

# SECTION VIII WRESTLING

## 2022-2023 WRESTLING

### OVERVIEW



COORDINATOR: JOHN MANKOWICH, JERICHO

ASSISTANT/HS REP: PETE CARDONE, GLEN COVE

COACHES ASSOCIATION PRESIDENT: RYAN PINGITORE, GREAT NECK SOUTH

## CONFERENCE ALIGNMENTS:

Conference development will remain similar for 2022-23.

- 9 Conferences arranged by enrollment.
  - 6 Conferences of 6 teams (Division I)
  - 1 Conference of 5 teams (Division I)
  - 1 Conference of 10 teams (Division II) (Change for 2022-23)
  - Conferences will be seeded at the May meeting.
- Teams are allotted 20 points for competitions:
  - 2 points for Tournaments (Individual and Dual Meet)
    - Quad Meets that end with a “Championship” are 2 points
    - Quad Meets that do not end in a “Championship” are valued at 1 point for each match (3 matches = 3 points)
  - 1 point for singular Dual Meets

## TEAM PLAYOFFS AND CHAMPIONSHIPS:

- The top 3 Division I teams in Conferences 1A, 1B, 2A, 2B, 3A, 3B & 4A will qualify for the Nassau County DI Dual Meet Tournament.
  - Conference Champions only will be seeded 1 – 7 by representatives from each Conference under the direction of the Wrestling Coordinator. If the Conference Representative’s team is being seeded, the alternate from the conference will take their place.
  - All remaining teams will be placed in the bracket on predetermined lines. The bracket can be found in the Wrestling Handbook.
  - *A proposal to seed all teams in tournament to mirror the NYS Dual Meet Championships will be explored this season. Criteria and procedure will be explored, but not used in the 2021-22 season.*
- The top 6 Division II teams based on finish within the power ranked conference will qualify for the Nassau County DII Dual Meet Tournament and will be seeded based on finish.

## INDIVIDUAL QUALIFYING TOURNAMENT:

- Qualifying Tournaments will be held at 5 sites on February 4<sup>th</sup>. All DI teams will be assigned to 1 of the 5 tournaments based on their Qualifying Tournament Ranking, developed by an established committee of coaches.
  - Teams may enter a maximum of 26 wrestlers: Adjusted due to decrease in weight classes
  - No more than 3 in a weight class.
- In DI the top 5 place winners in each weight class will advance to the Sectional Championship on February 11<sup>th</sup> & 12<sup>th</sup> at Hofstra University. One wildcard will per weight will be selected amongst the 6<sup>th</sup> place finishers from all 5 Qualifying Tournaments. There is no qualifying tournament for Division II.
- We will utilize the NYS Seeding Mechanics and Criteria to seed the individuals.

## 2022-2023 SECTION VIII CONFERENCE AND SCHEDULE

Conferences are developed by enrollment and then seeded by coaches

<b>CONFERENCE 1A*</b>	<b>CONFERENCE 2A*</b>	<b>CONFERENCE 3A*</b>	<b>CONFERENCE 4A*</b>
SEWANHAKA WEST	BALDWIN	GREAT NECK SOUTH	PLAINEDGE
FREEPORT	PLAINVIEW	GREAT NECK NORTH	WANTAGH
UNIONDALE	EAST MEADOW	GARDEN CITY	LYNBROOK
SEWANHAKA EAST	VALLEY STREAM CENTRAL	ROSLYN	MINEOLA
SYOSSET	HERRICKS	BELLMORE JFK	CLARKE
MASSAPEQUA	LONG BEACH	GLEN COVE	VALLEY STREAM SOUTH
<b>CONFERENCE 1B*</b>	<b>CONFERENCE 2B*</b>	<b>CONFERENCE 3B*</b>	<b>DIVISION II</b>
FARMINGDALE	MEPHAM	LEVITTOWN DIVISION	NORTH SHORE
HEMPSTEAD	MACARTHUR	ROOSEVELT	LAWRENCE
HICKSVILLE	JERICO	HEWLETT	ISLAND TREES
OCEANSIDE	CALHOUN	MANHASSET	LOCUST VALLEY
WESTBURY	SOUTH SIDE/ER	BETHPAGE	SEAFORD
PORT WASHINGTON	BYE	VALLEY STREAM NORTH	COLD SPRING HARBOR
			WHEATLEY
			OYSTER BAY
			CARLE PLACE
			EVERGREEN CHARTER

## **DIVISION I INDIVIDUAL SECTIONAL TOURNAMENT:**

- 26 Wrestlers will qualify for each weight class.
- The top 3 finishers from each Qualifying Tournament will be seeded (1-15)
- All non-seeded wrestlers will be randomly drawn by TrackWrestling ensuring that teammates do not meet each other in the 1<sup>st</sup> round.
- We will utilize the NYS Seeding Mechanics and Criteria to seed the individuals.
- The Top 6 place winners will be recognized as All County.

