

**NASSAU COUNTY HIGH SCHOOL
BASEBALL HANDBOOK
SPRING, 2023**



Coaches,

The Section VIII Baseball Committee is providing this information to better coordinate the upcoming Spring, 2023, baseball season in Nassau County. This handbook should be helpful to all coaches, Athletic Directors, and umpires throughout the county.

Please read the enclosed materials carefully.

Anything that is not covered in this manual can be found in the Section VIII Directory. Additional information related to Nassau County Public High School baseball can also be found at the following links:

<https://nysphsaa.org/sports/baseball>

<http://www.secVIII.org/>

All coaches should be familiar with the NFHS Baseball Rulebook, NYSPHSAA Handbook and Section VIII Directory as it pertains to baseball.

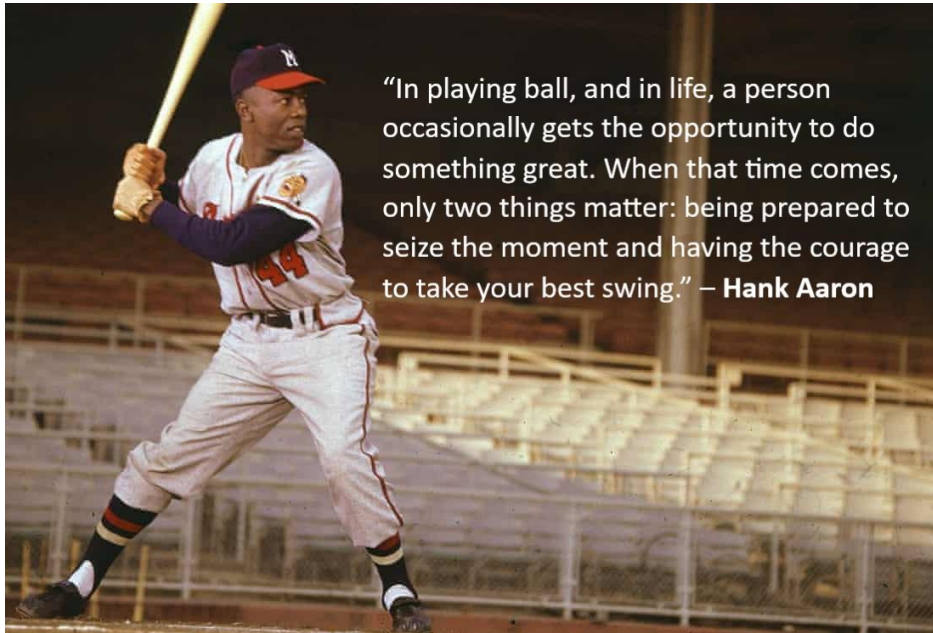
Unusual situations, not specifically included in this handbook, will be ruled on by the Baseball Committee.

I would like to thank the members of the Baseball Committee for all of their hard work in putting together this handbook and for their tireless dedication to Nassau County High School Baseball.

On behalf of the Baseball Committee, I want to wish our schools, players, coaches, and umpires the very best this upcoming season.

Play Ball!

Sean Burns
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District Director of Health, Physical Education & Athletics
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“In playing ball, and in life, a person occasionally gets the opportunity to do something great. When that time comes, only two things matter: being prepared to seize the moment and having the courage to take your best swing.” – **Hank Aaron**

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Nassau County High School Baseball Coaches' Association

2023

Executive Committee Members

Baseball Coordinator	Sean Burns	Island Trees
HS Association Rep	Scott Stueber	Syosset
President- NCHSBCA	Helmut Bohringer	Mineola
Vice President- NCHSBCA	Tom Sheedy	Massapequa
Secretary- NCHSBCA	Richard Hess	Valley Stream South
Treasurer- NCHSBCA	Dave Izzo	Garden City
AA League Rep	Frank Tassielli	Farmingdale
A League Rep	Colin Fratrick	Plainedge
B League Rep	James Hickey	East Rockaway

Conference Representatives

AA Conference 1	Tom Morrirt	Syosset
AA Conference 2	John Givargidze	Plainview
A Conference 1	Steve Costello	MacArthur
A Conference 2	Mike Gattus	Bellmore Kennedy
A Conference 3	Doug Robins, Jr.	Carey
A Conference 4	Keith Sachs	Wantagh
B Conference 1	Mike Milano	Seaford
B Conference 2	Jeff Schiereck	Oyster Bay
County Wide	Joseph Dunn	Malverne

League Alignments

Class AA

11 teams will be placed in 2 conferences- 1 with 5 teams (AA1) and 1 with 6 teams (AA2).

AA1- Teams will play four 3 game series in their conference and a 1 game “crossover” with 3 different teams in AA2 for a total of 15 league games. Each AA1 Varsity team will be permitted to play 5 non-league games for a total of 20 games.*

AA2- 3 teams will play five 3 game series in their conference and a 1 game “crossover” with 3 different teams in AA1 for a total of 18 league games. These AA2 teams will be permitted to play 2 non-league games for a total of 20 games.* 3 teams will play five 3 game series in their conference and a 1 game “crossover” with 2 different teams in AA1 for a total of 17 league games. These AA2 teams will be permitted to play 3 non-league games for a total of 20 games.*

Class A

28 teams will be placed in 4 conferences of seven. Each team will play a 3 game series with each team in their conference for a total of 18 league games. Each Varsity team will be permitted to play 2 non-league games for a total of 20 games.*

Class B

8 teams will be placed in 2 conferences of four. Each team will play a 3 game series with each team in their conference and 2 game “crossovers” with each team in the opposite conference for a total of 17 league games. Each Varsity team will be permitted to play 3 non-league games for a total of 20 games.*

County Wide

10 teams will be placed in 2 conferences of five. Each team will play a 3 game series with each team in their conference and a 1 game “crossover” with each team in the opposite conference for a total of 17 league games. Each Varsity team will be permitted to play 3 non-league games for a total of 20 games*

****JV teams are only permitted to play a maximum of 19 games.***

2023 Class AA League HS Baseball Schedule

AA1- (15) League Games + (5) NL Games

AA2- (18) League Games + (2) NL Games (Baldwin, Oceanside, Plainview)

AA2- (17) League Games + (3) NL Games (East Meadow, Herricks, Port Washington)

AA1:

1. Freeport
2. Syosset
3. Massapequa
4. Farmingdale
5. Hicksville

AA2:

6. Oceanside
7. Port Washington
8. Baldwin
9. Plainview
10. East Meadow
11. Herricks

<u>4/3</u>	<u>4/4</u>	<u>4/8</u>	<u>4/10</u>	<u>4/11</u>	<u>4/13</u>
5 at 7	2 at 6	6 at 1	4 at 2	2 at 4	4 at 2
9 at 1	1 at 10	3 at 8	5 at 1	1 at 5	5 at 1
4 at 10	11 at 3	2 at 9	9 at 6	6 at 9	9 at 6
3 at 6	8 at 4	11 at 5	7 at 11	11 at 7	7 at 11
8 at 2	9 at 5	7 at 4	8 at 10	10 at 8	8 at 10
			BYE 3	BYE 3	BYE 3

<u>4/17</u>	<u>4/18</u>	<u>4/20</u>	<u>4/24</u>	<u>4/25</u>	<u>4/27</u>
1 at 4	4 at 1	1 at 4	5 at 3	3 at 5	5 at 3
2 at 3	3 at 2	2 at 3	1 at 2	2 at 1	1 at 2
6 at 8	8 at 6	6 at 8	6 at 11	11 at 6	6 at 11
7 at 9	9 at 7	7 at 9	8 at 9	9 at 8	8 at 9
11 at 10	10 at 11	11 at 10	10 at 7	7 at 10	10 at 7
BYE 5	BYE 5	BYE 5	BYE 4	BYE 4	BYE 4

<u>5/1</u>	<u>5/2</u>	<u>5/4</u>	<u>5/8</u>	<u>5/9</u>	<u>5/10</u>
3 at 1	1 at 3	3 at 1	2 at 5	5 at 2	2 at 5
4 at 5	5 at 4	4 at 5	3 at 4	4 at 3	3 at 4
10 at 6	6 at 10	10 at 6	6 at 7	7 at 6	6 at 7
9 at 11	11 at 9	9 at 11	11 at 8	8 at 11	11 at 8
7 at 8	8 at 7	7 at 8	10 at 9	9 at 10	10 at 9
BYE 2	BYE 2	BYE 2	BYE 1	BYE 1	BYE 1

2023 Class A League Baseball Schedule

(18) League Games + (2) NL Games

<u>A1:</u>	<u>A2:</u>	<u>A3:</u>	<u>A4:</u>
1. Long Beach	1. GN North	1. Division	1. Plainedge
2. Mepham	2. Garden City	2. Carey	2. Lynbrook
3. MacArthur	3. Roslyn	3. Hewlett	3. Wantagh
4. Jericho	4. Sewanhaka	4. Manhasset	4. Mineola
5. NHP	5. Bellmore JFK	5. Bethpage	5. Clarke
6. Calhoun	6. South Side	6. VS North	6. North Shore
7. GN South	7. Glen Cove	7. Floral Park	7. Island Trees

<u>3/27</u>	<u>3/28</u>	<u>3/30</u>	<u>4/3</u>	<u>4/4</u>	<u>4/8</u>
1 at 6	6 at 1	1 at 6	3 at 1	1 at 3	3 at 1
2 at 5	5 at 2	2 at 5	4 at 7	7 at 4	4 at 7
3 at 4	4 at 3	3 at 4	5 at 6	6 at 5	5 at 6
BYE 7	BYE 7	BYE 7	BYE 2	BYE 2	BYE 2

<u>4/10</u>	<u>4/11</u>	<u>4/13</u>	<u>4/17</u>	<u>4/18</u>	<u>4/20</u>
4 at 2	2 at 4	4 at 2	6 at 4	4 at 6	6 at 4
5 at 1	1 at 5	5 at 1	7 at 3	3 at 7	7 at 3
6 at 7	7 at 6	6 at 7	1 at 2	2 at 1	1 at 2
BYE 3	BYE 3	BYE 3	5 BYE	5 BYE	5 BYE

<u>4/24</u>	<u>4/25</u>	<u>4/27</u>	<u>5/1</u>	<u>5/2</u>	<u>5/4</u>
7 at 5	5 at 7	7 at 5	2 at 7	7 at 2	2 at 7
1 at 4	4 at 1	1 at 4	3 at 6	6 at 3	3 at 6
2 at 3	3 at 2	2 at 3	4 at 5	5 at 4	4 at 5
6 BYE	6 BYE	6 BYE	BYE 1	BYE 1	BYE 1

<u>5/8</u>	<u>5/9</u>	<u>5/10</u>
5 at 3	3 at 5	5 at 3
6 at 2	2 at 6	6 at 2
7 at 1	1 at 7	7 at 1
BYE 4	BYE 4	BYE 4

2023 Class B League Baseball Schedule

(17) League Games + (3) NL Games

- | | |
|--|--|
| <p><u>B1:</u></p> <ol style="list-style-type: none"> 1. Locust Valley 2. Seaford 3. CS Harbor 4. Wheatley | <p><u>B2:</u></p> <ol style="list-style-type: none"> 5. Oyster Bay 6. East Rockaway 7. Friends 8. Carle Place |
|--|--|

<u>4/3</u>	<u>4/4</u>	<u>4/10</u>	<u>4/11</u>	<u>4/13</u>
1 at 5	5 at 1	2 at 5	5 at 2	1 at 7
2 at 6	6 at 2	3 at 6	6 at 3	2 at 8
3 at 7	7 at 3	4 at 7	7 at 4	3 at 5
4 at 8	8 at 4	1 at 8	8 at 1	4 at 6

