

**FILLMORE CENTRAL WELLNESS POLICY
ACTION PLAN**

School Name: Fillmore Central

Original Date: 2017-18

Last Revision Date: 10/24/24

Reviewed Date: 10/24/24

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted	Complete?
1) Promote Farm to School Activities	a) Provide messages about agriculture and nutrition throughout the learning environment b) Host field trips to local farms c) Incorporate local products into the school meal program d) Harvest of the Month program through Taher FSMC	All year	*Visual and verbal checks *Teacher survey at the end of the year	Principal and Superintendent	Teachers, staff, and students	In process
2) Phy Ed offerings	K-6 - Phy ed class each day 7-10 - Phy ed class annually 11-12 - Phy ed electives available	All year	*Review participation grades	Principal and Superintendent	Teachers, staff, and students	Yes
3) Physical activity offerings beyond the school day	Athletics Strength & agility program Community Education programs	All year	*Review participation	Superintendent , Athletic Director, Comm Ed Director	Coaches, teachers, staff and students	Yes
4)						