BIG RIVERS CONFERENCE BOYS CROSS COUNTRY ALL-CONFERENCE TEAMS

2026 FIRST TEAM			2025 FIRST TEAM		
Will Pongonis *	12	ECM	Ryan Kelley *	11	HUD
Carter Kucko	12	HUD	Carter Kucko	12	RL
Maciah Black	10	RF	Will Pongonis	11	ECM
Owen Pelzel	12	MEN	TJ Pennycook	12	HUD
Cole Gilles	12	CF	Luke Ray	12	MEN
Evan Olson	12	MEN	Noah Winder	11	MEN
Logan Topper	11	MEN	Owen Pelzel	11	MEN
Henry Fish	12	CF	Bryar Stordahl	10	ECM
SECOND TEAM			SECOND TEAM		
Tyler Axel	11	HUD	Owen Koepke	11	RF
Elias Barlow	11	HUD	Logan Topper	10	MEN
Ben Erickson	11	ECN	Sy Ebben	12	HUD
Braxton Paull	12	CF	Jack Hughes	12	NR
Nathaniel Shilts	11	CF	Braxton Paull	11	CF
Karter Livingston	10	MEN	Gabe Dunn	12	ECN
Quinn Ebner	12	RL	Austin Prince	12	RL
Owen Koepke	12	RF	Cole Gilles	11	CF

2024 FIRST TEAM			2023 FIRST TEAM			2022 FIRST TEAM			2021 FIRST TEAM		
Will Pongonis *	10	ECM	Brock Bjerke *	12	HUD	Quin Andrews*	10	RF	Lukas Wagner *	12	CF
Quinlan Andrews	12	RF	Quinlan Andrews	11	RF	Isaac Mangrum	11	ECM	Quin Andrews	9	RF
Ryan Keller	10	HUD	Noah Lawrence	12	HUD	Parker Dewey	11	ECM	Will Sylvester	10	ECM
Theodore Pennycook	11	HUD	Addisu Haverly	12	HUD	Will Sylvester	11	ECM	Colin Hanson	11	ECM
Zachery Waterman	12	HUD	Will Pongonis	9	ECM	Colin Hanson	12	ECM	Henry Czupryna	12	HUD
Carter Kucko	11	RL	Ethan Eilertson	12	HUD	Noah Lawrence	11	HUD	Jacob Doehrmann	12	NR
Jager Ruedebusch	12	HUD	Zachery Waterman	11	HUD	Ty Jacobs	12	ECN	Ryan Beranek	12	CF
Luke Beeksma	12	ECM	Ryan Keller	9	HUD	Connor Norby	12	MEN	Jude Ogden	12	MEN
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Owen Koepke	10	RF	Carter Kucko	12	RL	Benjamin Cihasky	11	CF	Addisu Haverly	10	HUD
Evan Olson	10	MEN	Will Sylvester	12	ECM	Brock Bjerke	11	HUD	Dustin Sheely	12	RF
Jonah Majerus	12	RF	Jonah Majerus	11	RF	Daniel Murray	11	ECM	Ty Jacobs	11	ECN
Logan Topper	9	MEN	Theodore Pennycook	10	HUD	Titus Frock	12	ECN	Nathaniel Foster	11	RF
Peter Cimino	12	MEN	Noah Sylvester	10	ECM	Jonah Majerus	10	RF	Titus Frock	11	ECN
Noah Sylvester	11	ECM	Jager Ruedebusch	11	HUD	Addisu Haverly	11	HUD	Grant Burns	9	MEN
Owen Pelzel	10	MEN	Mason Fredrickson	11	CF	Noah Sylvester	9	ECM	Taggert Ruedebusch	10	HUD
Mason Fredrickson	12	CF	Tae Herron	10	NR	Nic Owens	12	HUD	Mason Hughes	10	NR

