



FC Elementary Breakfast Menu

March
2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>4</p> <p>Banana Bread Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>5</p> <p>Fluffy Pancakes Syrup</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>6</p> <p>Apple Frudel</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>7</p> <p>Blueberry Muffin Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>10</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>11</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>12</p> <p>Maple Madness Mini Waffles Syrup</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>13</p> <p>Cinnamon Roll</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>14</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>17</p> <p>Brekkie</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>18</p> <p>Apple Cinnamon Muffin Cheese Stick</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>19</p> <p>Mini French Toast</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>20</p> <p>Peach Yogurt Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>21</p> <p>Mini-Cinnis</p> <p>Juice Selection Fruit Selection Choice of Milk</p>
<p>24</p> <p>Choice of Cereal Fun with D&J Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>25</p> <p>Vanilla Frosted Long John</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>26</p> <p>Sausage Breakfast Pizza</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>27</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>28</p> <p>No School</p>
<p>31</p> <p>Apple Cinnamon Muffin Cheese Stick</p> <p>Juice Selection Fruit Selection Choice of Milk</p>	<p>1</p>			

PRICES	EXTRA INFO
K-6	\$0.00
Extra Milk	\$0.50
Adult	\$3.00

Milk choice of 1% unflavored white or fat free chocolate milk
 Questions or comments, contact Emily Kiehne at
 emily.kiehne@isd2198.k12.mn.us



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FC Elementary School Lunch

March
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Roasted Beef Hot Dog on a Bun</p> <p>Country Fried Chicken and Gravy Whole Grain Dinner Roll</p> <p>Mashed Potatoes Glazed Carrots Diced Pears</p>	<p>4</p> <p>Walking Taco</p> <p>Turkey BLT Wrap</p> <p>Roasted Corn Mixed Fruit Fresh Fruit Bar Choice of Milk</p>	<p>5</p> <p>Crispy Chicken Sandwich</p> <p>Cheese & Pepperoni Flatbread</p> <p>Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk</p>	<p>6</p> <p>Italian Pasta Bake Whole Grain Dinner Roll</p> <p>Classic Cheeseburger</p> <p>Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk</p>	<p>7</p> <p>Italian Stromboli Marinara Sauce</p> <p>Turkey Deli Sub Sandwich</p> <p>Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk</p>
<p>10</p> <p>Chicken & Cheese Quesadilla</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Sweet Potato Tots Diced Peaches Fresh Fruit Bar Choice of Milk</p>	<p>11</p> <p>Corn Dog</p> <p>Beefy Nachos with Homemade Cheese Sauce</p> <p>Baked Beans, Vegetarian Mixed Fruit Fresh Fruit Bar Choice of Milk</p>	<p>12 HOM Rutabaga</p> <p>Salisbury Steak Whole Grain Dinner Roll</p> <p>Crispy Chicken Sandwich</p> <p>Mashed Potatoes w/ Rutabaga Gravy Pineapple Tidbits Fresh Fruit Bar Choice of Milk</p>	<p>13</p> <p>French Toast Sticks Sausage Patty</p> <p>Popcorn Chicken Whole Grain Dinner Roll</p> <p>Glazed Carrots Applesauce Fresh Fruit Bar Choice of Milk</p>	<p>14</p> <p>Homemade Cheese Pizza</p> <p>Ham Deli Sub Sandwich</p> <p>Roasted Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk</p>
<p>17</p> <p>Chicken Alfredo w/Pasta Garlic Toast</p> <p>Honey Mustard Ham Wrap</p> <p>Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk</p>	<p>18</p> <p>Soft Beef Tacos</p> <p>Hot Ham & Cheese Flatbread</p> <p>Baked Beans, Vegetarian Mixed Fruit Fresh Fruit Bar 1% Unflavored Milk</p>	<p>19</p> <p>Toasted Italian Cheese Sandwich Marinara Sauce</p> <p>Crispy Chicken Sandwich</p> <p>Glazed Carrots Pineapple Tidbits Fresh Fruit Bar 1% Unflavored Milk</p>	<p>20</p> <p>Popcorn Chicken Flaky Biscuit</p> <p>Classic Cheeseburger</p> <p>Mashed Potatoes Steamed Corn Applesauce Fresh Fruit Bar 1% Unflavored Milk</p>	<p>21</p> <p>Creamy Macaroni & Cheese Whole Grain Dinner Roll</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Steamed Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk</p>
<p>24 HOM Lemon</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Lemon Herb Chicken Leg Whole Grain Dinner Roll</p> <p>Steamed Peas Diced Peaches Fresh Fruit Bar Choice of Milk</p>	<p>25</p> <p>Pasta with Hearty Meat Sauce Garlic Toast</p> <p>BBQ Rib Sandwich</p> <p>Steamed Green Beans Pineapple Tidbits Fresh Fruit Cup 1% Unflavored Milk</p>	<p>26</p> <p>Max Stix Marinara Sauce</p> <p>BBQ Pulled Pork Sandwich</p> <p>Baked Beans, Vegetarian Diced Peaches Fresh Fruit Bar Choice of Milk</p>	<p>27</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Orange Chicken Seasoned Brown Rice</p> <p>Steamed Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk</p>	<p>28</p> <p>No School</p>
<p>31</p> <p>Cheesy Italian Flatbread Marinara Sauce</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk</p>	<p>1</p>			

PRICES	K-6	\$0.00
	Adult	\$6.00
	Extra Milk	\$0.50

EXTRA INFO

Milk choice of 1% Unflavored White, or Fat Free Chocolate.

