# Nassau County/Section VIII Girls Lacrosse Handbook 2022



## Section VIII Girls' Lacrosse Sports Committee

Alyssa KildarePresident Girls' Lacrosse Coaches Association; Bethpage
Carolyn Sumcizk-Morales Vice President Girls' Lacrosse Coaches Association; Locust Valley

Alex Bellini Great Neck North H.S Danielle Castellane Cold Spring Harbor H.S

Meghan Clarke Manhasset HS Sean Donnellan Division H.S

Meaghan Healey Southside H.S (Dinner Chair)

Lauren Lopez Roslyn H.S

Eamonn Flood HSAA Representative Garden City
Jim Amen Section VIII Boys Lacrosse Coordinator
Megan McCormack Section VIII Girls Lacrosse Coordinator
Michael Bongino Section VIII Girls Lacrosse AD Repres

#### Dear Coaches,

The "Section VIII Girls' Lacrosse Handbook" is a valuable resource for coaches. The handbook contains vital information that will guide you through your season. You will find rules, regulations and important dates including playoff information. Please take the time to read the handbook thoroughly. Feel free to contact me if you have any questions or concerns.

Although things continue to change and things are uncertain, we are a positive and important part of our student athlete's day!

Once again, let each of us represent our school, communities, and county with the highest level of integrity and character. Compete with dignity and class while maintaining the utmost level of respect for our opponents. All of our student-athletes matter, let healthy competition bring out the best in all of us as we demonstrate day in and day out the synergy that is created through participation in athletics that is the platform for the development of life skills our student athletes will rely on forever. Let good sportsmanship always prevail.

The journey you and your team experience will be a result of countless hours of practice, scouting and gameplay that will provide your team with life lessons that exceed the playing field. The events you encounter, impacted by how one responds will impact the outcome. Be the leader your team will need to navigate the highs/lows of a season that will ultimately define your programs success.

On behalf of the Girls' Lacrosse Committee, I wish you the very best this upcoming season and look forward to being a part of the many successes both on and off the field regarding girls' lacrosse in Nassau County.

Sincerely,

Megan McCormack

516-314-2868 mccormackm@northshoreschools.org

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### <u>LACROSSE 2022 SEASON TIMELINE</u> Maximum number of Lacrosse Games (Non-League & League Combined) for Varsity & JV =15

Required number of team practices prior to first scrimmage=6
Required number of individual practices prior to first scrimmage=6
Required number of team practices prior to first game=6
Required number of individual practices prior to first game=6

Monday, March 14th - First Day of Season

Monday, March 21st - First Scrimmage Date

Tuesday March 22nd- First Game Date

Friday, March 25<sup>th</sup>- League Season Begins

Tuesday, April 12<sup>th</sup>-Mid Season Coach's Meeting

Friday, April 15th Passover/Good Friday - NO SCRIMMAGES/GAMES MAY BE SCHEDULED

Sunday, April 17th Easter Sunday- NO SCRIMMAGES/GAMES MAY BE SCHEDULED

Monday, May 9th- Last Day of Regular Season

Tuesday, May 10<sup>th</sup> -Make Up Day/Coaches Meeting 7:30PM@ North Shore HS

Saturday, May 14th -First Round "B" Tournament @ Higher Seed

Tuesday, May 17th - First Round "C" Tournament @ Higher Seed

Wednesday, May 18th - Quarter Finals" A" & "B" Tournament @ Higher Seed

Friday, May 20th -Quarter Finals "C" Tournament @ Higher Seed

Monday, May 23rd -"D" Semi-Finals @ TBD 4PM

Tuesday, May 24th -"A" Semi-Finals @ TBD 4 & 6PM

Wednesday, May 25th -"B" Semi Final @ TBD 4PM & 6PM

Thursday, May 26th - "C" Semi-Finals @ TBD 4 & 6PM

Friday, May, 27th - County Finals "D" @4PM/ "A" @ TBD 6:30PM

Tuesday, May 31st - County Finals "B" @4PM/ "C" @ TBD 6:30PM

TBD-Saturday, June 4\*/Sunday, June 5\* - Long Island Championship @ Section XI

Friday, June 10<sup>th</sup> & Saturday, June 11<sup>th</sup> - State Semi Finals & Finals @ SUNY Cortland

| GIRLS LACROSSE<br>COACH'S DIRECTORY<br>2022 |    |                        |                    |                                  |
|---|----|------------------------|--------------------|----------------------------------|
| District                                    |    | Contact                | Cell Phone         | Email                            |
|   |    |                        |                    |                                  |
| Baldwin                                     |    | Rebecca<br>LaFlare     | 631-697-<br>5379   | rlaflare12@gmail.com             |
| Bellmore JFK                                |    | Mallory<br>Freely      | (516)320-<br>1254  | mfreely@bmchsd.org               |
| Bethpage,                                   |    | Kate Wright            | 516-369-<br>5130   | kwright@bethpage.ws              |
|   | VH | Alyssa<br>Kildare      | 516-581-<br>3549   | akildare@bethpage.ws             |
| Calhoun                                     |    | Melissa Rohr           | 516-316-<br>4503   | mrohr@bellmore-merrick.k12.ny.us |
| Carle Place                                 |    | Nicole<br>Stackpole    | 516-410-<br>8995   | nicolestackpole88@gmail.com      |
| Carey                                       |    | Steve Savino           | 516-998-<br>6287   | ssavino@sewanhakaschools.org     |
| Clarke,                                     |    | Rick Aragona           | 516-474-<br>2018   | raragona@emufsd.us               |
| CSH   |    | Danielle<br>Castellane | 516-652-<br>6717   | dcastellane23@yahoo.com          |
| Division,                                   |    | Sean<br>Donnellan      | 516-662-<br>9514   | sdonnellan@levittownschools.com  |
| E Meadow                                    | VH | Nicolette<br>Tortorici | 631-804-<br>1641   | ntortorici@emufsd.us             |
| Elmont                                      |    | Kemola<br>Webster      | 516-708-<br>6631   | Kwebster@sewanhakaschools.org    |
| Farmingdale,                                |    | Mel Raso               | (516) 554-<br>1775 | mraso@farmingdaleschools.org     |

|               | Kristen              | 516-521-         |  |
|---------------|----------------------|------------------|--|
| Floral Pk,    | Freiermuth           | 7837             | KLF17HuPride@yahoo.com                           |
| Freeport      | Anabel Lopez         | 516-279-<br>8291 | analopez-tejada@freeportschools.com              |
| Friends       | Rachel<br>Dooley     | 516-521-<br>9108 | rachel_dooley@fa.org                             |
| Garden City   | Dave Ettinger        | 516-375-<br>2045 | ettingerd@gcufsd.net                             |
| Glen Cove,    | Mark Checola         | 516-425-<br>2796 | mchecol@glencoveschools.org                      |
| GNN           | Alexandra<br>Bellini | 516-633-<br>0375 | A.Bellini26@gmail.com                            |
| GNS           | Mara<br>Manson       | 516-877-<br>4257 | manson@adelphi.edu                               |
| Hempstead     | Mariah Cullen        |                  | mcullen@hempsteadschools.org                     |
| Hewlett       | Jackie<br>Hughes     | 561-510-<br>5921 | Hewlettglax@gmail.com                            |
| Herricks      | Nicole Kaye          | 516-761-<br>0380 | ncatapano1121@yahoo.com                          |
| Hicksville    | Annmarie<br>Hawkins  | 516-398-<br>2543 | ahawkins@hicksvillepublicschools.org             |
| Island Trees  | Doug Rigo            | 631-987-<br>3755 | drigo@islandtrees.org                            |
| Jericho       | Michelle<br>Gargiulo | 631-860-<br>1282 | michellegeno@gmail.com/mgenovese@jerichoapps.org |
| Locust Valley | Carolyn<br>Morales   | 516-965-<br>8002 | cmorales@lvcsd.k12.ny.us                         |