<u>4/17</u>	<u>4/18</u>	<u>4/20</u>	<u>4/24</u>	<u>4/25</u>	<u>4/27</u>
7 at 1	1 at 6	6 at 1	1 at 2	2 at 1	1 at 2
8 at 2	2 at 7	7 at 2	4 at 3	3 at 4	4 at 3
5 at 3	3 at 8	8 at 3	5 at 6	6 at 5	5 at 6
6 at 4	4 at 5	5 at 4	8 at 7	7 at 8	8 at 7

<u>5/1</u>	<u>5/2</u>	<u>5/4</u>	<u>5/8</u>	<u>5/9</u>	<u>5/10</u>
2 at 4	4 at 2	2 at 4	1 at 4	4 at 1	1 at 4
3 at 1	1 at 3	3 at 1	3 at 2	2 at 3	3 at 2
6 at 8	8 at 6	6 at 8	5 at 8	8 at 5	5 at 8
7 at 5	5 at 7	7 at 5	7 at 6	6 at 7	7 at 6

2023 County Wide League Baseball Schedule

(17) League Games + (3) NL Games

- | | |
|--|--|
| <p><u>CW1:</u></p> <ol style="list-style-type: none"> 1. Uniondale 2. VS Central 3. VS South 4. Malverne 5. West Hemp. | <p><u>CW2:</u></p> <ol style="list-style-type: none"> 6. Hempstead 7. Westbury 8. Elmont 9. Roosevelt 10. Lawrence |
|--|--|

<u>3/27</u>	<u>3/28</u>	<u>3/30</u>	<u>4/3</u>	<u>4/4</u>	
6 at 1	1 at 7	6 at 2	1 at 8	6 at 3	
7 at 2	2 at 8	7 at 3	2 at 9	7 at 4	
8 at 3	3 at 9	8 at 4	4 at 6	8 at 5	
9 at 4	5 at 6	9 at 5	5 at 7	9 at 1	
10 at 5	4 at 10	10 at 1	3 at 10	10 at 2	
-	-	-	-	-	-
<u>4/10</u>	<u>4/11</u>	<u>4/13</u>	<u>4/17</u>	<u>4/18</u>	<u>4/20</u>
6 at 9	9 at 6	6 at 9	7 at 10	10 at 7	7 at 10
7 at 8	8 at 7	7 at 8	8 at 9	9 at 8	8 at 9
1 at 4	4 at 1	1 at 4	2 at 5	5 at 2	2 at 5
2 at 3	3 at 2	2 at 3	3 at 4	4 at 3	3 at 4
BYE 5 & 10	BYE 5 & 10	BYE 5 & 10	BYE 1 & 6	BYE 1 & 6	BYE 1 & 6
<u>4/24</u>	<u>4/25</u>	<u>4/27</u>	<u>5/1</u>	<u>5/2</u>	<u>5/4</u>
9 at 7	7 at 9	9 at 7	10 at 8	8 at 10	10 at 8
10 at 6	6 at 10	10 at 6	6 at 7	7 at 6	6 at 7
4 at 2	2 at 4	4 at 2	5 at 3	3 at 5	5 at 3
5 at 1	1 at 5	5 at 1	1 at 2	2 at 1	1 at 2
BYE 3 & 8	BYE 3 & 8	BYE 3 & 8	BYE 4 & 9	BYE 4 & 9	BYE 4 & 9
<u>5/8</u>	<u>5/9</u>	<u>5/11</u>	-	-	-
8 at 6	6 at 8	8 at 6			
9 at 10	10 at 9	9 at 10			
3 at 1	1 at 3	3 at 1			
4 at 5	5 at 4	4 at 5			
BYE 2 & 7	BYE 2 & 7	BYE 2 & 7			

2023 JVB League Baseball Schedule

(19) League games

- 1. Massapequa
- 2. Syosset
- 3. East Meadow
- 4. MacArthur
- 5. Division
- 6. Clarke

<u>3/29</u>	<u>3/31</u>	<u>4/1</u>	<u>4/8</u>	<u>4/12</u>	<u>4/14</u>
1 at 2	2 at 1	1 at 2	1 at 3	6 at 5	5 at 6
3 at 6	6 at 3	5 at 4	4 at 2	3 at 1	1 at 3
5 at 4	4 at 5	BYE 3 & 6	BYE 5 & 6	2 at 4	4 at 2
<u>4/15</u>	<u>4/19</u>	<u>4/21</u>	<u>4/22</u>	<u>4/26</u>	<u>4/28</u>
3 at 2	4 at 6	6 at 4	4 at 1	1 at 4	4 at 1
1 at 5	2 at 3	3 at 2	5 at 3	3 at 5	5 at 3
BYE 4 & 6	5 at 1	1 at 5	BYE 2 & 6	6 at 2	2 at 6
<u>4/29</u>	<u>5/3</u>	<u>5/5</u>	<u>5/6</u>	<u>5/11</u>	<u>5/12</u>
3 at 4	4 at 3	3 at 4	2 at 1	3 at 1	4 at 6
2 at 5	1 at 6	6 at 1	4 at 5	2 at 4	2 at 3
BYE 1 & 6	5 at 2	2 at 5	BYE 3 & 6	BYE 5 & 6	5 at 1
<u>5/13</u>					
4 at 3					
5 at 2					
BYE 1 & 6					

Tie Breaker Criteria for Playoffs

The Baseball Committee will serve as the main body to determine final playoff seeding positions for the tournament.

Seeding for playoff will be determined by the end of the season league standings.

Total points, taking into account the following point system, will determine final league standings.

The point system will be used to keep standings as followed:

WIN- 2 points

TIE – 1 point

LOSS – 0 points

In the case of teams with equal number of total points at the completion of league play, the following criteria will be used to seed the teams:

1. Winning Percentage
2. Head to Head record
3. Record vs. teams in your league starting with the highest seeded team in your league in descending order, taking it one spot at a time. If necessary, the process will be repeated with crossover games.
4. Winning Percentage of the teams that games were lost against. Team who lost to the team with the higher percentage gets the higher seed.

In the case of three or more teams with equal points and winning percentage, steps two and three will be repeated; after team is eliminated the process will be repeated until there is only one team remaining.

5. If teams remain tied after all steps described above have been examined, a single coin flip conducted by the Baseball Coordinator (or another member of the Executive Council if Baseball Coordinator's home school is one of the impacted teams) will determine seeding. A representative from each impacted team will serve as witness to the coin flip. The coin flip may be conducted virtually. The coin flip will not be used to eliminate a team from playoff entry should there be a tie for the lowest seed. Additional play-in games will be added as necessary.

Playoff Weather Guidelines

1. Teams must attempt to get their field ready for games. The coaches/Athletic Office should stay in contact throughout the day.
2. If the home team's field is NOT playable, they must notify everyone involved by 1:30 pm. The game will then be played at the opponent's field IF their field is ready.
3. Both teams can look to secure a town field that is playable, same 1:30 deadline.
4. If a game has to be moved from the Home field to the visitor's field in a 3 game series:
 - a. If Game 1 is moved: Lower seed will be home game 1. Games 2 & 3 will be at higher seed.
 - b. If Game 2 is moved: Lower seed will be home team @ higher seed. If this happens, Game 3 will remain unchanged.
 - c. If a game has to be moved in a 1 game playoff, or the final game of a series (game 3), then the team that has to travel will still be the home team at the away site.

Playoff Structure

Class AA

The top 3 teams in each conference and then the next best 2 teams (based on winning percentage) will qualify for playoff seeds 1-8.

1st Place teams will be seeded 1 and 2

2nd Place teams will be seeded 3 and 4

3rd Place teams will be seeded 5 and 6

Next 2 best teams based on winning % will be seeded 7 and 8

Re-seeding

At the conclusion of each round, teams will be re-seeded to have the lowest seed playing the highest seed in succession.

Quarter Finals

5/16, 5/17, and 5/19*

1 v 8

2 v 7

3 v 6

4 v 5

“Best of 3” series with games 1 & 3 being played at the higher seeded team’s field

Semi Finals

5/23, 5/24, and 5/26*

Lowest seed @ highest seed, 2nd lowest seed @ 2nd highest seed

“Best of 3” series with games 1 & 3 being played at the higher seeded team’s field

Finals- Nassau County Championship

5/28, 5/29 and 5/31*

“Best of 3” series with higher seed as home team for games 1 & 3 at neutral site.

****If necessary***

Class A

The top 4 teams in each conference will qualify for the playoffs for seeds 1-16.

1st Place teams will be seeded 1-4

2nd Place teams will be seeded 5-8

3rd Place teams will be seeded 9-12

4th Place teams will be seeded 13-16

The teams will be placed into 4 groups for double elimination pool play tournament.

Double Elimination Pool Play

5/15- Game 1

1 v 16, 8 v 9

5/16- Games 2a & 2b

2 v 15, 7 v 10

5/18- Game 3

3 v 14, 6 v 11

5/19- Game 4

4 v 13, 5 v 12

5/21- Game 5*

Game 1: Played at higher seed

Game 2a: Winners of Game 1 v each other @ higher seed

Game 2b: Losers of Game 1 v each other @ higher seed (elimination game)

Game 3: Losers of Game 2a v Winner of Game 2b @ higher seed (elimination game)

Prior to Game 4, the higher seeded team will choose whether they want to be home for Game 4 or Game 5. This will be the case even if the higher seed is 2-1 and the lower seed is 2-0.

Game 4: Winner of Game 2a (2-0) vs Winner of Game 3 (2-1). If the winner of Game 3 wins this game, they will play again in Game 5.

Game 5: Elimination Game (If Necessary)

After pool play is over, 4 teams remain in the Semi Finals.

Semi Finals

5/23, 5/24, and 5/26*

“Best of 3” series with games 1 & 3 being played at the higher seeded team’s field.

Finals- Nassau County Championship

5/28, 5/29 and 5/31*

“Best of 3” series with higher seed as home team for games 1 & 3 at neutral site.

****If necessary***

Class B

The top 3 teams from each conference make the playoffs. Teams will be seeded 1-6 based on final league standings.

1st Place teams will be seeded 1 and 2

2nd Place teams will be seeded 3 and 4

3rd Place teams will be seeded 5 and 6

Re-seeding

At the conclusion of each round, teams will be re-seeded to have the lowest seed playing the highest seed in succession.

B Quarter Finals

5/15, 5/17, and 5/18*

“Best of 3” series with games 1 & 3 being played at the higher seeded team’s field.

Teams 1 and 2 have a BYE in this round.

3 v 6

4 v 5

B Semi Finals

5/20, 5/22, and 5/23*

Lowest seed @ highest seed, 2nd lowest seed @ 2nd highest seed

“Best of 3” series with games 1 & 3 being played at the higher seeded team’s field.

B Finals- Nassau County Championship

5/25, 5/26, and 5/28*

“Best of 3” series with higher seed as home team for games 1 & 3 at neutral site.