2020 FIRST TEAM	2019 FIRST TEAM			2018 FIRST TEAM			2017 FIRST TEAM		
No championships were run due to Covid	Anthony Weeks *	11	HUD	Zak Sather *	12	ECM	George Bond *	11	HUD
	Mason Shea	12	RF	Anthony Weeks	10	HUD	Zak Sather	11	ECM
	Noah Lundeen	12	MEN	Scott Stokes	10	ECM	David Ecker	12	ECN
	Patrick Schwartz	11	MEN	Mason Shea	11	RF	Josh Becker	11	ECM
	Grant Magnuson	11	RF	Grant Magnuson	10	RF	Max Ball	12	HUD
	Scout Stokes	11	ECM	George Bond	12	HUD	Bryce Daniels	12	CF
	Joey Madson	12	RF	Noah Lundeen	11	HUD	Scott Stokes	9	ECM
	Benjamin Lemay	12	CF	Joey Madson	11	RF			
SECOND TEAM	SECOND TEAM			SECOND TEAM			SECOND TEAM		
	Jason Franzwa	12	RF	Sam Kiecker	12	HUD	Keegan Sansone	12	HUD
	Aidan Snow	12	ECM	Andrew Vierbicher	12	ECM	Matthew Kieffer	12	MEN
	Morgan Selchow	11	MEN	Cale Wimer	11	HUD	Cale Wimer	10	HUD
	Derek Penzkover	11	RL	Jacob Mathes	12	HUD	Noah Lundeen	10	HUD
	Titus Frock	0	ECN	George Lynch	12	ECM	Jack Leipnitz	11	MEN
	Brandon Nelson	11	RF	Richard Veness	12	RF	Seth Miner	12	HUD
	Aaron Dong	12	RL	Carter Wood	12	ECM	Tyler Cernohous	12	RF
	Joel Anderson	10	MEN	Derek Penzkover	10	RL			

2016 FIRST TEAM			2015 FIRST TEAM			2014 FIRST TEAM			2013 FIRST TEAM		
Zak Sather *	10	ECM	Jesse Becker *	11	ECM	Patrick Treacy *	12	ECM	Trent Powell *	12	RF
Max Ball	11	HUD	Max Ball	10	HUD	Gunner Sigurdson	12	ECN	J. P. Nelson	12	ECM
Erik Sworski	12	CF	George Halunen	11	HUD	George Halunen	10	HUD	Patrick Treacy	11	ECM
George Haluene	12	HUD	Michael Lindau	12	RL	Parker Lehmann	12	CF	Tim Cote	12	ECM
David Ecker	11	ECN	Zak Sather	9	ECM	Seth Malloy	12	ECN	Jack Kadidlo	12	HUD
George Bond	10	HUD	Zak Sather	9	ECM	Grant Bilse	11	MEN	Nick Dreger	12	ECN
Cale Wimer	9	HUD	David Ecker	10	ECN	Max Ball	9	HUD	Gunner Sigurdson	11	ECN
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Andrew Armitage	12	RF	Ian Smith	12	HUD	Neil Lenneman	11	RF	Henry Zold	12	MEN
Keegan Sansone	11	HUD	Grant Bilse	12	MEN	Dan Delestry	12	ECM	Donald Clark	12	HUD
Josh Becker	10	ECM	Andrew Armitage	11	RF	Chris Anderson	11	RF	Adam Fitzgerald	12	ECN
Tyler Auge	10	HUD	Matt Kieffer	10	MEN	Austin Scott	11	MEN	Bailey Biwer	11	ECM
Matthew Kieffer	11	MEN	Austin Scott	12	MEN	Michael Lindau	11	RL	Devin Warnick	12	ECM
Noah Lundeen	9	HUD	Alex Wittmershaus	12	MEN	Alex Wittmershaus	11	MEN	Geoff Carter	12	ECM
Nicholas Bruder	9	CF	Jacob Mathes	9	HUD	Braedan Michael	12	CF	Cooper Barth	12	CF

2012 FIRST TEAM			2011 FIRST TEAM			2010 FIRST TEAM			2009 FIRST TEAM		
Ryan Kromer *	12	HUD	Ryan Kromer *	11	HUD	Christian Phelps	11	ECM	Jacob Bell	12	HUD
Trent Powell	11	RF	Christian Phelps	12	ECM	Andrew Farris	11	CF	Ryan Kromer	9	HUD
Nate Tripp	12	RL	Trent Powell	10	RF	Ryan Kromer	12	HUD	Christian Phelps	10	ECM
Patrick Treacy	10	ECM	Mitch Lenneman	11	RF	Ethan Genco	12	RF	Matt Rudquist	11	HUD
Mitch Lenneman	12	RF	Andrew Faris	12	RCF	Luke Wusterbarth	12	HUD	Jacob Walters	12	RL
Nick Dreger	11	ECN	Shae Taylor	12	RF	Matt Rudquist	12	HUD	Andrew Faris	10	CF
Alec Heacox	12	ECN	J.P. Nelson	10	ECM	Alec Heacox	10	ECN	Mike Schretenthaler	11	ECM

SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Anders Christensen	12	HUD	Tim Cote	10	ECM	Shae Taylor	11	RF	Ethan Genco	11	RF
Jack Kadidlo	11	HUD	Henry Zold	10	MEN	Ben Johnson	12	HUD	Justin Wittwer	12	CF
Jacob Putizer	12	RF	Tom Ramquist	10	ERF	Martin Zais	12	HUD	David Ritter	12	RF
Devin Warnick	11	ECM	Nathan Tripp	11	RL	Xavier Schwartz	12	MEN	Luke Wusterbarth	11	HUD
Lucas Larson	10	ECM	Anders Christensen	11	HUD	Trent Powell	9	RF	Kyle Salmonson	12	CF
Bailey Biwer	11	ECM	Jack Kadidlo	10	HUD	Mike Schretenthaler	12	ECM	Nathan Reckard	11	MEN
Tom Ramquist	11	RF	Shane Miller	11	MEN	AdamFitzpatrick	9	ECN	Shae Taylor	10	RF