|    | Rachel Ray          | 631-745-<br>3017  | rray@lbeach.org                      |
|----|---------------------|---|--------------------------------------|
|    | Vincent Tetro       | 516-840-<br>7207  | vtetro@aol.com                       |
|    |                     |   |                                      |
|    | Dan Agovino         | 516-782-<br>7381  | nsfootball@aol.com                   |
|    |                     |   |                                      |
|    | Casey<br>Capece     | 516-695-<br>0731  | ccapece@malverne.k12.ny.us           |
|    | Meghan<br>Clarke    | 516-589-<br>0768  | Meghanclarke15@gmail.com             |
|    | Ed. Kalla           | 631-219-  |                                      |
|    | Erin Kollar         | 5394  | ekollar@msd.k12.ny.us                |
|    | Kristen<br>Mogavero | 516-404-<br>4939  | kmogavero@bellmore-merrick.k12.ny.us |
|    | Jackie<br>Jahelka   | 516-413-<br>1811  | jjahelka@mineola.k12.ny.us           |
|    | Dominic<br>Gagnon   | 516-972-<br>1366  | comicmaster3322@gmail.com            |
| VH | Meg<br>McCormack    | 516-314-<br>2868  | mccormackm@northshoreschools.org     |
|    |                     |   |                                      |
|    | Ralph<br>Montera    | 516-448-<br>0468  | rmontera@oceansideschools.org        |
|    | Charlie<br>Rizzuto  | 631-901-<br>7471  | crizzuto@obenschools.org             |
|    | Karly Tustin        | 516-639-<br>8708  | karlytustin4@gmail.com               |
|    |                     | Vincent Tetro  Dan Agovino  Casey Capece  Meghan Clarke  Erin Kollar  Kristen Mogavero  Jackie Jahelka  Dominic Gagnon  VH Meg WCOrmack  Ralph Montera  Charlie | Rachel Ray   3017                    |

|    | Joanie<br>Buczkowski |   | joanbuczkowski@gmail.com |
|----|----------------------|---|--------------------------|
|    | Pamela<br>Giordano   | 631-553-<br>7623  | pgiordano@portnet.org    |
|    | Rebecca<br>Stahlman  |   | rstahlman@rufsd.org      |
|    | Lauren Lopez         | 631-291-<br>7688  | Llopez@roslynschools.org |
|    | Jenna Davis          | 516-849-<br>9499  | jennadavis210@gmail.com  |
|    | Erika<br>Brennan     | 516-669-<br>6088  | milke20@aol.com          |
|    | Rob Devlin           | 516-508-<br>0891  | rdevlin@rvcschools.org   |
|    | Lauren<br>LoMonaco   | 516-528-<br>4872  | coachlomo19@gmail.com    |
|    | Jessica<br>Ricotta   | 516-710-<br>0168  | jricotta0523@gmail.com   |
|    | Robyn<br>Rooney      | 516-655-<br>1139  | uclax4@yahoo.com         |
|    | Suzanne<br>Kenney    | 516-503-<br>8470  | skenney@whufsd.com       |
| AC | Shelia<br>Dempsey    | 516-582-<br>4476  | sdempsey108@gmail.com    |
|    | Rich<br>Donovan      | 516-510-<br>2160  | donovanr@ewsdmail.org    |
|    | AC                   | Buczkowski  Pamela Giordano  Rebecca Stahlman  Lauren Lopez  Jenna Davis  Erika Brennan  Rob Devlin  Lauren LoMonaco  Jessica Ricotta  Robyn Rooney  Suzanne Kenney Shelia Dempsey Rich | Buczkowski               |

## NASSAU COUNTY GIRLS' LACROSSE COACHES ASSOCIATION

2022 Girls' Lacrosse Overview \*Approved 12/3/21

#### 2021-22 Enrollment Figures:

Based on the New York State Enrollment figures, Nassau County Lacrosse breaks out in the following manner:

| A Schools | 1060 and Up | 10 Schools | 6 Team Playoff Bracket  |
|-----------|-------------|------------|-------------------------|
| B Schools | 775 –1059   | 19 Schools | 12 Team Playoff Bracket |
| C Schools | 465-774     | 20 Schools | 12 Team Playoff Bracket |
| D Schools | 464 & Below | 5 Schools  | 4 Team Playoff Bracket  |

#### League Alignments: <u>Based on Ability in Conferences I-V.</u>

The following will be the conference alignments:

| Conference I – 10 "A, B, C, D" Schools  | 9 Conference Games  | Ability |
|---|---------------------|---------|
| Conference II – 10 "A, B, C, D" Schools | 9 Conference Games  | Ability |
| Conference III 9 "A, B, C, D" Schools   | 8 Conference Games  | Ability |
| Conference IV- 11 "A, B, C, D" Schools  | 10 Conference Games | Ability |
| Conference V- 11 "A, B, C, D" Schools   | 10 Conference Games | Ability |

#### The following criteria will be used to determine conference placement:

- 1. All 51 Section VIII girls' varsity lacrosse teams will be seeded based solely on ability from 1(highest)-51 by current varsity coaches (51 & Sports Committee)
- 2. Conference I will consist of the top 10 ability based teams in Section VIII regardless of classification.
- 3. Conference II will consist of Section VIII teams (10) seeded 11-20 based upon ability only, regardless of classification.
- 4. Conference III will consist of Section VIII teams (9) seeded 21-29 based upon ability only, regardless of classification.
- 5. Conference IV will consist of Section VIII teams (11) seeded 30-40 based upon ability only, regardless of classification.
- 6. Conference V will consist of Section VIII teams (11) seeded 41-51 based upon ability only, regardless of classification.

#### Timeline for Overview Approval:

- 1. Overview presented to HSAA on October 8, 2021
- 2. Overview voted on by HSAA on November 5, 2021

#### **Playoff Information:**

## All Conference Champions will qualify for the playoffs. Conference I:

- All 10 teams will automatically qualify for County Playoffs; each team will be placed in the appropriate classification bracket.
- A, B, C, & D classification teams will be seeded based upon Conference I finish as well as ahead of Conference II, III, IV & V teams.

#### **Conference II:**

- All 10 teams will qualify for County Playoffs; each team will be placed in the appropriate classification bracket.
- A, B, C, & D classification teams will be seeded based upon Conference II finish as well as ahead of Conference III, IV & V teams.

#### Conference III:

- Up to eight teams based upon conference record qualify for playoffs.
- A, B, C, & D classification teams will be seeded based upon Conference II finish as well as ahead of Conference IV & V teams.

#### **Conference IV:**

- Up to two teams based upon conference record qualify for playoffs.
- A, B, C, & D classification teams will be seeded based upon Conference II finish as well as ahead of Conference V teams.

#### Conference V:

Conference Champion will qualify for playoffs.

\*The Conference Champions from Conferences III, IV & V shall not displace a team from a higher conference. If this occurs the Conference Champion and the team that was to be displaced will compete in a play-in game, the winner will fill the unoccupied classification bracket.

\*\*If all brackets are not filled by this point, the order follows teams 9 and 10 in Conference III and so on into Conference IV and then Conference V.

#### Playoff Tie Breaker Criteria for Identical Conference Records:

- Head to Head
  - 2. Play-in games will be used to determine who will advance in the event of a three-way tie
  - 3. Girls Lacrosse Sports Committee Decision

### SECTION VIII GIRLS LACROSSE CONFERENCE I TENTATIVE-SCHEDULE 2022 MAX # OF GAMES TOTAL 15 12-3-21

\*Team on the left is the away team. Team on right is the home team. Ex) 1-10 Team 1 is the away team, team 10 the home team

|   | CONFERENCE V |    |             |
|---|--------------|----|-------------|
| 1 | Manhasset    | 6  | Syosset     |
| 2 | Garden City  | 7  | CSH         |
| 3 | Wantagh      | 8  | North Shore |
| 4 | Massapequa   | 9  | Long Beach  |
| 5 | South Side   | 10 | Plainedge   |

| 3/28 | <u>3/31</u> | <u>4/4</u> | <u>4/9</u> | <u>4/13</u> | <u>4/25</u> | 4/28 | <u>5/3</u> | <u>5/5</u> |
|------|-------------|------------|------------|-------------|-------------|------|------------|------------|
|      |             |            |            |             |             |      |            |            |
| 1-10 | 9-1         | 1-8        | 7-1        | 1-6         | 5-1         | 1-4  | 3-1        | 1-2        |
| 2-9  | 8-10        | 9-7        | 6-8        | 7-5         | 4-6         | 5-3  | 2-4        | 10-3       |
| 3-8  | 7-2         | 10-6       | 5-9        | 8-4         | 3-7         | 6-2  | 10-5       | 4-9        |
| 4-7  | 6-3         | 2-5        | 4-10       | 9-3         | 2-8         | 7-10 | 9-6        | 5-8        |
| 6-5  | 5-4         | 3-4        | 3-2        | 10-2        | 10-9        | 8-9  | 8-7        | 6-7        |

