

2025-26 Fillmore Central Eligibility Meeting Presentation



General Eligibility

BYLAW 107.00 PHYSICAL EXAMINATION

Students must have a record of a physical examination performed by a licensed practitioner within the previous three years on file with

the school prior to the student's participation. It is the recommendation of the League Sports Medicine Advisory Committee that the

League Sports Qualifying Physical Examination (SQPE) form be used for the physical examination.

1. Health questionnaire: Each year a League health questionnaire must be completed by the student parent(s) or guardian(s) and

kept on file in the school. The questionnaire could indicate the need for a physical examination prior to the student's participation.

2. After major surgery or serious illness or injury, the attending physician must certify in writing the student's readiness to return to competition.

3. SQPE Three Year Expiration: A SQPE is valid for three years. If it expires during a season a new exam is required if the student

wants to continue participation.

4. Not required for participation in Fine Arts programs.

Fillmore Central follows MSHSL Guidelines for Disciplinary Actions

BYLAW 205.00 CHEMICAL ELIGIBILITY

Cross Reference: Bylaw 304.2 (“Denial Penalty”)

1. At any time during the calendar year, a student shall not, regardless of the quantity:

A. use or consume, have in possession a beverage containing alcohol;

B. use or consume, have in possession tobacco; or

C. use or consume, have in possession, buy, sell or give away any other controlled substance or drug paraphernalia.

D. use or consume, have in possession, buy, sell or give away products containing or products used to deliver nicotine, tobacco products and other chemicals.

“Tobacco products” means: any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, or any component, part or accessory of a tobacco product.

E. use or consume, have in possession, buy sell or give away any substance or product where the intent of such use of the substance or product is to induce intoxication, excitement, or stupefaction of the central nervous system, except under the direction and supervision of a medical doctor. Such substances or products shall include, but are not limited to, synthetic drugs, gasoline, glue, aerosol devices, bath salts, and any substances addressed by Minnesota or Federal Law.

Category 1 Penalties

Definition - Category I Activities: Those League-sponsored activities in which a member school has a schedule of interscholastic contests, exclusive of League-sponsored tournaments.

(*Athletic Activities, Fine Arts Activities 1) Debate 2) Speech Activities including One Act Play - when a school schedules a season of interscholastic contests*

First Violation Penalty

The student shall lose eligibility for the next two consecutive interscholastic contests or two weeks, 14 calendar days, whichever is greater, of a season in which the student is a participant.

Second Violation Penalty

The student shall lose eligibility for the next six consecutive interscholastic contests or three weeks, 21 calendar days, whichever is greater, in which the student is a participant.

Third or Subsequent Violation Penalty

1) The student shall lose eligibility for the next 12 consecutive interscholastic contests or four weeks, 28 calendar days, whichever is greater, in which the student is a participant.

2) A student who chooses to become a participant in a treatment program may become eligible for participation after a minimum period of six weeks after entering treatment if all of the following conditions are met:

- a) The student is assessed as chemically dependent
- b) enters treatment voluntarily, and
- c) the director of the treatment center certifies that the student has successfully completed the treatment program.
- d) The treatment option cannot be used for the first or second violation. Successful completion of a chemical dependency treatment program will satisfy only the most recent violation. Any other violations for which the penalty has not been satisfied must still be served in full.

Category II Penalties

Penalties for Category II Activities

Definition - Category II Activities: Those League-sponsored activities in which a member school does not have a schedule or interscholastic contests, exclusive of League-sponsored tournaments.

Fine Arts Activities

- 1) Speech activities including One Act Play when a school schedules no interscholastic contests and participates only in the League-sponsored tournament series.
- 2) Music Activities.
- 3) Visual Arts Activities.

1st Violation - 1 week or 1 event

2nd Violation - 2 weeks or 2 events

3rd Violation - 3 weeks or 3 events

Code of Conduct

Student Code of Responsibilities

Participation in interscholastic activities is a privilege which is accompanied by responsibility. As a student participating in League sponsored activities, I understand and accept the following responsibilities:

- A. I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- B. I will be fully responsible for my own actions and the consequences of my actions.
- C. I will respect the rights and property of others.
- D. I will respect and obey the rules of my school and the laws of my community, state and country.
- E. I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country.

3. Penalty

A student who is dismissed from school or who violates the Student Code of Responsibilities is not in good standing and is ineligible for a period of time as determined by the school principal acting on the authority of the local board of education. The League specifically recognizes that certain conduct requires penalties that may exceed those penalties typically imposed for first violations. For example, when a student is suspended from school the student is not in good standing and cannot begin to serve the participation penalty until the student has completed the suspension from school and is returned to good standing.

