

ESASD PIAA PHYSICALS

FREE!



All 7th-12th grade student-athletes for Winter and Spring sports enrolled at ESASD



October 28, 2025



5pm-7pm



JT Lambert Intermediate School
2000 Milford Rd
East Stroudsburg, PA 18301



SIGN UP

**STOP IN THE
ATHLETIC OFFICE**

OR CALL

DEBBIE BROWN

@ 570-424-8500

EXT 10502