2008 FIRST TEAM			**2007 FIRST TEAM**			**2006 FIRST TEAM**			**2005 FIRST TEAM**		
Luke Wusterbarth	10	HUD	Tyler Heinz		ECM	Sean Olson		MEN	Sean Olson		MN
Jacob Ball		HUD	Nate Robertson		ECN	Logan Ekstrom	11	RF	Keith Behrman	12	RF
Tyler Heinz		ECM	Logan Ekstrom	12	RF	Adam Zais		HUD	Josh Wohlers	12	HUD
Colin Rogers	12	RF	Adam Zais		HUD	Kendrick Johnson		MEN	Dan Kromer	12	HUD
Nate Robertson		ECN	John Roberts		HUD	Neal Kivi		HUD	Scott Hayden	12	ECN
Matt Rudquist	10	HUD	Kelvin Johnson		MEN	Josh Wieland		MEN	Brian Riley		CF
Christian Phelps	9	ECM	Colin Rogers	11	RF	Zach Brawford		CF	Logan Ekstrom	10	RF
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Andy Carlson		ECM	Neal Kivi		HUD	John Roberts		HUD	Kelvin Johnson		MEN
Jake Pittman		HUD	Kendrick Johnson		MEN	Luke Wieker		HUD	Neal Skoog		HUD
Mike Schretenthaler	10	ECM	Tim Miller		RL	Matt Venaas		ECN	Alex Culy		RL
Ryan Schorbahn		ECM	Zach Brawford		CF	Sam Koemer		ECM	Adam Zais		HUD
Justin Wittwer		CF	Nathan Walker	12	RF	Tim Miller		RL	Kendrick Johnson		MEN
Jacob Walters	11	RL	Luke Wusterbarth		HUD	Anron Snyder		RL	Matt Steil		ECM
Ethan Genco	12	RF	Mike Merritt		MEN	Ben Wieker		HUD	Neil Kivi		HUD

2004 FIRST TEAM			**2003 FIRST TEAM**			**2002 FIRST TEAM**			**2001 FIRST TEAM**		
Jesse Merkel	12	MEN	Ryan Loshaw	12	ECM	Dustin Fier		HUD	Dustin Fier		HUD
Logan O'Grady	12	RF	Jesse Merkel	11	MEN	Kyle Long		HUD	Kyle Long		HUD
Keith Behrman	11	RF	Marc Mayer	11	ECM	Jim Parejko		MEN	Jim Parejko		MEN
Marc Mayer	12	ECM	Logan O'Grady	11	RF	Cory Hayden		ECN	Ryan Loshaw	10	ECM
Josh Wohlers	11	HUD	Keith Behrman	10	RF	John Mayer		CF	Evan Slocum		NR
Dan Kromer	11	HUD	Brent Kann	11	RL	John Barnhardt	11	ECN	John Barnhardt	10	ECN
Scott Hayden	11	ECN	Josh Wohlers	10	HUD	Eric Severude		HUD	Eric Severude		HUD
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Sean Olson		MN	John Barnhardt	12	ECN	Ryan Loshaw	11	ECM	Josh Newville		NR
Joel Wood		MEN	Tyler Etheridge	10	ECN	Jonathon Jentile		ECN	Cory Hayden		ECM
Brent Kann	12	RL	Andy Barnhardt	10	ECN	Logan O'Grady	10	RF	Andrew Redd		HUD
Tony Carr	12	MEN	Scott Hayden	10	ECN	Tony Brooks		HUD	Jon Jentile		ECN
Andrew Redmann		ECM	Connor Lynch	10	ECM	Tyler Etheridge	9	ECN	Marc Mayer	9	ECM
Ben Bonis		ECM	Tony Carr	11	MEN	Ryan Rudesill	11	RF	Tim Schulz		ECM
Michael Dusek	11	RF	Dan Kromer	10	HUD	Marc Mayer	10	ECM	Kenyon Scheurman	12	RF