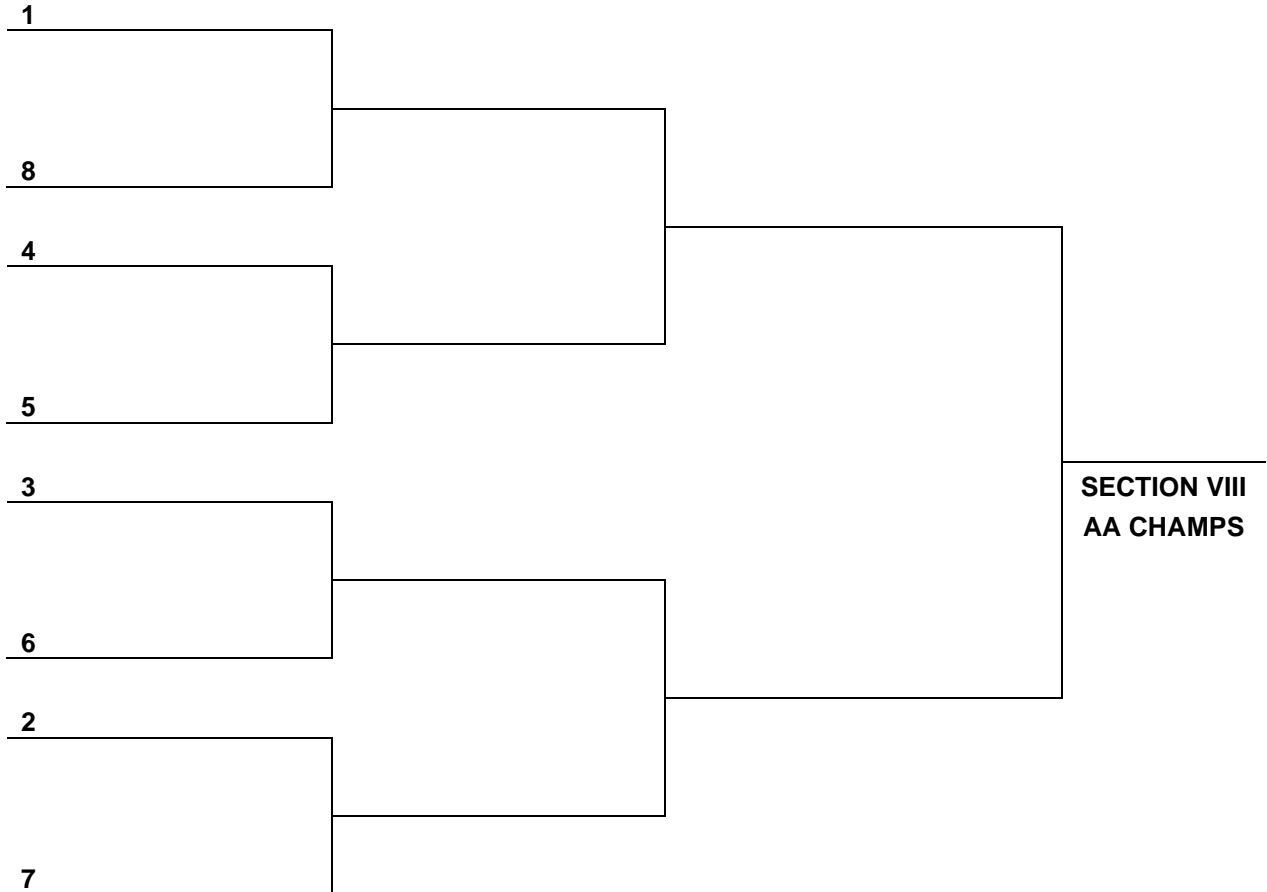
**If necessary*

NSYPSHSAA Championship Dates

B Regional Semi Finals-	“Long Island Championship”	Thu. 6/1
A and AA Regional Finals-	“Long Island Championship”	Sat. 6/3
B Regional Finals		Sat. 6/3
State Semi Finals		Fri. 6/9
State Finals		Sat. 6/10

**SECTION VIII BASEBALL
CLASS AA
SECTIONAL PLAYOFFS**

QUARTERFINALS 5/16, 5/17 & 5/19	SEMIFINALS 5/23, 5/24, & 5/26	COUNTY CHAMPIONSHIP 5/28, 5/29, & 5/31
Best of 3 Series Games 1 and 3 @ Higher Seed 4:30 p.m.*	Best of 3 Series Games 1 and 3 @ Higher Seed 4:30 p.m.*	Best of 3 Series SUNY FARMINGDALE 10 am, 1 pm, 4 pm
		Higher seed home team- Gms. 1 & 3

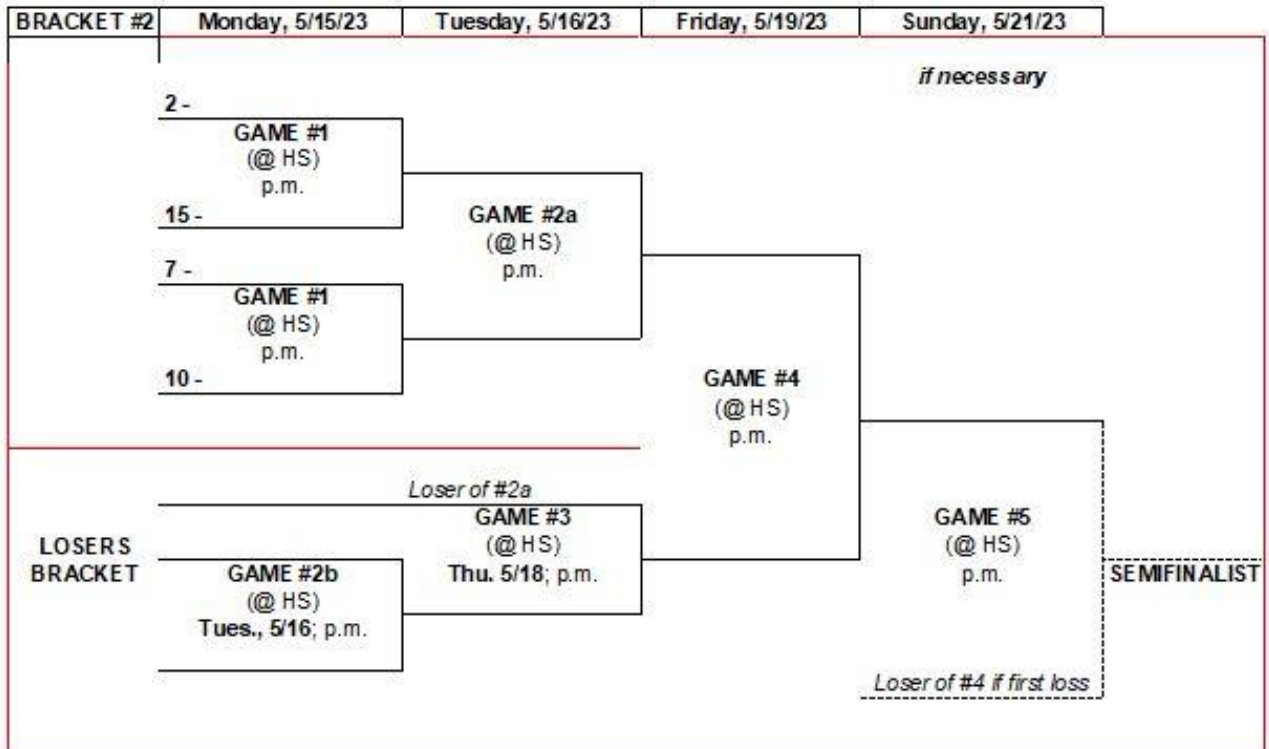
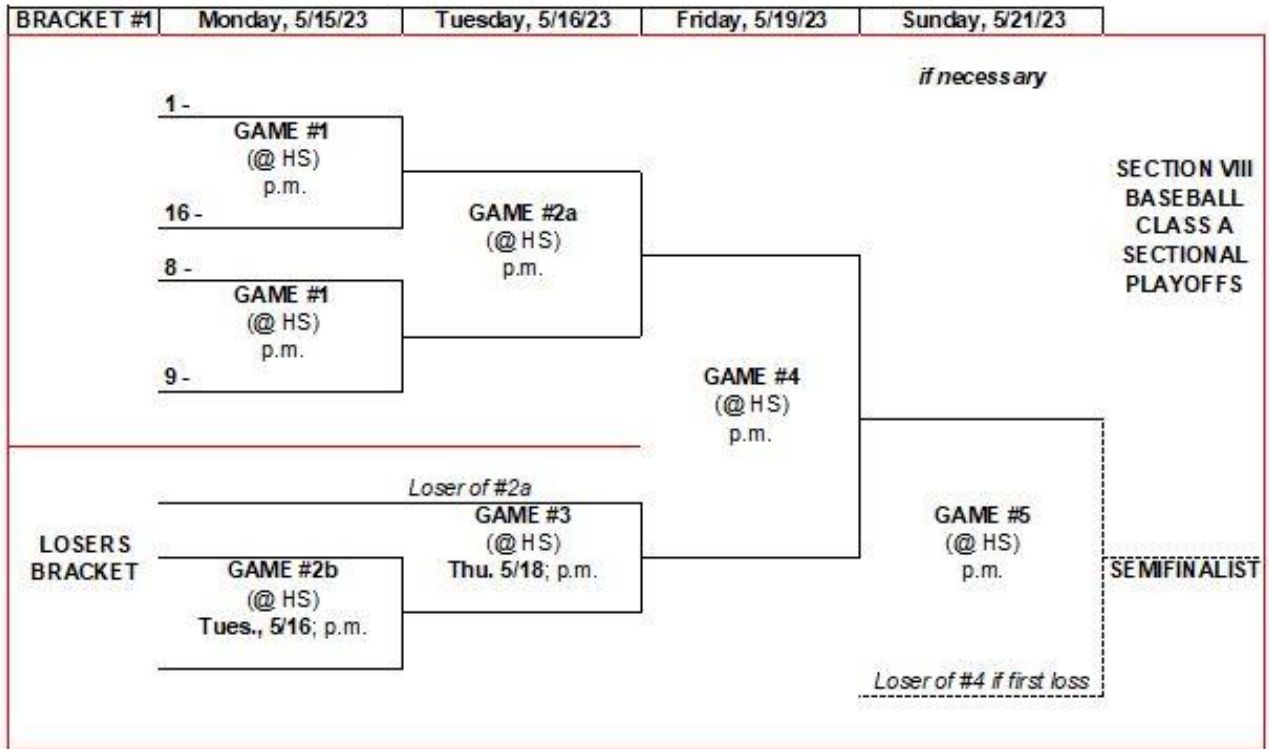