## **DIVISION II INDIVIDUAL SECTIONAL TOURNAMENT:**

- Each team may enter a maximum of 30 wrestlers into the tournament, no more than 3 per weight class.
- Wrestlers with seeding criteria will be seeded in the tournament utilizing the NYS Seeding Mechanics and Criteria.
- All non-seeded wrestlers will be randomly drawn by TrackWrestling ensuring that team mates do not meet each other in the 1<sup>st</sup> round.
- Top 3 place winners will be recognized as All County. The matches for 5<sup>th</sup> & 6<sup>th</sup> place will be wrestled, but not recognized. *They will only be used for the purpose of seeding and wildcard criteria for the NYSPHSAA Dual Meet Championships.*

## **NOVICE TOURNAMENT:**

- The intent of the Novice Tournament is to provide a season ending tournament for those inexperienced wrestlers who are not ready to wrestle in a Qualifying Tournament. It will be scheduled for January 28<sup>th</sup>.
- For 2022-23 we will expand the tournament to an East/West or North/South format so that we can lessen the load on one school. Our last event had approximately 400 entries.
- This is not a Championship Event for JV wrestlers.

## **POSSIBLE CHANGES FOR 2022-23: BASED ON NYS WRESTLING COMMITTEE MEETING**

### **All must be approved:**

- None at this time

**SCHEDULE FOR 6 TEAM LEAGUES**

Friday, January 13<sup>th</sup> Make-Up date

12/14/21	12/16/21	1/4/21	1/6/21	1/11/21
1 @ 5	1 @ 4	6 @ 1	3 @ 1	2 @ 1
4 @ 2	5 @ 3	5 @ 4	5 @ 2	4 @ 3
6 @ 3	2 @ 6	3 @ 2	4 @ 6	6 @ 5

**SCHEDULE FOR 5 TEAM LEAGUES**

Friday, January 13<sup>th</sup> Make-Up date

12/14/21	12/16/21	1/4/21	1/6/21	1/11/21
1 @ 5	1 @ 4	1 - BYE	3 @ 1	2 @ 1
4 @ 2	5 @ 3	5 @ 4	5 @ 2	4 @ 3
3 - BYE	2 - BYE	3 @ 2	4 - BYE	5 - BYE

Top 3 teams in each conferences 1A, 1B, 2A, 2B, 3A, 3B, and 4A qualify for the Division One Dual Meet Championship (21 Teams Total).

Division II Schedule: 10 teams, 5 match power ranked conference

10 TEAMS 5 GAMES										
	1	2	3	4	5	6	7	8	9	10
1	X	X	X	X	X	X				
2	X	X	X	X	X		X			
3	X	X	X	X		X		X		
4	X	X	X	X			X		X	
5	X	X			X	X		X		X
6	X		X		X	X			X	X
7		X		X			X	X	X	X
8			X		X		X	X	X	X
9				X		X	X	X	X	X
10					X	X	X	X	X	X

**\* New Format for 2021-22**

Schedule to be developed utilizing same dates as above.

12/14/21	12/16/21	1/4/21	1/6/21	1/11/21
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## Nassau County Wrestling Coaches Association Section VIII Wrestling Calendar 2022-23

October 19 (Wednesday)	Coaches Meeting @ @ Plainedge HS ~ 7:30
October 19 (Wednesday)	Rookie Coach Mandatory Meeting @ Conclusion of Coaches Meeting
November 14 (Monday)	First Day of Practice
November 14 (Monday)	Coaches Meeting ~ Rules Interpretation @ Plainedge HS ~ 7:30
November 18 (Friday)	Centralized Weight Certification Program (FEMALES) @ Clarke
November 19 (Saturday)	Centralized Weight Certification Program @ Clarke & Jericho
November 20 (Sunday)	Centralized Weight Certification Program @ Jericho
November 21-23	Weight Certification Appeals @ TBA
November 24 (Thursday)	Thanksgiving
November 27 (Saturday)	First Day of competition (Must have 10 Practices)
December 5 (Monday)	Coaches Meeting – if necessary via ZOOM – 7:30 PM
December 14 (Wednesday)	League Match
December 16 (Friday)	League Match
January 3 (Tuesday)	Coaches Meeting @ Plainedge HS – 7:30 PM
January 5 (Wednesday)	League Match
January 6 (Friday)	League Match
January 11 (Wednesday)	League Match
January 13 (Friday)	Eastern States @ Sullivan CC
January 14 (Saturday)	Eastern States @ Sullivan CC
January 13 (Friday)	League Match – D1 & D2 Make Up Date
January 15 (Sunday)	Tournament Ranking Committee Meeting: 12:00 PM
January 17 (Tuesday)	Coaches Meeting @ Plainedge HS ~ Ranking Committee Qualifying Tournament / Dual Meet Playoffs & Officials Rating
January 19 (Thursday)	DMP D1 (Pigtail, Prelims) at Higher Seed
January 20 (Saturday)	DMP D1 (Quarters, Semis & Finals) D2 (Qtr, Semis & Finals) at Clarke
January 28 (Saturday)	Nassau County Novice Tournament @ TBD
January 28 (Saturday)	NYSPHSAA Dual Meet Championship @ SRC Arena Syracuse
February 1 (Wednesday)	D1 Seeding for Qualifiers at Plainedge HS @ 6 pm
February 4 (Saturday)	Division I Qualifiers at 5 Sites TBA
February 7 (Tuesday)	Point Review Committee: 9:00 AM @ Jericho
February 8 (Wednesday)	County Seeding Meeting 7 PM @ Plainedge
February 11 (Saturday)	Nassau County Championships Large School – Hofstra University
February 11 (Saturday)	Nassau County Championships Small School – Cold Spring Harbor
February 12 (Sunday)	Nassau County Championships Large School – Hofstra university
February 24 (Friday)	New York State Championships- Albany
February 25 (Saturday)	New York State Championships- Albany
March 25 - 27	NHSCA Nationals @ Virginia Beach
April TBA	All County Dinner
April 1 (Friday)	ALL NEW PROPOSALS DUE BY 3PM TO John Mankowich
April 5 (Wednesday)	NCWCA Spring Meeting
April 19 (Wednesday)	Sports Committee Spring Meeting
May 1 (Monday)	NCWCA Spring Meeting

