



FC Elementary Breakfast Menu

December
2024

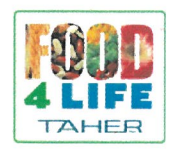
Fruits and Vegetables Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>3</p> <p>Cinnamon Roll</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>4</p> <p>Pancake on a Stick Syrup</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>5</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>6</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>9</p> <p>Brekkie</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>10</p> <p>Scrambled Egg Toast</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>11</p> <p>Mini Eggo Waffles Syrup</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>12</p> <p>Peach Yogurt Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>13</p> <p>Mini-Cinnis</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>16</p> <p>Strawberry Banana Yogurt Homemade Granola</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>17</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>18</p> <p>Mini Pancakes Syrup</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>19</p> <p>Apple Frudel</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>20</p> <p>Vanilla Frosted Long John Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>23</p> <p>No School Winter Break</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>
<p>30</p> <p>No School</p>	<p>31</p> <p>No School</p>	<p>1</p>		

PRICES	K-6	\$0.00
	Adult	\$3.00
	Extra Milk	\$0.50
EXTRA INFO	Choice of 1% or chocolate milk included with meal.	
	Questions contact Emily Kiehne at emily.kiehne@isd2198.k12.mn.us	



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FC Elementary Lunch Menu

December
2024

Fruits and Vegetables Offered Daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	HOM Chicken Patty Sandwich Chicken Fajitas Roasted Brussels Sprouts Diced Peaches Fresh Fruit Bar Choice of Milk	3 Lasagna Garlic Toast Cheesy Italian Flatbread Marinara Sauce Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	4 Hamburger on a Bun Orange Chicken Brown Rice Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	5 Beefy Nachos w/Cheese Sauce Salsa Grilled Cheese Sandwich Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	6 Pancakes Syrup Sausage Patty Turkey Deli Sandwich Tri Tater Sliced Pears Fresh Fruit Bar Choice of Milk				
9	Hamburger on a Bun Ham & Pepperoni Melt Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	10 Beef Hot Dog on a Bun Italian Stromboli Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	11 Crispy Chicken Tenders Whole Grain Dinner Roll Ham Deli Sandwich Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	12 Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Wrap Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	13 Cheese Pizza Ham Deli Sandwich Roasted Corn Diced Pears Fresh Fruit Bar Choice of Milk				
16	HOM Corn Dog HOM - Turkey Cranberry Wrap HOM - Sorrel Soup Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	17 BBQ Pulled Pork Sandwich Coleslaw Cheeseburger on WG Bun Glazed Carrots Mixed Fruit Fresh Fruit Bar Choice of Milk	18 Walking Taco Lettuce, Tomato and Cheese Grilled Ham & Cheese Sandwich Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	19 Pasta with Meat Sauce Garlic Toast Chicken Patty Sandwich Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	20 Country Fried Chicken and Gravy Whole Grain Dinner Roll Hamburger on a Bun Mashed Potatoes Diced Pears Fresh Fruit Bar Choice of Milk				
23	No School	24 No School	25 No School	26 No School	27 No School				
30	No School	31 No School	1						

PRICES	K-6	\$0.00
	Adult	\$6.00
	Extra Milk	\$0.50

EXTRA INFO

Choice of 1% or chocolate milk included with meal.

Questions contact Emily Kiehne at emily.kiehne@isd2198.k12.mn.us



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FC High School Breakfast Menu

December
2024

Fruits and Vegetable Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>3</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>4</p> <p>Pancake on a Stick Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>5</p> <p>French Toast Sticks Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>6</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>9</p> <p>Brekkie</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>10</p> <p>Scrambled Egg English Muffin</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>11</p> <p>Mini Eggo Waffles Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>12</p> <p>Peach Yogurt Fun with D&J Crackers</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>13</p> <p>Mini-Cinnis</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
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<p>23</p> <p>No School Winter Break</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>
<p>30</p> <p>No School</p>	<p>31</p> <p>No School</p>	<p>1</p>		

PRICES	7-12	\$0.00	EXTRA INFO
	Adult	\$3.00	
	Extra Milk	\$0.50	
	Ala Carte	\$ Varies	

Choice of 1% and Chocolate milk included with meal

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FC High School Lunch Menu

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Fruits and Vegetable Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOM Brussels Sprouts Chicken Patty Sandwich Chicken Fajitas Turkey Deli Sandwich Roasted Brussels Sprouts Diced Peaches Fresh Fruit Bar Choice of Milk	3 Lasagna Garlic Toast Fish Sandwich w/Cheese Turkey Deli Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	4 Hamburger on a Bun Orange Chicken Brown Rice Turkey Deli Sandwich Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	5 Beefy Nachos w/Cheese Sauce Salsa Grilled Cheese Sandwich Turkey Deli Sandwich Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	6 HOM Pancakes Syrup Sausage Patty Turkey Deli Sandwich Tri Tater Sliced Pears Fresh Fruit Bar Choice of Milk
9 Hamburger on a Bun Ham & Pepperoni Melt Ham Deli Sandwich Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	10 LTO - Sample the Sizzle Bamboo Jerk Chicken Sandwich w/ Pineapple Pico Cheese Bread Beef Hot Dog on a Bun Ham Deli Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	11 LTO Bamboo Jerk Chicken Sandwich w/ Pineapple Pico Crispy Chicken Tenders Whole Grain Dinner Roll Ham Deli Sandwich Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	12 Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Wrap Ham Deli Sandwich Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	13 Cheese Pizza Ham Deli Sandwich Roasted Corn Diced Pears Fresh Fruit Bar Choice of Milk
16 HOM - Cranberry & Sorrel Corn Dog HOM - Turkey Cranberry Wrap Ham Deli Sandwich HOM - Sorrel Soup Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	17 BBQ Pulled Pork Sandwich Coleslaw Cheeseburger on WG Bun Ham Deli Sub Sandwich Glazed Carrots Mixed Fruit Fresh Fruit Bar Choice of Milk	18 Walking Taco Lettuce, Tomato and Cheese Grilled Ham & Cheese Sandwich Ham Deli Sub Sandwich Refried Beans Pineapple Tidbits Fresh Fruit Bar Choice of Milk	19 Pasta with Meat Sauce Garlic Toast Spicy Chicken Patty on Bun Ham Deli Sub Sandwich Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	20 Country Fried Chicken and Gravy Whole Grain Dinner Roll Hamburger on a Bun Ham Deli Sub Sandwich Mashed Potatoes Diced Pears Fresh Fruit Bar Choice of Milk
23 No School	24 No School	25 No School	26 No School	27 No School
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PRICES	7-12	\$0.00
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EXTRA INFO

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Questions contact Emily Kiehne
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HARVEST OF THE MONTH

CRANBERRY
BRUSSELS SPROUT
SORRELL

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