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*Default Time

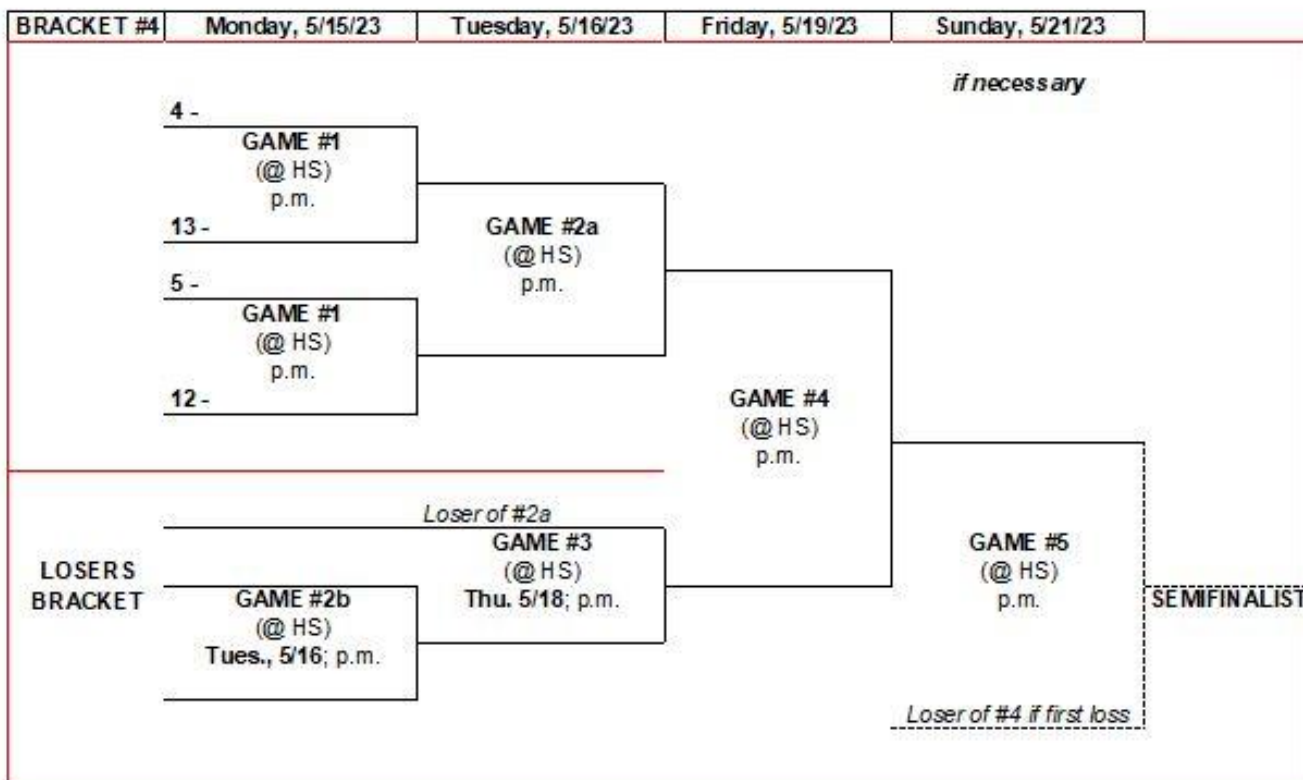
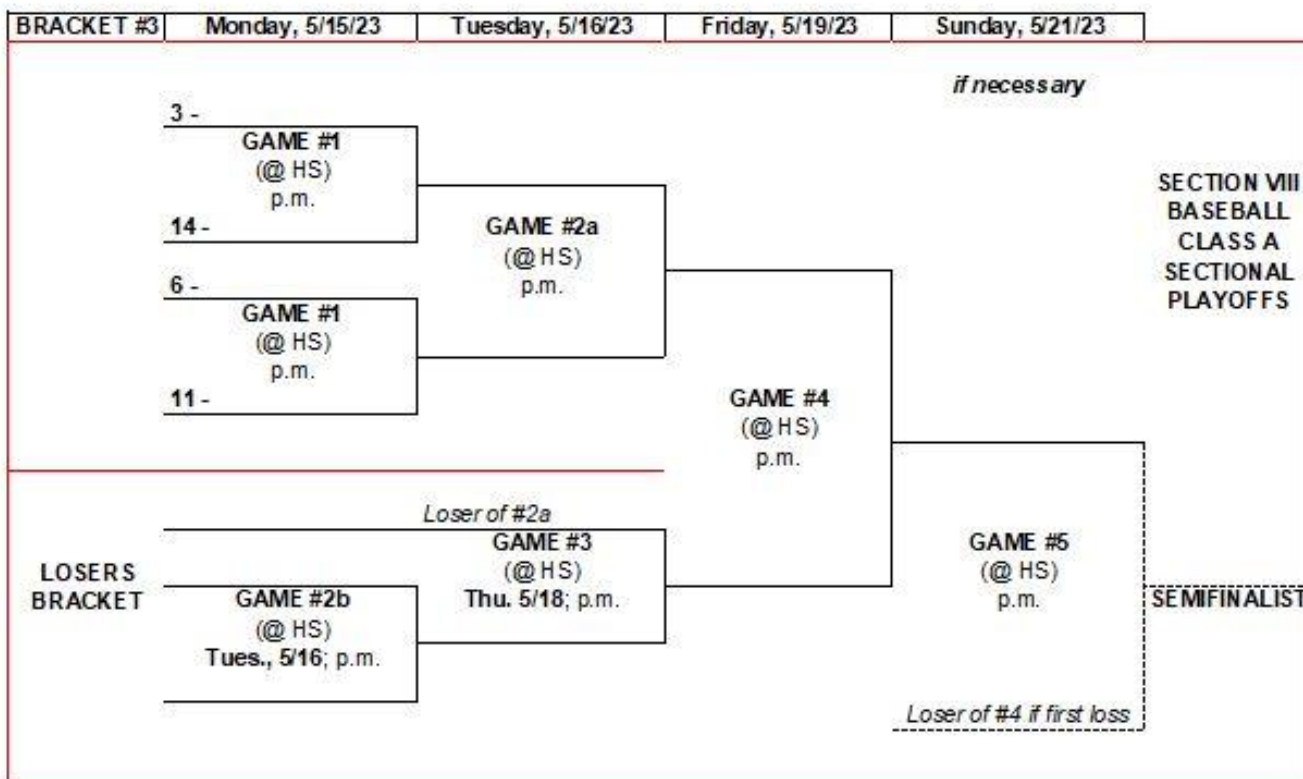
CLASS A DOUBLE ELIMINATION POOL PLAY ROUND

BRACKETS 1 and 2



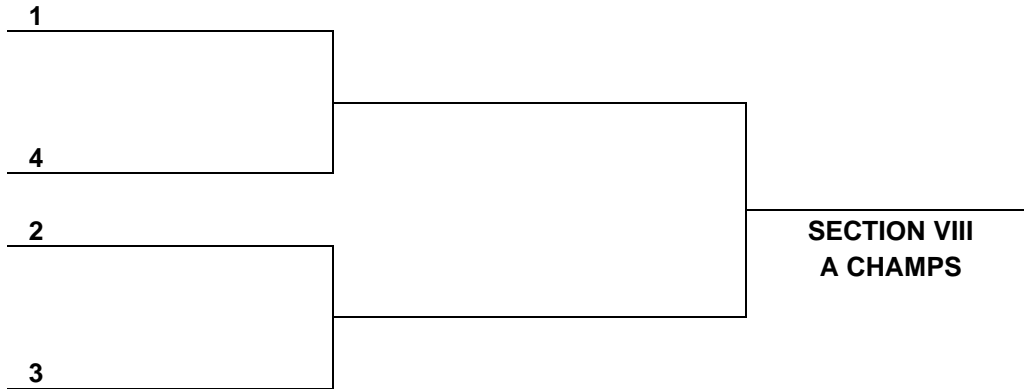
CLASS A DOUBLE ELIMINATION POOL PLAY ROUND

BRACKETS 3 and 4



**SECTION VIII BASEBALL
CLASS A
SECTIONAL PLAYOFFS**

SEMIFINALS 5/23, 5/24, 5/26	COUNTY CHAMPIONSHIP 5/28, 5/29 & 5/31
Best of 3 Series Games 1 and 3 @ Higher Seed 4:30 p.m.*	Best of 3 Series SUNY FARMINGDALE 1 pm, 10 am, 7 pm
	Higher seed home team- Gms. 1 & 3

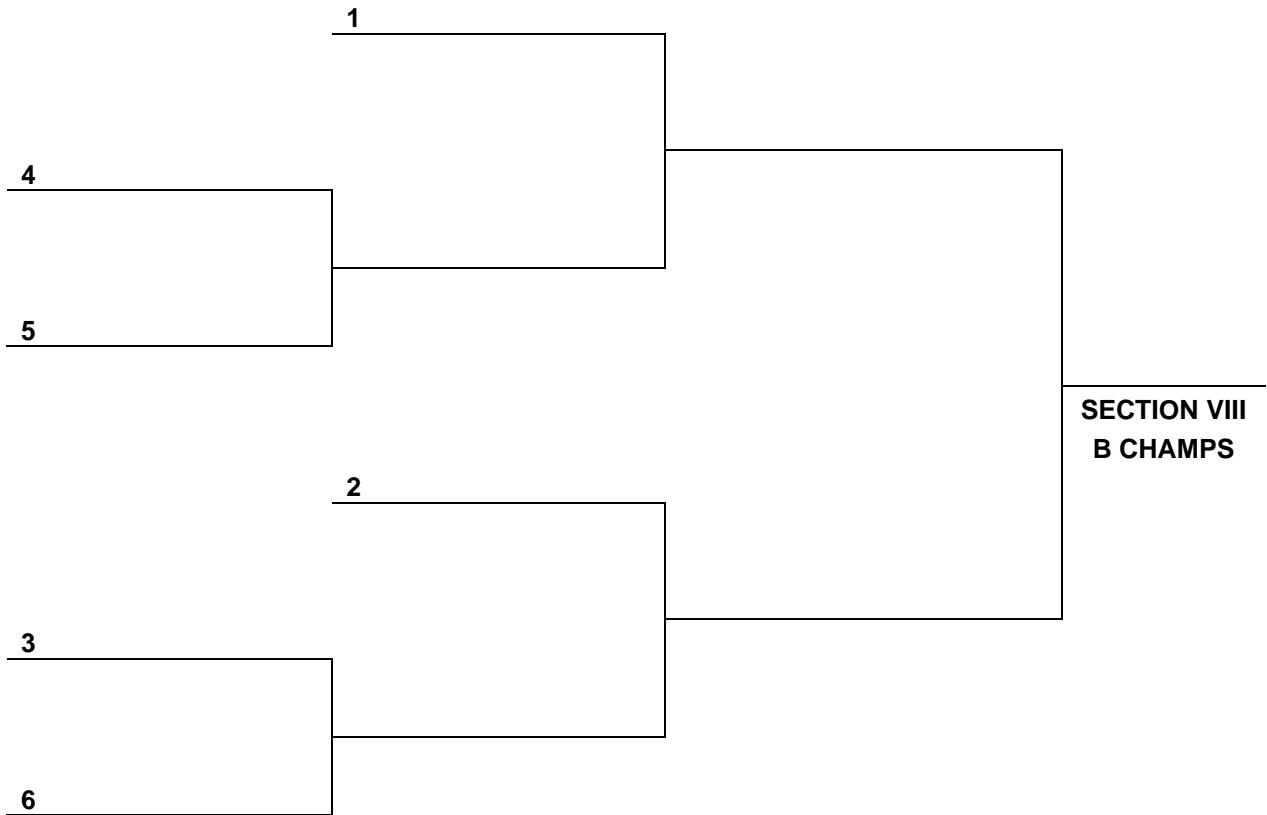


RESEED THIS ROUND

***Default time**

**SECTION VIII BASEBALL
CLASS B
SECTIONAL PLAYOFFS**

QUARTERFINALS 5/15, 5/17 & 5/18	SEMIFINALS 5/20, 5/22, & 5/23	COUNTY CHAMPIONSHIP 5/25, 5/26, & 5/28
Best of 3 Series Games 1 and 3 @ Higher Seed 4:30 p.m.*	Best of 3 Series Games 1 and 3 @ Higher Seed 4:30 p.m.*	Best of 3 Series SUNY FARMINGDALE 4:30 pm, 4:30 pm, 4 pm
		Higher seed home team- Gms. 1 & 3



RESEED THIS ROUND

***Default Time**

Section VIII HS Baseball
Sectional and Regional Championship Site Calendar
2023

SUNY Farmingdale

Date	Time	Title
Thu. 5/25/23	4:30 PM	Class B Nassau County Championship- Game 1
Fri. 5/26/23	4:30 PM	Class B Nassau County Championship- Game 2
Sat. 5/27/23	11:00 AM	RAIN DATE
Sun. 5/28/23	10:00 AM	Class AA Nassau County Championship- Game 1
	1:00 PM	Class A Nassau County Championship- Game 1
	4:00 PM	(IF NECESSARY) Class B Nassau County Championship- Game 3
Mon. 5/29/23 <i>Memorial Day</i>	10:00 AM	Class A Nassau County Championship- Game 2
	1:00 PM	Class AA Nassau County Championship- Game 2
	4:00 PM	(IF NECESSARY) RAIN DATE Class B- Game 3
Tue. 5/30/23	4:00 PM	RAIN DATE
	7:00 PM	RAIN DATE
Wed. 5/31/23	4:00 PM	(IF NECESSARY) Class AA Nassau County Championship- Game 3
	7:00 PM	(IF NECESSARY) Class A Nassau County Championship- Game 3
Thu. 6/1/23	4:00 PM	(IF NECESSARY) RAIN DATE
	7:00 PM	(IF NECESSARY) RAIN DATE
Sat. 6/3/23	4:00 PM	Class A Long Island Championship
Sun. 6/4/23	1:00 PM	RAIN DATE- Class A Long Island Championship

SITE TBD

Date	Time	Title
Thu. 6/1/23	TBD	Class B Long Island Championship @ Suffolk County Site
Fri. 6/2/23	TBD	RAIN DATE- Class B Long Island Championship
Sat. 6/3/23	TBD	Class AA Long Island Championship @ Suffolk County site
	TBD	Class B Regional Championship- 8 @ 11 winner @ 9 @ 1 winner
Sun. 6/4/22	TBD	RAIN DATE- Class AA Long Island & Class B Regional Championship



2023 BASEBALL CHAMPIONSHIP SCHEDULE



FRIDAY 6/9/23

2:00 FAR WEST vs CAPITAL

5:00 SOUTHEAST vs CENTRAL

FRIDAY SEMIS:

MIRABITO STADIUM	CLASS AA
BINGHAMTON UNIV	CLASS A
UNION ENDICOTT	CLASS B
MAINE ENDWELL	CLASS C
SUNY BROOME	CLASS D

SATURDAY CHAMPIONSHIPS

BINGHAMTON UNIV	CLASS C	10:00 AM
	CLASS A	1:00 PM
	CLASS B	4:00 PM
MIRABITO STADIUM	CLASS D	10:00 AM
	CLASS AA	1:00 PM

NYSPHSAA Baseball committee meeting will be at 10:00 AM on Friday at the Holiday Inn & Suites, Binghamton.

