FC Elementary Breakfast Menu

May 2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Cinnamon Roll	No School
			Fruit Selection Juice Selection Choice of Milk	
5	6	7	8	9
Peach Yogurt Dippable Graham Cracker	Banana Bread Cheese Stick	Mini Eggo Waffles Syrup	French Toast Loaf Cheese Stick	Choice of Cereal Fun with D&J Crackers
Fruit Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Choice of Milk	Fruit Selection Choice of Milk
12	13	14	15	16
Brekkie	Apple Cinnamon Muffin Cheese Stick	Mini French Toast Syrup	Choice of Cereal Fun with D&J Crackers	Cheese Omelet
Fruit Selection Choice of Milk	Fruit Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Choice of Milk	Fruit Selection Choice of Milk
19	20	21	22	23
Cinnamon Cream Cheese Filled Bagel	Peach Yogurt Fun with D&J Crackers	Mini Pancakes Syrup	Banana Bread Cheese Stick	Banana Chocolate Loaf Cheese Stick
Fruit Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Choice of Milk
26	27	28	29	30
No School Memorial Day	Choice of Cereal Fun with D&J Crackers	French Toast Sticks Syrup	Strawberry Cream Cheese Filled Bagel	
	Fruit Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Choice of Milk	

LUES

K-6 \$0.00 Adult \$3.00 Extra Milk \$0.50

Milk choice of 1% unflavored white or fat free chocolate milk.

Questions or comments, contact Emily Kiehne emily.kiehne@isd2198.k12.mn.us



Your MENUS plus more Information on our app Taher Food4Life*



www.tahar.com

Elementary School Lunch

resh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar May 2025

TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY 28 29 30 1 2 Sloppy Joe on a Bun No School Hot Ham and Cheese on WG Glazed Carrots Applesauce Fresh Fruit Bar Choice of Milk 5 6 8 Cheesy Italian Flatbread Corn Dog Beefy Nachos w/Cheese Sauce All American Hamburger on a Italian Beef Lasagna Garlic Toast Marinara Sauce Orange Chicken Crispy Chicken Sandwich Roasted Beef Hot Dog on a Honey Mustard Ham Wrap Grilled Cheese Sandwich Seasoned Brown Rice Roasted Broccoli Steamed Corn Glazed Carrots Steamed Green Beans Baked Beans, Vegetarian Mixed Fruit Diced Peaches Applesauce Diced Pears Fresh Fruit Bar Fresh Fruit Bar Fresh Fruit Bar Fresh Fruit Bar Pineapple Tidbits 1% Unflavored Milk Choice of Milk Fresh Fruit Bar Choice of Milk Choice of Milk Choice of Milk 15 16 12 13 14 **HOM Asparagus** Classic Cheeseburger Pepperoni Pizza Max Stix Chicken Alfredo w/Pasta Walking Taco Marinara Sauce Garlic Toast Chicken Bacon Ranch Melt Chicken Pot Pie Turkey Deli Sub Sandwich Crispy Chicken Sandwich **BBQ Rib Sandwich** Flaky Biscuit Steamed Corn California Blend Vegetable Parmesan Asparagus Glazed Carrots Mixed Fruit Baked Beans, Vegetarian Sliced Pears Pineapple Tidbits Diced Peaches Fresh Fruit Bar Applesauce Fresh Fruit Bar Fresh Fruit Bar Choice of Milk Fresh Fruit Bar Fresh Fruit Bar Choice of Milk Choice of Milk Choice of Milk Choice of Milk United Taste of America Crispy Chicken Tenders BBQ Pulled Pork Sandwich Salisbury Steak All American Hamburger on a Italian Stromboli Whole Grain Dinner Roll Creamy Coleslaw Whole Grain Dinner Roll Marinara Sauce Turkey Ranch Wrap Roasted Beef Hot Dog on a Corn Dog **BBQ Chicken Sandwich** Turkey BLT Wrap Steamed Broccoli Steamed Corn Mashed Potatoes Steamed Green Beans Baked Beans, Vegetarian **Diced Pears Diced Peaches** Applesauce Mixed Fruit Fresh Fruit Bar Pineapple Tidbits Fresh Fruit Bar Fresh Fruit Bar Fresh Fruit Bar Choice of Milk Fresh Fruit Bar Choice of Milk Choice of Milk Choice of Milk 1% Unflavored Milk 26 27 28 30 Sack Lunch Crispy Chicken Nuggets No School Popcorn Chicken Homemade Sausage Pizza 11am Dismissal Whole Grain Dinner Roll Turkey Deli Sub Sandwich Seasoned Brown Rice Memorial Day Cooks Choice Cooks Choice Cooks Choice Baby Carrots Glazed Carrots Fresh Apple Slices Choice of Milk Diced Pears Roasted Broccoli Roasted Corn Fresh Fruit Bar Applesauce Mixed Fruit Fresh Fruit Bar Fresh Fruit Bar Choice of Milk

K-6 \$0.00
Adult \$6.00

Extra Milk \$0.50

Extra Entrée \$3.00

Milk choice of 1% Unflavored White, Fat Free Chocolate. For questions or comments, contact Emily

