



FC Elementary Breakfast Menu

January
2025

Fruits and Vegetables offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 No School New Years Day	2 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	3 Mini-Cinnis Fruit Selection Juice Selection Choice of Milk
6 Strawberry Banana Yogurt Homemade Granola Fruit Selection Juice Selection Choice of Milk	7 Mini French Toast Fruit Selection Juice Selection Choice of Milk	8 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	9 Apple Frudel Fruit Selection Juice Selection Choice of Milk	10 Apple Cinnamon Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk
13 Cinnamon Cream Cheese Filled Bagel Fruit Selection Juice Selection Choice of Milk	14 Cinnamon Roll Fruit Selection Juice Selection Choice of Milk	15 Pancake on a Stick Syrup Fruit Selection Juice Selection Choice of Milk	16 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	17 Banana Chocolate Loaf Cheese Stick Fruit Selection Juice Selection Choice of Milk
20 No School	21 Brekkie Fruit Selection Juice Selection Choice of Milk	22 Maple Madness Mini Waffles Syrup Fruit Selection Juice Selection Choice of Milk	23 Peach Yogurt Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	24 Mini-Cinnis Fruit Selection Juice Selection Choice of Milk
27 Choice of Cereal Homemade Granola Fruit Selection Juice Selection Choice of Milk	28 Mini French Toast Syrup Fruit Selection Juice Selection Choice of Milk	29 Apple Frudel Fruit Selection Juice Selection Choice of Milk	30 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	31 Blueberry Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk

PRICES	K-6	\$0.00
	Adult	\$3.00
	Extra Milk	\$0.50

EXTRA INFO
Choice of 1% or Chocolate milk included with meal
Questions contact Emily Kiehne at emily.kiehne@isd2198.k12.mn.us



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 No School New Years Day	2 Classic Cheeseburger BBQ Rib Sandwich Steamed Corn Applesauce Fresh Fruit Bar Choice of Milk	3 Homemade Cheese Pizza Ham Deli Sandwich Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk
6 Corn Dog Chicken Bacon Alfredo Flatbread Steamed Peas Diced Peaches Fresh Fruit Bar Choice of Milk	7 HOM - Grapefruit Fluffy Pancakes Easy Egg Bake Roasted Beef Hot Dog on a Bun Tri Tater Mixed Fruit Fresh Grapefruit Choice of Milk	8 All American Hamburger on a Bun Orange Chicken Seasoned Brown Rice Steamed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	9 Crispy Chicken Patty Sandwich Salsa Chicken Bowl Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	10 Pasta w/ Hearty Meat Sauce Garlic Toast Honey Mustard Ham Wrap Roasted Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk
13 Crispy Chicken Nuggets Whole Grain Dinner Roll Cheesebread Dunkers French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	14 Max Stix Marinara Sauce Classic Cheeseburger Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	15 Crispy Chicken Patty Sandwich Ham Deli Sandwich Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	16 Soft Beef Tacos Lettuce, Tomato and Cheese Turkey BLT Wrap Salsa Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	17 HOM - Cabbage Toasted Cheese Sandwich Mediterranean Vegetable Soup Pulled Pork Sandwich Coleslaw California Blend Vegetable Sliced Peaches Fresh Fruit Bar Choice of Milk
20 No School	21 Italian Pasta Bake Bread Stick Pigs in a Blanket Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	22 Taste of America Crispy Chicken Tenders Whole Grain Dinner Roll Beef Stew over Biscuit Tator Tots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	23 Creamy Macaroni & Cheese Whole Grain Dinner Roll Hot Ham & Cheese Flatbread Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	24 Homemade Pepperoni Pizza Crispy Chicken Wrap Baked Beans, Vegetarian Diced Peaches Fresh Fruit Bar Choice of Milk
27 Corn Dog Crispy Chicken Patty Sandwich Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	28 Salisbury Steak Classic Cheeseburger Mashed Potatoes Gravy Mixed Fruit Fresh Fruit Cup Choice of Milk	29 Beefy Nachos w/Cheese Sauce Crispy Chicken Patty Sandwich Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	30 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Cheesy Italian Flatbread Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	31 Country Fried Chicken and Gravy Whole Grain Dinner Roll Grilled Cheese Sandwich Mashed Potatoes Glazed Carrots Diced Peaches Fresh Fruit Bar Choice of Milk

PRICES	K-6	\$0.00
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FC High School Breakfast Menu

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Fruits and Vegetable Offered Daily