Head coaches will meet with the site directors on site 1.5 hours prior to the scheduled game time.

If everything is rained out on Friday, we will revert to the one-day format previously used, five (5) sites each class playing the semis and finals at: 10:00 AM; 1:00 PM and 4:00 PM

The schedule will be:
FAR WEST vs CAPITAL AT 10:00 AM
SOUTHEAST EAST vs CENTRAL AT 1:00 PM

CHAMPIONSHIP GAME AT 4:00 PM

The sites, **in this case**, will be:

MIRABITO STADIUM	CLASS AA
BINGHAMTON UNIV	CLASS A
UNION ENDICOTT	CLASS B
MAINE ENDWELL	CLASS C
SUNY BROOME	CLASS D

If all games are rained out on Friday the tournament will revert to the one-day format previously used, that is semis and finals will be scheduled for Saturday with Sunday as a rain date. Each class will be played at its scheduled site.

If only one set of semis are completed on Friday the second semi and championship games will be played on Saturday at times to be determined to allow the facilities time to be made playable and permit the winning team sufficient time to rest and rehydrate. Each class will be played at its scheduled site.

Other situations will be reviewed by the State Baseball Coordinator in conjunction with the State baseball Committee, tournament directors and Site directors and a decision will be made in the best interest of the athletes, schools and facilities.

Every effort will be made to complete the tournament on Saturday with Sunday as the rain date.

Section VIII League Regulations- 2023

# of practices prior to first scrimmage/contest	First Practice	First Scrim/Contest	Min. Time Between Contests or Scrimmages	Ind. Contest Limitations per day	Max # Contests	No games or scrimmages
10	3/13	3/24	1 Night	2 C	20 for V 19 for JV	<u>4/6*</u> 1 st Day of Passover <u>4/7</u> Good Friday <u>4/9</u> Easter

*Student-Athletes must be able to be home by 6:00 pm on the day preceding this date- 4/5

1. Starting Time

- A. Due to ongoing bus issues throughout Section VIII, most games have either a 4:45 or 5:00 starting time when played on school days. Games may start earlier upon agreement of both schools and availability of umpires.
- B. Visiting coaches should inform the hosting coach if they will be late due to bus issues.
- C. The regular season high school baseball schedule includes Spring Break. Teams and coaches should expect that games will be scheduled during this time period and rescheduling games for vacation purposes is not a legitimate reason to do so.

2. Official Game Definitions

- A. **Regular Season**- An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined or is tied and no more baseball can be played that day, the game is over and a winner is declared or ends in a tie. The game does not have to go 7 innings. See Suspended Games rules on page 24 for additional clarifications.
- B. **Playoffs**-
 - **Sectional Games (through Nassau County Championship)**- All Sectional playoff games are to be played the full 7 innings (unless the run rule is achieved or home team is ahead after 6 and one-half innings).
 - **Regional Games (Long Island Championship and beyond)**- All Regional playoff games will follow the NYSPHSAA rule defining official games:
"An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings."
- C. **Run Rule**- Games will end and be declared official with a run differential of 10 runs or more after 5 innings or 4 and one-half if the home team is ahead. The home team is always entitled to equal number of at bats if the visiting team goes up by 10 or more runs.

3. Postponed Games

Games that are not official, must be played on the next rain makeup date (current series to take precedence over games from earlier series). If the game to be played is the first or second game of a series, the site should be changed, if the original home field is unplayable. If, however, a team cannot play their home game or games on their own field, they will be the home team on the opponent's field. If there is another game scheduled in that series the following day, every attempt must be made to finish the

previous game and then start the next one. This will mean ending the first game at the location of the second game. Full responsibility rests with the home team to complete details for postponed games with opposing teams and officials. Failure to do so may be ruled as a forfeit win for the visiting team.

Wednesday, Friday, and Saturday are to be used as rain dates during the regular season and in the last week to help eliminate any ties for playoff positions.

All League games must be completed before the playoffs begin. It is the obligation of schools to postpone non-league games in order to complete league commitments. Teams that have not completed their season will have to conclude their season on the first playoff date and then begin the playoffs on that same day. Permission may be given not to play remaining games if they have no bearing on the standings of teams qualifying for the playoffs. Permission must come from the Section VIII Baseball Coordinator.

In the event of the Section VIII Tournament being delayed, the Baseball Committee will dictate necessary schedule changes.

4. **Suspended Games- Regular Season Only****

Any game that begins and is stopped:

- A. **Before it becomes official**- the game is a suspended game and is to be resumed at the point of stoppage the following day until completed (7 innings or run rule). Score, inning, count of batter, etc. should all be recorded in the scorebook.
- B. **After having gone long enough to be an official game and:**
 1. **The visitors takes the lead in the top half of the inning but home team does not get their chance to bat or does not complete their at bat**- the game reverts back to last completed inning and either a winner is declared or, if tied, the game will be declared a tie.
 2. **The home team ties the game in the bottom half of the inning but doesn't complete the inning**- the game is declared a tie.
 3. **The home team takes the lead in the bottom half of the 5th or 6th inning**- If the game is called at that point, the home team is declared the winner.

*****For Sectional playoff games only (through Nassau County Championship)- an official game will only be declared after 7 innings are completed or 6.5 innings if home team is ahead or if the aforementioned run rule is achieved. Any Sectional playoff game that is suspended will be resumed at point of stoppage. See Appendix, page 34 for Suspended Game rules as they apply to Regional and State Tournament games.***

5. **Forfeited Games**

"A game shall be forfeited to the offended team by the umpire when a team...refuses to continue play after the game is started" (NFHS Rule 4-4-1b). The umpire-in-chief has sole authority to end games early and will do so only after consultation with head coaches (or their designate) from both teams.

6. **Playoff Guidelines**

- A. If one game is canceled, it does not mean that all games are canceled. If games can be played, they must be played. No new round of the playoffs will start before all games are completed in the prior round.
- B. If the home team's field is not playable- Refer to Playoff Weather Guidelines on page 11.

6. Pre-Game Procedures

- A. Home team must give field to visiting team no later than 15 minutes before game start time.
- B. Know your league rules relating to pre-game practice, ground rules, games not completed on the scheduled date, protests, etc.
- C. Ground rules in writing, with a copy provided to visiting coaches and umpires, often help to avoid unpleasant situations.
- D. Home teams should provide umpires with 3 new NOCSAE approved baseballs. Each team will provide their own warm-up baseballs.
- E. Code of Conduct- Coaches, participants, spectators and administrators are expected to be familiar with, and abide by, the Code of Conduct published by Section VIII of NYSPHSAA.

Batting Practice

- A. There shall be no batting practice prior to any scheduled games with the following exceptions: Schools having early dismissal times are permitted batting practice at their own fields provided it does not delay the game beyond the starting time.

Fielding Practice

Due to this season's later start times: Home teams should conduct their pre-game fielding practice as soon as they arrive to their field. Visiting teams should conduct as much of their pre-game preparation at their home site before their bus arrives. Every effort should be made by both teams to start the game on time (or earlier if possible) to maximize chances to finish each game to completion.

- A. Should be arranged and limited so that games will start at the set starting time.
- B. The home team should begin fielding practice as soon as the visiting team arrives at the field.
- C. In general, there should be 15 minutes fielding practice for each team prior to start of game.

7. Officials

- A. Only approved officials who are members of the Nassau Approved Baseball Umpire Association shall be hired to officiate school games. There should be two umpires working each game.

8. Coaching

- A. A coach may coach the team on the bases provided they are wearing a baseball uniform (and hard shell helmet on the baselines).
- B. Section VIII no longer requires game- by- game ratings of umpires during the regular season. The Baseball Executive Committee will devise a process in which umpires are ranked/selected for post season games which will be shared with the Coaches' Association prior to the end of the regular season.
- C. Reporting scores to Newsday- Directions for reporting scores can be found in Appendix, page 46.

9. Rosters

- A. All rosters must be mailed to your League Representative prior to the first league game.
- B. All reserves must be listed on the lineup card.

10. Other Rules

- A. Spalding Baseballs must be used for all playoff games- ProNFHS (41-100HS).
For regular season play, any brand of baseball may be used but must have the NOCSAE stamp on them.
- B. Pitching Restrictions- See NYSPHSAA Pitch Limits in Appendix, page 30.

- C. Pitcher MUST take sign from catcher or simulate taking the sign. The pitcher acquiring the sign from the catcher is one of the fundamental rules of baseball. It not only signals the defensive team that action is about to be initiated, but it also establishes when an offensive base runner(s) can take a lead-off from his/her base.
- D. Catching Equipment- All catchers are required to wear a chest protector that is NOCSAE certified for protection against Commotio Cordis.

2023 NFHS Baseball Rule 1-5

ART. 3...The catcher shall wear, in addition to a head protector, a mask with a throat protector, body/chest protector that meets the NOCSAE standard at the time of manufacture, protective cup (male only), and baseball protective shin guards. The SEI/NOCSAE mark is required on all body/chest protectors that meets the NOCSAE standard at the time of manufacture that will be used in high school competition. Please see the accompanying mark.



What is Commotio Cordis, and How Should You Handle It?

Commotio Cordis (Latin, "agitation of the heart") is an often-lethal disruption of heart rhythm that occurs as a result of a blow to the area directly over the heart (the precordial region) at a critical time during the cycle of a heartbeat, producing what is termed an R-on-T phenomenon that leads to the condition. For catcher's, this most commonly occurs when a ball is fouled straight back and directly impacts the player's chest. The best way to prevent the likelihood of this injury from happening is to make sure the correct, NOCSAE certified, equipment is being used. If you notice a player may have suffered this injury, call 911 immediately in efforts to get a defibrillator on the scene as soon as possible and monitor the player very closely until paramedics arrive.

**Nassau County High School Baseball Coaches Association
End of Season Awards**

All appropriate paperwork must be submitted to Chairpersons no later than due date.

