



Menahga High School Athletic & Activity Registration Packet 26-27

To participate in Minnesota State High School League (MSHSL) athletics and activities, each student must complete the following requirements annually: (All forms are available on the Menahga Public Schools Activities webpage under the orange tabs located in the upper left-hand corner.)

1. Physical Examination

- All students in grades 6–12 participating in athletics must have a current physical examination (completed within the past three years) on file with the Menahga Activities Office.
- The MSHSL Physical Examination Form is included in this packet.

2. MSHSL Annual Sports Health Questionnaire

- This form must be completed for each student participant.
- Completed forms must be returned to the student's coach before participating in any practice or contest.

3. Astera Health – Sports Medicine Consent for Services Form

- This form must be completed and signed for each student participant.
- Signed forms must be returned to the student's coach before participation.

4. MSHSL Eligibility Form

- A signed, by parent and student, MSHSL Eligibility Form.
- Completed forms must be submitted to the student's coach before the first day of practice and or participation.
- **Please Note:** Families should keep this packet for future reference regarding important Minnesota State High School League (MSHSL) policies.