



CHEERLEADING HANDBOOK

2022-2023

Sport Coordinator: Jennifer Keane, Wantagh High School
HS Representative: John Franchi, Bethpage High School

Cheerleading Committee

Laurie Kolodny, Freeport High School
Lisa Nessler- MacArthur High School
Jaclyn Bonlarron – Wantagh High School
Lisa Ferrari – Seaford High School
Cristen Ronzo – Division High School
Caitlin Weinsheimer,- Farmingdale High School
Ashleigh Longo – West Hempstead

The National Federation High School Spirit Rule Book will be followed.

Section VIII has 5 Divisions –

Large School Division (750+) – Large Squad (17-32)
Large School Division (750+) – Small Squad (5-16)
Small School Division (749 and down) – Large Squad (17-32)
Small School Division (749 and down) – Small Squad (5-16)
Large/Small School Co-Ed Division
Middle School Division

Number of practices prior to first competition is a minimum of 6.

Maximum number of competitions allowed is 11. All Varsity teams must select a minimum of six (6) competitions all JV teams must select a minimum of six (6) competitions and all middle school teams will select a maximum of four (4) competitions.

Competition Standards – Duration of competition is 2 minutes and 30 seconds and will be required to include cheer and dance. Section VIII will be utilizing the NYSPHSAA score sheets for the 22-23 season.

Post Season Representation – In order to qualify for post-season, your team must have competed in SIX competitions within New York State under the NYSPHSAA rules and regulations. An individual competitor must be eligible for a minimum of three competitions as per the NYSPHSAA representation rule. (UCA does not count towards the required # of competitions for representation).

Qualifying for the Section VIII Cheerleading Championships will be based on scores achieved during the competition season using NYSPHSAA score sheets. The TOP 50% of the schools in each division based on an average of 6 scores will compete in the Nassau County Championships. If your team DOES NOT show up for a scheduled competition, they will receive a zero. This score will be one of the (6) scores that is average into your playoff eligibility.

Declaring Divisions Once your winter tryout is complete, you must confirm your Division. Please note, you have until November 29, 2022, to change divisions. If you drop below or go above the necessary, squad number after 12/2/22 your scores will not count however you will be allowed to “exhibition” for that day. If you are in the Co-Ed division and no longer have a male your scores will not count, however you will be allowed to “exhibition” for that day.

*Qualifying for the NYS Cheerleading Championships – The winner of each division at the Nassau County Championship will go onto the State Cheerleading Championship.

All schools MUST adhere to Copyright Rules. NYSPHSAA has developed guidelines to assist member schools with compliance with the copyright regulations that arise with the use of music for cheer routines and performances. The copyright law is designed to protect artists, promote creativity and to ensure that artists are compensated for their work. Pursuant to the copyright law proper licenses must be obtained to make additional copies of music and to remix recordings.

Hosting a Competition - Applicants must be willing to take on all responsibilities associated with hosting a cheerleading competition. There **MUST** be a pre-determined Site Director. The host site is responsible for having a 9-panel performance mat as well as an additional mats area for warm-ups as well as securing a DJ or allowing teams to utilize your sound system. All competitions in Section VIII are required to use the NYS score sheets. All rules and regulations set forth by the Section as well as the NYSPHSAA must be followed.

Resources - Please utilize the following website as a resource for Competitive Cheerleading.

<https://nysphsaa.org/sports/cheer>

Cheerleading Competitions 2022-2023

<u>DATE</u>	<u>SITE</u>
12/3/22	Farmingdale High School
12/10/22	West Hempstead or Division High School
12/17/2	Bethpage or MacArthur High School
1/7/23	Wantagh or Valley Stream North High School
1/14/23	Oceanside or Bellmore JFK High School
1/21/23	Garden City or Massapequa High School
1/28/23	Clarke or Freeport High School
2/4/23	Cold Spring Harbor or East Meadow High School @ Clarke
2/11/23	Long Beach High School
2/19/23	Nassau County Championships @ Hofstra
3/4/23	NYSPHSAA Championship @ Visions Federal Credit Union Veterans Memorial Arena, Binghamton

Section VIII
CHEERLEADING
MANUAL

TEAMS AND DIVISIONS

[illegible]

Section VIII
CHEERLEADING
MANUAL

PROGRESSION SHEETS

STUNT PROGRESSIONS

	Release	Inversion	Twisting	Other	Baskets
BASIC	<ul style="list-style-type: none"> Release move to below prep level Horizontal release move to below prep level 	<ul style="list-style-type: none"> Inversions below prep level Ground inversions to below prep level Below prep level inversions out of stunts (yo-yo, back walk-over) 	<ul style="list-style-type: none"> ¼ to ½ up to prep level ¼ to ½ up to extended Twisting transitions to side/prone/cradle Rewind transition to load 	<ul style="list-style-type: none"> Straddle sit at prep level Flat back stunt Two leg prep level stunt Cradle caught from extension Transition from below prep to Prep 1 leg body position Full twisting dismount from 2 leg stunts Single leg extended variations 	<ul style="list-style-type: none"> N/A
INTERMEDIATE	<ul style="list-style-type: none"> Release move to prep level (Quick toss, switch up, Ball up) Prep level tick tock Switch up to extended one leg Horizontal release move to prep level 	<ul style="list-style-type: none"> Suspended Rolls include twisting variations Waterfall dismount Inverted dismounts (pancake, cartwheel style) Prep level inversions (not hand to hand) Release inversions to below prep level Ground inversion to prep level 	<ul style="list-style-type: none"> Full up variations (cross leg, bases moving, multiple connections) Full up to prep level and below variations 	<ul style="list-style-type: none"> Single base extension Full twisting dismount from single leg stunts 	<ul style="list-style-type: none"> Straight Ride Non-twisting "bent leg" toss skills
ADVANCED	<ul style="list-style-type: none"> Release moves to extended (Low to High tick, Ball up, Quick Toss) ½ Twisting Switch up to extended one leg Horizontal release moves to extended ½ around release moves to extended 	<ul style="list-style-type: none"> Prep Level Hand to Hand Released inversions to prep level Alternate entries (Diamidov) to Hand to Hand, released to prep level Ground inversion to extended 	<ul style="list-style-type: none"> Full up to extended, target, or liberty Hands full around to extended, target or liberty Full up to extended body Positions 	<ul style="list-style-type: none"> Extended single base target/liberty Kick full twisting dismount Extended single base body position ½ up to extended single base 	<ul style="list-style-type: none"> Single skill basket toss Multiple skill toss Toss to Extension, Target or Liberty
ELITE	<ul style="list-style-type: none"> Low to High tick to Body Position ½ Twisting release moves to extended (Low to High tick, Ball up, Quick Toss) High to High Tick Tocks Full Twisting Switch ups Horizontal release move to extended Body Position High to High Tick Tocks (target/lib to Body Position or vis-a-vis) 	<ul style="list-style-type: none"> Twisting ground inversion to extended (1/2 Twisting or more) Released inversions to extended Prep level inversion release to extended Ground inversion release to extended Prep level inversion release to extended body position 	<ul style="list-style-type: none"> High to high full around - 2 feet Hands 1 1/2 around to extended 1 1/2 up to extended stunts 	<ul style="list-style-type: none"> Switch up to extended 1 leg single base 	<ul style="list-style-type: none"> Toss to extended body position Skill with a twist
SUPER ELITE	<ul style="list-style-type: none"> High to High Tick Tocks (body position to body position) Full Twisting Switch Ups to body position Full Twisting release moves to extended (Low to High tick, Ball up, Quick Toss) ¼ Twisting High to High Tick Tocks (body position to body position) ½ Twisting (or greater) Horizontal release move to extended 	<ul style="list-style-type: none"> Full up inversions to extended stunts Shoulder inversions release to extended body position Ground inversion release to extended body position Hand to Hand inversion release to extended stunt Alternate entries (Diamidov) to Hand to Hand, release to extended stunt 	<ul style="list-style-type: none"> Double up to extended stunts Hands double around to extended High to High full around - 1 foot High to High double around Double Dragon Prep to Extended Double Dragon Extended to Extended 	<ul style="list-style-type: none"> Extended single base variations that include twisting/releases (low to high tick tock, full up, ½ switch up) Single bases high to high tick tock 	<ul style="list-style-type: none"> Double Skill with a Twist Triple Skill with a Twist

STUNT PROGRESSIONS

- A Liberty is not considered a body position.
- **Release Skills** - When scoring difficulty, judges will take into account the following: minimum movements of bases, limited number and type of connection between bases and top, top person's beginning and ending position and completion of the skill.
- **Inversion Skills** – Credit for inversions will only be received if the weight of the top person is held in the upper portion of the top and the skill is inverted at the dip. When comparing inversions, the difficulty of the entry skill. A Back handspring would be considered more difficult than a cartwheel or round off entry.
- **Twisting** – When scoring difficulty, judges will take into account the following: minimum movements of bases, limited number and type of connections between bases and top, top person's beginning and ending position, and completion of the skill.
- **Adding a ¼ turn to release from inverted position will move difficulty up within the established range.**

