

RIVER FALLS HIGH SCHOOL ACTIVITIES
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David Crail, Activities Director

Sue Halling, Activities Secretary

Megan Linn, Activities Assistant

RFHS FALL SPORTS 2025-26 SCHEDULE

<u>Cross Country-HS</u>	Aug 18: Head Coach: Aug 25 th :	9:00 am – 11:00 am All runners/grades 9 thru 12 meet at HS Track Kari DeLuca (Kari.Deluca@rfsd.k12.wi.us) Team Picture Day: 3:00 pm
<u>Football - HS</u>	Aug 5th HS Head Coach:	6:30 am-10:30 am practice & Equipment hand out All Levels: Varsity/JV/9th @ HS Gym All information is available at www.riverfallsfootball.com Ryan Scherz (Ryan.Scherz@rfsd.k12.wi.us) Team Picture Day:
<u>Golf/Girls</u>	Aug 11th: Head Coach: Aug 4th: Aug 27th	7:30 AM @ River Falls Golf Course; all high school girl golfers Tim LaVold: (tjlavold@gmail.com) Parent/Player Meeting - 6:00 pm RFHS Library Team Picture Day: RF Golf Course beginning of practice; Monica Weick
<u>Soccer/Boys</u>	Aug 3rd Aug 18th Head Coach:	Parent/Player meeting; 5:00 pm HS Library 8:00 am to 10:30 am practice & tryouts @ Wildcat Field Turf/HS Adam Koger (adam.koger@rfsd.k12.wi.us) Team Pictures:
<u>Swim/Dive-Girls</u>	Aug 12th Aug 18th Coaches: Aug 25 th :	Swimmers & Divers Practice - 4:00pm to 8:00pm; @ RFHS pool Parent/Player meeting: 6:00 pm @ Hoffman Park Michael Brudzinski(michael.brudzinski@rfsd.k12.wi.us)& Brady Sievers: bradysievers@gmail.com Team Picture Day: 4:00 pm RFHS Pool
<u>Tennis-Girls</u>	July 24th Aug 11th Head Coach: Aug 25th	Parent/Player Meeting; RFHS Outdoor Pavilion; near tennis courts First Day of Practice - 5:00 – 7:00 pm; @ UWRF Courts tennis courts Lisa Dick; (Ladandjch@gmail.com) Team Photos
<u>Volleyball-HS</u>	Aug 18th Aug 19th Head Coach: Aug	8:30-12 & 3-6 pm Tryouts – HS Gym TBA Team practice begins – HS Gym Sara Kealy – rfvolleyballwildcats@gmail.com Team pictures: Team Website: www.rfvolleyball.com

www.rfwildcats.com