2003	Eau Claire Memorial	14:49
Ayla Mitchell	8th	Division 2	2002	New Richmond***	15:19
Rachel Evjen	2nd	Division 1	1998	Eau Claire North	14:20
Tanya Lien	7th	Division 1	1998	Eau Claire Memorial	14:51
Rachel Evjen	2nd	Division 1	1997	Eau Claire North	14:33
Tanya Lien	9th	Division 1	1997	Eau Claire Memorial	15:22
Rachel Evjen	2nd	Division 1	1996	Eau Claire North	15:49
Krista Lindau	3rd	Division 1	1996	Rice Lake	15:09

Lisa Traxler	6th	Division 1	1996	Menomonie	15:14
Rachel Evjen	7th	Division 1	1995	Eau Claire North	15:04
Katrina Betzold	1st	Division 1	1994	Eau Claire North	14:34
Katrina Betzold	1st	Division 1	1993	Eau Claire North	14:47
<b>RACE DISTANCE 2 MILES FROM 1975 - 1992</b>					
Sara Walwrath	2nd	Division 1	1991	Chippewa Falls	12:20
Sara Walwrath	4th	Division 1	1990	Chippewa Falls	11:51
Andrea Beuning	9th	Class B	1989	New Richmond***	12:14
Stephanie Farrell	9th	Class A	1989	Eau Claire Memorial	11:57
Julie Mueller	10th	Class A	1989	Eau Claire Memorial	11:57
Sara Walrath	5th	Class A	1988	Chippewa Falls	11:35
Teri Roden	8th	Class A	1987	LaCrosse Central**	11:47
Kristen Chrisopherson	6th	Class A	1985	LaCrosse Central**	12:46
Ellen Brodick	9th	Class A	1985	LaCrosse Central**	12:52
Shelly Berg	6th	Class A	1975	New Richmond***	11:59
<b>FIRST YEAR OF WIAA GIRLS CROSS COUNTRY - 1975</b>					

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\*\*\*Non-BRC school at the time, but presently a BRC School

! Covid alternate season - spring 2021