PYRAMID PROGRESSIONS

	Non-released	Released Transition	Braced Roll/Flip
BASIC	<ul style="list-style-type: none"> Extensions on two feet or single leg variations at prep level Preps or single leg variations below prep level 	<ul style="list-style-type: none"> From load to prep with braces below prep level (2) Released transitions at prep or below (2) 	<ul style="list-style-type: none"> Rolling transition to prep and below Flipping transition landing below prep level (1 or 2) Single based forward flip to cradle (1 or 2)
INTERMEDIATE	<ul style="list-style-type: none"> Braced non-released transitions Inverted stunts to prep level and below 	<ul style="list-style-type: none"> Released transitions to prep or below (1) Released transition landing extended (2) 	<ul style="list-style-type: none"> Rolling transition to extended position (2) Flipping transition landing at prep level (2)
ADVANCED	<ul style="list-style-type: none"> Inverted stunts to extended (2) 	<ul style="list-style-type: none"> Released transition landing extended (1) Hand to Foot Inverted stunts released to prep level and below (1) Hand to Foot with Kick Hand to Foot with twist Inversion released to extended (2) 	<ul style="list-style-type: none"> Rolling transition to extended position (1) Twisting flip transition landing below prep level (1 or 2) Braced flip with a full twist landing in cradle (1) Flipping transition landing at prep level (1) Side sumi landing in prep
ELITE	<ul style="list-style-type: none"> Inverted stunts involving full spinning to extended (2) Inverted stunts to extended (1) 	<ul style="list-style-type: none"> Release transition involving full spinning (2) Inversion released to extended (1) 	<ul style="list-style-type: none"> Flipping transitions landing extended (2) Twisting flipping transition landing at prep level (1 or 2) Flipping transition starting at prep or above, landing extended (2)
SUPER ELITE	<ul style="list-style-type: none"> Inverted stunts involving full spinning to extended (1) 	<ul style="list-style-type: none"> Release transition to extended involving full spinning (1) 	<ul style="list-style-type: none"> Flipping transition, landing extended (1) Flipping transition, landing extended with 1 base (2) Flipping transition starting at prep or above, landing extended (1) Twisting flipping transition, landing extended (2) Twisting flipping transition, landing extended (1) Flipping transition, landing extended with 1 base (1) Twisting flipping transition, landing extended with 1 base (2) Twisting flipping transition, landing extended with 1 base (1)

*Numbers in () is the number of bracers utilized during the transitions.

*Unbraced skills should follow the stunt progression sheet.

TUMBLING PROGRESSIONS

		TUMBLING
0.0-1.5	BASIC	<ul style="list-style-type: none"> • Forward/Backward Roll • Back Extension Roll • Cartwheel • Walkover
1.6-3.0	INTERMEDIATE	<ul style="list-style-type: none"> • Aerials • Standing Back Handspring • Front Handspring • Back Walkover, BHS • Round-Off BHS • Multiple Handsprings
3.1-5.0	ADVANCED	<ul style="list-style-type: none"> • Standing BHS Back Tuck • Round-Off Back Tuck • Round-Off BHS Back Tuck • Punch Front • Standing BHS Series Back Tuck • Standing Back Tuck • RO/BHS Layout • Standing Full • RO Full

Section VIII
CHEERLEADING
MANUAL

SCORESHEETS



Team Name

Judge 1 Initials

Division

Judge 2 Initials

CHEER PORTION – 25 Points	Points	Score
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Presentation of Material

Encompasses energy, facial expressions (natural), Volume, pace, and clarity of words, Use of formations for crowd. Use of motions to either: Lead the crowd response (including props) and/or create visual Interest. Execution of motions including sharpness, placement, synchronization. Crowd coverage, Correlation of words to school's name, mascot, colors.	5	
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Difficulty

Difficulty in the practical skills for the environment	5	
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Skills

Effective use of skills to: Enhance the cheer/response and/or Create visual interest that correlates to the words.	5	
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Execution

How well the skills of the cheer are performed. Skills used are technically correct and strong, synchronization, spacing and overall skill level shown with stunts, jumps, etc	10	
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MUSIC PORTION – 20 Points	Points	Score
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Standing/Running Tumbling - 10 Points

Execution	5	
Difficulty	5	

Jumps - 5 Points

Execution	5	
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Dance	5	
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Total	Possible	Score
	45	

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Full Routine – 5 Points	Points	Score
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Overall Effect Flow, transitions, entertainment, performance of skills, energy throughout the entire routine	5	
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*Averaged with other panel for final 5 points

NYSPHSAA CHAMPIONSHIP
CHEER SCORE SHEET (9/21)
JUDGES 3/4



Team Name	Judge 3 Initials
Division	Judge 4 Initials

MUSIC PORTION - 50 Points		Points	Score
Partner Stunts - 25 Points			
Execution		15	
Difficulty		10	
Pyramids - 25 Points			
Execution		15	
Difficulty		10	
Total		Possible	Score
		50	

Full Routine – 5 Points		Points	Score
Overall Effect		5	
Flow, transitions, entertainment, performance of skills, energy throughout the entire routine			

*Averaged with other panel for final 5 points

**NYSPHSAA CHAMPIONSHIP
CHEER SCORE SHEET (9/21)
OVERALL COVER SHEET**



Team Name

Division

Judge Totals	Points	Score
Judges 1/2	45	
Judges 3/4	50	
Subtotal Total	Possible	Score
	95	

Overall Effect – 5 Points (Averaged)	Points
Judge 1/2	
Judge 3/4	
Sub-Total	
Final Overall Effect (Subtotal divided by 2)	

Grand Total	Points	Score
Judges Subtotal	95	
Final Overall Effect	5	
Deduction Totals (Negative Value)	---	
Grand Total	Possible	Score
	100	

NYSPPHSAA Cheerleading Safety Deductions & Violations Score Sheet



Team: _____

Division: _____

Judge: _____

NFHS Spirit Rule Book Violations

Performance Errors: -0.5 points for each infraction

Non-Choreographed Violations and Out of Bounds

Rule Citation

of Infractions

Sub Total
x -0.5

Choreographed Violations: -5.0 points for each infraction

Rule Citation

of infractions

Sub Total
x -5.0

Deduction: -1.0 points for each Minor Fall

of Infractions

Stunting	
Athlete	

Sub Total
x -1.0

Deduction: -1.5 points for each Major Fall

of Infractions

Stunting	
Athlete	

Sub Total
x -1.5

Deduction: -4.0 points for each Pyramid Collapse

Sub Total
x -4.0

Violation/Warning Details:

Time Deductions:

Time of Routine:

Cheer Time:

Cheer Minimum 30 Sec (-5.0)

Overall Routine 2:30 Max (-2.0)

Total Time Deductions:

Bobble Deductions:

x -0.25

Tumbling Touchdowns:

x -0.25

Violations & Deductions Total:

Tally All Sub-Totals

NYSPPHSAA CHEERLEADING DEDUCTION WORKSHEET



TEAM _____ DIVISION _____

0:00 - 0:30	

0:31 - 1:00	

Key:	
AMN	Athlete Minor Fall
AMJ	Athlete Major Fall
SMN	Stunt Minor Fall
SMJ	Stunt Major Fall
PC	Pyramid Collapse
T	Tumbling Touchdown
B	Stunt Bobble

1:01 - 1:30	

1:31 - 2:00	

	Totals
Bobble	
Touchdown	
Tumbling Minor Falls	
Stunting Minor Falls	
Tumbling Major Fall	
Stunting Major Fall	
Pyramid Collapse	

2:01 - 2:30	

Cheer Time: _____

Routine Time: _____

Section VIII
CHEERLEADING
MANUAL

DEDUCTION/VIOLATION DEFINITIONS

NYSPHSAA Cheerleading Deductions/Violations Definitions

Performance Error (0.5) – Any violation that was not choreographed into the routine. Performance error skills are still counted toward difficulty and execution scoring.

Choreographed Violations (5.0) – Any violation that was choreographed into the routine. Choreographed Violation skills do NOT count towards difficulty and execution scoring.

*If it is not clear whether it is a choreographed Violation or Performance error (such as when there is a single stunt group) then the official will err on the side of the athlete and give a performance error.

Out of Bounds (0.5 deduction) – One entire hand, foot or body part is completely outside of the performance Surface. Assessed per occurrence.

Major Athlete Fall (1.5 deduction)

- Individuals' torso/head/neck come in weight bearing contact with the performance surface
- Examples include landing on head, shoulders, or back during tumbling, jumps or other skills (including tumbling going into or out of stunts)

Minor Athlete Fall (1.0 deduction)

- Individuals' elbows and/or knees come in weight bearing contact with the performance surface
- Examples include knees down on tumbling, jumps or tumbling going into/out of stunts

Tumbling Touchdown (0.25 deduction) – Weight bearing hand(s) down on an airborne tumbling skill.

