

BREAKFAST

And

LUNCH

DECEMBER 2024

RRC is an equal opportunity provider.

BREAKFAST served daily with 100% fruit-juice, assorted fruit, milk.

LUNCH served daily with assorted fruit, vegetable, milk.

Cold vegetable bar offered daily PreK-12

Monday

Cook's Choice 2

Porkchop Patty
Mashed Potatoes
Dinner Roll, Fruit

B Option - GRAPE UNCRUSTABLE

Rice Krispie Bar 9

Popcorn Shrimp
Egg Roll, Fruit

B Option- GRAPE UNCRUSTABLE

Cereal and Toast 16

Chicken Strips
Pretzel With Cheese
Green Beans, Fruit

B Option- GRAPE UNCRUSTABLE

**NO SCHOOL
CHRISTMAS BREAK**

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CHRISTMAS BREAK**

Tuesday

Breakfast Cookie 3

Nachos With Cheese
Taco Meat, Corn
Black Beans, Peaches

Hot Breakfast Sandwich 10

Taco Quesadilla
Refried Beans, Corn, Peaches

Breakfast Pizza 17

Corn Dog
Baked Beans
Fruit

**NO SCHOOL
CHRISTMAS BREAK**

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Wednesday

French Toast sticks & sausage 4

Italian Dunkers with sauce
Peas, Apple Crisp
B Option- GRAPE UNCRUSTABLE

Banana Bread 11

Ham Croissant
California Blend, Fruit, Cookie
B Option- GRAPE UNCRUSTABLE

Cook's Choice 18

Turkey Gravy Over
Mashed Potatoes, Dinner Roll
Stuffing, Cranberry Sauce

NO B Option

**NO SCHOOL
CHRISTMAS BREAK**
*Merry Christmas from the
Lunch Ladies*

Thursday

Uncrustable 5

Goulash
Mixed Veggies, Garlic Bread
Fruit

Pancakes 12

Chicken Alfredo
Broccoli, Breadstick, Fruit

Muffin and String Cheese 19

Pizza Crunchers
Lettuce Salad, Fruit

**NO SCHOOL
CHRISTMAS BREAK**

Friday

Mini Donuts 6

NEW Pork Burger
Baked Beans, Mandarin oranges
B Option- GRAPE UNCRUSTABLES

Cini Mini 13

Pizza
Peas, Pineapple
B Option- GRAPE UNCRUSTABLE

Long Johns 20

Hot Dog
Ranch Wedges, Pears
B Option- GRAPE UNCRUSTABLE

**NO SCHOOL
CHRISTMAS BREAK**

BREAKFAST and LUNCH

All students are required to take a minimum of 3 items.
All students are required to take a 1/2 cup fruit or vegetable.
FOR BEST NUTRITION, CHOOSE ALL 5 meal components!

The USDA requires that students select a fruit or vegetable at each meal to qualify for a FREE reimbursable meal under the National School Lunch Program (NSLP) and the National School Breakfast Program (NSBP).