

 **BREAKFAST** And

 **LUNCH**

# FEBRUARY 2025

RRC is an equal opportunity provider.  
All menus are subject to change.

**BREAKFAST** served daily with 100% fruit juice, fruit, milk.

**LUNCH** served daily with fruit, vegetable, milk.

\*Cold vegetable bar offered daily PreK-12\*

## Monday

### Cook's Choice 3

- A) Corndog
- B) Turkey croissant  
Smile fries & fruit

### Banana Bread 10

- A) Salisbury burger
- B) Ham Sandwich  
Mashed potatoes  
Apple sauce, Dinner Roll

**NO  
SCHOOL**

### Rice Krispie bar 24

- A) Pork chop patty
- B) Mr. Rib Patty  
Mashed potatoes, Dinner roll

## Tuesday

### Scrambled Eggs & Toast 4

- A) Chicken Strips
- B) Grape Uncrustable  
pretzel w/cheese,  
cooked carrots, Fruit

### Cereal & Pop Tarts 11

- A) Soft Shell Taco
- B) Strawberry Uncrustable  
Re-fried beans, Corn, peaches

### Cook's choice 18

- A) Pizza crunchers
- B) grape uncrustable  
Lettuce salad, pears

### Mini donuts 25

- A) Super beefy nachos
- B) Strawberry uncrustable  
Corn, Black beans, peaches

## Wednesday

### Muffin & Hardboiled egg 5

- A) Pancakes
- B) Turkey Croissant  
Sausage, tri-taters,  
Mandarin oranges, Juice

### Pancake on a stick 12

- A) French bread pizza
- B) Ham Sandwich  
Peas, Slush Cup

### Yogurt, Granola, & Fruit 19

- A) BBQ Chicken on bun
- B) Turkey croissant  
Tater tots, Fruit

### French toast 26

- A) Chicken Nuggets
- B) Ham Sandwich  
Broccoli, Apple crisp

## Thursday

### French Toast 6

- A) Cheeseburger hotdish
- B) grape uncrustable  
Bosco stick, Broccoli, pears

### Cheese omelet and toast 13

- A) Tater Tot Hotdish
- B) Grape Uncrustable  
Mixed Veggies, Biscuit

### cinni mini 20

- A) Spaghetti
- B) Strawberry Uncrustable  
Peas, peaches, breadstick

### Breakfast pizza 27

- A) Goulash
- B) Grape Uncrustable  
Mixed vegetables  
Fruit, garlic bread

## Friday

### Breakfast Pizza 7

- A) Chicken patty on bun
- B) Turkey Croissant  
Cheesy Green beans, fruit

### Long john 14

- A) Ham sub
- B) Turkey sub  
California blend w/cheese  
Fruit and cookie

### Breakfast sandwich 21

- A) RRC burger with fixings
- B) Turkey Croissant  
Baked beans, Fruit and chips

### Fresh cinnamon roll 28

- A) Hotdog on Bun
- B) Ham Sandwich  
Fries, fruit

## **BREAKFAST and LUNCH**

All students are required to take a minimum of 3 items.  
All students are required to take a 1/2 cup fruit or vegetable.  
FOR BEST NUTRITION, CHOOSE ALL 5 meal components!

The USDA requires that students select a fruit or vegetable at each meal to qualify for a FREE reimbursable meal under the National School Lunch Program (NSLP) and the National School Breakfast Program (NSBP).