### SECTION VIII GIRLS LACROSSE CONFERENCE II TENTATIVE-SCHEDULE 2022 MAX # OF GAME TOTAL 15 12-3-21

\*Team on the left is the away team. Team on right is the home team. Ex) 1-10 Team 1 is the away team, team 10 the home team

|    | CONFERENCE II |    |                 |
|----|---------------|----|-----------------|
| 1. | Farmingdale   | 6  | Oceanside       |
| 2. | Bethpage      | 7  | Lynbrook        |
| 3. | Friends       | 8  | Carle Place     |
| 4. | Seaford       | 9  | Port Washington |
| 5. | Locust Valley | 10 | Calhoun         |
|    |               |    |                 |

| 3/26 | 3/29 | <u>4/1</u> | <u>4/6</u> | <u>4/11</u> | <u>4/26</u> | 4/30 | <u>5/4</u> | <u>5/7</u> |
|------|------|------------|------------|-------------|-------------|------|------------|------------|
|      |      |            |            |             |             |      |            |            |
|      |      |            |            |             |             |      |            |            |
| 1-10 | 9-1  | 1-8        | 7-1        | 1-6         | 5-1         | 1-4  | 3-1        | 1-2        |
| 2-9  | 8-10 | 9-7        | 6-8        | 7-5         | 4-6         | 5-3  | 2-4        | 10-3       |
| 3-8  | 7-2  | 10-6       | 5-9        | 8-4         | 3-7         | 6-2  | 10-5       | 4-9        |
| 4-7  | 6-3  | 2-5        | 4-10       | 9-3         | 2-8         | 7-10 | 9-6        | 5-8        |
| 6-5  | 5-4  | 3-4        | 3-2        | 10-2        | 10-9        | 8-9  | 8-7        | 6-7        |

### SECTION VIII GIRLS LACROSSE CONFERENCE III TENTATIVE-SCHEDULE 2022 MAX # OF GAMES TOTAL 15 12-3-21

\*Team on the left is the away team. Team on right is the home team. Ex) 1-9 Team 1 is the away team, team 9 the home team

|   | CONFERENCE III |   |            |
|---|----------------|---|------------|
| 1 | East Meadow    | 6 | Mineola    |
| 2 | Mepham         | 7 | MacArthur  |
| 3 | Division       | 8 | Oyster Bay |
| 4 | Floral Park    | 9 | POB        |
| 5 | Hewlett        |   |            |
|   |                |   |            |

| 3/25 | 3/30 | 4/2 | <u>4/5</u> | 4/8 | 4/12 | 4/27 | <u>5/2</u> | <u>5/6</u> |
|------|------|-----|------------|-----|------|------|------------|------------|
|      |      |     |            |     |      |      |            |            |
| 1-B  | 9-1  | 1-8 | 7-1        | 1-6 | 5-1  | 1-4  | 3-1        | 1-2        |
| 2-9  | 8-B  | 9-7 | 6-8        | 7-5 | 4-6  | 5-3  | 2-4        | B-3        |
| 3-8  | 7-2  | B-6 | 5-9        | 8-4 | 3-7  | 6-2  | B-5        | 4-9        |
| 4-7  | 6-3  | 2-5 | 4-B        | 9-3 | 2-8  | 7-B  | 9-6        | 8-5        |
| 6-5  | 5-4  | 4-3 | 3-2        | B-2 | B-9  | 8-9  | 8-7        | 7-6        |

### SECTION VIII GIRLS LACROSSE CONFERENCE IV TENTATIVE-SCHEDULE 2022 MAX # OF GAMES TOTAL 15 12-3-21

\*Team on the left is the away team. Team on right is the home team. Ex) 1-10 Team 1 is the away team, team 10 the home team

|   | CONFERENCE IV |    |            |
|---|---------------|----|------------|
| 1 | Wheatley      | 6  | Baldwin    |
| 2 | Jericho       | 7  | Carey      |
| 3 | NHP           | 8  | Hicksville |
| 4 | Roslyn        | 9  | Bellmore   |
| 5 | Island Trees  | 10 | Herricks   |
|   |               | 11 | Clarke     |

| 3/28 | 3/31  | 4/4  | 4/5  | 4/9  | 4/13 | 4/25 | 4/28 | <u>5/3</u> | <u>5/5</u> | <u>5/7</u> |
|------|-------|------|------|------|------|------|------|------------|------------|------------|
| B-11 | B-5   | B-1  | B-6  | B-2  | B-7  | B-3  | B-8  | B-4        | B-9        | B-10       |
| 1-10 | 6-4   | 2-11 | 7-5  | 3-1  | 8-6  | 4-2  | 9-7  | 5-3        | 10-8       | 11-9       |
| 2-9  | 7-3   | 3-10 | 8-4  | 4-11 | 9-5  | 5-1  | 10-6 | 6-2        | 11-7       | 1-8        |
| 3-8  | 8-2   | 4-9  | 9-3  | 5-10 | 10-4 | 6-11 | 11-5 | 7-1        | 1-6        | 2-7        |
| 4-7  | 9-1   | 5-8  | 10-2 | 6-9  | 11-3 | 7-10 | 1-4  | 8-11       | 2-5        | 3-6        |
| 5-6  | 10-11 | 6-7  | 11-1 | 7-8  | 1-2  | 8-9  | 2-3  | 9-10       | 3-4        | 4-5        |

### SECTION VIII GIRLS LACROSSE CONFERENCE V TENTATIVE- SCHEDULE 2022 MAX # OF GAMES TOTAL 15 12-3-21

\*Team on the left is the away team. Team on right is the home team. Ex) 1-10 Team 1 is the away team, team 10 the home team

|    | CONFERENCE V   | 6.  | GNS       |
|----|----------------|-----|-----------|
| 1. | Elmont         | 7.  | GNN       |
| 2. | Glen Cove      | 8.  | Malverne  |
| 3. | Valley Stream  | 9.  | Sewanhaka |
| 4. | West Hempstead | 10. | Roosevelt |
| 5. | Freeport       | 11. | Hempstead |

| 3/25 | 3/30  | 4/2  | 4/5  | 4/8  | 4/12 | 4/14 | 4/27 | 4/29 | 5/2  | <u>5/6</u> |
|------|-------|------|------|------|------|------|------|------|------|------------|
| B-11 | B-5   | B-1  | B-6  | B-2  | B-7  | B-3  | B-8  | B-4  | B-9  | B-10       |
| 1-10 | 6-4   | 2-11 | 7-5  | 3-1  | 8-6  | 4-2  | 9-7  | 5-3  | 10-8 | 11-9       |
| 2-9  | 7-3   | 3-10 | 8-4  | 4-11 | 9-5  | 5-1  | 10-6 | 6-2  | 11-7 | 1-8        |
| 3-8  | 8-2   | 4-9  | 9-3  | 5-10 | 10-4 | 6-11 | 11-5 | 7-1  | 1-6  | 2-7        |
| 4-7  | 9-1   | 5-8  | 10-2 | 6-9  | 11-3 | 7-10 | 1-4  | 8-11 | 2-5  | 3-6        |
| 5-6  | 10-11 | 6-7  | 11-1 | 7-8  | 1-2  | 8-9  | 2-3  | 9-10 | 3-4  | 4-5        |

| <u>SECT</u> | SCHOOL DISTRICT                   | <u>Enroll</u> | CLASS |
|-------------|-----------------------------------|---------------|-------|
| 8           | FREEPORT HIGH SCHOOL              | 1814          | А     |
| 8           | SYOSSET HIGH SCHOOL               | 1695          | Α     |
| 8           | MASSAPEQUA HIGH SCHOOL            | 1491          | Α     |
| 8           | HEMPSTEAD HIGH SCHOOL             | 1442          | А     |
| 8           | FARMINGDALE HIGH SCHOOL           | 1424          | А     |
| 8           | OCEANSIDE HIGH SCHOOL             | 1299          | Α     |
| 8           | PAUL D SCHRIEBER-PORT WASHINGTON  | 1269          | А     |
| 8           | HICKSVILLE HIGH SCHOOL            | 1227          | А     |
| 8           | PLAINVIEW-OLD BETHPAGE            | 1142          | А     |
| 8           | EAST MEADOW                       | 1080          | Α     |
| 8           | BALDWIN HIGH SCHOOL               | 1059          | В     |
| 8           | VALLEY STREAM CENTRAL HIGH SCHOOL | 975           | В     |
| 8           | BALDWIN HIGH SCHOOL               | 1059          | В     |
| 8           | HERRICKS HIGH SCHOOL              | 974           | В     |
| 8           | MACARTHUR HIGH SCHOOL             | 944           | В     |
| 8           | LONG BEACH HIGH SCHOOL            | 935           | В     |
| 8           | MEPHAM HIGH SCHOOL                | 932           | В     |
| 8           | GREAT NECK SOUTH HIGH SCHOOL      | 930           | В     |
| 8           | NEW HYDE PARK MEMORIAL HS         | 912           | В     |