2000 FIRST TEAM	**1999 FIRST TEAM**	**1998 FIRST TEAM**	**1997 FIRST TEAM**

Dustin Fier		HUD	Ryan Donovan	HUD		Justin Steen		NR	Phillip Baribeau		HUD
Abe Wengel		MEN	Dustin Fier	HUD		Ryan Donavan		HUD	Ryan Lee	11	RF
Kyle Long		HUD	Mario O'Brien	ECM		Ryan Lee	12	RF	Sean Tallant		ECM
Paul Otteson		HUD	Tom Heebrink	NR		Dave Sokolowski		ECN	Jon Hoefs		Men
Dan Henning		ECM	Kyle Long	HUD		Curt DeRusha	11	RF	Jeremy Nacewicz		ECM
Mario O'Brien		ECM	Matt Slocum	NR		Matt Slocum		NR	Evan Jordan		MEN
John Barnhardt	9	ECN	Sean Tallent	ECM		Dan Henning		ECM			
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Evan Slocum		NR	Paul Otteson	HUD		Jeremy Nacewicz		ECM	Justin Miller	12	RF
Tim Schulz		ECM	Dan Henning	ECM		Mario O'Brien		ECM	Mark Taylor	12	RF
Jim Parejko		MEN	Evan Slocum	NR		Ben Albrecth		NR	Reed Olson	11	RF
Brian Stevens	9	RF				Adam Nelson	9	RF			
Ben Ahlbrecht		NR									
Josh Newville		NR									
Ryan Loshaw	9	ECM									

1996 FIRST TEAM			**1995 FIRST TEAM**			**1994 FIRST TEAM**			**1993 FIRST TEAM**	
Jake Kemper	12	CF	Ryan Meissen		HUD	Jason Finch		HUD	Pat Russell	ECN
Rick Chapko		ECM	Mike Reneau		HUD	Ryan Meissen		HUD	Jason Finch	HUD
Ryan Summers		CF	Rick Chapko		ECM	Andy Hoenisch		ECN	Mike Barnhardt	ECN
Brian Smith		ECM	Mike Knade		CF	Nick Frank		CF	Thong Moua	ECN
Dan Hyland		RF	Josh Webb		CF	Mike Barnhardt		ECN	Justin Wosepka	RL
Erik Leafblad		ECM	Paul Goodwin		HUD	Mike Reneau		HUD	Abe Ryder	ECM
John Fehr		HUD	Max Neuhaus	11	RF	Steve Sinclair		RL	Craig Brye	RL
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM	
Matt Atkinson		CF	Dan Hyland	11	RF	Jason Campbell	11	RF	Jacob Kemper	CF
Max Neuhaus		RF	Brian Smith		ECM	Abe Ryder		ECM	Andy Hoenisch	ECN
Kent Knudson		HUD	Eric Wickstrom		HUD	Josh Webb		CF	Matt Lahn	ECN
Clayton Rambery		RF	Ryan Summers		CF	Brian Smith		ECM	Jason Mork	MEN
Ryan Lee		RF	Kent Knudson		CF	Andy Hamilton		ECM	Steve Sinclair	RL
Eric Burdt		ECN	Ryan Delong		CF	Max Neuhaus	10	RF	Josh Webb	CF
Jeff Ehrard		ECN	Erik Leafblad		ECM	Mike Knade		CF	Duncan Roberts	HUD

1992 FIRST TEAM		**1991 FIRST TEAM**			**1990- FIRST TEAM**			**1989 FIRST TEAM**	
Luther Olson	ECN	Kevin Mason		CF	Kevin Mason		CF	Bryan Betzold	ECN
Gonzalez	MEN	Luther Olson		ECN	Brad Stange		ECM	Tim Bollom	CF
Pat Russell	ECN	Greg Collins		HUD	Greg Collins		HUD	Travis Dettingerr	ECN
Greg Collins	HUD	Chris Moss		ECM	Paul Stumpf	11	RF	Mike Brunstad	CF
Mike Barnhardt	ECN	Travis Thiel		ECM	Chris Moss		ECM	Kevin Mason	CF
Henson	MEN	Zeuli		HUD	Dan Frase		ECM	Chris Brooks	HUD
Wampfler	RL	Paul Stumpf	12	RF	Chris Brooks		HUD	Chris Brunslick	RL
SECOND TEAM		SECOND TEAM			SECOND TEAM			SECOND TEAM	
Rowe	ECM	Schneider		RL	Luther Olson		ECN	Luther Olson	ECN
Strong	MEN	Jon Krupa	11	RF	Rod Kammerdiener		ECM	Eric Tostrud	RF
Whiting	CF	Russell		ECN	Trent Schon		ECM	Mark Chapin	RF

Paterick	CF	Mark Nicholson	11	RF	John Kidd	CF	Trent Schon	ECM
Thong Moua	ECN	Aaron Walczak		ECN	Dustin Rowe	ECM	Rod Kammerdiener	ECM
Hansen	CF	Trent Schon		ECM	Chris Brunclik	RL		
Eve	ECM	Wampfler		RL	Scott Howard	CF		