<u>Award Name</u>	<u>Chairperson</u>	<u>Criteria</u>
<p style="text-align: center;"><u>Diamond Award</u></p> <p>“Doug Robins” Diamond Award for Top Pitcher</p> <p>“Don Lang” Diamond Award for Top Position Player</p>	<p style="text-align: center;"><u>Tom Sheedy</u> tsheedy@msd.k12.ny.us</p> <p style="text-align: center;"><u>Doug Robins Jr.</u> dougrobins@hotmail.com</p>	<p>Coach must present to committee</p>
<p style="text-align: center;">“Ryan T. Caulfield” Top Catcher Award</p>	<p style="text-align: center;">Tom Tuttle ttuttle@levittownschools.com</p> <p style="text-align: center;">Tom Smith thomasrsmith33@gmail.com</p>	<p>Nominated by coach</p>
<p style="text-align: center;">“Michael Capozzi” Scholarship Award</p>	<p style="text-align: center;">Paul Paino EWRES@hotmail.com</p> <p style="text-align: center;">Jason Zizza jzizza@lbeach.org</p>	<p>-Must have been chosen for post-season honors. -Must be an outstanding student and citizen who possesses high character and is an asset to the school community. -Must submit transcript and letter of recommendation.</p>
<p style="text-align: center;">“Barry Silverstein” Assistant Coach of the Year Award</p>	<p style="text-align: center;">Helms Bohringer hbohringer@mineola.k12.ny.us</p>	<p>Letter of Recommendation</p>
<p style="text-align: center;">“Bud Chianese” JV Coach of the Year Award</p>	<p style="text-align: center;">Tom Abruscato abruscato1523@gmail.com</p>	<p>Letter of Recommendation</p>

APPENDIX

Turf Field Restrictions

The following Section VIII schools do not permit metal cleats, gum, or sunflower seeds at their field. Players/Coaches must wear molded cleats, turf shoes, or sneakers only.

1. Carle Place
2. East Rockaway
3. Farmingdale- Howitt Middle School
4. Hewlett
5. Hicksville
6. Malverne
7. Manhasset- Metal cleats allowed, no gum or seeds
8. Massapequa
9. Plainedge (infield and outfield)
10. Port Washington
11. Valley Stream South
12. Wheatley

PITCH LIMITS



Pitch count for	Number of Pitches	Number of Nights Rest
Varsity Baseball	76-85	4
<i>March</i>	46-75	3
	31-45	2
	1-30	1

Pitch count for	Number of Pitches	Number of Nights Rest
Varsity Baseball	96-105	4
<i>April</i>	66-95	3
	31-65	2
	1-30	1

Pitch count for	Number of Pitches	Number of Nights Rest
Varsity Baseball	103-125	4
<i>May/</i>	72-102	3
<i>June</i>	41-71	2
	1-40	1

Pitch count for	Number of Pitches	Number of Nights Rest
JV/FR Baseball	76-85	4
	46-75	3
	31-45	2
	1-30	1

Pitch count for	Number of Pitches	Number of Nights Rest
Modified Baseball	61-75	4
	41-60	3
	21-40	2
	1-20	1

PITCH COUNT/CHART RULES



- 1 If a pitch is thrown on a balk call, the pitch will NOT count for the purposes of this rule
- 2 A pitcher at any level who reaches the pitch count limit in the middle of an at-bat will be allowed to finish that hitter. The number of nights rest is determined by the actual number of pitches thrown.
- 3 Schools will have the responsibility to maintain all pitching charts. They will also be required to make any game chart available to any school prior to any game to show availability of pitchers for that given day.
- 4 During games each team will record pitch counts on the official NYSPHSAA pitch count form, this should not include warm-ups or pick off attempts. After each half inning the pitch counts will be confirmed by both teams. Any discrepancy will be resolved based on the records of the home team pitch count chart.
- 5 At game's conclusion, the NYSPHSAA pitch count form will be signed by both head coaches or designated representative.
- 6 Any violation of this rule will be considered in the same light as a school using an ineligible player. The game will be forfeited.
- 7 As per the NYSPHSAA handbook any additional penalties may be imposed at the school or section level.

revised 7/2020



Varsity March	Nights Rest	Varsity April	Nights Rest	Varsity May/June	Nights Rest	JV & FR	Nights Rest	Modified	Nights Rest
76-85	4	96-105	4	103-125	4	76-85	4	61-75	4
46-75	3	66-95	3	72-102	3	46-75	3	41-60	3
31-45	2	31-65	2	41-71	2	31-45	2	21-40	2
1-30	1	1-30	1	1-40	1	1-30	1	1-20	1

SCHOOL _____

LEVEL _____

DATE _____

PITCHER NAME & #

Total
pitches

Cross off a number for every pitch thrown excluding warm-ups & pick off attempts.

Nights rest
required

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125

Home Team Coach Signature _____

Visiting Team Coach Signature _____

Pitch Counter Signature _____

revised 10/04/21

POST SEASON PITCH COUNT FORM



PITCH COUNT SUMMARY FORM

DATE _____

SITE _____

VISITOR SCHOOL _____

CLASS _____

PITCHER'S NAME & # _____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

COACH'S SIGNATURE _____

HOME TEAM SCHOOL _____

CLASS _____

PITCHER'S NAME & # _____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

_____ # _____

PITCH COUNT _____

COACH'S SIGNATURE _____

SITE CHAIR'S SIGNATURE _____

NOTE: This form is to be forwarded to the next postseason game site
by the Section Coordinator or his designee



Tied and Suspended Game Rule

To be used for NYSPHSAA Championship Tournament. May also be used during regular season play with Section approval:

1. An official game is 5 innings or 4 and one-half if the home team is ahead. If a winner can be determined and no more baseball can be played that day, the game is over and a winner is declared. The game does not have to go 7 innings.
2. If a game is stopped before it becomes an official game, the game is a suspended game. This game will be picked up at that point. Score, inning, count of batter etc. should all be recorded in the scorebook.
3. If the game is stopped after having gone long enough to be an official game, however a winner cannot be determined due to a tied score. This game becomes a tied/suspended game at that point score, inning, count of batter etc., should all be recorded in the scorebook.
4. If a game is stopped after having gone long enough to become an official game and;
 - a. **The visitors score a run or runs in the top half of the inning.** Then game reverts back to the last completed inning and either a winner is declared, or we have a tied/suspended game. Or,
 - b. **The visitors score a run or run in the top half of the inning and the home team does not complete they're at bat.** The game reverts back to the last completed inning and either a winner is declared, or we have a tied/suspended game. If we have a tied/suspended game, we pick up from that point (Visitors runs in the top half of the inning and home team runs in the bottom half count). This game will be picked up at that point. Score, inning, count of batter etc., should all be recorded in the scorebook.
 - c. **The home team ties the game in the bottom half of the inning but doesn't complete the inning.** If we cannot play anymore we have a tied/suspended game at point. This game will be picked up at that point. Score, inning, count of batter, etc., should all be recorded in the scorebook. Or,
 - d. **The home team takes the lead in the bottom half of the 5th or 6th inning, and then the game is called.** At that point, the home team is declared the winner.



THUNDER & LIGHTNING POLICY

October 2001

Applied to regular season through NYSPHSAA Finals:

1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion- thunder is thunder, lightning is lightning.
 - a. With your site administrator, set up a plan for shelter prior to the start of any contest.

2. When thunder is heard and /or lightning is seen, the following procedures should be adhered to:
 - A. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, and car).
 - B. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
 - C. After thunder and /or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) or THI using a Wet Bulb indicator on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download WeatherBug app to your phone or log into www.weatherbug.com. Schools may also use a Wet Bulb indicator on the field that will be used.
- Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb indicator.
- If the Feels Like temperature (heat index) or the Wet Bulb Indicator is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb indicator is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp(Heat Index) or Wet Bulb indicator under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) or Wet Bulb indicator 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) or Wet Bulb indicator 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) or Wet Bulb Indicator 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) or Wet Bulb indicator 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010
Updated July 27, 2016

*****NEW WIND CHILL RULE FOR BASEBALL - 2023*****

BASED ON WEATHERBUG

REQUIRED	Wind Chill Alert: Feels Like Temp (wind chill) 31 degrees or lower*	No games or scrimmages will begin
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***Games/scrimmages can start with a "real feel" temperature of 32 degrees or higher. Once games/scrimmages begin, they will continue to be played if "real feel" temperature drops below 32 degrees.**

The chart below is meant to provide recommendations to coaches regarding specific temperature ranges they may experience throughout the season.



WIND CHILL PROCEDURES

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download WeatherBug app to your phone or log into www.weatherbug.com.
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like (wind chill) at halftime or midway point of the contest. If the Feels Like (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (wind chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: Feels Like Temp (wind chill) 39 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Feels Like Temp (wind chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Feels Like Temp (wind chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when the Feels Like temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Feels Like Temp (wind chill) -11 degrees or lower	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010
Updated July 27, 2016



SECTION VIII SPORTSMANSHIP POLICY

The NYSPHSAA and Section VIII recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA and Section VIII has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post season play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public school students with an environment free from harassment, bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.

The High School Athletic Association of Section VIII established the Sportsmanship Committee as a sub-committee of the Athletic Council to address incidents of unsportsmanlike conduct and flagrant misconduct. The purpose of the Sportsmanship Committee is to take proactive measures in an effort to minimize inappropriate behavior at all Section VIII events and to promote positive sporting behavior throughout the county.

A. What is to be reported:

1. A Player who is ejected from a contest for flagrant misconduct and/or unsportsmanlike conduct.
2. A Spectator who acts in a disruptive abusive or inappropriate manner.
3. A Coach who conducts himself/herself in an inappropriate or unsportsmanlike manner.
4. An Official who demonstrates unsportsmanlike conduct or inappropriate behavior unbecoming of a sport official.
5. A School that permits spectators to conduct themselves in an abusive, disruptive or harassing manner. This also includes schools that do not provide adequate supervision at home or away contests to control their spectators.

B. Responsibility for reporting:

1. Coaches must report all incidents to their respective athletic directors, even if only one player/team was cited for misconduct.
2. Athletic Directors must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection or incident of unsportsmanlike behavior.
3. Officials must file reports with the Office of the Executive Director within 24 hours of any disqualification, ejection or incident of unsportsmanlike behavior.

C. Reporting Procedure:

1. All unsportsmanlike incidents are to be reported by the coach (or by both coaches) to their respective athletic directors immediately following the contest.
2. The Athletic Directors of both schools involved are to file reports with the office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day). The Officials assigned to the contest are to file a

report with the Office of the Executive Director as soon as possible, but no later than the morning following the contest/incident (or the next school day).

3. The Office of the Executive Director will forward copies of all reports to the Sportsmanship Committee Chairperson, Sport Coordinator and the appropriate VP of Male/Female Sports.

D. Committee Actions:

1. All member schools including individuals representing member schools who are involved in unsportsmanlike conduct are subject to consequences deemed appropriate by the Sportsmanship Committee.
 - a) The Sportsmanship Committee may recommend action in instances of unsportsmanlike conduct and is authorized to recommend consequences which may include, but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or any other actions that are deemed appropriate by the Sportsmanship Committee.
2. All recommendations of the Sportsmanship Committee will be filed with the Office of the Executive Director and forwarded to the Athletic Director(s) of the school(s) involved.
3. All actions of the Sportsmanship Committee are subject to review by the respective Athletic Director(s). *Schools may impose additional consequences.*
4. Copies of all reports of the Sportsmanship Committee shall be kept on file with the Sportsmanship Chairperson, the Executive Director and the Sports Coordinator.

E. Penalties:

1. Player Expulsion:

Any player who commits a serious violation of game rules or takes part in flagrant misconduct during play shall be subject to ejection from the contest and disciplinary action. Ejection from a contest results in mandatory one (1) game suspension from the next regularly scheduled contest, including post-season play. Disqualifications from one season will carry over to the player's next season of participation. Any player suspended from participation may not be on site or involved in any capacity (spectator, timekeeper, scorekeeper, etc.) on the day of suspension. Failure to comply will result in additional sanctions being levied against the individual, coach and/or team.