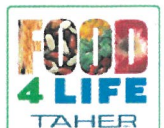
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p>	<p>31</p>	<p>1</p> <p>No School New Years Day</p>	<p>2</p> <p>Chocolate Chip Brekkie</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>3</p> <p>Banana Blueberry Muffin</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>6</p> <p>Strawberry Banana Yogurt Homemade Granola</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>7</p> <p>Mini French Toast</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>8</p> <p>Mini-Cinnis</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>9</p> <p>Apple Frudel</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>10</p> <p>Apple Cinnamon Muffin Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>13</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>14</p> <p>Cinnamon Roll</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>15</p> <p>Pancake on a Stick Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>16</p> <p>Cheese Omelet</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>17</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>Brekkie</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>22</p> <p>Maple Madness Mini Waffles Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>23</p> <p>Peach Yogurt Fun with D&J Crackers</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>24</p> <p>Mini-Cinnis</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>27</p> <p>Vanilla Frosted Long John</p> <p>Choice of Cereal Homemade Granola</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>28</p> <p>Mini French Toast Syrup</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>29</p> <p>Apple Frudel</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>30</p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>31</p> <p>Blueberry Muffin Cheese Stick</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>

PRICES	7-12	\$0.00
	Adult	\$3.00
	Extra Milk	\$0.50
	Ala Carte	& Varies
	EXTRA INFO	

Choice of 1% and Chocolate milk included with meal
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6 Chicken Bacon Alfredo Flatbread Corn Dog Turkey Deli Sandwich Steamed Peas Diced Peaches Fresh Fruit Bar Choice of Milk	7 HOM - Grapefruit Fluffy Pancakes Easy Egg Bake Roasted Beef Hot Dog on a Bun Turkey Deli Sandwich Tri Tater Mixed Fruit Fresh Grapefruit Choice of Milk	8 Orange Chicken Seasoned Brown Rice All American Hamburger on a Bun Ham Deli Sandwich Steamed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	9 Salsa Chicken Bowl Crispy Chicken Patty Sandwich Ham Deli Sandwich Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	10 Pasta w/ Hearty Meat Sauce Garlic Toast Honey Mustard Ham Wrap Ham Deli Sandwich Roasted Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk
13 Crispy Chicken Nuggets Whole Grain Dinner Roll Fish Sandwich w/Cheese Ham Deli Sandwich French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	14 Sample the Sizzle Turkey Piegga LTO Max Stix Marinara Sauce Classic Cheeseburger Ham Deli Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	15 LTO Turkey Piegga LTO Crispy Chicken Patty Sandwich Ham Deli Sandwich Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	16 Soft Beef Tacos Lettuce, Tomato and Cheese Turkey BLT Wrap Turkey Deli Sub Sandwich Salsa Black Beans Applesauce Fresh Fruit Bar Choice of Milk	17 HOM Cabbage Toasted Cheese Sandwich Mediterranean Vegetable Soup Pulled Pork Sandwich Coleslaw Ham Deli Sandwich California Blend Vegetable Sliced Peas Fresh Fruit Bar
20 No School	21 HOM Italian Pasta Bake Garlic Breadstick Oven Roasted Brat on a Bun Turkey Deli Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	22 Taste of America Beef Stew over Biscuit Crispy Chicken Tenders Whole Grain Dinner Roll Turkey Deli Sandwich Tator Tots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	23 Creamy Macaroni & Cheese Whole Grain Dinner Roll Hot Ham & Cheese Flatbread Ham Deli Sandwich Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	24 Homemade Pepperoni Pizza Crispy Chicken Wrap Ham Deli Sandwich Black Beans Diced Peas Fresh Fruit Cup Choice of Milk
27 Corn Dog Crispy Chicken Patty Sandwich Ham Deli Sandwich Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	28 Salisbury Steak Classic Cheeseburger Turkey Deli Sandwich Mashed Potatoes Gravy Mixed Fruit Fresh Fruit Cup Choice of Milk	29 Beefy Nachos w/Cheese Sauce Spicy Crispy Chicken Patty Sandwich Ham Deli Sandwich Refried Beans Pineapple Tidbits Fresh Fruit Bar Choice of Milk	30 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Cheesy Italian Flatbread Ham Deli Sandwich Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	31 Country Fried Chicken and Gravy Whole Grain Dinner Roll Grilled Cheese Sandwich Turkey Deli Sandwich Mashed Potatoes Glazed Carrots Diced Peas Fresh Fruit Bar

PRICES

7-12	\$0.00
Adult	\$6.00
Extra Milk	\$0.50
Ala Carte	\$ varies

EXTRA INFO

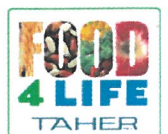
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HARVEST OF



THE MONTH

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