Pyramid Collapse (4.0 deduction)

- During a pyramid, building bobbles, minor falls, and major falls will be used until a single pyramid has received 4.0 in deductions
- Once the pyramid has received 4.0 or more points in deductions, the Pyramid collapse will be used

Major Stunt Fall (1.5 Deduction)

- Dropping to a compromising position (positions not listed in Building Minor Fall)
- Multiple bases/spotters landing on the ground; Top person lands on base and/or spotter who drops to the performance surface
- Top person's head, neck, back, shoulders or bottom unintentionally comes in contact at any time with the performance surface
- Tosses that do not land in a cradled position (upright or inverted landings)

Minor Stunt Fall (1.0 deduction)

- Dropping to a load, cradle, prone or flat back early or unintentionally (not a timing issue)
- Top becomes weight bearing on the bracer in a pyramid
- Base or spot landing on the ground
- Stunts that drop and support is below prep level (Both feet in a 2-foot stunt or the foot of support in a 1-foot stunt)
- Skills/transitions that are attempted but not executed correctly and the flyer returns to the starting position or jumps out of the skill to the ground
- Incomplete twist downs or twisting tosses (side or prone landings)

Bobble (0.25 deduction)

- Stunts, Tosses or Pyramids that almost drop or fall
- Excessive movement of the bases
- Unintended dropping of extended stunt to prep level
- Stunts that drop but at least one supported foot remains at prep level – excludes Minor and Major falls
- Stunts that come down or struggle to be executed as intended but do not meet the Minor or Major Building Deductions
- This would not include dropping of a body position or skills that are not attempted/completely missed

Section VIII
CHEERLEADING
MANUAL

STUNT LEGALITY CLARIFICATIONS

Braced Flip to Single Base Spotter Locations

When tossing and catching a braced flip 3 people must be involved as bases or active spotters (hands on or hands off). When landing extended one of the spotters must be either directly to the side or behind the base to be in a location to protect the head/neck of the flyer.

When landing on a single base, 1 person must be actively spotting from the side of the base or behind. The 3rd person involved with the toss/catch should be within a step of the stunt group (new interpretation from NFHS in 2022 allows that 3rd person to be in front of the group as well as on the sides or behind the stunt).

The following are examples of the moment a braced flip lands extended to a single base.

- Legal – Hands on spotter behind the base and a hands-off spotter 1 step behind the group. **Warning:** Make sure the hands-off spotter is in a position that can be clearly seen by the judges from the front. This spotter may need to move slightly off center so they are not directly hidden by the hands-on spotter.



- Illegal – While the hands-on spotter is directly behind the flyer, the hands off spotter is more than 1 step away from the group and not in a position to assist if the catch goes wrong.



- Illegal – While the hands-on spotter is directly behind the flyer, the hands off spotter is multiple steps away from the center group by standing behind the bracing group. Additionally, when standing behind the bracing group the intended spotter may be completely hidden from the judge's view.



- Legal – Hands on spotter is behind the base and a hands-off spotter is directly to the side of the base. The hands-off spotter can now also be in front of the group within a step.



- Questionable – While the spotter on the right is directly in front of the base, the spotter on the left should ideally take a step back so they are technically to the side of the base and in a place to protect the head/neck of the flyer. As this skill happens quickly, it may receive a warning for the spotter on the left.



- Illegal – While the hands-on spotter is directly behind the base, the other intended spotter is in front of a bracing group and more than 1 step away from the group performing the flip.



Legal vs Illegal – Roll up to Load, Prep, or Extended

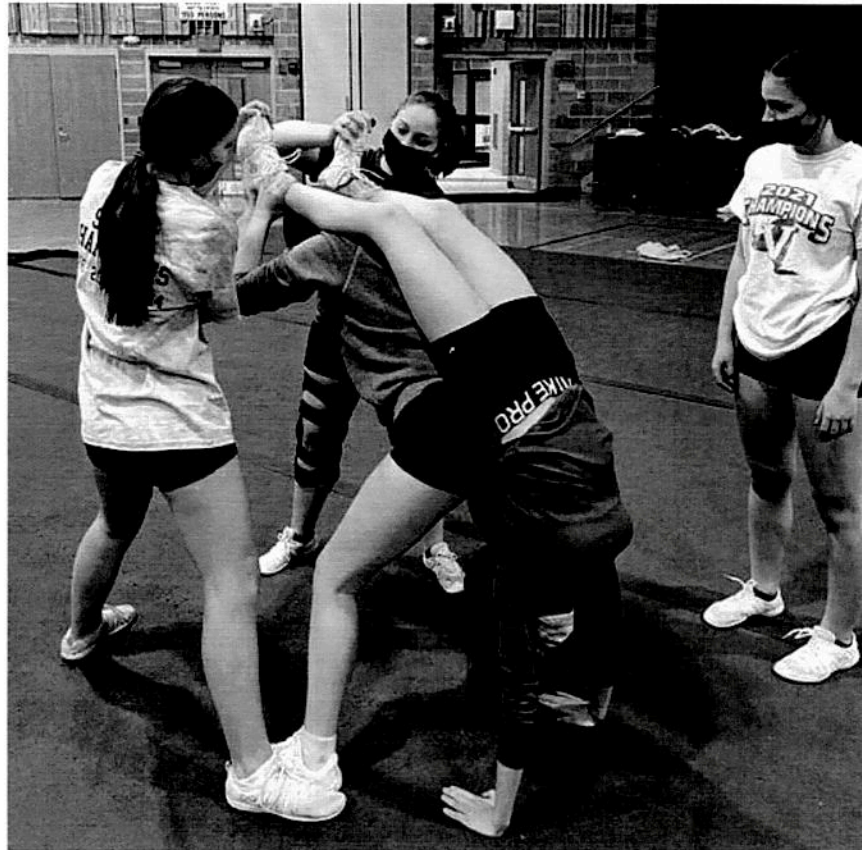
Roll up to Extended Video Example - Legal

In this skill, the flyer typically does a front walkover landing with their legs over the bases shoulders and then transitions to new bases in either a load, prep, or extension. While the flyer is inverted the lowest point of support from the base is the shoulders, which is considered to be prep level. Therefore, 3-3-6(c) rules apply, which requires at least 2 people on the performance surface to be in a position to protect the head/neck of the flyer. The base is considered to be one of these people as they can adjust their position/angle to prevent the flyer from hitting their head on the ground. A second person then, must be in a position to also protect the flyer.

Legal Versions

Judges will be looking for 1 of the following to confirm there is a second person in a position to protect the head/neck of the flyer: An extra spotter within a step away from the flyer, a side base whose hands are on the upper thigh or upper body/back of the flyer, OR a side base's foot is behind the person basing the inversion.

Ex 1: Extra spotter within a step away from the flyer



Ex 2: A side base whose hands are on the upper thigh of the flyer



Ex 3: A side base whose hands are on the upper body/back of the flyer OR a side base's foot is behind the person basing the inversion.

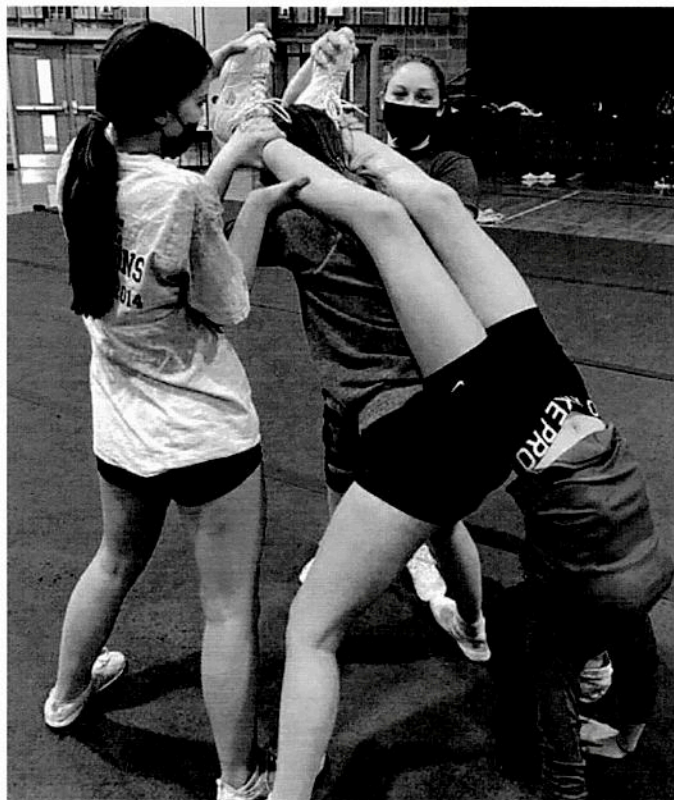


Illegal Versions

Ex 1: Both hands of both side bases are on the foot of the flyer and the side bases back foot is level with the inversion bases foot. There is also no extra spotter.



Ex 2: One hand of both side bases are on the foot of the flyer, the other is on the lower calf and the side bases back foot is in front of the inversion bases foot. There is also no extra spotter.



Section VIII
CHEERLEADING
MANUAL

GUIDELINES AND POLICIES

NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION
GUIDELINES AND RECOMMENDATIONS FOR CODES OF BEHAVIOR FOR COACHES, PARTICIPANTS,
SPECTATORS AND ADMINISTRATORS IN INTERSCHOLASTIC COMPETITION

I. INTRODUCTION

It is the duty of all those concerned with high school athletics to emphasize the proper ideals of sportsmanship, ethical conduct, and fair play under all circumstances. The values to be derived from playing the game fairly should be stressed and any actions which tend to destroy those values should be discouraged. Courtesy should be shown toward opponents, officials, supervisors, spectators, and administrators. Efforts must be made to achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility and to respect the integrity and the judgment of the sports officials. It is important for all to recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players. Most of all it is the duty of all concerned with high school athletics to remember that an athletic contest is only a game and should be kept in that perspective.

