



SECTION VIII

2022-2023

MODIFIED BOYS VOLLEYBALL

HANDBOOK

Modified BOYS Volleyball

Boys Volleyball Coordinator

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Rules Interpreter

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Sport Season: Winter 2

Start Date: January 17, 2023

End Date: March 25, 2023

Required Number of Practices prior to 1st scrimmage/contest: 6

Maximum Number of Games: 11 contests

Rules: NCAA

SECTION VIII

BOYS MODIFIED PROGRAM RULES – VOLLEYBALL

All applicable New York State Public High School Athletic Association regulations will apply to this sport.

Match Conditions:

- 1. The maximum number of contests in Section VIII is 11.**
- 2. The athlete must have participated in 6 practices before the first scrimmage or game**
- 3. Two scrimmages are permitted.**

Team Rosters

Teams should consist of:

- A Roster and B Roster**
- Both rosters should be of equal ability**
- One roster plays the 1st and 3rd set, while the other roster plays the 2nd and 4th set. The 5th set is any combination of players.**
- The maximum number of sets an athlete can play in is 3 sets**

Section VIII Rule Modifications

- 1. The net height shall be 7' 4 1/8"**
- 2. A team roster (Team A and Team B) with all players' names and numbers must be on the official table 10 minutes before the start of the match. The coach must sign this.**
- 3. Pre-match warm-up time: The official warm-up period after the captain's meeting is 6 minutes per team. The visiting team has the first 6 minutes.**
- 4. All matches shall consist of five sets and there must be equal rosters.**
- 5. Teams will remain on the same side during games 1 and 2. Team A will serve first for the first two games and Team B will serve the next two games.**
- 6. For the fifth set, if the match is tied at 2-2, the captains will report to the R2 for a coin flip. The winner of the coin flip can choose to serve, receive, or side. Once the teams' sides are determined, they will not switch sides during the set. (If either team is up 3-1 or 4-0 after four sets, do not hold a coin flip- just ask the coach of the team that's trailing if s/he would like to serve, and if they do, have the teams stay on the same side of the court they were on for sets 3 and 4)**
- 7. The number of points in each set shall be 20 points with a 25 point cap in all sets.**
- 8. The winning team must win by 2 points (except for sets tied 24-24, in which case the next point wins).**
- 9. A server is permitted two tosses on each serve of each turn at service as long as the first attempt was a bad toss. The first attempt must drop directly to the floor. Using a toss to stall for time is not permitted, and a player may not have a re-toss as part of his routine-**

a second toss is only allowed after a bad toss. If that player's team wins the point, the same thing holds true: they are again allowed one bad toss for that (and any subsequent) attempt.

10. Mixed uniforms are allowed but numbers must be on the front and back of the uniform.

Helpful links:

NYSPHSAA Handbook:

http://www.nysphsaa.org/Portals/0/PDF/Handbook/Handbook%20Complete/Complete%20Handbook_1.pdf

NCAA Mens Volleyball Rulebook

<https://www.ncaa.org/sports/2013/12/5/men-s-volleyball-rules-of-the-game.aspx>

Game Day Sheets:

[Non-deciding Game Score Sheet](#)

[Deciding Game Score Sheet](#)

[Libero Tracking Sheet](#)

[Line Up Sheet](#)

[A/B Roster Form](#)