#### A – 10 SCHOOLS

| 8 | GREAT NECK NORTH HS             | 912 | В |
|---|---------------------------------|-----|---|
| 8 | JERICHO HIGH SCHOOL             | 888 | В |
| 8 | GARDEN CITY HIGH SCHOOL         | 884 | В |
| 8 | CALHOUN HIGH SCHOOL             | 861 | В |
| 8 | GLEN COVE HIGH SCHOOL           | 816 | В |
| 8 | ROSLYN HIGH SCHOOL              | 809 | В |
| 8 | CAREY HIGH SCHOOL               | 798 | В |
| 8 | ELMONT HIGH SCHOOL              | 795 | В |
| 8 | SEWANHAKA HIGH SCHOOL           | 786 | В |
| 8 | JFK                             | 776 | В |
| 8 | HEWLETT                         | 761 | С |
| 8 | ROOSEVELT                       | 759 | С |
| 8 | SOUTHSIDE HIGH SCHOOL           | 755 | С |
| 8 | MANHASSET HIGH SCHOOL           | 728 | С |
| 8 | VALLEY STREAM NORTH HS          | 723 | С |
| 8 | DIVISION HIGH SCHOOL            | 705 | С |
| 8 | FLORAL PARK HIGH SCHOOL         | 683 | С |
| 8 | LYNBROOK HIGH SCHOOL            | 662 | С |
| 8 | BETHPAGE HIGH SCHOOL            | 656 | С |
| 8 | VALLEY STREAM SOUTH HIGH SCHOOL | 641 | С |
|   |                                 |     |   |

B- 19 SCHOOLS

C - 20 SCHOOLS

| 8 | MINEOLA HIGH SCHOOL            | 641 | С |
|---|--------------------------------|-----|---|
| 8 | PLAINEDGE HIGH SCHOOL          | 636 | С |
| 8 | WANTAGH HIGH SCHOOL            | 608 | С |
| 8 | LAWRENCE HIGH SCHOOL           | 606 | С |
| 8 | CLARKE HIGH SCHOOL             | 593 | С |
| 8 | NORTH SHORE HIGH SCHOOL        | 576 | С |
| 8 | ISLAND TREES HIGH SCHOOL       | 551 | С |
| 8 | SEAFORD HIGH SCHOOL            | 500 | С |
| 8 | LOCUST VALLEY HIGH SCHOOL      | 491 | С |
| 8 | MALVERNE/EAST ROCKAWAY         | М   | С |
| 8 | FRIENDS ACADEMY                | 282 | С |
| 8 | WEST HEMPSTEAD HIGH SCHOOL     | 447 | D |
| 8 | COLD SPRING HARBOR HIGH SCHOOL | 419 | D |
| 8 | WHEATLEY HIGH SCHOOL           | 414 | D |
| 8 | OYSTER BAY HIGH SCHOOL         | 353 | D |
| 8 | CARLE PLACE HIGH SCHOOL        | 264 | D |
|   |                                |     |   |

D – 5 SCHOOLS

#### **NYSPHSAA/US LACROSSE REGULATIONS**

MAXIMUM NUMBER OF LACROSSE GAMES FOR VARSITY&JV=15
REQUIRED NUMBER OF TEAM PRACTICES PRIOR TO FIRST SCRIMMAGE=6
REQUIRED NUMBER OF TEAM PRACTICES PRIOR TO FIRST GAME=6
\*\*REFER TO SECTION VIII DIRECTORY (Orange Book page 23 & 23)

#### LACROSSE:

All games shall be played according to the rules of US Lacrosse Standards (girls) with all approved changed and interpretations as established by NYSPHSAA Lacrosse Committee. In girls' lacrosse field players are required to wear lacrosse goggles that meet NEW ASTM Standard F3077 on the SEI website. Lacrosse balls used for practices, scrimmages & games can be yellow, lime green or bright orange in color all must specify that the ball meets NOCSAE standards pg. 18. A lacrosse ball in the previously mentioned colors that is slightly textured may be used as well see NOCSAE standard attached.

\*\*US Lacrosse Rule Manual should be purchased and reviewed closely.

#### Waivers/Modifications:

#### **Girls Lacrosse:**

NYSPHSAA approved a waiver of the NFHS/US Lacrosse rule to allow schools that mutually agree in the event two officials are not available, to conduct a game with one official at both the JV and Modified level in Girls Lacrosse effective Spring 2017

#### **SCRIMMAGES:**

A lacrosse scrimmage must have modified time periods and include one or more of the following:

- 1. Alternate possessions
- 2. Start the scrimmage with a draw(girls)
- 3. Include the following game situations:
  - a) Draws
  - b) Clears/Rides
  - c) Extra Man and Man Down
  - d) Fast Breaks

#### **SPORTSMANSHIP:**

The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post-season play.

#### **SCORE DIFFERENTIAL POLICY:**

- 1. A 10-goal differential will result in a running clock.
- 2. Half time conversation with the 2 coaches if there is a 15 goal differential to discuss a plan for the second half.
- 3. Should the score differential become less then 10 goals, you can substitute freely.
- 4. If a team should win by 15+ goals the Girls Lacrosse Coordinator will call the athletic director and coach to discuss the game in regard to what measures were put into action to maintain the dignity and respect of all involved.

#### SECTION VIII CODE OF CONDUCT GUIDELINE:

Please refer to pages 29-31 in the Section VIII Directory

#### SECTION VIII SPORTSMANSHIP POLICY:

Please refer to the following pages 25-27 in the Section VIII Directory

#### **NYSPHSAA TRANSFER RULE:**

Please refer to pages 50-52 Form-See Attached Document

#### 2022 Spring Season Girls Lacrosse New Rules:

Background on Officials- 115 on roster (35/36 varsity level officials depending on availability)

#### Scrimmages Contact:

Danny Haas: (516) 567-1046 Email: djhaas16@gmail.com

#### New Rule Changes Contact:

Randy Levine: (516) 446-1743 Email: randylevine0855@gmail.com

New Rule Changes:

Go to: NFHS.com- to order a rulebook (electronic copy as well)

#### **Points of Emphasis:**

- 1. Sportsmanship
- 2. Rough and Dangerous Play
  - 1. Officials have noticed players trying to check the bottom of opponents stick- "can't hook the bottom of stick or swing at the bottom of the stick"
  - 2. Stick to body- looking to tighten up
- 3. Shooting Space

Goalies don't need to wear shin guards Can wear sunglasses Can also wear a clear eye shield Goalies no shin guards

Rope bracelets and hair ties can be worn- if they don't harm others

\*\*Clock doesn't stop under two minutes or in overtime unless there is a foul in the critical scoring area (12 meter to the endline)

\*\*Can self start under two minutes if the clock is not stopped

\*\*Everything else when the clock is stopped is a whistle start

Anytime the clock is stopped (offsides, AP) must be a whistle start

Resumption after a timeout - it is set up first then will be granted the timeout- free position must need to be set up-

No foul on timeout- free movement can go anywhere you'd like (you can switch who has ball)

If a timeout is called in CSA- will be a whistle start and goes to a dot

If a timeout is called with goalkeeper- goes back to goalie and is a whistle start

Team timeouts when we resume play, no player should be within 4 meters of the ball

Stick swap- must go into the team sub box off the field (stick they are swapping out with must be in sub box)- a coach or another player can be in there and switch

If a player self-starts when self-starts are not permitted, the ball will be turned over (includes a boundary ball)

\*Exception is the goalkeeper: A goal circle foul and the goalie self-starts she can remain in the circle
and the ball goes to the dot

Boundary Ball - Player starts with a pass from out of bounds it's a turnover

-When play resumes, all players other than the girl picking up the ball have to give 2 meters of space to allow the player to step on field (self-start can be engaged).

-When the game clock is stopped, the player will be brought on field and back everyone 2 meters - can engage when she moves

If a shot misses the goal, and no one is beyond the goal line - any player can go get the ball out of bounds doesn't have to be the goalie

Goalkeeper: Goalie can keep one foot is inside the circle, the other foot can step outside- can pick up ball and return the ball and both feet back in the goal circle

Shooting Space (edges of goal circle upward- a defender can't be standing in that area- if they continue to move across that space that is called shooting space)

Shooting space will be called when the following occurs: immediate whistle

- Ball must be in CSA above goal line extended
- Ball carrier must have the opportunity to shoot
- Defender must be in free space between the ball carrier and goal circle
- Defender has to be more than a stick length away

#### **2021 Updated Rules Interpretation:**

- Self-start is allowed
- If a player false starts during a whistle start, you lose possession of the ball- make sure players know and listen to the officials to direct everything.

