

MAY 2029

RRC is an equal opportunity provider.
All menus are subject to change.

BREAKFAST served daily with 100% fruit juice, fruit, milk.
Variety of cereal that meets school grain requirements offered daily.
LUNCH served daily with fruit, vegetable, milk.
Cold vegetable bar offered daily PreK-12



BREAKFAST and LUNCH

All students are required to take a minimum of 3 items. All students are required to take a ½ cup fruit or vegetable. FOR BEST NUTRITION, CHOOSE ALL 5 meal components!

The USDA requires that students select a fruit or vegetable at each meal to qualify for a FREE reimbursable meal under the National School Lunch Program (NSLP) and the National School Breakfast Program (NSBP).