2. Second Occurrence of Misconduct:

In the same sport – NYSPHSAA requires a two game suspension for the second (2nd) ejection and a third (3rd) ejection in the same sport will result in the loss of the season. Any person (coach, player, spectator, school official, etc.) who is ejected from a second contest in the same sport for unsportsmanlike conduct shall require the Sportsmanship Committee to review the matter. This may lead to more severe disciplinary action including suspension for the remainder of the season. Such disciplinary action could carry over into subsequent sports seasons. Additional consequences may also be recommended by the Sportsmanship Committee.

3. Intentional Physical Contact by a Player:

Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate an official, another player, a spectator, coach, school district employee or supervisor, etc. shall be expelled from the game immediately and banned from further participation in all sports for a period of time to be determined by the Section not to exceed one year from the date of the offense. **NOTE:** Members of the squad include players, managers, score keepers, timers, and statisticians. The incident must be reported to the Office of the Executive Director who will in turn forward to the Sportsmanship Committee and respective Sports Coordinator. Consequences may include but are not limited to: Censure, Reprimand, Suspension, Loss of Eligibility, or another action that is deemed appropriate by the committee.

4. Team Members/Non Participant/Pre-or Post-Game Misconduct:

Any act of unsportsmanlike/flagrant misconduct by either a team member, non-participant before or after (pre and post-game) will be excluded from play in and/or subject to removal from the site of the contest. Any player, coach or spectator who commits a serious violation of the sportsmanship rules or takes part in flagrant misconduct as a non-participant after the contest has concluded (post-game) will be suspended from participation in or attendance at the next regularly scheduled contest including the post-season.

5. Spectators:

Any spectator who acts in a disruptive, abusive or unsportsmanlike manner may cause the game to be suspended or the spectator removed from the site. A letter from the Sportsmanship

Committee may be sent to the appropriate Athletic Director(s), Building Principal(s) and Superintendent(s). Continued incidents of disruptive behavior may result in additional disciplinary action by the Sportsmanship Committee.

6. Coaches:

Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

NOTE: "Not being physically present at the site" means a disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site

area before, during or after the game/meet. Any coach that does not serve the penalty for violating the Sportsmanship Standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA.

7. Intentional Physical Contact:

A coach who strikes, shoves, kick or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

8. Officials:

An official who demonstrates inappropriate or unsportsmanlike conduct will be reported to the Sportsmanship Committee. The Sportsmanship Committee may recommend disciplinary action to be taken against the official by the official's organization.

9. Taunting:

Taunting includes, but is not limited to, any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates, or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talking"), reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc.

10. Bench Clearing:

If an altercation occurs during a contest and members of either team leave their respective bench or sideline area or playing positions, and go onto the playing field/court participation area, they will be immediately ejected from the contest for unsportsmanlike behavior.

F. Due Process:

Students, coaches and schools have the right to be heard by the Sportsmanship Committee. However, appeals will only be held in regard to a misapplication of the sport rules and/or an ejection of a misidentified player. This right must be claimed within 24 hours of the incident occurring and must be made to the Office of the Executive Director of Section VIII. All actions of the Sportsmanship Committee may be appealed by a member school. Any such appeal will be heard by the Section VIII Athletic Council.

Approved - September 2016



NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION/SECTION VIII
CODE OF CONDUCT GUIDELINES

BE LOUD - BE PROUD - BE POSITIVE

Approved 6/9/21

I. The Coach is Expected to:

1. Set a positive example both on and off the playing area.
2. Be aware that he/she is representing a school district, a school and a student body. Impressions made are lasting and hard to live down.
3. Recognize that athletic competition is a means toward an end, not an end in itself. Specifically, athletics should lead to the development of healthy, well adjusted young men and women.
4. Approach competition as a healthy and constructive exercise, not as a life and death struggle that requires victory at any price. It should be fun and enjoyable.
5. Recognize that the participants in individual or team sports are young men and women with human frailties and limitations who are capable of making mistakes.
6. Be prepared to win or lose. Be positive. Encourage peak performance within the rules of the game.
7. Command respect by personal attitude and behavior.
8. Be well groomed. Wear appropriate attire.
9. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
10. Create an environment where diversity, equity and inclusion are present. (6/21)
11. Respect the judgment of officials. Although it is reasonable for the coach to question officials' decisions, and even to disagree, the officials' decisions must be accepted graciously. Questionable decisions may be referred to the Section VIII Protest Committee.
12. Handle dissatisfaction with officiating quietly and efficiently through the use of the rating cards supplied by BOCES.
13. Avoid behavior that will incite players, opponents, or spectators.
14. Instruct players to respect officials. Questions concerning rules or interpretations should be made by the team captain as the team representative during the contest.
15. Encourage good sportsmanship and remove players from competition who demonstrate unacceptable behavior.
16. Support and treat the athletic program as a total part of the educational opportunities provided for all students.

II. The Athlete is Expected to:

1. Understand that the student athletic program is a total part of the educational opportunities provided for all students. It should be treated as just that.
2. Conduct himself/herself as a gentleman/lady at all times.
3. Demonstrate self-control and mutual respect at all times. Uncontrolled emotion can be self-defeating.
4. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
5. Practice diversity, equity and inclusion within their team. (6/21)
6. Accept victory with grace and defeat with dignity. Poor winners or losers do a disservice to themselves.
7. Set an example in word and deed, both on and off the playing area. Remember that athletes assume a role of leadership and that the young emulate their role models.

III. The Spectators are Expected to

1. Refrain from using noisemakers. The use of noisemakers is prohibited at all events.
2. Conform to accepted standards of good sportsmanship and behavior.
3. Respect officials, coaches and players and extend all courtesies to them.
4. Refrain from the use of crude, racist or abusive language or gestures with players, opponents, officials, or spectators. (6/21)
5. Obey the regulations of the building and grounds. Those who do not conform should be brought to the attention of the building authorities.
6. Understand that schools are responsible for the conduct of their respective spectators whether at home or away.

IV. The Administrators and Supervisors

1. The athletic director may delegate certain responsibilities and authority to the site supervisor, but ultimate responsibility rests with the athletic director, principal, superintendent and the board of education.
 2. The athletic director or his/her designee is responsible for the conduct of coaches, players, spectators, and other employees of the school.
 3. The athletic director or his/her designee assumes responsibility for informing these groups of the code of behavior expected during participation in Section VIII athletic events.
 - a. Any negative sportsmanship or communication by a spectator directed at officials, it is the job of the supervisor or athletic administrator to alert the spectator of possible removal or removal from the contest.
 4. General Recommendations for Home School
 - a. The visiting school should be provided with information on directions to the school, game times, physical layout including parking area, locker facilities and specific school regulations affecting visiting teams.
 - b. The home school is responsible for excluding, from athletic events, students whose past behavior indicates an unacceptable risk for trouble.
 - c. Adequate supervision must be provided in the gymnasium area as well as in hallways, bathrooms and outside areas where students may congregate.
 - d. Separate seating areas should be designated for visiting team spectators.
 - e. Request cooperation of the Nassau County Police Department and/or Auxiliary Police units whenever the anticipated crowd size or previous relationships between schools indicate the potential for trouble.
 - f. Confer with the coaches, cheering advisors, supervisors and custodial help on expectations for their behavior and on ways to handle difficult situations.
 - g. Direct the athletic directors to meet with game officials to emphasize the importance of keeping the game under control.
 - h. Direct supervisor in charge to immediately report to police any information regarding student possession of weapons, drugs or alcohol. Students under the influence of drugs and/or alcohol shall be removed from the game and reported to the administration.
 - i. Escort the officials to their cars if requested by the sport official.
 - j. Direct supervisors to remain on duty until all spectators and visiting teams have left the premises, including parking lots.
 - k. Problems with students, coaches and spectators should be communicated to the other athletic director and to the principals, and when appropriate, to the Section VIII Executive Director.
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5. Requirement for Schools/Teams Participating in Playoffs at Neutral Sites

It is required that any school/team participating in a Section VIII playoff activity at a neutral site provide adequate supervision for that activity. The supervisor(s) must be easily identifiable and maintain a visible presence throughout the activity.

6. General Recommendations for visiting Teams

- a. Visiting teams must be properly supervised at all times at the host school.
- b. At spectator events, the visiting school should provide a supervisor for its spectators. When a varsity/junior varsity doubleheader is held, the team not playing should be supervised in the stands.
- c. Clarify with the host athletic director the best area for parking and access into locker facilities. Also, arrange for exiting after the event with at least one home school supervisor in the area to supervise.
- d. Report in writing to the host athletic director any incident involving players, spectators, supervisors, etc. that deserves follow-up by the home school.

V. Recommendations for the Visiting School

1. Athletic Director

- a. Contact the athletic director of the home school and request the following:
 - (1) Directions and best route to the school.
 - (2) Location of parking area and recommended area for bus parking.
 - (3) Will there be a charge for spectators and is there a specific seating area for visitors.
 - (4) Does the home school require supervisors for the visiting school and if so, how many.
1. Inform the athletic director of the home school of the following:
 - (1) Whether there will be a cheerleader and/or spectator bus in addition to the athletes' bus.
 - (2) Whether additional buses will be accompanied by one or more supervisors.
 - (3) Whether the home school is expected to provide supervision of athletes, cheerleaders and spectators to visiting buses at the end of the contest.
 - (4) What type of identification supervisors of the visiting team will be equipped with.
2. Inform the coach of the team of the particulars in a. and b. above.
3. Inform supervisors of the above information and ask them to inform persons on the bus, they are responsible for, of the pertinent information.
4. Inform the students of any necessary details by public address system and/or bulletin.

2. Coach

- a. Consult the athletic director for the above information.
- b. The head coach of each sport should disseminate the information above for each school to his or her junior varsity and junior high school team coaches.
- c. Follow the recommendations for Code of Behavior for Coaches in Section VIII.
- d. Require team members to follow Section VIII Guidelines for good sportsmanship.

3. Supervisors

- a. Should be persons who are familiar with the visiting school's student body.
- b. Should be well informed of what their responsibilities are and be capable of enforcing regulations and encourage proper behavior.



