



FC Elementary Breakfast Menu

March
2024

Fruits and Vegetables Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1 Banana Muffin Cheese Stick Vegetable Selection Fruit Selection Milk
4 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fruit Selection Milk	5 Cinnamon Roll Juice Selection Fruit Selection Milk	6 Mini Eggo Waffles Syrup Vegetable Selection Fruit Selection Milk	7 Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	8 No School
11 Brekkie Vegetable Selection Fruit Selection Milk	12 Cinnamon Crisps Cheese Stick Juice Selection Fruit Selection Milk	13 Pancakes Syrup Vegetable Selection Fruit Selection Milk	14 Choice of Cereal Juice Selection Fruit Selection Milk	15 Strawberry Pop Tart Cheese Stick Vegetable Selection Fruit Selection Milk
18 Yogurt Cup Dippable Graham Snacks Vegetable Selection Fruit Selection Milk	19 Vanilla Frosted Long John Juice Selection Fruit Selection Milk	20 Mini French Toast Syrup Vegetable Selection Fruit Selection Milk	21 Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	22 Apple Frudel Juice Selection Fruit Selection Milk
25 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fruit Selection Milk	26 Cinnamon Roll Juice Selection Fruit Selection Milk	27 Breakfast Sandwich Vegetable Selection Fruit Selection Milk	28 Choice of Cereal Graham Crackers Juice Selection Fruit Selection Milk	29 No School

PRICES

K-6	\$0.00
Adult	\$3.00
Extra Milk	\$0.50

EXTRA INFO

Choice of 1% or chocolate milk included with meal.
Questions contact Emily Kiehne 507-500-4708
or
emily.kiehne@isd2198.k12.mn.us

HARVEST OF



THE MONTH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1
				Cheese Pizza Ham Deli Sandwich Roasted Broccoli Baby Carrots Diced Pears Banana Milk Choice
4 Macaroni & Cheese Rip Stick Breadstick Crispy Chicken Nuggets Steamed Peas Broccoli Florets Peaches, Diced Fresh Pear Milk Choice	5 Beefy Nachos w/Cheese Sauce Salsa Honey Mustard Ham Wrap Baked Beans Broccoli Florets 100% Orange Juice Fresh Pear Milk Choice	6 Toasted Italian Cheese Sandwich Marinara Sauce Crispy Chicken Sandwich Steamed Carrots Broccoli Florets Pineapple Tidbits Fresh Pear Milk Choice	7 Cheeseburger on a Bun Popcorn Chicken Bowl Bread Stick Broccoli Florets Applesauce Fresh Pear Milk Choice	8 No School
11 Cheese Bosco Stick Marinara Sauce BBQ Pulled Pork Sandwich Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Fresh Grapes Milk Choice	12 Pancakes Easy Egg Bake Turkey Munchable Potato Wedges Red/Orange Bell Pepper Mixed Canned Fruit Fresh Grapes Milk Choice	13 Pasta with Meat Sauce Garlic Toast Crispy Chicken Sandwich Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Fresh Grapes Milk Choice	14 Corn Dog Cheeseburger on a Bun Baked Beans Red/Orange Bell Pepper Applesauce Fresh Grapes Milk Choice	15 Cheesy Italian Flatbread Marinara Sauce Ham Deli Sub Sandwich Roasted Broccoli Red/Orange Bell Pepper Diced Pears Fresh Grapes Milk Choice
18 Crispy Chicken Tenders Whole Grain Dinner Roll Chicken and Penne Whole Grain Dinner Roll Steamed Peas Baby Carrots Peaches, Diced Banana Milk Choice	19 Walking Taco BBQ Pulled Pork Sandwich Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana Salsa Milk Choice	20 Cheesebread Dunkers Marinara Sauce Crispy Chicken Sandwich Golden Crinkle Cut French Fries Baby Carrots Pineapple Tidbits Banana Milk Choice	21 Cheeseburger on a Bun Chicken & Cheese Quesadilla Baked Beans Baby Carrots Applesauce Banana Milk Choice	22 Cheese Pizza Toasted Cheese Sandwich California Blend Vegetable Baby Carrots Diced Pears Banana Milk Choice
25 Beef Hot Dog on a Bun Crispy Chicken Wrap Whole Grain Dinner Roll Potato Wedges Cherry Tomato Peaches, Diced Fresh Pear Milk Choice	26 Macaroni & Cheese Rip Stick Breadstick Hot Turkey Sandwich Roasted Broccoli Cherry Tomato Mixed Canned Fruit Fresh Pear Milk Choice	27 Chicken Bacon Ranch Melt Crispy Chicken Sandwich California Blend Vegetable Cherry Tomato Pineapple Tidbits Fresh Pear Milk Choice	28 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Cheeseburger on a Bun Green Beans Cherry Tomato Applesauce Fresh Pear Milk Choice	29 No School

