

MILK: 1% White and Chocolate Skim are served with Breakfast and Lunch. Lactose free milk is available upon written request.
FRUIT & VEGGIES: Fresh Fruit and Vegetables are served daily for all students.
SALAD BAR: Chef Salad as a Meal Option is served daily in the High School.
H.S. : Designates a Second Entree Choice is served in addition to the main entree in the High School or a High School only item.
ELEMENTARY: Second choice of Sunbutter sandwich and a cheese stick is offered daily.

Menu is subject to change without notice. This institution is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	**3**	**4**	**5**	**6**
Breakfast	Cold Cereal, Fruit, Cheese Stick, or Bagel & Cream Cheese	Assorted Muffins, Yogurt, Craisins	Pancakes, Sausage, Fruit & Juice	Chocolate Chunk Bar, Fruit & Juice	Fruit Smoothies, Goldfish Crackers
Lunch	Chicken Strips, Smile Fries **HS:** French Dip, Potato Salad, Steamed Veggies	Grilled Ham & Cheese, Soup	Lemon Lime Grilled Chicken, Rice Pilaf, Steamed Veggies	Fish Sticks, Waffle Square Fries **HS:** Baked Potato Bar with Toppings	Calizoni Pizza, Edamame
	9	**10**	**11**	**12**	**13**
Breakfast	Waffles W/Berries & Whipped Cream, Craisins	Breakfast Bread, Cheesestick, Fresh Fruit, Juice	Pancake on a Stick, Fruit, Craisins		
Lunch	Mini Corn Dogs, Baked Beans, Coleslaw **HS:** Pulled Pork on a Bun or Mini Corn Dogs, Baked Beans, Coleslaw	Chicken Fajitas, Roasted Peppers, Spanish Rice	Orange Chicken, Stir-Fry Veggies, Fortune Cookie **HS:** Orange Chicken, Stir Fry Veggies, Egg Roll, Fortune Cookie	No School Conferences	No School Staff Development
	16	**17**	**18**	**19**	**20**
Breakfast	Breakfast Sandwich or Breakfast Round with Fruit, Juice	Blueberry Muffin Tops, Sausage, Fruit, Craisins	Apple or Cherry Fruit Bar, Yogurt, Juice	Cold Cereal, Cheese Stick, Fruit, Craisins	Long Johns, Fruit, Juice
Lunch	Cheeseburger, Smile Fries **HS:** Cheeseburger, Seasoned Fries	Hot Dog on a Bun, Chips **HS:**Pork & Rice Bowl	Taco in a Bag, Black Beans Corn Salsa	*Thanksgiving Special* ***Roasted Turkey, Mashed Potatoes, Stuffing, Green Beans, Dinner roll, Cranberries, Dessert***	Big Daddy's Pizza
	23	**24**	**25**	**26**	**27**
Breakfast	Fruit Smoothies, Goldfish Pretzels	Waffle Snaps, Yogurt, Fruit, Juice	Cheesy Omelet with Toast or Breakfast Round, Fruit, Craisins		
Lunch	Maple Waffle Breakfast Sandwich **HS:** Maple Waffle Breakfast Sandwich or French Toast Stick, Sausage Links, Yogurt	Soft Shell Taco, Corn, Refried Beans	Sub Sandwich, Chips -EARLY RELEASE-	No School ~Happy Thanksgiving~	No School
	30				
Breakfast	Breakfast Pizza, Fruit, Juice				
Lunch	Popcorn Chicken, Mac & Cheese, Steamed Broccoli				