II. THE COACH is expected to:

1. Set a positive example both on and off the playing area.
2. Be aware that you are representing a school district, a school, and a student body. Impressions made are lasting and hard to live down.
3. Recognize that athletic competition is a means toward an end, not an end. Specifically, athletics should lead to the development of healthy, well-adjusted young men and women.
4. Approach competition as a healthy and constructive exercise, not as a life and death struggle that requires victory at any price. It should be fun and enjoyable.
5. Recognize that the participants in individuals or team sports are young men and women with human frailties and limitations who can make mistakes.
6. Be prepared to win or lose. Be positive. Encourage peak performance within the rules of the game.
7. Command respect by personal attitude and behavior.
8. Be well-groomed. Wear appropriate attire be it casual or otherwise.
9. Refrain from the use of crude or abusive language with players, opponents, officials, or spectators.
10. Respect the judgment of the officials. Although it is reasonable for the coach to question officials' decisions, and even to disagree, the officials' decisions must be accepted graciously. Questionable decisions may be referred to the Section VIII Protest Committee.
11. Dissatisfaction with officiating can be handled quietly and efficiently using the rating cards supplied by BOCES.
12. Avoid behavior that will incite players, opponents, or spectators.
13. Instruct players to respect officials. Questions concerning rules or interpretations should be made by the team captain as the team representative during the contest.
14. Encourage good sportsmanship and remove players from competition who demonstrate unacceptable behavior.
15. The athletic program is a total part of the educational opportunities provided for all students. It should be treated as just that.
16. Refrain from shouting disapproval of calls made by officials.

III. THE ATHLETE is expected to:

1. Understand and abide by the rules and regulations of the game, and to respect the integrity and judgment of the officials.
2. Always conduct themselves as ladies and gentlemen.
3. Always demonstrate self-control and mutual respect. Uncontrolled emotion can be self-defeating.
4. Should not use crude or abusive language or gestures in dealing with opponents, officials, or spectators.
5. Accept victory with grace and defeat with dignity. Poor winners or losers do a disservice to themselves.
6. Set an example in word and deed, both on and off the playing area. Remember that athletes assume a role of leadership and that the young emulate their role models.
7. As a representative of the school, be well-groomed, both on and off the field. Improper behavior while in uniform reflects badly upon yourself, your school, and your community.
8. Observe training regulations and requirements of physical fitness for better personal performance and greater contribution to the team effort.
9. Place athletic competition in its perspective. It represents only one part of the learning process and should not be pursued to the exclusion of everything else.
10. Remember that participation in athletics is a privilege that should not be abused.
11. Refrain from shouting disapproval of calls made by officials.

IV. THE SPECTATORS are expected to:

1. Refrain from using noisemakers. The use of noisemakers is prohibited at all events.
2. Conform to accepted standards of good sportsmanship and behavior.
3. Respect officials, coaches and players and extend all courtesies to them.
4. Refrain from the use of crude or abusive language or gestures with players, opponents, officials, and spectators.
5. Obey the regulations of the building and grounds and those who do not conform should be brought to the attention of the building authorities.
6. Understand that schools are responsible for the conduct of their respective spectators, whether at home or away.

V. THE ADMINISTRATORS

1. The Athletic Director may delegate certain responsibilities and authority to the Site Supervisor, but ultimate responsibility rests with the Athletic Director, Principal, Superintendent and Board of Education.
2. The Athletic Director or his/her designee is responsible for the conduct of coaches, players, spectators, and other employees of the school.
3. The Athletic Director or his/her designee assumes responsibility for informing these groups of the code of behavior expected during participation in Section VIII Athletic Events.
4. General Recommendations for Home Contests:
 - a. The visiting school should be provided with information on directions to the school, game times, physical layout including parking area, locker facilities and specific school regulations affecting visiting teams.
 - b. The home school is responsible for excluding from athletic events students whose past behavior indicates an unacceptable risk for trouble.
 - c. Adequate supervision must be provided in the gymnasium area as well as in hallways, bathrooms, and outside areas where students may congregate. Supervision should include male and female adults at all events.
 - d. Separate seating areas should be designated for visiting team spectators.
 - e. Request cooperation of the Nassau County Police Department and/or Auxiliary Police units whenever the anticipated crowd size or previous relationship between schools indicate the potential for trouble.
 - f. Confer with coaches, cheering advisors, supervisors, and custodial help on your expectations for their behavior and on ways to handle difficult situations.
 - g. Direct the A.D. to meet with game officials to emphasize the importance of keeping the game under control.
 - h. Direct supervisor in charge to immediately report to police any information regarding student possession of weapons, drugs, or alcohol. Students under the influence of drugs and/or alcohol shall be removed from the game and reported to the administration.
 - i. Direct supervisors to remain on duty until all spectators and visiting teams have left the premises, including parking lots.
 - j. Problems with students, coaches and spectators should be communicated to the other Athletic Director and the Principals, and when appropriate, to the Section VIII Executive Director.
5. Requirement for Schools/Teams Participating in Playoffs at Neutral Sites:

It is required that any school/team participating in a Section VIII playoff activity at neutral sites provide adequate supervision for that activity. The supervisor(s) must be easily identifiable and maintain a visible presence throughout the activity.
6. General Recommendations for Visiting Teams:
 - a. Visiting teams must be properly always supervised at the host school.
 - b. At spectator events, the visiting school should provide a supervisor for its spectators. When a Varsity-Junior Varsity doubleheader is held, the team not playing should be supervised in the stands.
 - c. Clarify with the host Athletic Director the best area for parking and access into locker facilities. Also arrange for exiting after the event with at least one home school supervisor in the area to supervise.
 - d. Report in writing to the host Athletic Director any incident involving players, spectators, supervisors, etc., that deserves follow-up by the home school.
 - e. Refrain from shouting disapproval of calls made by officials.

VI. RECOMMENDATIONS FOR THE VISITING SCHOOL:

1. Athletic Director

- a. Contact the Athletic Director of the home school and request the following:
 - (1) Directions and best route to the school.
 - (2) Location of parking area and recommended area for bus parking.
 - (3) Will there be a charge for spectators and is there a specific area for them to sit in.
 - (4) Do they require supervisors for the visiting school and if so, how many.
- b. Inform the Athletic Director of the home school of the following:
 - (1) If there will be a cheerleader and/or spectator bus in addition to the athletes' bus.
 - (2) Will the additional buses be accompanied by one or more supervisors.
 - (3) You expect the home school to provide supervision of athletes, cheerleaders, and spectators to your buses at the end of the contest.
 - (4) What type of identification your supervisors will be equipped with.
- c. Inform the coach of the team of the particulars in a and b above.
- d. Inform supervisors of the above information and ask them to inform persons on the bus they are responsible for, of the pertinent information.
- e. Inform the student body of any necessary details by public address system and/or bulletin.

2. Coach

- a. Consult the Athletic Director for the above information.
- b. The head coach of each sport should disseminate the information above for each school to his or her junior varsity and junior high school team coaches.
- c. Follow the recommendations for Code of Behavior for Coaches in Section VIII.
- d. Require team members to follow Section VIII Guidelines for Good Sportsmanship.

3. Supervisors

- a. Should be persons who are familiar with the visiting school's student body.
- b. Should be well-informed of what their responsibilities are and be capable of enforcing regulations and encouraging proper behavior.

Amended June 8, 2015

SUPERVISORY RESPONSIBILITIES AT SECTION VIII ATHLETIC CONTESTS

I. RESPONSIBILITIES OF HOME AND VISITING SCHOOLS

1. If athletic teams are fielded and home contests scheduled, adequate paid supervision must be provided, even if a school district is on an austerity budget.
2. Supervisors should be given specific assignments and instructions, preferably in writing, and coached on proper behavior.
3. Supervisors must wear some type of identifying clothing such as jackets, hats, or armbands.
4. A school administrator or his/her designee must be in charge on the site of all home contents and the visiting school person informed of the name of that person.
5. All spectators must be seated in designated areas.
6. Only supervisors and designated officials should be allowed on sidelines and a list of those persons should be in the hands of the person in charge.
7. Supervision should be provided at away contests by the visiting school at the discretion of the Athletic Director and those supervisors should wear some type of identification and be made known to the person in charge at the home school.
8. Supervision should be requested from visiting schools, particularly where large groups of visiting or home spectators are expected and/or rivalry is particularly intense.
9. The visiting school is responsible for the condition of any exclusive use of facility in the home school i.e., locker room, classroom, etc. Exclusive use facilities should be inspected by the visiting school's coach and the home school's athletic director or designee before and after using the facility.
10. Section VIII Athletic Directors should distribute to all coaches and supervisory staff members the Revised May 2002 approved copy of "Code of Conduct Section VIII - Nassau County." Coaches and supervisory staff members should use this document for all situations not covered in items 1-9.