For questions or comments, contact Emily Kiehne at
emily.kiehne@isd2198.k12.mn.us



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FCHS Breakfast Menu

March
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Strawberry Banana Yogurt Homemade Granola Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	4 Banana Bread Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	5 Fluffy Pancakes Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	6 Apple Frudel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	7 Blueberry Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
10 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	11 Yogurt Parfait with Strawberries & Granola Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	12 Maple Madness Mini Waffles Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	13 Cinnamon Roll Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	14 Banana Chocolate Loaf Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
17 Brekkie Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	18 Apple Cinnamon Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	19 Mini French Toast Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	20 Peach Yogurt Fun with D&J Crackers Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	21 Mini-Cinnis Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Choice of Milk
24 Strawberry Banana Yogurt Homemade Granola Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	25 Vanilla Frosted Long John Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	26 Sausage Breakfast Pizza Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	27 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	28 No School
31 Apple Cinnamon Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Choice of Milk	1			

PRICES

7-12	\$0.00
Adult	\$3.00
Extra Milk	\$0.50
Ala Carte	\$ Varies

EXTRA INFO

Milk choice of 1% Unflavored White, or Fat Free Chocolate.
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 Emily Kiehne at
 emily.kiehne@isd2198.k12.mn.us

HARVEST OF



THE MONTH

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FCHS Lunch Menu

March
2025

Non-Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Country Fried Chicken and Gravy Whole Grain Dinner Roll Turkey BLT Wrap Mashed Potatoes Glazed Carrots Diced Pears Fresh Fruit Bar	4 Sample the Sizzle Chicken Tinga Tostado Walking Taco Roasted Beef Hot Dog on a Bun Roasted Corn Mixed Fruit Fresh Fruit Bar Choice of Milk	5 LTO Chicken Tinga Tostado Crispy Chicken Sandwich Refried Beans Pineapple Tidbits Fresh Fruit Bar Choice of Milk	6 Italian Pasta Bake Whole Grain Dinner Roll Classic Cheeseburger Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	7 Cheesy Italian Flatbread Marinara Sauce Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk
10 Chicken & Cheese Quesadilla Crispy Chicken Nuggets Whole Grain Dinner Roll Sweet Potato Tots Diced Peaches Fresh Fruit Bar Choice of Milk	11 Corn Dog Beefy Nachos with Homemade Cheese Sauce Black Beans Mixed Fruit Fresh Fruit Bar Choice of Milk	12 HOM Rutabaga Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich Mashed Potatoes w/ Rutabaga Gravy Pineapple Tidbits Fresh Fruit Bar Choice of Milk	13 Classic Cheeseburger Popcorn Chicken Whole Grain Dinner Roll Glazed Carrots Applesauce Fresh Fruit Bar Choice of Milk	14 Homemade Cheese Pizza Ham Deli Sub Sandwich Roasted Broccoli Diced Pears Fresh Fruit Bar Choice of Milk
17 Chicken Alfredo w/Pasta Garlic Toast Honey Mustard Ham Wrap Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk	18 Soft Beef Tacos Hot Ham & Cheese Flatbread Baked Beans, Vegetarian Mixed Fruit Fresh Fruit Bar 1% Unflavored Milk	19 Toasted Italian Cheese Sandwich Marinara Sauce Crispy Chicken Sandwich Glazed Carrots Pineapple Tidbits Fresh Fruit Bar 1% Unflavored Milk	20 United Taste of America Philly Cheesesteak Classic Cheeseburger French Fries Applesauce Fresh Fruit Bar 1% Unflavored Milk	21 Creamy Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk
24 HOM Lemon Lemon Herb Chicken Leg Whole Grain Dinner Roll Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Peas Diced Peaches Fresh Fruit Bar Choice of Milk	25 Lasagna Rollup with Sauce Garlic Toast BBQ Rib Sandwich Steamed Green Beans Pineapple Tidbits Fresh Fruit Cup 1% Unflavored Milk	26 Max Stix Marinara Sauce BBQ Pulled Pork Sandwich Baked Beans, Vegetarian Diced Peaches Fresh Fruit Bar Choice of Milk	27 Orange Chicken Seasoned Brown Rice Crispy Chicken Tenders Whole Grain Dinner Roll Steamed Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk	28 No School
31 Pasta with Hearty Meat Sauce Garlic Toast Chicken Alfredo w/Pasta Garlic Toast Steamed Broccoli Pineapple Tidbits Choice of Milk	1			

PRICES	7-12	\$0.00
	Adult	\$6.00
	Extra Milk	\$0.50
	Ala Carte	\$ Varies
EXTRA INFO	Milk choice of 1% Unflavored White, Fat Free Chocolate milk	
	For questions or comments, contact Emily Kiehne at emily.kiehne@isd2198.k12.mn.us	

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HARVEST OF THE MONTH

MEYER LEMON
RUTABAGA
CHAMOMILE

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