**ALL LEAGUE MATCHES MUST BE COMPLETED BY JANUARY 13th**

## 2022-23 SPORTS COMMITTEE

Section 8 Coordinator	Jericho	John Mankowich <a href="mailto:imankowich@jerichoschools.org">imankowich@jerichoschools.org</a>
Section 8 Assistant Coordinator & High School Rep.	Glen Cove	Peter Cardone <a href="mailto:pcardone@glencoveschools.org">pcardone@glencoveschools.org</a>
NWCA President	Great Neck South	Ryan Pingitore <a href="mailto:gnsrebels@gmail.com">gnsrebels@gmail.com</a>
NWCA 1 <sup>st</sup> Vice President	Port Washington	Anthony Shettino <a href="mailto:aschettino@greenvaleschool.org">aschettino@greenvaleschool.org</a>
NWCA 2 <sup>nd</sup> Vice President	Uniondale	Tim Godoy <a href="mailto:tgodoy@uniondaleschools.org">tgodoy@uniondaleschools.org</a>
D2 Assistant Coordinator	CSH	Mike Ferrugiari <a href="mailto:ferru30@aol.com">ferru30@aol.com</a>
Past President	Clarke	Mike Leonard <a href="mailto:Bam197@aol.com">Bam197@aol.com</a>
Section 8 Seeding Coordinator	Freeport	Russ Cellan <a href="mailto:rcellan@freeportschools.org">rcellan@freeportschools.org</a>
Recording Secretary	Jericho	Kevin Brodsky <a href="mailto:kbrodsky@jerichoschools.org">kbrodsky@jerichoschools.org</a>
Corresponding Secretary	Garden City	Chris Biehoff <a href="mailto:beihoff@gmail.com">beihoff@gmail.com</a>
Treasurer	Plainedge	Rob Shaver <a href="mailto:Robert.shaver@plainedgeschools.org">Robert.shaver@plainedgeschools.org</a>
Conference 1 Athletic Administrator	Sewanhaka Dist.	Matt McLees <a href="mailto:mmclees@sewanhaskaschools.org">mmclees@sewanhaskaschools.org</a>
Conference 1A Coach	Massapequa	Ron Serrano <a href="mailto:Rserrano@msd.k12.ny.us">Rserrano@msd.k12.ny.us</a>
Conference 1B Coach	Port Washington	Anthony Schettino <a href="mailto:aschettino@greenvaleschool.org">aschettino@greenvaleschool.org</a>
Conference 2 Athletic Administrator	Bellmore Dist.	Eric Caballero <a href="mailto:ecaballero@bellmore-merrick.k12.ny.us">ecaballero@bellmore-merrick.k12.ny.us</a>
Conference 2A Coach	East Meadow	Vin Romanotto <a href="mailto:vromanotto@emufsd.us">vromanotto@emufsd.us</a>
Conference 2B Coach	MacArthur	Rob Paletta <a href="mailto:coachpaletta@gmail.com">coachpaletta@gmail.com</a>
Conference 3 Athletic Administrator	TBD	TBD
Conference 3A Coach	Bellmore JFK	Brian DeGaetano <a href="mailto:Digger11@optonline.net">Digger11@optonline.net</a>
Conference 3B Coach	Levittown Division	Sean Breves <a href="mailto:sbreves@levittownschoools.com">sbreves@levittownschoools.com</a>
Conference 4 Athletic Administrator	Clarke	Josh Friedman <a href="mailto:JFriedman@emufsd.us">JFriedman@emufsd.us</a>
Conference 4A Coach	Mineola	Dan Guido <a href="mailto:dguido@mineola.k12.ny.us">dguido@mineola.k12.ny.us</a>
Conference 4B/C Coach	Seaford	Dave Takseraas <a href="mailto:dtak1986@yahoo.com">dtak1986@yahoo.com</a>

Shaded Positions up for nominations and re-election at May meeting in 2018, 2020, 2022 and 2024.