PRICES
 K-6 \$0.00
 Adult \$5.00
 Extra Milk \$0.50

EXTRA INFO
 Choice of 1% or chocolate milk included with meal.
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FC High School Breakfast Menu

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Fruits and Vegetables are Offered Daily

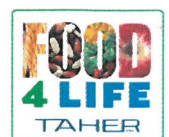
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1 Mini Waffles Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk
4 Chocolate Chip Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	5 Cheesy Ham Melt Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	6 Vanilla Frosted Long John Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	7 Peach Yogurt Graham Crackers Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	8 No School
11 Mini Bagel Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	12 Yogurt Parfait with Fruit & Granola Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	13 Breakfast Flatbread Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	14 Scrambled Egg Whole Grain Toast Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	15 Biscuits & Gravy Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk
18 Mini Pancakes Syrup Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	19 Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	20 French Toast Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	21 Cinnamon Roll Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	22 Strawberry Banana Yogurt Graham Crackers Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk
25 Brekkie Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	26 Breakfast Pizza Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	27 Banana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit Selection Milk	28 Breakfast Bowl Biscuit Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	29 No School

PRICES	EXTRA INFO
7-12	\$0.00
Adult	\$3.00
Extra Milk	\$0.50
Ala Carte	\$ Varies

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27	28	29	1 Cheese Pizza Deli Sandwich Roasted Broccoli Diced Pears Banana Milk Choice
4 Chicken & Penne Whole Grain Dinner Roll Deli Sandwich Steamed Peas Peaches, Diced Fresh Pear Milk Choice	5 HOM - Orange Beefy Nachos w/Cheese Sauce Salsa Grilled Cheese Sandwich Refried Beans 100% Orange Juice Fresh Pear Milk Choice	6 Popcorn Chicken Bowl Bread Stick Deli Sandwich Applesauce Fresh Pear Milk Choice	7 HOM - Rutabaga Cheeseburger on a Bun Vegetable Soup w/ Rutabaga Grilled Cheese Sandwich Steamed Carrots Pineapple Tidbits Fresh Pear Milk Choice	8 No School
11 Cheese Bosco Stick Marinara Sauce Deli Sandwich Steamed Green Beans Peaches, Diced Fresh Grapes Milk Choice	12 Pancakes Easy Egg Bake Maple French Toast Sausage Bread- LTO Potato Wedges Mixed Canned Fruit Fresh Grapes Milk Choice	13 Orange Chicken Brown Rice Deli Sandwich Steamed Carrots Pineapple Tidbits Fresh Grapes Milk Choice	14 Corn Dog Spicy Chicken Patty on Bun Baked Beans Applesauce Fresh Grapes Milk Choice	15 Cheesy Italian Flatbread Marinara Sauce Deli Sandwich Roasted Broccoli Diced Pears Fresh Grapes Milk Choice
18 Beef Hot Dog on a Bun Deli Sandwich Golden French Fries Peaches, Diced Banana Milk Choice	19 Pasta with Meat Sauce Rip Stick Breadstick BBQ Pulled Pork Sandwich Roasted Broccoli Mixed Canned Fruit Banana Milk Choice	20 Cheesebread Dunkers Marinara Sauce Deli Sandwich Steamed Peas Pineapple Tidbits Banana Milk Choice	21 Walking Taco Salsa BBQ Pulled Pork Sandwich Spiced Pinto Beans Applesauce Banana Milk Choice	22 Cheese Pizza Deli Sandwich California Blend Vegetable Diced Pears Banana Milk Choice
25 Crispy Chicken Tenders Whole Grain Dinner Roll Deli Sandwich California Blend Vegetable Pineapple Tidbits Fresh Pear Milk Choice	26 Macaroni & Cheese Rip Stick Breadstick Hot Turkey Sandwich Roasted Broccoli Mixed Canned Fruit Fresh Pear Milk Choice	27 Chicken & Cheese Quesadilla Deli Sandwich Potato Wedges Peaches, Diced Fresh Pear Milk Choice	28 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Hot Turkey Sandwich Steamed Green Beans Applesauce Fresh Pear Milk Choice	29 No School

PRICES

7-8	\$0.00
9-12	\$0.00
Adult	\$5.00
Extra Milk	\$0.50
Ala Carte	\$ Varies

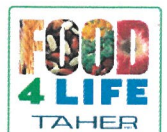
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