

“The Future Starts Now”

RED KNIGHT FOOTBALL

2025 CAPTAIN APPLICATION

Criteria for Applying to be Captain:

- The Team is First. Great captains aren't focused in personal glory
- Lead by Example and embody the core Values of the Team
- Positive Relationships w/Coaches & Teammates
- Be a leader ALL year (in-season & off-season) – gather teammates for workouts and team building events throughout the year
- No MSHSL Violations (Academic/Drugs/Alcohol, etc.)
- All Captains must accumulate at least ½ the attendance points during the summer to retain eligibility as a captain. If an applicant does not meet this requirement – they will lose their captainship.

Questions: (please address the following questions in an essay to the Team)

- Why do you want to be a captain?
- Why you will make a good captain?
- How will you show commitment to the program as a football captain?
- Through what actions have you shown leadership as a regular member of this team?
- How will you promote playing football both in the school and outside for BSM?
- If you are chosen as captain, how will promote being a team member?
- What is something that you would like to improve upon or change and how would do this?

Due Date: Captain Applications are Due by Monday, November 18th. Please turn in the completed Captain application to the BSM Athletic Office (in Haben Center).

Captain Presentation: If needed, the coaches will narrow the field of applicants and the selected players may be presented to the team. It is important that as a Captain Applicant you take on the role of captain in the off-season and summer to show your teammates you want to be a leader. After all the applicants have presented, the team will vote.

Captains Selected: Captains will be announced November 24th, 2024 at the football banquet.

“The Future Starts Now”

Skills of a Red Knight Captain

1. Leadership: Football captains are expected to lead by example on and off the field, motivating their teammates and setting high standards.
2. Communication: Captains must effectively communicate with coaches, referees, and teammates to ensure everyone is on the same page during matches.
3. Decision-making: Captains often make crucial decisions during games, such as tactical adjustments or penalty calls, requiring sound judgment under pressure.
4. Team spirit: They foster a positive team environment, encouraging unity, camaraderie, and resilience in the face of challenges.
5. Accountability: Captains take responsibility for both victories and defeats, learning from mistakes and inspiring accountability among their teammates.
6. Respect: They demonstrate respect for opponents, officials, and teammates, setting an example of sportsmanship and fair play.
7. Adaptability: Captains must adapt to changing game situations, adjusting strategies and motivating teammates to maintain momentum.
8. Work ethic: They lead by working hard in training sessions and matches, displaying dedication, discipline, and determination.
9. Charisma: Captains possess charisma that inspires confidence in their teammates and rallies support from fans.
10. Emotional intelligence: They understand the emotions of their teammates, providing support and encouragement during challenging moments while also knowing when to push for improvement.

Applicant's Name: _____

Essay to the Team