II. PROCESS FOR RESOLUTION OF COMPLAINTS

The following chain of action is to be followed in attempting to resolve all complaints.

1. School to school communication. Within twenty-four (24) hours or next school day if complaint is lodged on weekend or holiday.
2. Referral to the Executive Director of Section VIII for review.
3. Formal complaint to Ethics Committee within five (5) days of notification from step two.
4. Ethics Committee will meet within seven (7) school days or refer the complaint to the Executive Committee. Each school will be entitled to representation. The Ethics Committee and/or Executive Committee will:
(1) Resolve the problem or (2) Make recommendation to the Athletic Council.
5. The Executive Committee will hear the complaint within seven (7) school days. Each school will be entitled to representation. Disciplinary actions that may be imposed by the Executive Committee are:
 - a. one year suspension of school from all Section VIII sponsored activities.
 - b. withholding of entire schedule for that sport for following season (school will not compete in that sport for that season).
 - c. withholding of entire schedule for that sport for following season (all games to be played away).
 - d. forfeits of full schedule for that sport for remainder of season.
 - e. forfeits of home schedule for that sport.
 - f. forfeits of athletic contest in question.
 - g. letter of censure.
6. Disciplinary action imposed by the Executive Committee may be appealed in the following manner:
 - a. a Notice of Appeal must be filed with the Executive Director within five (5) days of notice of disciplinary action.
 - b. a check for \$250.00 made payable to Section VIII Athletic Council must accompany Notice of Appeal.
 - c. within seven (7) school days of receipt of Notice of Appeal, complaint will be adjudicated by Superintendents Board - Section VIII.

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION/ SECTION VIII CODE OF CONDUCT GUIDELINES

BE LOUD - BE PROUD - BE POSITIVE

Approved 6/9/21

I. The Coach is Expected to:

1. Set a positive example both on and off the playing area.
2. Be aware that he/she is representing a school district, a school, and a student body. Impressions made are lasting and hard to live down.
3. Recognize that athletic competition is a means toward an end, not an end. Specifically, athletics should lead to the development of healthy, well-adjusted young men and women.
4. Approach competition as a healthy and constructive exercise, not as a life and death struggle that requires victory at any price. It should be fun and enjoyable.
5. Recognize that the participants in individual or team sports are young men and women with human frailties and limitations who can make mistakes.
6. Be prepared to win or lose. Be positive Encourage peak performance within the rules of the game.
7. Command respect by personal attitude and behavior.
8. Be well groomed. Wear appropriate attire.
9. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
10. Create an environment where diversity, equity and inclusion are present. (6/21)
11. Respect the judgment of officials. Although it is reasonable for the coach to question officials' decisions, and even to disagree, the officials' decisions must be accepted graciously. Questionable decisions may be referred to the Section VIII Protest Committee.
12. Handle dissatisfaction with officiating quietly and efficiently using the rating cards supplied by BOCES.
13. Avoid behavior that will incite players, opponents, or spectators.
14. Instruct players to respect officials. Questions concerning rules or interpretations should be made by the team captain as the team representative during the contest.
15. Encourage good sportsmanship and remove players from competition who demonstrate unacceptable behavior.
16. Support and treat the athletic program as a total part of the educational opportunities provided for all students.

II. The Athlete is Expected to:

1. Understand that the student athletic program is a total part of the educational opportunities provided for all students. It should be treated as just that.
2. Always conduct himself/herself as a gentleman/lady.
3. Always demonstrate self-control and mutual respect. Uncontrolled emotion can be self-defeating.
4. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
5. Practice diversity, equity, and inclusion within their team. (6/21)
6. Accept victory with grace and defeat with dignity. Poor winners or losers do a disservice to themselves.
7. Set an example in word and deed, both on and off the playing area. Remember that athletes assume a role of leadership and that the young emulate their role models.

III. The Spectators are Expected to

1. Refrain from using noisemakers. The use of noisemakers is prohibited at all events.
2. Conform to accepted standards of good sportsmanship and behavior.
3. Respect officials, coaches and players and extend all courtesies to them.
4. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
5. Obey the regulations of the building and grounds. Those who do not conform should be brought to the attention of the building authorities.
6. Understand that schools are responsible for the conduct of their respective spectators whether at home or away.

IV. The Administrators and Supervisors

1. The Athletic Director may delegate certain responsibilities and authority to the site supervisor, but ultimate responsibility rests with the Athletic Director, Principal, Superintendent, and the Board of Education.
2. The Athletic Director or his/her designee is responsible for the conduct of coaches, players, spectators, and other employees of the school.
3. The Athletic Director or his/her designee assumes responsibility for informing these groups of the code of behavior expected during participation in Section VIII athletic events.
 - a. Any negative sportsmanship or communication by a spectator directed at officials, it is the job of the supervisor or athletic administrator to alert the spectator of possible removal or removal from the contest.
4. General Recommendations for Home School
 - a. The visiting school should be provided with information on directions to the school, game times, physical layout including parking area, locker facilities and specific school regulations affecting visiting teams.
 - b. The home school is responsible for excluding, from athletic events, students whose past behavior indicates an unacceptable risk for trouble.
 - c. Adequate supervision must be provided in the gymnasium area as well as in hallways, bathrooms, and outside areas where students may congregate.
 - d. Separate seating areas should be designated for visiting team spectators.
 - e. Request cooperation of the Nassau County Police Department and/or Auxiliary Police units whenever the anticipated crowd size or previous relationships between schools indicate the potential for trouble.
 - f. Confer with the coaches, cheering advisors, supervisors, and custodial help on expectations for their behavior and on ways to handle difficult situations.
 - g. Direct the Athletic Directors to meet with game officials to emphasize the importance of keeping the game under control.
 - h. Direct supervisor in charge to immediately report to police any information regarding student possession of weapons, drugs, or alcohol. Students under the influence of drugs and/or alcohol shall be removed from the game and reported to the administration.
 - i. Escort the officials to their cars if requested by the sport official.
 - j. Direct supervisors to remain on duty until all spectators and visiting teams have left the premises, including parking lots.
 - k. Problems with students, coaches and spectators should be communicated to the other Athletic Director and the Principal, and when appropriate, to the Section VIII Executive Director.
5. Requirement for Schools/Teams Participating in Playoffs at Neutral Sites

It is required that any school/team participating in a Section VIII playoff activity at a neutral site provide adequate supervision for that activity. The supervisor(s) must be easily identifiable and maintain a visible presence throughout the activity.

6. General Recommendations for visiting Teams
 - a. Visiting teams must be properly always supervised at the host school.
 - b. At spectator events, the visiting school should provide a supervisor for its spectators. When a varsity/junior varsity doubleheader is held, the team not playing should be supervised in the stands.
 - c. Clarify with the host Athletic Director the best area for parking and access into locker facilities. Also, arrange for exiting after the event with at least one home school supervisor in the area to supervise.
 - d. Report in writing to the host Athletic Director any incident involving players, spectators, supervisors, etc. that deserves follow-up by the home school.

v. Recommendations for the Visiting School

1. Athletic Director
 - a. Contact the Athletic Director of the home school and request the following:
 - (1) Directions and best route to the school.
 - (2) Location of parking area and recommended area for bus parking.
 - (3) Will there be a charge for spectators and is there a specific seating area for visitors.
 - (4) Does the home school require supervisors for the visiting school and if so, how many.
 - b. Inform the Athletic Director of the home school of the following:
 - (1) Whether there will be a cheerleader and/or spectator bus in addition to the athletes' bus.
 - (2) Whether additional buses will be accompanied by one or more supervisors.
 - (3) Whether the home school is expected to provide supervision of athletes, cheerleaders, and spectators to visiting buses at the end of the contest.
 - (4) What type of identification supervisors of the visiting team will be equipped with?
 - c. Inform the coach of the team of the particulars in a. and b. above.
 - d. Inform supervisors of the above information and ask them to inform persons on the bus, they are responsible for, of the pertinent information.
 - e. Inform the students of any necessary details by public address system and/or bulletin.
2. Coach
 - a. Consult the athletic director for the above information.
 - b. The head coach of each sport should disseminate the information above for each school to his or her junior varsity and junior high school team coaches.
 - c. Follow the recommendations for Code of Behavior for Coaches in Section VIII.
 - d. Require team members to follow Section VIII Guidelines for good sportsmanship.
3. Supervisors
 - a. Should be persons who are familiar with the visiting school's student body.
 - b. Should be well informed of what their responsibilities are and be capable of enforcing regulations and encourage proper behavior.

OFFICIALS CODE OF ETHICS

Officials at an interscholastic athletic event are participants in the educational development of high school students. As such, they must exercise a high level of self-discipline, independence, and responsibility. The purpose of this Code is to establish guidelines for ethical standards of conduct for all interscholastic officials.

Officials shall master both the rules of the game and the mechanics necessary to enforce the rules, and shall exercise authority in an impartial, firm, and controlled manner.

Officials shall work with each other and their state associations in a constructive and cooperative manner.

Officials shall uphold the honor and dignity of the profession in all interaction with student-athletes, coaches, athletic directors, school administrators, colleagues, and the public.

Officials shall prepare themselves both physically and mentally, shall dress neatly and appropriately, and shall comport themselves in a manner consistent with the high standards of the profession.