Fillmore Central Academic Policy

Students must be passing in all course work at the end of each quarter. If there is a failing quarter grade, the student will be ineligible from Fillmore Central High School activity events for two weeks. The student may practice but cannot participate in events. The student must be making satisfactory progress in all current classes at the end of designated two-week period to regain eligibility. If not, the student remains ineligible for successive one-week periods until she/he is making satisfactory progress in all classes. The designated time period will begin on the second Monday and end on the third Friday following the end of quarter one, two or three. Students failing any class the fourth quarter will be ineligible for the beginning of the next school year for one-event.

Eligibility is determined based on quarter grade not on course grade.

Fillmore Central Attendance Policy

In order for a student to be able to participate in an extracurricular contest or program, the student must be in attendance at school all day previous to the activity. Medical appointments and taking drivers examinations will be excused and the student may participate that day. Illness and work are not allowable reasons to be gone from school and still participate in an extracurricular activity.

Any other reason should be cleared through the principal. If a student is ill on Friday, they may participate in an event on Saturday, if they are not ill on Saturday.

What Do I Need to Participate:

EVERY 3 YEARS:

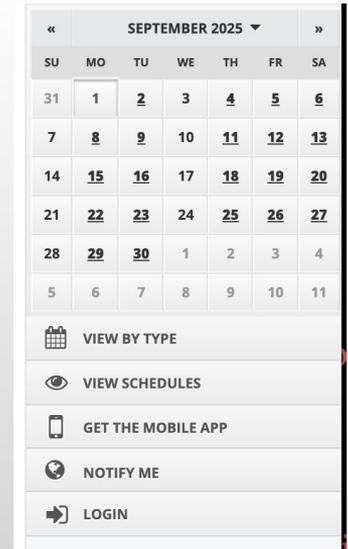
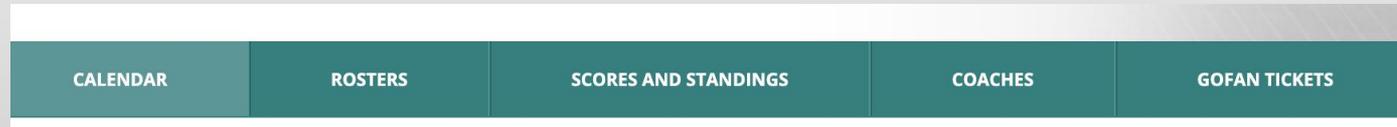
- Current Physical Examination Form on File with District

EVERY YEAR BEFORE PARTICIPATION:

- Attend Eligibility Meeting
- Health Questionnaire
- Eligibility Form
- Insurance Waiver
- Fees Paid
- Free & Reduced Application (optional)

IMPORTANT WEBSITES:

- <https://3riversconference.org/public/genie/20/school/13/>
 - Activity Schedule - sign up for notifications on changes here
 - Rosters



- Live Streaming and Ticketing information for schools on schedule

Tuesday, September 2, 2025

TIME	EVENT	DETAILS
4:30pm	Football: JH Game	vs. Lewiston-Altura @ Lewiston-Altura High School
5:00pm	Football: JV Game 	vs. Janesville-Waldorf-Pemberton @ Fillmore Central Football Field - Harmony

IMPORTANT WEBSITES:

- <https://www.fillmorecentral.k12.mn.us/>
 - FILLMORE CENTRAL WEBPAGE
- <https://www.mshsl.org/>
 - MINNESOTA STATE HIGH SCHOOL LEAGUE
- <https://isd2198.revtrak.net/>
 - FILLMORE CENTRAL ONLINE PAYMENTS
- <https://fan.hudl.com/usa/mn/harmony/organization/6607/fillmore-central-high-school>
 - FILLMORE CENTRAL STREAMING

**MSHSL MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POST-SEASON
TOURNAMENT COMPETITIONS:**

- Respect the American flag and the national anthem.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the arena/stadium if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Handheld signs, which do not obstruct the view of others, will be permitted provided they are in good taste. Signs, message boards, "white" boards or other similar items contest/tournament officials deem to be in poor taste will be removed.
- Signs on sticks, balloons, or any other type of artificial, celebratory items are not permitted.
- Artificial noise makers (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed.
- Laser lights are strictly prohibited.

THANK YOU for supporting your student athletes and fine arts participants and for providing a positive environment in which educational activities are conducted.