- Especially with the goalie.
- Know the difference between self-start and whistle start
- Boundary Balls-throws the ball from out of bounds, they will restart it- not out of bounds
  - Must give two meters on the sideline
- · Eyewear- needs a stamp on googles
- Stick or the body closest to the ball on the
- Cover with foot and body is a turnover- cover ball
- Check to the neck is considered a yellow card
- Fouls between 8 & 12 goes to 12 with a lane

Mask Compliance Rules:

#### **NOTEWORTHY US LACROSSE RULES**

#### **Suspended/Interrupted Game**

Once play begins the officials shall have the authority to interrupt or suspend the game due to dangerous weather or field conditions. The official's decision is final. A game is considered legal and complete if 80% of playing time has elapsed. An interrupted game continued on the same day shall be restarted from its point of interruption.

If a suspended game (one in which less than 80 % of playing time has elapsed) is replayed on another day, it must be played from the point of interruption. A suspended game may be terminated and considered complete by mutual agreement of the opposing coaches. The score at the point of termination will be the official score of the game.

**NOTE:** If 80% of the playing time has elapsed and the game is tied, leagues should determine their own tie-breaking procedures.

#### **Overtime Procedures**

Play will continue with "sudden victory" stop-clock overtime periods of six minutes in length (two 3-minute halves) with 3 minutes in between and change of ends until a winning goal is scored.

#### NASSAU COUNTY GIRLS' LACROSSE COACH'S RESPONSIBILITIES/INFORMATION

#### 1. Schools must supply the following for Home Games:

- First Aid Kit/Ice
- Home team must identify where the closest AED can be found
- Safety Equipment for all players that meet NOSCAE/ASTM Standards including goggles, mouth guards, headgear and goalie equipment
- Lacrosse balls for warm up
- Two New Lacrosse Balls supplied by the home team of the same color. Colors are limited to yellow, lime green & bright orange NOCSAE branded
- Scorer's table with game clock, air horn, possession arrow, score book (Home team is the official book), and visible scoreboard. GAME WILL NOT BEGIN WITHOUT CLOCK, AIR HORM, POSSESSEION ARROW AND SCOREBOOK.
- Horn must be sounded at the end of the first half and at the conclusion of the game. Please check to make sure the horn is operable prior to the start of the game.
- If using a permanent scoreboard located near the game field that will be the official clock determine if the scoreboard horn works prior to the start of the game
- Possession Arrow must be present at score table
- AIR HORN must be present at score table to be used for time out

#### 2. Field Conditions & Locations

- Fields must meet required specifications as detailed by US Lacrosse
- Start Up Marks –one visible dot 5 yards behind the goal line/8 meter intersection on each side of the goal cage
- When playing at a park, the coach of the home team must have the park permit on hand with start and finish times. The information on the permit must be shared with the coach of the opposing team and officials prior to the start of the game.

#### 3. League Games

- All League Games must be played. Non-compliance will result in a forfeit for teams refusing to do so
- All League Games count in the standings
- If field conditions are not playable, the game should be scheduled for the next available day for both teams
- League Games take precedence over a Non-League Game
- No varsity league game can be rescheduled after the last regularly scheduled contest that would be June 8<sup>th</sup>. The only exception would be a rain out on June 8<sup>th</sup> which would cause a rescheduled game on June 9th, 2021.
- Any game changes must be reported to the Section VIII office from your athletic director's office

#### 4. Postponed Games

- All league games must be played as scheduled
- Before a game is postponed the home school must contact the visiting team by 1pm to discuss
- Varsity games take priority over Junior Varsity games when rescheduling games
- Game should only be postponed due to weather conditions that compromise the safety of all involved and emergency extenuating circumstances beyond our control

- Any postponed league game must be made up on the <u>NEXT AVAILABLE DATE</u> after the regularly scheduled date. If the home team can't provide a field on the next available day teams must consider playing the game at the visiting home field if available.
- The home team athletic office is responsible for contacting BOCES and the Lacrosse Coordinator with any postponed games. BOCES Grace Chianese 516-396-2446 and Lacrosse Coordinator Megan McCormack, (516) 314-2868, mccormackm@northshoreschools.org

#### 5. Report Results

- · Report all league scores by completing GOOGLEDOC immediately following end of game
- Coaches that do not comply by reporting scores weekly will be reported to their athletic director
- Conference coordinators will be recording results weekly to Section VIII Girls Lacrosse Coordinator, Megan McCormack

#### Conference 1:

https://docs.google.com/forms/d/e/1FAIpQLSfRddJBQZc0aguiL1wwBX5opTwmzJsKEWDoUB7siRma-R8IxA/viewform?usp=sf\_link

#### Conference 2:

https://docs.google.com/forms/d/e/1FAIpQLSfNRKPI9mUjba3YjLVh49fOCQcEulAewDo9cJwAVXPg9g9x8w/viewform?usp=sf\_link

#### Conference 3:

https://docs.google.com/forms/d/e/1FAIpQLSdoSQKWzEiQ7AT0lfLRymXcnDV3Q5\_8y\_mR-JtRrfjwSkXmEw/viewform?usp=sf\_link

#### Conference 4:

https://docs.google.com/forms/d/e/1FAIpQLSffLYAF688flaOuVI-RC3UURPqECLShCOYAcivCHRrhCqtS4Q/viewform?usp=sf\_link

#### Conference 5:

https://docs.google.com/forms/d/e/1FAIpQLSdiCH4yGiRgiwiCNj1JmzgGvXG-4dpngC-kY5KhfJYodW3KgA/viewform?usp=sf link

- THE WINNING TEAM MUST log on to Newsday (website) immediately following the conclusion of the game. Newsday will release weekly standings based upon the information they receive. Register at newsday.com/coach. If you cannot get on the website to record scores, please email your results to SportsDesk@newsday.com
- FORFEITS must be reported to the conference coordinator, lacrosse coordinator and Newsday

#### 6. Game Starting Times

- No regular season game should be scheduled on a school day prior to 4pm
- Every effort should be made to start the game on time as scheduled
- If a team fails to show up for a regularly scheduled game, they will forfeit that contest

#### 7. Visiting Team Warm Up

• The visiting team is given a minimum of 15 minutes to warm up regardless of their arrival time

#### 8. Rosters

• Team rosters must be input electronically on the BOCES website. Failure to do so will result in forfeiture of the first game.

**8A.** Max Prep Roster/Photo-NYSPHSAA strongly suggests that each team submit their team roster and team photo to Max Preps at the start of the 2019. The roster and photo are required for any team advancing to the NYSPHSAA Girls Lacrosse Tournament this spring.

- Directions:
  - ✓ Go to: www. NYSPHSAA.org
  - ✓ From the top menu select: AD's & Coaches
  - ✓ Select: General Information
  - ✓ Go to: Forms
  - ✓ Select: Coaches & AD's forms
  - ✓ Scroll down to find: Max Prep Instructions for AD's & Coaches
  - ✓ Follow Instructions for Program Rosters/Team Photos

#### 9. Official Rating Cards

- Please complete the officials rating card upon completion of your game. All ratings should be completed online. See attached sheet for instructors. All hard copies of your official rating cards should be submitted to your athletic director. This is the only data used to rate officials. Your feedback is vital to the process. In order to earn the right to rate officials for playoffs 90% of Varsity & JV rating must be submitted.
- Officials will be rating coaches/programs

#### 10. Protests

- Please see protest procedures in the section VIII Handbook on page 46
- 11. All uniforms worn by student-athletes competing in girl's lacrosse in Section VIII must comply with the rule change that went into effect at the start of the 2016 season.

  \*Additional information in US Lacrosse attachments.

#### Beginning in 2016 all shirts shall be of a single, solid color with the following trim specifications permitted:

- a. Trim around the collar and waistband and at the cuff of the sleeve, or around the arm opening if sleeveless, may be of contrasting color(s), but shall not exceed 1 inch in width.
- b. Side inserts (armpit to waistband) may be of contrasting color(s), but shall not exceed 3 inches in width. The inserts must be centered vertically below the armpit.
- c. Piping of contrasting color is allowed, but only in areas where trim or side inserts are permitted. The combined piping and trim must meet the 1 inch 3 inch allowable width.
- d. Numbers shall be centered vertically and horizontally and must be a minimum of 8 inches tall on the back and a minimum of 6 inches tall on the front of the shirt.
- e. Numbers must be of a solid contrasting with the color of the shirt. The numbers may be trimmed in a contrasting color that shall not exceed 1 inch in width.