Officials shall be punctual and professional in the fulfillment of all contractual obligations.

Officials shall remain mindful that their conduct influences the respect that student-athletes, coaches, and the public hold for the profession.

Officials shall, while enforcing the rules of play, remain aware of the inherent risk of injury that competition poses to student-athletes. Where appropriate, they shall inform event management of conditions or situations that appear unreasonably

hazardous.

Officials shall take reasonable steps to educate themselves in the recognition of emergency conditions that might arise during competition.

Officials shall maintain an ethical approach while participating in forums, chat rooms and all forms of social media.

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

SECTION VIII of NYSPHSAA, INC.

Members of the Sportsmanship Committee:

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Overview

The Sportsmanship Committee strongly recommends that all athletic directors review the Sportsmanship Policy with their coaches, players, and event supervisors. All coaches must understand that all incidents of unsportsmanlike behaviors/disqualifications must be reported. The completed reports must be submitted by the respective athletic directors and electronically mailed to the Office of the Executive Director.

Reporting Procedures

The Athletic Directors from both teams involved and the officials assigned to the contest are to file written reports of the incident to the Office of the Executive Director no later than the morning of the next working day following the contest/match.

- It is the responsibility of the coach to ascertain from the official that the incident leading to the suspension or ejection is considered misconduct and, if so, it is the coach's responsibility to suspend the player from the team's next contest.
- Failure of the official to report to the Section VIII Office or failure of the Section VIII Office to forward the report to the Athletic Director, or failure of the Athletic Director to notify the coach does not relieve a coach of the responsibility to suspend the player.
- If a suspended player or coach participates in a contest, he/she is deemed ineligible, and that contest is considered forfeited.

Request for Appeal

A request for an appeal must be made to the Office of the Executive Director within 24 hours of the contest/incident.

The appeal process is a three-step process. Any questions regarding these procedures should be directed to either the Office of the Executive Director or the Chairperson of the Sportsmanship Committee.

- Sportsmanship Committee
- Athletic Council
- State Appeals Committee

Sportsmanship Committee Procedures for Addressing an Appeal

- All incident reports are submitted to the Sportsmanship Chairperson whom upon reading reports will communicate to the Committee the nature and scope of the incident.
- Upon review of the charge(s) by at least a quorum of the Sportsmanship Committee of Section VIII, it will be determined by most of the quorum whether "probable cause" exists. If such a determination is made a written statement specifying the

charges in detail shall be immediately forwarded to the athletic director of the accused coach, official, player, school personnel or member school. Note: While an appeal is being processed, a student(s) may participate in practice sessions commencing from the date the appeal was filed. State Handbook page 91.

- A request for an appeal of a penalty imposed by the Sportsmanship Committee must be filed within three (3) working days following the decision of the Sportsmanship Committee to the Office of the Executive Director. The inexcusable failure to notify the Executive Director of Section VIII of such desire for a hearing within three days of the receipt of the charges will be deemed a waiver of the right to a hearing before the Athletic Council.
- Athletic Council Appeals Process – Upon receipt of a written Notice of Appeal to the Executive Director a check for \$250 made payable to the Section VIII Athletic Council must accompany Notice of Appeal. At least a quorum of the Athletic Council of Section VIII will determine by most of the quorum of the Athletic Council whether “probable cause” exists. If such determination is made, a written statement specifying the charges in detail shall be immediately forwarded to the accused coach, official, player, school personnel or member school.

Videotaping Policy

- A. The Sportsmanship Committee will not accept a video tape(s) for a judgment call, because there is no such thing as an “official tape” that can be provided by either team, parents, etc. The review process for an appeal on a judgment call should be based solely upon the documents presented to the committee.
- B. The Committee will accept a videotape pertaining to an incident. If such tape is to be presented the following must be adhered to:
 - 1) An appeal for an incident in which a videotape is to be submitted must follow the Reporting Procedures Guidelines as stated above.
 - 2) Said tape must contain the entire contest.
 - 3) A quorum (6 members of the Sportsmanship Committee and Executive Director) must be convened within 3 working days of the written request for an appeal to an incident. Upon review of the charge(s) by at least a quorum of the Sportsmanship Committee of Section VIII, it will be determined by most of the quorum whether “probable cause” exists. If such a determination is made a written statement specifying the charges in detail shall be immediately forwarded to the athletic director of the accused coach, official, player, school personnel or member school. Note: While an appeal is being processed a student(s) may participate in practice sessions commencing from the date the appeal was filed.

Revised 2004

SPORTSMANSHIP: NYSPHSAA SPORTSMANSHIP EXPECTATION

“NYSPHSAA understands and recognizes officials, just like student athletes and coaches, are not going to be perfect 100% of the time. Officials, just like student athletes and coaches, are essential to interscholastic sports programs. Without officials, NYSPHSAA and its member schools would not be able to provide interscholastic sports in the manner that is desired and expected by student athletes, coaches, and parents. Spectators are expected to “Be Loud, Be Proud, and Be Positive”. Negative comments and inappropriate behaviors by spectators are required to be addressed by all and any school supervisors and administrators, as a member of NYSPHSAA. Spectators may be prohibited from attending current and future interscholastic contests based on their behavior.”

SPORTSMANSHIP: NYSPHSAA SPECTATOR SPORTSMANSHIP REGULATION

“Any negative, inappropriate, derogatory comments or actions that brings direct attention to a supervisor or school administrator by a spectator or group of spectators are required to be addressed by the host school in the following non-sequential order depending on the comments or behaviors.”

- First warning – Directing the spectator or group of spectators to refrain from any negative comments or actions.
- Second warning – A personal discussion with the spectators or group of spectators on the above NYSPHSAA expectations and reminding the spectators or group of spectators of the next step, removal of the game or event, will be utilized if the behavior continues.
- Removal from the contest – The spectator or group of spectators will be directed to leave the facility for the remainder of the game or event. If the spectator or group of spectators refuse to leave the game or event, play will be stopped until they vacate the premise. **Penalty for being removed from a game or event:** Any spectator removed from a game or event will have a minimum penalty if completing the NFHS Parent Credential course and a one game suspension before

they are allowed to attend any interscholastic event, home or away. Once the course is completed the spectator will provide a certificate of completion to the athletic department office. Schools are required to communicate with the offending spectator on the NYSPHSAA Sportsmanship Spectator Expectations.

- Depending on the severity of the behavior/comments or future disqualifications by the offending spectator, NYSPHSAA and the Section may get directly involved in the situation.

SECTION VIII SPORTSMANSHIP POLICY

The NYSPHSAA and Section VIII recognizes and appreciates that the influence and responsibility of the school administration regarding good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA and Section VIII has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post season play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public-school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs. While the Dignity for all Students act mentions its efforts to keep an environment free of discrimination and bullying; diversity, equity and inclusion are very important to us.

It is imperative that we can provide an environment where all kids feel safe, no matter their race or ethnicity. This should always apply, no matter if it's a practice, scrimmage, regular season game or a play-off game.

The High School Athletic Association of Section VIII established the Sportsmanship Committee as a sub-committee of the Athletic Council to address incidents of unsportsmanlike conduct and flagrant misconduct. The purpose of the Sportsmanship Committee is to take proactive measures to minimize inappropriate behavior at all Section VIII events and to promote positive sporting behavior throughout the county.

A. What is to be reported:

1. A Player who is ejected from a contest for flagrant misconduct and/or unsportsmanlike conduct.
2. A Spectator who acts in a disruptive abusive or inappropriate manner.
3. A Coach who conducts himself/herself in an inappropriate or unsportsmanlike manner.
4. An Official who demonstrates unsportsmanlike conduct or inappropriate behavior unbecoming of a sport official.
5. A School that permits spectators to conduct themselves in an abusive, disruptive, or harassing manner. This also includes schools that do not provide adequate supervision at home or away contests to control their spectators.

B. Responsibility for reporting:

1. Coaches must report all incidents to their respective athletic directors, even if only one player/team was cited for misconduct.
2. Athletic Directors must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection, or incident of unsportsmanlike behavior.
3. Officials must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection, or incident of unsportsmanlike behavior.

C. Reporting Procedure:

1. All unsportsmanlike incidents are to be reported by the coach (or by both coaches) to their respective athletic directors immediately following the contest.
2. The Athletic Directors of both schools involved are to file reports with the office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day).
3. The Officials assigned to the contest are to file a report with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day).
4. The Office of the Executive Director will forward copies of all reports to the Sportsmanship Committee Chairperson, Sport Coordinator, and the appropriate VP of Male/Female Sports.

D. Committee Actions:

1. All member schools including individuals representing member schools who are involved in unsportsmanlike conduct are subject to consequences deemed appropriate by the Sportsmanship Committee.
 - a. The Sportsmanship Committee may recommend action in instances of unsportsmanlike conduct and is authorized to recommend consequences which may include, but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or any other actions that are deemed appropriate by the Sportsmanship Committee.

