



Sports Medicine Consent for Services

Astera Health's Sports Medicine program provides **free evaluations** by the Astera Health athletic trainer at the school during contracted dates and times for elementary and high school athletes who have a sports-related injury.

Athletes in need of skin lesion checks can be seen by the athletic trainer, the Sports Medicine clinic at Astera Health or their primary care provider by appointment.

The athletic trainer will provide treatment interventions during the contracted dates and times that are deemed necessary within their scope of practice.

The athletic trainer will refer athletes for other interventions including consultations with a provider or physical/occupational therapist and make equipment recommendations when appropriate.

The athletic trainer will communicate between coach and provider/therapist to maintain continuity of care. This includes discussing the injuries and releasing any applicable medical information or records relating to the injuries to the coaches, school staff and other qualified health care providers as deemed necessary.

All products or equipment recommended may require a prescription by a physician or primary care provider. These items must be purchased on an independent basis as they are not included in the free evaluation and cannot be issued by the athletic trainer.

Signature below also verifies that you have read the NATA handouts provided along with this consent form.

Children younger than 18 need parental/guardian consent for the above services.

I have read and understand the above:

Athlete's Name: _____ **DOB:** _____

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Patient/Patient Representative's Signature

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Date

Name of school where student athlete is enrolled