NASSAU COUNTY PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION/SECTION VIII
PROCEDURES FOR PROTESTS OF ATHLETIC EVENTS

Approved June 2017

1. The protesting coach will inform the referee and the opposing coach at that point in the game immediately following the situation protested.
 2. The time, score and situation will be identified in the scorebook (if applicable) or recorded, by an official or both coaches, as soon as the protest is announced to the officials and opposing coach.
 3. A subsequent protest in the same game will be required to be announced and recorded, using the same procedures described above for each specific point of protest.
 4. The protesting coach is required to notify the sport coordinator within 24 hours of the contest.
 5. The athletic director of the protesting school is required to file a written protest giving specific details of the situation, time and score to the Office of the Executive Director within 24 hours of the contest. The report must be accompanied by \$75.00 check payable to the Section VIII Athletic Council. The protest will require the signatures of the coach, athletic director and principal of the school.
Copies of the protest must be sent to the sport coordinator, the protest chairperson and the opposing coach within 24 hours of the contest by the protesting school.
 6. The Section VIII sport coordinator will notify the Executive Director of Section VIII who in turn will notify the game officials involved and direct that a written statement from the game officials be filed with the sport coordinator within 24 hours.
 7. The sport coordinator will arrange for a meeting as soon as possible. The following should be included or be represented:
 - a. The protesting coach
 - b. The opposing coach
 - c. A rules interpreter
 - d. Sport Coordinator of that sport
 - e. Office of the Executive Director
 8. Attendance of the game officials involved in the protested contest will be mandatory, unless extenuating circumstances preclude their attendance.
Protest Committee Options:
 - a. To deny the protest
 - b. To uphold the protest and direct that the game be replayed from the point of protest.
 - c. To uphold and protest and direct that the game be replayed in its entirety.
 - d. To deny the protest and recommend some further action by the High School Association.
 - e. To uphold the protest and recommend some further action to the High School Association.
 9. An appeal of the decision of the Protest Committee may be made. This request must be filed within 72 hours of notification of this decision to the Section VIII Appeals Committee upon submission of a \$75.00 fee (a second \$75.00 fee if original protestor).
 10. In the case of a protest or an appeal that is upheld, the fee will be returned.
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BASEBALL FIELD DIAGRAM

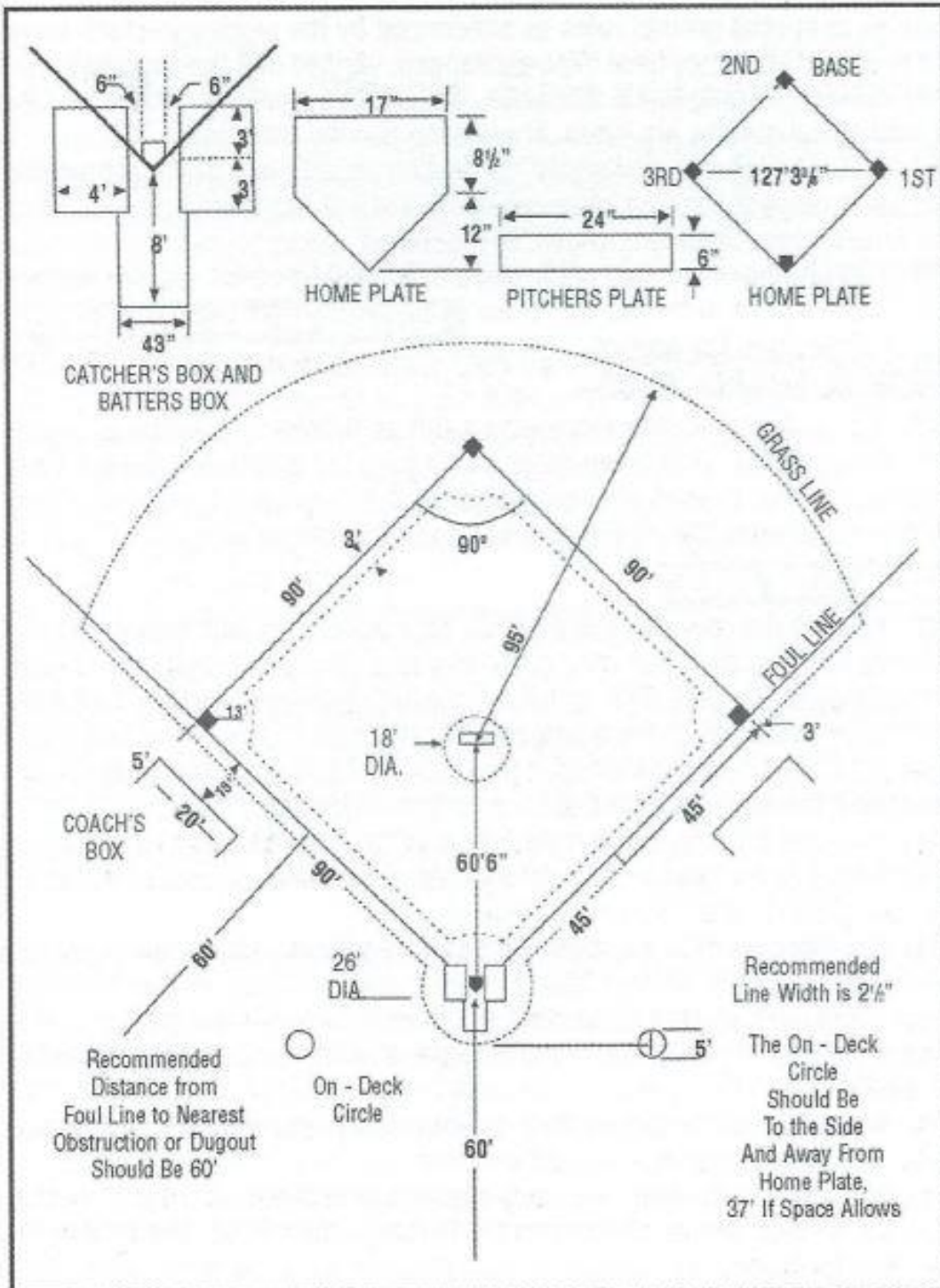


Diagram 2
Official Measurements . . . for laying out baseball field

REPORTING SCORES TO NEWSDAY

To Long Island athletic directors, coaches and assistants:

Given the nature of this season and that Newsday employees are working remotely, all high school scores should be submitted directly online using our Sports Central web-based program.

Many of you may already have an account for it (they're free, and independent of subscription to Newsday) and have used it in the past. If not, here are the steps to register. It only takes a couple minutes to do it all. It is optimized for mobile use, so you can register and/or report your scores via a smartphone or tablet without issue.

How it will work

There are fields to report the scores by quarter/period/half, fields to report game statistics and an opportunity to fill out some game highlight information. From there, a member of the Newsday high school staff will review the information, make any necessary edits and post it to your team page on our website, same as always. If there are questions or something to follow up on, Newsday will contact the person who submitted the information, so it is important to make sure your phone number and email address are current.

How to create an account

1. Go to <https://newsday.com/coach>
2. Click CREATE ACCOUNT and fill out the required information fields. If possible, avoid using an aol.com address.
3. You'll receive a verification email where you will need to click the link and follow the steps to assign your team to your account.
 - a. If you report scores for multiple teams, you can register them all at once.
4. Once you complete that step, an email automatically is generated and sent to us for final approval.
5. Once approval is saved, you will be able to **report game scores and stats, edit rosters and add games to your schedule**. (In most instances, Newsday will import schedules at the beginning of each season, but we realize there always will be changes, especially this season.)

If you already have an account

1. Go to <https://newsday.com/coach> and sign in to make sure everything is correct in terms of teams, schools and contact information.
2. If you don't remember your password, there's a "FORGOT PASSWORD?" link available you can click to reset it.

Important notes

1. This system is mobile-friendly, so it works on all devices and is optimized accordingly. Typically, the winning team reports the scores, but we encourage all coaches in all sports to input their stats after a game. It helps to keep the data as accurate as possible

2023 Nassau County Coaches Directory

<u>School</u>	<u>Head Coach</u>	<u>Cell #</u>	<u>E-Mail</u>
Baldwin	Frank Esposito	516-860-4791	Espo3313@aol.com
Bellmore JFK	Mike Gattus	516-507-9291	mgattus@bmchsd.org
Bethpage	Rob Fisher	516-587-2445	rfisher22@bethpageeagles.ws
Calhoun	Art Canestro	631-889-2937	artcane3636@gmail.com
Carey	Doug Robins, Jr.	516-695-6562	DougRobins@hotmail.com
Carle Place	Stephen Laurino	516-965-8642	slaurino@cps.k12.ny.us
Clarke	Tom Abruscato	516-241-8640	abruscato1523@gmail.com
CS Harbor	Jay Hegi	516-729-8701	Hegijay@gmail.com
Division	Tom Tuttle	516-385-0510	ttuttle@levittownschools.com
East Meadow	Vin Mascia	516-330-8745	emfootball@optonline.net
East Rockaway	James Hickey	516-690-0491	Hickey316@aol.com
Elmont	Greg Leger	508-245-1386	gleger@sewanhaskaschools.org
Farmingdale	Frank Tassielli	516-477-0214	FrankieTass@aol.com
Floral Park	Frank Thomas	516-448-5753	fcthomas9@gmail.com
Freeport	Roberto Delgado	516-250-2155	roberto@elbalconcontracting.com
Friends	Callum Ewen	516-359-2086	callum_ewen@fa.org
Garden City	Dave Izzo	917-941-3101	izzod@gcufsd.net
Glen Cove	Tom DeCarlo	516-574-1529	tdecarlo@glencoveschools.org
GN North	Kevin Graham	516-639-6635	kgraham@greatneck.k12.ny.us
GN South	Ciro Ambrosio	516-297-5617	cambrosio@greatneck.k12.ny.us
Hempstead	Nick Suesser	516-426-7127	nsuesser@hempsteadschols.org
Herricks	Rich Bizelia	516-242-1590	Rbizelia@herricks.org
Hewlett	Andy DeBernardo	516-369-0470	Debo1313@verizon.net
Hicksville	Frank Ciaramitaro	631-774-4473	FrankCia1@yahoo.com
Island Trees	Mike Valiando	631-774-3969	mvaliando@islandtrees.org
Jericho	Brian Ciminelli	516-225-8407	bciminelli@jerichoschools.org
Lawrence	Paul Imperiale	516-659-0555	pimperiale@lawrence.org
Locust Valley	Brian LoRusso	516-279-0599	blorusso@greatneck.k12.ny.us
Long Beach	Jason Zizza	516-924-3946	jzizza@lbeach.org
Lynbrook	Jon Zaccaro	516 242-8010	Jon.Zaccaro@LynbrookSchools.org
MacArthur	Steve Costello	516-355-1905	costello8992@gmail.com
Malverne	Joe Dunn	516-233-4249	josephdunn3rd@gmail.com
Manhasset	Anthony Serrapica	516-359-1753	anthony.serrapica@gmail.com
Massapequa	Tom Sheedy	516-445-6775	tsheedy@msd.k12.ny.us
Mepham	James Demsky	516-457-5835	jdemsky@bellmore-merrick.k12.ny.us
Mineola	Helms Bohringer	516-582-7462	Hbohringer@mineola.k12.ny.us
New Hyde Park	Joe Rotondaro	516-524-2779	josephrotondaro@hotmail.com
North Shore	Scott Lineman	516-359-0890	keylineman@hotmail.com
Oceanside	Mike Postilio, Jr.	516-721-5856	mpost16@aol.com
Oyster Bay	Jeff Schiereck	516-384-7909	jslvtown@yahoo.com
Plainedge	Colin Fratrick	516-376-0806	colin.fratrick@plainedgeschools.org
Plainview	John Givargidze	516-287-1444	jgivargidze@pobschools.org
Port Washington	Matt Holzer	516-449-7852	mholzer17@aol.com

Roosevelt	Mike Mille	516-815-0206	mmille@rufsd.org
Roslyn	Dan Freeman	516-527-1488	dfreeman@roslynschools.org
Seaford	Mike Milano	917-847-4949	mmilano@mail.seaford.k12.ny.us
Sewanhaka	Mike Senese	516-382-7021	msenese@sewanhaskaschools.org
SouthSide	Tom Smith	516-322-5845	thomasrsmith33@gmail.com
Syosset	Tom Morritt	516-554-5740	tmorritt87@gmail.com
Uniondale	Ciro Gentile	631-804-5999	Ciro24@optonline.net
VS Central	Paul Klimuszko	631-813-3162	klem24k@netscape.net
VS North	Phil Sanfilippo	516-660-2321	phil.sanfilippo86@gmail.com
VS South	Rich Hess	516-318-5116	coachrfh@optonline.net
Wantagh	Keith Sachs	631-988-9939	sachsK@wantaghschools.org
West Hemp.	Ron Bauer	516-458-8059	rjbauer8@gmail.com
Westbury	Ryan Mulholland	516-639-9607	rmulholland@westburyschools.org
Wheatley	Dave Burke	516-984-0691	Burked@ewsdmail.org
Coordinator	Sean Burns	516-728-4807	sburns@islandtrees.org
HS Association	Scott Stueber	631-219-1265	sstueber@syossetschools.org
Secretary	Rich Hess	516-318-5116	CoachRFH@optonline.net
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