- b. All recommendations of the Sportsmanship Committee will be filed with the Office of the Executive Director and forwarded to the Athletic Director(s) of the school(s) involved.
- c. All actions of the Sportsmanship Committee are subject to review by the respective Athletic Director(s). *Schools may impose additional consequences.*
- d. Copies of all reports of the Sportsmanship Committee shall be kept on file with the Sportsmanship Chairperson, the Executive Director, and the Sport Coordinator.

E. Penalties:

1. Player/Spectator Expulsion:

Any player who commits a serious violation of game rules or takes part in flagrant misconduct during play shall be subject to ejection from the contest and disciplinary action. Ejection from a contest result in mandatory one (1) game suspension from the next regularly scheduled contest, including post-season play. Disqualifications from one season will carry over to the player's next season of participation. *Any player suspended from participation may not be on site or involved in any capacity (spectator, timekeeper, scorekeeper, etc.) on the day of suspension.* Failure to comply will result in additional sanctions being levied against the individual, coach and/or team. *Any spectator(s) who acts in a manner causing the contest to be suspended or the spectator removed from the site would be disqualified from the next contest. Such spectator(s) would not be allowed to be on site or involved in any capacity (timekeeper, scorekeeper, etc.) at the next contest. Failure to comply will result in additional sanctions being leveled against this spectator(s) by school district as well as Section VIII.*

2. Second Occurrence of Misconduct:

In the same sport – NYSPHSAA requires a two-game suspension for the second (2nd) ejection and a third (3rd) ejection in the same sport will result in the loss of the season. Any person (coach, player, spectator, school official, etc.) who is ejected from a second contest in the same sport for unsportsmanlike conduct shall require the Sportsmanship Committee to review the matter. This may lead to more severe disciplinary action including suspension for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons. Additional consequences may also be recommended by the Sportsmanship Committee.

3. Intentional Physical Contact by a Player:

Any member of the squad who strikes, shoves, kicks, or makes other physical contact with the intent to annoy, harass, or intimidate an official, another player, a spectator, coach, school district employee or supervisor, etc. shall be expelled from the game immediately and banned from further participation in all sports for a period to be determined by the Section not to exceed one year from the date of the offense. **NOTE:** Members of the squad include players, managers, score keepers, timers, and statisticians. The incident must be reported to the Office of the Executive Director who will in turn forward to the Sportsmanship Committee and respective Sports Coordinator. Consequences may include but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or another action that is deemed appropriate by the committee.

4. Team Members/Non- Participant/Pre-or Post-Game Misconduct:

Any act of unsportsmanlike/flagrant misconduct by either a team member, non- participant before or after (pre- and post-game) will be excluded from play in and/or subject to removal from the site of the contest. Any player, coach or spectator who commits a serious violation of the sportsmanship rules or takes part in flagrant misconduct as a non-participant after the contest has concluded (post-game) will be suspended from participation in or attendance at the next regularly scheduled contest including the post-season.

5. Spectators:

Any spectator who acts in a disruptive, abusive, or unsportsmanlike manner may cause the game to be suspended or the spectator removed from the site. A letter from the Sportsmanship committee may be sent the appropriate Athletic Director(s), Building Principal(s) and Superintendent(s). Continued incidents of disruptive behavior may result in additional disciplinary action by the Sportsmanship Committee.

6. Coaches:

Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g., junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is a contest.

Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. **NOTE:** "Not being physically present at the site" means a disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the of the NYSPHSAA.

7. Taunting:

Taunting includes, but is not limited to, any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule, or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates, or threatens based on gender, ethnic origin or background and conduct that attack religious beliefs, size, economic status, speech, families' special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talking"), reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc.

8. Bench Clearing:

If an altercation occurs during a contest and members of either team leave their respective bench or sideline area or playing positions and go onto the playing field/court participation area, they will be immediately ejected from the contest for unsportsmanlike behavior.

9. Due Process:

Students, coaches, and schools have the right to be heard by the Sportsmanship Committee. However, appeals will only be held regarding a misapplication of the sport rules and/or an ejection of a misidentified player. This right must be claimed within 24 hours of the incident occurring and must be made to the Office of the Executive Director of Section VIII. All actions of the Sportsmanship Committee may be appealed by a member school. Any such appeal will be heard by the Section VIII Athletic Council.

Team Up for Unity Mission Statement (updated May 1, 2021)

Section VIII, in partnership with the Long Island Nets of the NBA G League, recognize and value the experiences individuals from diverse backgrounds bring to education-based interscholastic athletics on Long Island. We are committed to bringing equity and inclusivity to all students in our athletic programs.

As part of this commitment, we will engage in a partnership cultivating the unique gifts and talents of all student athletes, free from racism and all forms of negative bias.

We have planned a zero-tolerance policy regarding harmful actions taken by adults in and around Long Island sporting events, while furthering the education of student-athletes who might behave in an equally unwanted manner.

Regarding student-athletes: An incident that is determined to go against the mission of Team Up for Unity ("...[sports] *free from racism and all forms of negative bias.*"), the chair of the Diversity, Equity and Inclusion subcommittee will be empowered to organize a Restorative Vision session with the parties involved in the incident. **Failure to attend the Restorative Vision session will result in a one contest ban in addition to any penalties already set forth by the Sportsmanship Committee and the Section VIII bylaws.**

RESTORATIVE VISION

- "The restorative vision for schools is about cultural transformation. A big part of the transformation is the engagement of all voices in decision-making. The restorative philosophy asserts that there is wisdom in each of us and that the collective wisdom is always greater than the wisdom of any individual. Restorative processes are particularly effective at allowing voice for every person and at accessing the collective wisdom of a group.*
- "Schools are nested communities. The classroom is a community within the community of a particular school which is a community within the community of the district. At each level of community, it is important for the stakeholders to engage in conversation about the values and principles of restorative philosophy—to talk about how we are going to live together. The specifics of implementation are designed to meet the needs of that community. Self-governance is a very important principle of the restorative framework. Sharing power happens at every level. Teachers share power with students. School administration shares power with teachers and parents. District administration shares power with schools. Sharing power is necessary to access collective wisdom!*
- "Experience across the country suggests that the individual school level is the critical unit for implementation. Sustainable implementation requires grassroots engagement of staff, students, parents, and administrators at the school level with support from district administration. Experience also suggests that training alone is not sufficient. A restorative culture in a school requires major behavior change of the institution. It takes time. It requires role modeling and coaching. It requires practice.*
- "In my own journey with restorative justice I have had to pay more attention to how I show up every day. Am I bringing my 'best self' to my interactions with others? Am I listening with an open heart and an open mind? Can I stay in a place of curiosity rather than jumping to judgment when I do not like what I am hearing or seeing? I have had to pay attention to what is going on inside me. The circle process helps me to slow down and notice my thoughts, my assumptions, my judgments so I can then be more intentional about my actions.*
- "The underlying concepts of a restorative approach are not new. They are indeed ancient and go by many names. Restorative practices are designed to allow us to live together as humans in a good way. For many people they are intuitive. The articulation of this philosophy and the development of specific restorative practices has given us a way to be more intentional about living together in a good way.*

SECTION VIII TEAM PLAYOFF POLICY REVISIONS

Presented by the Vice Presidents of the High School Athletic Association and their committee:

1. When there is only one school in a classification, there will be no post-season tournament for that school. However, that school would be given the opportunity to play the winner of the higher classification tournament to get a combined champion.

Example: 'D' classification has one school. They would play the 'C' champion to determine a C/D champion.

2. When there is a situation of 2, 3, or 4 teams in a classification:

2 Teams: A championship game will be played.

3 or 4 Teams: The recommendation for a semi-final game should come from the sports committee of that specific sport.

The coordinator would present how this was to be done at their overview before the High School Athletic Association.

3. Every school, regardless of their placement in a conference, will have the "opportunity" to qualify for post-season play within Section VIII based on the criteria set forth by the sports committees.

*This above provision excludes conferences/leagues/divisions that are strictly "developmental". In other words, developmental teams are not eligible for post-season play with non-developmental teams that compete in the regular sectional championship tournament(s).

Note: Alternative for "DEVELOPMENTAL" TEAMS:

- No post-season play at all.
- A "DEVELOPMENTAL CHAMPIONSHIP" top finisher in the DEVELOPMENTAL LEAGUE (based upon recommendation of the sports committee)

SECTION VIII PLAYOFF POLICY

The following formula would be used to establish the number of teams that would qualify for "post-season play" based upon the total number of teams in each classification. The same formula would be used by sports that do not use classifications. The purpose of these changes is to create an equitable and fair number of teams that make the playoffs for each classification.

*1 team:	Class Representative to Section VIII to New York State Regional games
2 teams:	2 teams' bracket
**3 or 4 teams:	3 or 4 teams' bracket
5-8 teams:	4 teams' bracket
9-12 teams:	6 teams' bracket
13-16 teams:	8 teams' bracket
17-24 teams:	12 teams' bracket (new bracket)
25-32 teams:	16 teams' bracket
33-36 teams:	18 teams' bracket
37-40 teams:	20 teams' bracket

This would allow for a minimum of 50% of the teams/schools that offer a specific varsity sport to qualify for post-season play.

1 Team*

See revision #1 of Section VIII Team Playoff Policy

3 or 4 teams **

The recommendation for a semi-final game should come from the sports committee of that specific sport (as per revision #3 of Section VIII Team Playoff Policy).

