



SW MN Youth Track & Field League

Welcome to the 2023 SW MN Youth Track & Field League. These track and field meets are being put on by the Murray County Central Track & Field Program in efforts to promote the sport for area youth. Our goal is to help kids develop an appreciation for the sport, gain respect for sportsmanship and have opportunities to push themselves at their own pace. Competition groups will be broken down by gender and age (7-8, 9-10, 11-12). Participants may compete in up to 3 individual events and 1 relay.

Meet #1 - May 7th, 2023

Meet #2 - May 21st, 2023

Meet Schedule

12:30 - 1:20	Registration/Check In - <u>Bring payment and registration to the event</u>
1:20 - 1:30	Welcome
1:30 - 2:15	Field Events - Standing Long Jump & Softball Throw (all ages)
2:15 - 2:30	100m Dash - Girls (7-8, 9-10, 11-12)
2:30 - 2:45	100m Dash - Boys (7-8, 9-10, 11-12)
2:45 - 3:00	800m Run - Girls all age groups
3:00 - 3:15	800m Run - Girls all age groups
3:15 - 3:30	200m Dash - Girls (7-8, 9-10, 11-12)
3:30 - 3:45	200m Dash - Boys (7-8, 9-10, 11-12)
3:45 - 4:00	400m Dash - Girls (7-8, 9-10, 11-12)
4:00 - 4:15	400m Dash - Boys (7-8, 9-10, 11-12)
4:15 - 4:30	4x100 Relay - Girls (7-8, 9-10, 11-12)
4:30 - 4:45	4x100 Relay - Boys (7-8, 9-10, 11-12)

**Times are approximate, we will follow a rolling schedule*

Contact Information:

SW MN Youth Track & Field Coordinator

Tim Bobeldyk

tim.bobeldyk@mcc.mntm.org

507-360-5525

Facebook

Southwest Minnesota Youth Track & Field League

Twitter

@SWMNYOUTH&F

Weather related announcements will be posted on these pages along with results and pictures.

Slayton Track Meet #1 - May 7, 2023

Cost: \$10 per athlete - checks made out to ISD 2169

Events: Max of 3 individual and 1 relay

Awards: Given to the top three finishers

Athlete Name _____ Age _____

School _____

Parent Constant _____

Please circle the events you would like to compete in.

Girls 7-8

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Girls 9-10

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Girls 11-12

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 7-8

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 9-10

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 11-12

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Names of Relay Runners (if on a relay)

1. _____ 2. _____

3. _____ 4. _____

Slayton Track Meet #2 - May 21, 2023

Cost: \$10 per athlete - checks made out to ISD 2169

Events: Max of 3 individual and 1 relay

Awards: Given to the top three finishers

Athlete Name _____ Age _____

School _____

Parent Constant _____

Please circle the events you would like to compete in.

Girls 7-8

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Girls 9-10

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Girls 11-12

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 7-8

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 9-10

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Boys 11-12

Standing Long Jump

Softball Throw

100m

200m

400m

800m

4x100 Relay

Names of Relay Runners (if on a relay)

1. _____ 2. _____

3. _____ 4. _____



Agreement to Participate Liability Waiver for Minors Participating in Youth Programs

Agreement to Participate. All activities involve certain inherent risks. Regardless of the care taken, it is impossible to guarantee the safety of all participants. While SW MN Youth Track & Field League is using care in conducting the event, it is unable to eliminate all risk from the activities.

CHILD'S INFORMATION (use additional lines if more than one child)

	First Name	Last Name	Gender	Date of Birth
1.	_____	_____	M/F	_____
2.	_____	_____	M/F	_____
3.	_____	_____	M/F	_____
4.	_____	_____	M/F	_____

Mother's Name _____ Father's Name _____

Guardian's Name (if applicable) _____

Mailing Address _____ City _____ State ____ Zip _____

Home Phone (____) _____ Cell Phone (____) _____

Email Address _____ (SW MN Track does not share email address)

Emergency Contact _____

Name Phone # Relationship

Medical Concerns/Restrictions: _____

I, and all named individuals above, agree to abide by the rules and regulations set by SW MN Track & Field League. I understand that violations of the rules and regulations, or misrepresentation of information on this form, may result in restriction, revocation, reduction or loss of program privileges without refund. Waiver and Release: I hereby waive and release SW MN Youth Track & Field League, Murray County Central Schools and volunteers from and against any claims, suits, losses, or related causes of action for damages, including attorney's fees and court costs, that may result from injury or death, accidental or otherwise, during, or arising from my child's participation in a recreation program, including transportation to and from activities associated with the program, and any resulting illness and/or injury, and I agree to indemnify and hold harmless the SW MN Youth Track & Field League and Murray County Central Schools from and against any and all such claims. I recognize that the recreational events or activities being entered into by my child can be dangerous to my child and I accept those dangers. I understand that if my child is injured, this waiver will be used against me and anyone else claiming damage in any legal action because of my child's injury. I hereby acknowledge that I understand and am familiar with the nature of the activities in which my child will participate at this facility, and affirm that my child is in good health and that my child does not have a physical or emotional condition, past or present, of which I am aware, which would in any way affect my child's ability to participate in recreation programs. I also understand that I should have health and accident insurance to cover injuries arising from participation in recreation programs. I also understand that I am responsible for immediate pick-up of my child upon completion of the program the child was registered in.

In case of emergency, I give my permission for emergency medical treatment of my child and for transportation to such treatment.

Photo/Video Consent: Photographs/videos may be taken during various programs. These photographs/videos may be used for future SW MN Youth Track & Field League promotional material. *Please indicate whether you will or will not grant permission to use your child's photo for these purposes.*

Yes, I grant permission _____ (Signature)

No, I do not grant permission _____ (Signature)

I, the undersigned, have read, understand, affirm, and agree to the above statements.

Parent/Guardian Signature:

_____ Date _____