#### **Shirt Colors on Game Day**

The home team will wear a white dominated shirt and the away team will wear a dark colored dominated shirt. If both teams have uniform shirts of the same or similar color, the home team shall be obligated to change or wear numbered pinnies or vests of a contrasting color. Please communicate with your opponent prior to game day if there is a uniform color issue.

#### **Visible Undergarments**

All visible undergarments worn under the kilts/shorts/skirts must be of one solid color, and must be white, gray, black or one of that team's uniform colors. All team members who choose to wear visible undergarments must wear the same color. This does not apply to medical sleeves.

#### **SECTION VIII POST SEASON INFORMATION**

Saturday, May 14th -First Round "B" Tournament @ Higher Seed

Tuesday, May 17th – First Round "C" Tournament @ Higher Seed

Wednesday, May 18th – Quarter Finals" A" & "B" Tournament @ Higher Seed

Friday, May 20th -Quarter Finals "C" Tournament @ Higher Seed

Monday, May 23rd -"D" Semi-Finals @ TBD 4PM

Tuesday, May 24th -"A" Semi-Finals @ TBD 4 & 6PM

Wednesday, May 25th -"B" Semi Final @ TBD 4PM & 6PM

Thursday, May 26th - "C" Semi-Finals @ TBD 4 & 6PM

Friday, May, 27th – County Finals "D" @4PM/ "A" @ TBD 6:30PM

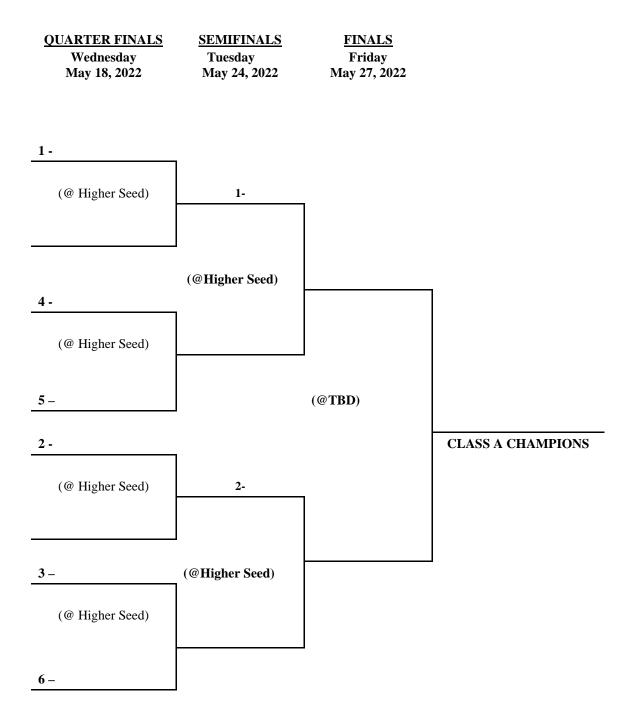
Tuesday, May 31st - County Finals "B" @4PM/ "C" @ TBD 6:30PM

#### TBD-Saturday, June 4<sup>th</sup>/Sunday, June 5<sup>th</sup> - Long Island Championship- Suffolk Host

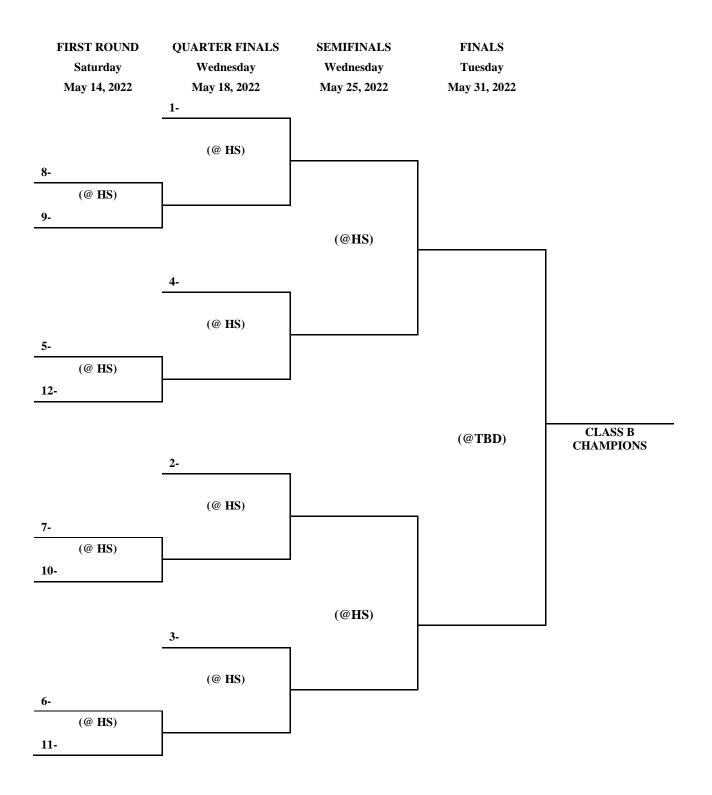
Friday, June 10<sup>th</sup> & Saturday, June 11<sup>th</sup> - State Semi Finals & Finals @ SUNY Cortland



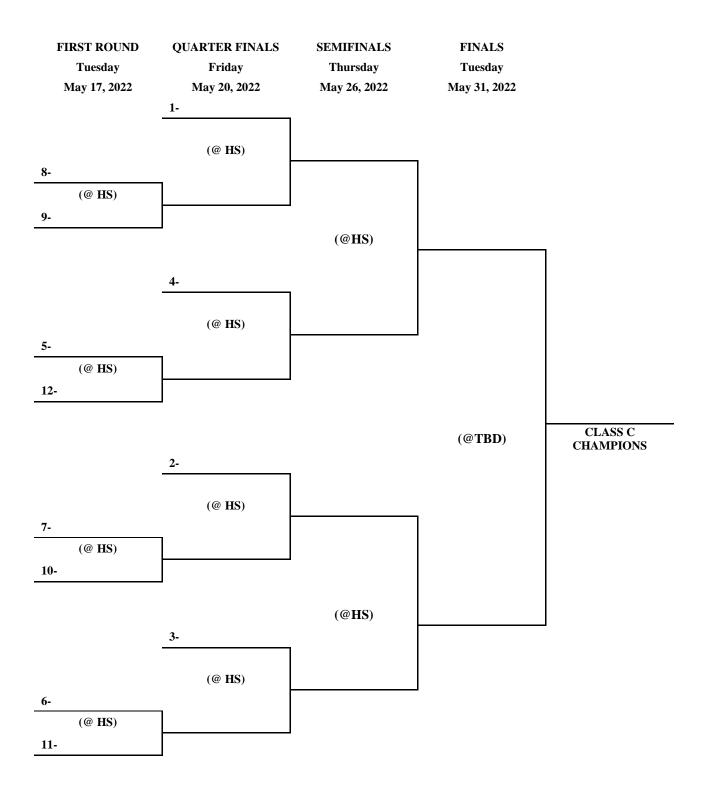
#### NASSAU COUNTY CLASS "A" PLAYOFF BRACKET



#### NASSAU COUNTY CLASS "B" PLAYOFF BRACKET

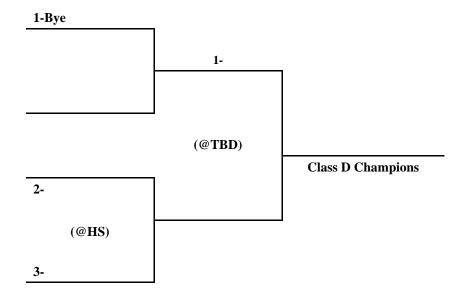


#### NASSAU COUNTY CLASS "C" PLAYOFF BRACKET



#### NASSAU COUNTY CLASS "D" PLAYOFF BRACKET

| <b>SEMIFINALS</b> | <b>FINALS</b> |
|-------------------|---------------|
| Monday            | Friday        |
| May 23, 2022      | May 27, 2022  |