NYSPHSAA TRANSFER RULE

TRANSFER: (Foreign Exchange/International #9)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.

- A. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public school district for athletic eligibility the student must enroll in the public school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.
- B. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. Students who transfer from any school to the public school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. **Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.** **NOTE:** A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year, he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (B): For athletic eligibility a student must enroll in the public school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

Note: Multiple High School Districts - The policies/boundaries of the school district will be followed. If the district has an open enrollment policy, the interpretation to be used will be the same as used for students of K-8 school districts. When a student enrolls in 9th grade, this is the district (building) of their residence. Any subsequent transfer would be subject to the Transfer Rule.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public school district of his/her parents' residency.
3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
4. A student from divorced or "legally" separated parents who moves into a new school district with one of the parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.

NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2022-2023 school year.

Updated June 2013

Section VIII
CHEERLEADING
MANUAL

FORMS

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

TEAM ROSTER

DATE _____
LEVEL _____

SPORT _
SCHOOL _

[illegible]

NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

SECTION VIII UNSPORTSMANLIKE BEHAVIOR/INCIDENT/DISQUALIFICATION REPORT

This report is to be completed and submitted by game officials and athletic directors of both schools within 24 hours of the incident and/or violation.

Sport: _____ Level: _____ Date of the Event: _____
Home School: _____ vs. Opponent: _____

Player(s) / Coach(es) / Official(s) / Spectator(s) Involved:

Name: _____ School: _____ Number: _____

Name: _____ School: _____ Number: _____

Brief Description of the Incident (use additional sheets if necessary): _____

Action taken: _____

Supervisor(s):

Name: _____ School: _____ Phone: _____

Name: _____ School: _____ Phone: _____

Official(s) assigned:

Name: _____ Number: _____ Phone: _____

Name: _____ Number: _____ Phone: _____

Person filing this report:

Name: _____ Position: _____ School: _____

Return to: Section VIII - Interscholastic Athletics
George Farber Administrative Center
71 Clinton Road - P.O. Box 9195
Garden City, N.Y. 11530
FAX: 516-997-2916 or 2018

Athletic Director's Signature _____
(or acting administrator)

OR

Game Official's Signature _____

Date Received _____



TRANSFER NOTIFICATION

This form must be completed for all transfer students and submitted to:

UPON RECEIPT OF PART ONE IN THE SECTION OFFICE, THE STUDENT IS ELIGIBLE TO PRACTICE; BUT CANNOT PARTICIPATE IN A CONTEST UNTIL APPROVED BY THE SECTION.

Please check one: **(The required supporting documentation must be attached.)**

_____ **Waiver Request** *Financial: Requires documented proof of a significant loss of income or a significant increase in expenses. OR Health & Safety: Written documentation from the Superintendent of Schools or HS Principal of the sending school indicating the specific circumstances which necessitated the transfer and must be accompanied by a DASA report,*

_____ **Return to School District of Residence (RSDR)** (No change of residence. School registration change only.) Student is returning to a school within the district boundaries of his/her residence.

_____ **Divorced/Legally Separated Parents** *A student from divorced or legally separated parents who moves into a new school district with one of the aforementioned parents is exempt provided it occurs once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge*

_____ **Homeless** Student declared homeless by the Superintendent under McKinney-Vento Legislation [NYSED 100.2].

_____ **Residency Change** *NYSPHSAA transfer/residency policy states: Refer to By-Law & Eligibility Standards #30. (A residency is changed when one is abandoned and another one established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The mere renting of property within the District does not confer residency. The Superintendent determines residency for enrollment, but this more restrictive requirement is needed for athletic eligibility per NYSPHSAA regulations.*

_____ **Other Transfer Exemption:** _____

By signing this document I attest that our previous residence has been abandoned by the immediate family and our current residence has been established through action and intent. I attest that the immediate family will be physically residing at our current address as inhabitants and intent to main indefinitely. I attest that the student has transferred without inducement, recruitment or having sought an athletic advantage or to avoid discipline at the sending school.

Parent Signature: _____ Date: _____

Print Parent's Name: _____

PART ONE TO BE COMPLETED BY STUDENT'S RECEIVING SCHOOL

Receiving School: _____ Student's Name: _____

Date of Transfer: _____ Date of Birth: _____ Grade Level: _____ Date Entered 9th Grade: _____

Student/Family Previous Address: _____

Student/Family Present Address: _____

Parent's Names and Current Address(es)

(Parent I name & address) _____

(Parent II name & address) _____

Name of Sending School _____

Did student participate in athletics at sending school? Yes No

The undersigned hereby certify that the student named herein has transferred to his/her present school without inducement, recruitment or having sought an athletic advantage or to avoid discipline at the sending school.

The receiving school's administration is responsible for verification for these and other eligibility requirements.

Superintendent's signature _____ Date _____

Principal's signature _____ Date _____

Athletic Director's signature _____ Date _____

PART TWO TO BE COMPLETED **BY SCHOOL STUDENT PREVIOUSLY ATTENDED**
AND RETURNED TO STUDENT'S PRESENT SCHOOL

Name of Student _____ Date entered 9th grade _____

Did student repeat any grades? _____ If yes, which ones? _____

Name of School(s) Attended Prior to Transfer _____

Date of entrance to this school _____ Date of withdrawal from this school _____

Student's address while attending the above school _____

With whom did student reside at this address (name)? _____

Relationship of this (these) person(s)? _____

PART THREE - TRANSFER STUDENT SPORT HISTORY (Please include all sports student participated in.)

	Year	Sport	Level	APP'd (Sel. Class.)		School
7th Grade	_____	_____	_____	Yes	No	_____
	_____	_____	_____	Yes	No	_____
	_____	_____	_____	Yes	No	_____
8th Grade	_____	_____	_____	Yes	No	_____
	_____	_____	_____	Yes	No	_____
	_____	_____	_____	Yes	No	_____
9th Grade	_____	_____	_____			_____
	_____	_____	_____			_____
	_____	_____	_____			_____
10th Grade	_____	_____	_____			_____
	_____	_____	_____			_____
	_____	_____	_____			_____
11th Grade	_____	_____	_____			_____
	_____	_____	_____			_____
	_____	_____	_____			_____
12th Grade	_____	_____	_____			_____
	_____	_____	_____			_____
	_____	_____	_____			_____

The undersigned have no knowledge that the student named herein has transferred to his/her present school without inducement, recruitment or having sought an athletic advantage or to avoid discipline at the sending school.

Superintendent's signature _____ Date _____

Principal's signature _____ Date _____

Athletic Director's signature _____ Date _____

Request for Medical Waiver of NYSPHSAA – Regulation #25

To be eligible for sectional, intersectional or state competition, a team must have competed in six (6) school scheduled contests during the season. An individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. Contestants in individual sports (archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming tennis, outdoor track, winter track and wrestling) must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six different dates and must be concluded prior to the conclusion of the team's regular schedule.

School _____ Sport _____

Athlete _____ Date Request Submitted _____

Nature of Injury/Illness _____

Date of Injury/Onset of Illness _____ Date of Medical Clearance _____

Record of Participation in Competitions (Exclusive of Section Tournaments):

<u>Date</u>	<u>Opponent</u>	<u>*If Wrestler: Please include Weigh-in validated by Athletic Director</u>
1. _____	_____	* _____
2. _____	_____	* _____
3. _____	_____	* _____
4. _____	_____	* _____
5. _____	_____	* _____

Note:

All pertinent medical documentation must accompany this request before it will be considered. Such material **MUST** VERIFY the date of onset of the illness/injury and date physical activity may resume. **NOTES FROM PHYSICAL THERAPISTS ARE NOT ACCEPTABLE.**

Medical Documents Attached:

1. _____ 3. _____
2. _____ 4. _____

Request and documentation must be received by the sport coordinator and the Section VIII Office prior to the last regular season contest.

Signature of Athletic Director

Office of Interscholastic Athletics
George Farber Administrative Center
P.O. Box 9195 – 71 Clinton Road
Garden City, NY 11530-9195
Fax# 997-2916 – 997-2018

Section VIII Gate List

REQUIRED: This completed form must be submitted at the game site one hour before the contest is scheduled to begin.

School

Date: _____

Class _____

Sport _____

TEAM PERSONNEL: Coaches, Trainers, Managers, Scorekeepers, etc. who are NOT traveling with the team

	LAST NAME	FIRST NAME
1 - Coach		
2 - Coach		
3 - Coach		
4 - Mgr		
5 - Mgr		
6 - Trainer		
7 - Scorer		
8 - Scorer		
9 - Video		
10 - Other		

GUESTS: Board of Education (7), Superintendent, Principal, Athletic Director and other guests of the school district

	LAST NAME	FIRST NAME
1 - BOE		
2 - BOE		
3 - BOE		
4 - BOE		
5 - BOE		
6 - BOE		
7 - BOE		
8 - Supt		
9 - Princ		
10 - AD		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		

SUPERVISORS

	LAST NAME	FIRST NAME
1-		
2 -		
3-		
4 -		
5 -		
6 -		
7 -		
8 -		

You are entitled to 20 complimentary guests; you will be charged for any additional names.