

BREAKFAST

And LUNCH

APRIL 2025

RRC is an equal opportunity provider.
All menus are subject to change.

BREAKFAST served daily with 100% fruit juice, fruit, milk.
Variety of cereal that meets school grain requirements offered daily.
LUNCH served daily with fruit, vegetable, milk.
Cold vegetable bar offered daily PreK-12

Monday

Tuesday

Wednesday

Thursday

Friday



Cook's Choice

1

- A) Chicken Fajitas
- B) Grape Uncrustable
Broccoli

Scrambled Eggs & Toast

2

- A) Corndog
- B) Ham Croissant
Corn, Fruit

Chocolate Chip Sheet Pan

3

Pancakes

- A) BBQ Pork on Bun
- B) Grape Uncrustable
Ranch Wedges

Donuts & string Cheese

4

- A) French Bread Pizza
- B) Hamburger
Baked Beans, Fruit

Breakfast Cookie

7

- A) Porkchop Patty
- B) Ham Sandwich
Mashed Potatoes, Dinner Roll

Breakfast Pizza

8

- A) Super Beefy Nachos
- B) Strawberry Uncrustable
Black Beans, Corn, Peaches

Parfaits

9

- A) Chicken Nuggets
- B) Grape Uncrustable
Peas, Fruit

Pancakes

10

- A) Goulash
- B) Strawberry Uncrustable
Green Beans, Breadstick

Banana Bread

11

- A) Cheesy Pull Apart
- B) Hamburger
Lettuce Salad

Rice Krispie Bar

14

- A) Popcorn Shrimp
- B) Turkey Croissant
Fried Rice, Egg Roll

Cinni Mini

15

- A) Taco in a Bag
- B) Grape Uncrustable
Refried Beans, Corn, Peaches

Omelet & Toast

16

- A) Pizza Quesadilla
- B) Ham Sandwich
Celery with Peanut butter

Long John

17

- A) RRC Burger
- B) Hotdog
Baked Beans, Chips

NO SCHOOL

Cereal & Pop tart

22

- A) Pizza Crunchers
- B) Strawberry Uncrustable
Green Beans, Pears

Breakfast Sandwich

23

- A) Popcorn Chicken
- B) Ham Croissant
Pretzel with Cheese

Breakfast Pizza

24

- A) Lasagna Roll-Up with
meat Sauce
- B) Grape Uncrustable
Broccoli, Garlic Bread

French Toast Sticks

25

- A) Pepperoni Pizza
- B) Cheese Pizza
Lettuce Salad

NO SCHOOL

Muffin & String Cheese

28

- A) Salisbury Burger
- B) Porkchop Patty
Mashed Potatoes, Dinner Roll

Breakfast Pizza

29

- A) Chicken Strips
- B) Turkey Croissant
Corn, Fruit

Yogurt, Fruit, Granola

30

- A) Pancakes
- B) Grape Unrustable
Tri-tater, Sausage, Juice

BREAKFAST and LUNCH

All students are required to take a minimum of 3 items.
All students are required to take a ½ cup fruit or vegetable.
FOR BEST NUTRITION, CHOOSE ALL 5 meal components!

The USDA requires that students select a fruit or vegetable at each meal to qualify for a FREE reimbursable meal under the National School Lunch Program (NSLP) and the National School Breakfast Program (NSBP).