



# 2026 Track & Field All-Conference Teams

## Girls Team

Event	1st Team	2nd Team	Honorable Mention
100m	E. Carlson (NR) 12.65	C. Johnson (ECM) 12.70	M. Lambrigtsen (MEN) 12.78
200m	C. Johnson (ECM) 26.13	R. Shaw (ECM) 26.37	A. Gregerson (HUD) 26.62
400m	R. Shaw (ECM) 58.46	L. Ohman (MEN) 1:01.12	M. Fish (CHI) 1:01.19
800m	L. McCalla (MEN) 2:10.76*	M. Dewey (ECM) 2:16.71	B. Barfknecht (MEN) 2:20.24
1600m	L. McCalla (MEN) 4:45.97*	O. Halvorson (RF) 5:03.40	B. Barfknecht (MEN) 5:04.93
3200m	M. Schmidt (CHI) 10:46.63*	B. Schmitt (MEN) 11:15.09	O. Halvorson (RF) 11:30.42
100H	A. Widiker (CHI) 15.98	I. Sorensen (MEN) 15.99	R. Palecek (CHI) 16.46
300H	R. Palecek (CHI) 45.73	I. Sorensen (MEN) 48.72	S. McLean (NR) 49.06
PV	K. Hoefft (RF) 11'0	C. Casey (MEN) 10'0	J. Larson (ECN) 9'6
HJ	A. Treichel (RF) 5'5*	L. Martin (CHI) 5'3	N. Unruh (NR) 5'2
LJ	R. Shaw (ECM) 16'4	S. Norby (MEN) 15'11.5	L. Redwine (ECM) 15'11
TJ	I. Sorensen (MEN) 34'9	D. Dreher (HUD) 34'5	S. Winfield (RL) 34'3.5
SP	A. Schmidt (RL) 40'5.5	J. Larson (ECN) 39'7.25	J. Reit (CHI) 38'7.5
DT	J. Larson (ECN) 128'1	A. Schmidt (RL) 117'5	E. Arndt (MEN) 114'5
400 Relay	New Richmond 50.10* N. Unruh, A. Wold, G. Scribner, E. Carlson	EC Memorial 51.35 R. Muchow, S. Melgaard, D. Sebesta, L. Redwine	Menomonie 51.53 R. Riepl, A. Armani S. Norby, M. Lambrigtsen
800 Relay	Hudson 1:46.52 N. Dreher, B. Eilertson, N. Frederickson, A. Gregerson	River Falls 1:46.79 I. Russell, J. Johnson W. Barry, M. Schmidt	EC Memorial 1:47.09 S. Melgaard, P. Blade C. Johnson, D. Sebesta
1600 Relay	Menomonie 3:58.22* A. Schuler, B. Barfknecht L. Ohman, L. McCalla	EC Memorial 3:58.37 H. Dewey, M. Dewey A. Pluth, R. Shaw	Chippewa Falls 4:06.61 R. Palecek, M. Fish E. Hoepner, L. Martin
3200 Relay	EC Memorial 9:26.46* H. Dewey, M. Dewey E. Bramwell, A. Pluth	Menomonie 9:44.11 A. Schuler, B. Schmitt A. Thalacker, L. Ohman	Hudson 10:00.74 J. Barnard, E. Maxwell Z. Panske, O. Thompson

\*\*New [BRC Record](#)

**Conference Champions: Menomonie (167 pts)**

**Track Athlete of the Meet: Lauren McCalla (MEN)**

**Field Athlete of the Meet: Josie Larson (ECN)**