

October 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Breakfast	*PANCAKE ON A STICK/ BREAKFAST SANDWICH, FRUIT, AND JUICE	*CREAM CHEESE BAGEL/ BREAKFAST COOKIE, GOGURT, FRUIT, CRAISINS	CHOCOLATE CHUNK BAR, FRUIT AND JUICE	BREAKFAST BREAD, CHEESE STICK, FRUIT, AND CRAISINS	LONG JOHN, CHEESE STICK, FRUIT AND JUICE
Lunch	*FRENCH TOAST STICKS, SAUSAGE LINKS/ BISCUITS AND SAUSAGE GRAVY, YOGURT AND FRESH FRUIT AND VEGGIES	TACO PIZZA, CORN AND FRESH FRUIT AND VEGGIES	BURGER ON A BUN, BAKED BEANS, FRESH FRUIT AND VEGGIES	*TATOR-TOT HOTDISH DINNER ROLL/ LASAGNA ROLL, BREADSTICK, GREEN BEANS AND FRESH FRUIT AND VEGGIES	*PIZZA QUESADILLAS/ PIZZA AND FRESH FRUIT AND VEGGIES
	10	11	12	13	14
Breakfast	BREAKFAST PIZZA, FRUIT AND JUICE	MUFFIN, GO-GURT, FRUIT AND CRAISINS	LATE START- GRAB AND GO BREAKFAST	*CEREAL BAR/CEREAL, CHEESE STICK, FRUIT AND CRAISINS	CINNAMON ROLL, YOGURT, FRUIT AND JUICE
Lunch	CHICKEN PATTY ON A BUN, WILD RICE BLEND VEGGIES, CALIFORNIA BLEND VEGGIES AND FRESH FRUIT AND VEGGIES	*SOFT SHELL TACO/HARD SHELL TACO, CORN, FRESH FRUIT AND VEGGIES	*HOT DOG/ SLOPPY JOE, BAKED BEANS, CHIPS, FRESH FRUIT AND VEGGIES	MEATBALLS AND MARINARA, PENNE PASTA, STEAMED BROCCOLI, BREASTICK, FRESH FRUIT AND VEGGIES	*GARLIC CHEESE BREAD/CHEESE FILLED BREADSTICKS, MARINARA SAUCE, FRESH FRUIT AND VEGGIES
	17	18	19	20	21
Breakfast	*PANCAKE ON A STICK/ BREAKFAST SANDWICH, FRUIT, AND JUICE	*BREAKFAST COOKIE, CREAM CHEESE BAGEL, FRUIT, AND CRAISINS	CHOCOLATE CHUNK BAR, FRUIT AND JUICE	MEA BREAK	
Lunch	*CORN DOG, BAKED BEANS/ CHILI, GRILLED CHEESE SANDWICH, FRESH FRUIT AND VEGGIES	*SLOPPY JOE ON A BUN, CHIPS/ PORK AND RICE BOWL, FRESH FRUIT AND VEGGIES	*POPCORN CHICKEN, MASHED POTATOES AND GRAVY/ CHICKEN SMASH BOWL, CORN, FRESH FRUIT AND VEGGIES		
	24	25	26	27	28
Breakfast	BREAKFAST PIZZA, FRUIT AND JUICE AND VEGGIES	*CEREAL/CEREAL BAR, CHEESE STICK, FRUIT, AND CRAISINS	CHOCOLATE CHUNK BAR, FRUIT AND JUICE	MUFFIN, YOGURT, FRUIT, AND CRAISINS	LONG JOHN, CHEESE STICK, FRUIT AND JUICE
Lunch	CHICKEN PATTY ON A BUN, MAC AND CHEESE, FRESH FRUIT	SUPER NACHOS, CORN, FRESH FRUIT AND VEGGIES	MINI CORN DOGS/ BBQ RIBLET ON A BUN, BAKED BEANS, FRESH FRUIT AND VEGGIES	ORANGE CHICKEN, STIR FRY VEGGIES, FORTUNE COOKIE, FRESH FRUIT AND VEGGIES	PIZZA, FRESH FRUITS AND VEGGIES
	31				
Breakfast	*PANCAKE ON A STICK/ BREAKFAST SANDWICH, FRUIT, AND JUICE				
Lunch	*FRENCH TOAST STICKS, OMELET, SAUSAGE LINKS/BISCUITS AND SAUSAGE GRAVY, FRESH FRUIT AND VEGGIES				