Kiehne at emily.kiehne@isd2198.k12.mn.us



Choice of Milk

Your MENUS plus more information on our app Tahar Food4Lits⁶



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Choice of Milk

FCHS Breakfast Menu



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Cinnamon Roll Choice of Cereal	2 No School
			Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	
5	6	7	8	9
Peach Yogurt Dippable Graham Cracker	Banana Bread Cheese Stick	Mini Eggo Waffles Syrup	French Toast Loaf Cheese Stick	Mini-Cinnis
Choice of Cereal Fun with D&J Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Fun with D&J Crackers Fruit Selection
Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Juice Selection Choice of Milk
12	13	14	15	16
Brekkie Choice of Cereal	Apple Cinnamon Muffin Cheese Stick	Mini French Toast Syrup	Strawberry Cream Cheese Filled Bagel	Cheese Omelet Choice of Cereal
Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
19	20	21	22	23
Cinnamon Cream Cheese Filled Bagel	Peach Yogurt Fun with D&J Crackers	Mini Pancakes Syrup	Banana Bread Cheese Stick	Banana Chocolate Loaf Cheese Stick
Choice of Cereal Graham Crackers	Choice of Cereal Fun with D&J Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Fun with D&J Crackers
Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk	Fruit Selection Juice Selection Choice of Milk
26	27	28	29	30
No School Memorial Day	Brekkie Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	French Toast Sticks Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Strawberry Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Mini-Cinnis Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk

\$0.00 Adult \$6.00 Extra Milk \$0.50 Extra Entree \$3.00 Ala Carte \$ Varies

Milk choice of 1% Unflavored White, or Fat Free Chocolate. Deli Sub Sandwich Offered Daily For questions or comments, contact Émily Kiehne at emily.kiehne@isd2198.k12.mn.us







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Fillmore Central HS Lunch Menu

Vegetable Choices and Seasonal Fruit are Offered Daily on the Fru & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 '	2
			Sloppy Joe on a Bun	Homemade Cheese Pizza
			Hot Ham and Cheese on WG Bun	Ham Deli Sub Sandwich
			Glazed Carrots Applesauce Fresh Fruit Bar Choice of Milk	Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk
5	6	7	8	9
Orange Chicken Seasoned Brown Rice	Beefy Nachos w/Cheese Sauce	All American Hamburger on a Bun	Pasta with Hearty Meat Sauce Garlic Toast	Cheesy Italian Flatbread Marinara Sauce
Corn Dog	Crispy Chicken Sandwich	Roasted Beef Hot Dog on a Bun	Honey Mustard Ham Wrap	Grilled Cheese Sandwich
Glazed Carrots Mixed Fruit Fresh Fruit Bar 1% Unflavored Milk	Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Steamed Broccoli Applesauce Fresh Fruit Bar Choice of Milk	Steamed Corn Diced Pears Fresh Fruit Bar Choice of Milk
12 HOM Asparagus	13	14	15 LTO	16
Max Stix Marinara Sauce Crispy Chicken Sandwich Parmesan Asparagus Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Chicken Alfredo w/Pasta Garlic Toast BBQ Rib Sandwich Glazed Carrots Diced Peaches Fresh Fruit Bar Choice of Milk	Walking Taco Chicken Bacon Ranch Melt Steamed Corn Mixed Fruit Fresh Fruit Bar Choice of Milk	Hot Sicilian Sub Classic Cheeseburger Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	Pepperoni Pizza Turkey Deli Sub Sandwich California Blend Vegetable Sliced Pears Fresh Fruit Bar Choice of Milk
19	20 Grill Out w/ Chef Chris	21 United Taste of America	22	23
Crispy Chicken Tenders Whole Grain Dinner Roll	All American Hamburger on a Bun	BBQ Pulled Pork Sandwich Creamy Coleslaw	Salisbury Steak Whole Grain Dinner Roll	Italian Stromboli Marinara Sauce
Turkey Ranch Wrap	Roasted Beef Hot Dog on a Bun	Corn Dog	BBQ Chicken Sandwich	Turkey BLT Wrap
Steamed Broccoli Applesauce Fresh Fruit Bar Choice of Milk	Creamy Potato Salad Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar 1% I Inflavored Milk	Steamed Corn Diced Pears Fresh Fruit Bar Choice of Milk	Mashed Potatoes Diced Peaches Fresh Fruit Bar Choice of Milk	Steamed Green Beans Mixed Fruit Fresh Fruit Bar Choice of Milk
26	27	28	29	30
No School Memorial Day	Popcorn Chicken Seasoned Brown Rice Cooks Choice Roasted Corn Mixed Fruit Fresh Fruit Bar Choice of Milk	Homemade Sausage Pizza Cooks Choice Glazed Carrots Diced Pears Fresh Fruit Bar Choice of Milk	Crispy Chicken Nuggets Whole Grain Dinner Roll Cooks Choice Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	11am Dismissal

\$0.00 \$0.00 Extra Milk \$0.50 Ala Carte \$ Varies Extra Entree \$3.00

Milk choice of 1% Unflavored White, or Fat Free Chocolate Deli Sub Sandwich offered daily For questions or comments, contact Emily

Kiehne at emily.kiehne@isd2198.k12.mn.us



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Menus and nutrition



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