#### N.Y.P.H.S.A.A. GIRS' LACROSSE CHAMPIONS 1995-2004

| <u>June 1995</u>        |   |
|-------------------------|---|
| Cicero – North Syracuse | 3   |
| Garden City             | 8   |
| <u>June 1996</u>        |   |
| Cicero – North Syracuse | 3   |
| York Town               | 1   |
| <u>June 1997</u>        |   |
| York Town               | 1   |
| Garden City             | 8   |
| <u>June 1998</u>        |   |
| York Town               | 1   |
| Penn Yan                | 5   |
| <u>June 1999</u>        |   |
| New Hyde Park           | 8   |
| Garden City             | 8   |
| <u>June 2000</u>        |   |
| Baldwinsville           | 3   |
| Garden City             | 8   |
| <u>June 2001</u>        |   |
| West Genesee            | 3   |
| Garden City             | 8   |
| <u>June 2002</u>        |   |
| West Genesee            | 3   |
| Garden City             | 8   |
| <u>June 2003</u>        |   |
| West Genesee            | 3   |
| Manhasset               | 8   |
| <u>June 2004</u>        |   |
| Fayetteville-Manlius    | 3   |
|                         | Cicero – North Syracuse Garden City June 1996 Cicero – North Syracuse York Town June 1997 York Town Garden City June 1998 York Town Penn Yan June 1999 New Hyde Park Garden City June 2000 Baldwinsville Garden City June 2001 West Genesee Garden City June 2002 West Genesee Garden City June 2003 West Genesee Manhasset June 2004 |

## NYSPHSAA GIRLS LACROSSE CHAMPIONS 2005-2018

Penn Yan

| <u>Year</u> | <u>Class A</u>       | Class B            | <u>Class</u> C        | Class D |
|-------------|----------------------|--------------------|-----------------------|---------|
| 2005        | Fayetteville-Manlius | Brighton           | Skaneateles           |         |
| 2006        | Yorktown             | <b>Garden City</b> | Skaneateles           |         |
| 2007        | West Genesee         | <b>Garden City</b> | Shoreham Wading River |         |
| 2008        | West Genesee         | <b>Garden City</b> | Shoreham Wading River |         |
| 2009        | Farmingdale          | <b>Garden City</b> | Shoreham Wading River |         |
| 2010        | Farmingdale          | <b>Garden City</b> | Shoreham Wading River |         |
| 2011        | Northport            | <b>Garden City</b> | CBA Syracuse          |         |

Division 11

| 2012 | West Genesee                | Garden City           | Shoreham Wading River     |                    |
|------|-----------------------------|-----------------------|---------------------------|--------------------|
| 2013 | Farmingdale                 | Syracuse CBA          | Mount Sinai               |                    |
| 2014 | West Genesse                | Manhasset             | Skaneateles               |                    |
| 2015 | West Islip                  | East Port-South Manor | Mt. Sinai                 |                    |
| 2016 | CBA                         | <b>Garden City</b>    | Mt. Sinai                 |                    |
| 2017 | Pittsford                   | <b>Garden City</b>    | Mt. Sinai                 | Skaneateles        |
| 2018 | Christian Brother s Academy | Manhasset             | <b>Cold Spring Harbor</b> | Mattituck-Southold |
| 2019 | Northport                   | East Port-South Manor | <b>Cold Spring Harbor</b> | Mattituck-Southold |
| 2022 |                             |                       |                           |                    |

#### **2021 NASSAU COUNTY CHAMPIONS**

CLASS "A"-MASSAPEQUA HIGH SCHOOL

**CLASS "B"-GARDEN CITY HIGH SCHOOL** 

**CLASS "C"-MANHASSET HIGH SCHOOL** 

CLASS "D"-COLD SPRING HARBOR HIGH SCHOOL

<u>2022...</u>

## NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

## SECTION VIII of NYSPHSAA, INC. SECTION VIII SPORTSMANSHIP POLICY

#### Recognition

The High School Association of Section VIII established a Sportsmanship Committee to function under the auspices of the Athletic Council, in order to monitor, to report to school districts and to take action related to incidents of unsportsmanlike conduct and/or flagrant misconduct.

#### **Purpose**

The purpose of this action is to take a positive step in an effort to control disruptive behavior at all Section VIII events.

#### A. What is to be reported (from arrival to departure):

- 1. A Player who is ejected from a contest for flagrant misconduct and/or a derogatory gesture
- 2. A Spectator who acts in a disruptive and/or abusive manner.
- 3. A Coach who conducts himself/herself in an unsportsmanlike manner.
- 4. An Official who demonstrates unsportsmanlike conduct.
- 5. A School that permits spectators to conduct themselves in an abusive, disruptive or harassing manner.

This also includes schools that do not provide adequate supervision at home or as a visitor to control their spectators.

#### B. Responsibility for reporting Unsportsmanlike Behavior Report:

1. Coaches - must report all incidents to their respective athletic directors, even if only one team/player was cited for misconduct.

### 2. Athletic Directors - must file reports with the Executive Director within 24 hours of any incident of unsportsmanlike behavior.

### 3. Officials - must file reports with the Executive Director within 24 hours of any incident of unsportsmanlike behavior.

#### C. Reporting Procedure

- 1. All disruptive incidents are to be reported by the coaches to their respective athletic directors immediately following the contest.
- 2. The Athletic Directors of both teams involved (even if only one had received a penalty for the misconduct) are to file reports with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident.
- 3. The Officials assigned to the contest are to file a report with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident.
- 4. The Executive Director will forward copies of all reports to the Sportsmanship Committee Chairperson and Sports Coordinators.

#### D. Committee Actions:

- 1. All member schools, and all individuals representing these member schools who are involved in unsportsmanlike conduct are subject to actions deemed appropriate by the Sportsmanship Committee.
- 2. The Sportsmanship Committee may recommend action in instances of unsportsmanlike conduct and is authorized to recommend penalties which may include, but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or any other actions that are deemed appropriate by the Sportsmanship Committee.
- 3. All recommendations of the Sportsmanship Committee will be filed with the Office of the Executive Director and forwarded to the Athletic Director(s) of the school(s) involved.
- 4. All actions of the Sportsmanship Committee are subject to review by the respective Athletic Director(s) for the possible imposition of further disciplinary action.
- 5. Copies of all reports of the Sportsmanship Committee shall be kept on file with the Sportsmanship Chairperson, the Executive Director, and the Sports Coordinator.

#### E. Penalties:

- 1. <u>Player Expulsion</u>: Any player who commits a serious violation of game rules or takes part in flagrant misconduct during play shall be subject to ejection from the contest and disciplinary action. Ejection from a contest for violation of sportsmanship rules carries with it a mandatory additional one game suspension from the next regularly scheduled contest, including post-season play. Disqualifications from one season will carry over to the player's next season of participation where necessary. Any player suspended from participation may not be on site or involved in any capacity (spectator, time keeper, score keeper, etc.) on the day of the suspension. Failure to comply with this aspect of the suspension could result in additional sanctions being levied against the coach and/or team.
- 2. Second Occurrence of Misconduct: Any person (coach, player, spectator, school official, etc.) who is ejected from a second contest for an unsportsmanlike infraction shall prompt the Sportsmanship Committee to review the matter which may lead to severe disciplinary action including suspension of participation privileges for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons as part of the penalty. Additional terms and conditions may also be recommended by the Sportsmanship Committee before a review or a bid for reinstatement is reviewed by the committee.
- 3. <u>Intentional Physical Contact by a Player</u>: Any player who strikes, shoves, kicks, or makes other physical contact, with the intent to do so and/or results in intentionally inflicted physical harm to another person, (an official, another player, a spectator, coach, school district employee or supervisor, etc.) shall be ejected from the contest immediately. The incident must be reported to the Sportsmanship Committee which is empowered to review any such case of unsportsmanlike behavior and which can levy penalties which may include but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or another action that is deemed appropriate by the committee.
- 4. <u>Team Member/Non-Participant Pre- or Post-Game Misconduct</u>: Any player, coach, or spectator who commits a serious violation of sportsmanship rules or takes part in flagrant misconduct as a non-participant prior to the start of the contest will be excluded from play in and/or subject to removal from the site of the contest. Any player, coach, or spectator who commits a serious violation of the sportsmanship rules or takes part in flagrant misconduct as a non-participant after the contest has been concluded (post-game) will be suspended from participation in or attendance at the next regularly scheduled contest including post-season.
- 5. <u>Spectators</u>: Any spectator who acts in a disruptive or abusive manner may cause the game to be suspended until the situation is resolved or the spectator removed. A letter from the Sportsmanship Committee may be sent to the appropriate Athletic Director(s), Building Principal(s), and Superintendent(s). Continued incidents of disruptive behavior may result in additional disciplinary action by the Sportsmanship Committee.

#### 6. Coaches:

A coach who conducts herself/himself in an unsportsmanlike manner will be reported to the Sportsmanship Committee and subject to local disciplinary action. A coach who is ejected from a contest will be suspended from the next regularly scheduled contest. Any coach ejected from a contest for unsportsmanlike conduct will be excluded from the next regularly scheduled contest (including post-season contests). Such disqualification and subsequent suspension penalty will carry over from one season to the next season in which the involved coach is serving as a coach, regardless of the sport or level. During any such suspension, the suspended coach may not be present in any capacity (supervisor, spectator, faculty member, etc.) on the day of the suspension. Failure to comply with this aspect of the suspension could result in additional sanctions being levied against the coach and/or team

- 7. <u>Intentional Physical Contact</u>: Any coach who strikes, shoves, kicks, or makes other physical contact, with the intent to do so, to another person (e.g., an official, another coach, player, fan) shall be expelled from the game immediately and banned from further coaching in all sports for a period of time to be determined by the Athletic Council.
  - 8. Officials: An official who demonstrates unsportsmanlike conduct will be reported to the Sportsmanship Committee. The Sportsmanship Committee may request disciplinary action to be taken against the official via communication with the official's governing body.

- 9. Taunting: Taunting includes, but is not limited to, any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech family, special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talking"), reference to sexual orientation, "in-the-face confrontation" by the one player to another, standing over, straddling a tackled or fallen player, etc. See NYSPHSAA Handbook #27 (page 72) Section on Sportsmanship.
- 10. <u>Bench Clearing</u>: If an altercation occurs during a contest and members of either team leave their bench or sideline area or playing positions, and go onto the field/court/participation area, they will be immediately ejected from the contest for unsportsmanlike behavior.

#### F. Due Process

1. Students, coaches, and schools have the right to be heard by the Sportsmanship Committee. This right must be claimed within 24 hours of the incident occurring and must be made to the Office of the Executive Director of Section VIII. All actions of the Sportsmanship Committee are subject to review and appeal. Any such appeal may eventually be made to the Section VIII Athletic Council.

#### SECTION VIII OUT OF SPORTS SEASON ATHLETIC PARTICIPATION POLICY

## In order to protect all eligible student-athletes from exploitation and coercion, the following principles should be adhered to:

- We, all member districts, do not limit individual students' opportunities to participate in other sports and athletic experiences.
- We do not exert pressure on student athletes to participate in an athletic activity outside of any sport season (as defined by the Section).
- We support and preserve the integrity of each interscholastic sports program by enforcing these principles.
- We insure that the spirit and intent of this policy be understood and adhered to by all members of the Section.

## To that end, the following guidelines will be in force replacing the former "Camp and Recreation Rule":

- Section VIII members will conduct programs which are recreational in nature as defined by this regulation.
   Intramurals, strength and conditioning programs, and recreation programs which are open to all students are permitted.
- During any approved activity **individual sport skills** may be taught to students.
- The same opportunity for instruction and personal improvement must be available to all students participating in the activity.
- Team strategy and roster specific workouts limited to members of an athletic team are prohibited.
- Recreational activities must be open and publicized to all eligible bona fide students.
- During the summer, Section VIII members may conduct leagues, camps, clinics, and similar activities at their facilities.
- Members shall observe the starting and ending dates of each sports season as set by the Section annually.

It is also the spirit of this rule that we encourage, enable, and permit athletes to participate in more than one sport during the course of the year. Students should not be coerced to participate in other activities organized during a specified sports season to maintain good standing in an out of season sport. It is the responsibility of the local athletic administrator to regulate, monitor, and require compliance with the tenets of this rule for it to be effectively observed.

All who are concerned with the proper conduct and with the intent and spirit of any interscholastic sport are obligated to report any violation or perceived violation to the Ethics Committee through the Executive Director's office. All violations will be adjudicated by the Ethics Committee which could result in forfeiture of eligibility and/or sanctions of the students, teams, coaches, or schools involved.

It is recommended that this policy and standard be made available to all students, parents, coaches and other school personnel concerned with the conduct of our interscholastic programs.

Approved June 9, 2004 Athletic Council

# NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

#### SECTION VIII UNSPORTSMANLIKE BEHAVIOR/INCIDENT/DISQUALIFICATION REPORT

This report is to be completed and submitted by game officials and athletic directors of both schools within 24 hours of the incident and/or violation.

|  | Level:  |                              | Date of the event: |
|--|---|------------------------------|--------------------|
| Home School:   |   | vs. Opponent:                |                    |
| Player(s) / Coach(es) / Official(s) / Spe  | ectator(s) Involved                             | :                            |                    |
| Name   | School  |                              | Number             |
| Name   | School  | -                            | Number             |
| Brief description of the incident (attach  | n additional docum                              | entation if necessary):      |                    |
| Action taken:  |   |                              |                    |
|  |   |                              |                    |
| Supervisor(s):   |   |                              |                    |
| Supervisor(s): Name  | _ School  |                              | Phone              |
| Nama   | _ School<br>_ School                            |                              | Phone Phone        |
| Name   | _   |                              |                    |
| Name Name Official(s) assigned: Name   | School Number                                   |                              | Phone              |
| Name Name Official(s) assigned:  | School  |                              | Phone              |
| Name Name Official(s) assigned: Name Name Person filing this report:   | School Number Number                            |                              | Phone Phone Phone  |
| Name Name Official(s) assigned: Name Name  | School Number                                   |                              | Phone              |
| Name Name Official(s) assigned: Name Name Person filing this report: Name Complete and return via e-mail to:   | School Number Number                            | Athletic Director (or acting | Phone Phone Phone  |
| Name Name Official(s) assigned: Name Name Person filing this report: Name Complete and return via e-mail to: Pat Pizzarelli: ppizzarellinasboces.org                               | School Number Number                            | Athletic Director            | Phone Phone Phone  |
| Name Name Official(s) assigned: Name Name Person filing this report: Name Complete and return via e-mail to:   | School Number Number                            | Athletic Director (or acting | Phone Phone Phone  |
| Name Name Official(s) assigned: Name Name Person filing this report: Name Complete and return via e-mail to: Pat Pizzarelli: ppizzarellinasboces.org Jim Amen: jamen@csh.k12.ny.us | School  Number Number Position  S.org (Boys) OR | Athletic Director (or acting | Phone Phone Phone  |

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or fax to:

#### Request for Medical Waiver of NYSPHSAA - Regulation #25

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests during the season. To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school-scheduled contests which occurred on six different dates during the season. An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. Contestants in individual sports (archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming tennis, outdoor track, winter track and wrestling) must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule.

| SchoolAthlete |                                  | Sport  | Sport                                     |  |  |
|---------------|----------------------------------|--|---|--|--|
|               |                                  | Date Request Submitted   |   |  |  |
| Nature of     | Injury/Illness                   |  |   |  |  |
| Date of In    | jury/Onset of Illness            | Date of Medical Clearan  | ce  |  |  |
| ecord of      | Participation in Competitions (E | xclusive of Section Tournaments):  | *For Wrestling Only                       |  |  |
| 1.            | DATE                             | OPPONENT   | * Weigh-in validated by Athletic Director |  |  |
| 2             |                                  |  | * * *                                     |  |  |
| 5.            |                                  |  | *   |  |  |
| MUST VEF      |                                  | t accompany this request before it will be c<br>ess/injury and date physical activity may re<br>TABLE. |   |  |  |
|               | ocuments Attached:               |  |   |  |  |
| 1<br>2        |                                  |  |   |  |  |
| 3.            |                                  |  |   |  |  |

Request and documentation must be received by the sport coordinator and the Section VIII Office <u>prior</u> to the last league contest.

Approved by the Athletic

#### TRANSFER REGULATION

- a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.
- b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. *Schools must submit the required transfer form to the Section office.*Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval. NOTE: A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

**Exemptions to (b):** For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

**Note:** Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, that is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

- 1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
- 2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.
- 3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
- 4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
  - 5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
- 6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school year.

c. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports.

**NOTE:** After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

d. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

#### **Transfer Appeal Guidelines:**

*Financial* – Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
  - Evidence of loss income or change in financial obligation that are not self imposed.
  - o Family W2 forms pay stubs
  - Notarized statement from parent
  - Statement from employer or professional with knowledge of circumstances
  - Most recent tax returns two years

**Health and Safety** – Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

#### **Additional Information/Reminders:**

Officials are going to be tough to secure. Please be supportive and patient with our new officials this year. It is important that we keep these officials in the game, so the official pool continues to grow!

On the Boces website you must submit officials' ratings as well as scores (Sportspak). You must complete 90% of your ratings to rate officials for playoffs.

If a game needs to be rescheduled, please note that it still goes to the next available day. For weekend games, make sure to get contact information from your school on contacts from opposing schools and officials in case it gets canceled. It is your responsibility to contact all parties.