



FC Elementary Breakfast Menu

October
2025

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30 	1 Vanilla Frosted Long John Fruit Selection Juice Selection Choice of Milk	2 French Toast Sticks Syrup Fruit Selection Juice Selection Choice of Milk	3 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
6 Pancake on a Stick Syrup Fruit Selection Juice Selection Choice of Milk	7 French Toast Snack Bread, WG Cheese Stick Fruit Selection Juice Selection Choice of Milk	8 Mini Pancakes Syrup Fruit Selection Juice Selection Choice of Milk	9 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	10 Apple Frudel Fruit Selection Juice Selection Choice of Milk
13 Sausage Breakfast Pizza Fruit Selection Juice Selection Choice of Milk	14 Mini Eggo Waffles Syrup Fruit Selection Juice Selection Choice of Milk	15 Mini-Cinnis Fruit Selection Juice Selection Choice of Milk	16 No School	17 No School
20 Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	21 Cinnamon Roll Fruit Selection Juice Selection Choice of Milk	22 Banana Choc Chip Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk	23 French Toast Bites Syrup Fruit Selection Juice Selection Choice of Milk	24 Chocolate Chip Brekkie ,WG Fruit Selection Juice Selection Choice of Milk
27 Country Peach Yogurt Cup Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	28 French Toast Sticks Syrup Fruit Selection Juice Selection Choice of Milk	29 Pancake on a Stick Syrup Fruit Selection Juice Selection Choice of Milk	30 Banana Choc Chip Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk	31 Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk

PRICES

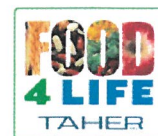
K-6	\$0.00
Adult	\$4.00
Extra Milk	\$0.50

EXTRA INFO

Milk Choice of 1% unflavored white or Fat Free Chocolate.
 For questions or comments contact Emily Kiehne at
fillmorechefmgr@taher.com



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FC Elementary Lunch Menu

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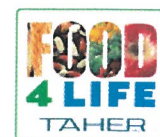
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
		Pulled Pork Sandwich Chicken Fried Steak Whole Grain Dinner Roll Mashed Potatoes Gravy Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Chicken Alfredo w/Pasta Garlic Toast Hot Ham & Cheese Flatbread Garlic & Herb Broccoli Applesauce Fresh Fruit Bar Choice of Milk	Homemade Pepperoni Pizza Ham Deli Sub Sandwich Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk
6	7	8	9	10
Creamy Macaroni & Cheese Whole Grain Dinner Roll BBQ Rib Sandwich Roasted Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk	Chicken and Cheese Quesadilla Roasted Beef Hot Dog on a Bun Baked Beans, Vegetarian Mixed Fruit Fresh Fruit Bar Choice of Milk	Max Stix Marinara Sauce Italian Toasted Cheese Sand with Marinara Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Salisbury Steak Whole Grain Dinner Roll Classic Cheeseburger Mashed Potatoes Country Gravy Applesauce Fresh Fruit Bar Choice of Milk	Beefy Nachos w/Cheese Sauce Chicken Bacon Alfredo Flatbread Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk
13	14	15	16	17
HOM Vanilla Corn Dog Philly Cheesesteak Cucumber Ranch Salad Steamed Peas Salad Greens w/ Oranges, Strawberries & Vinaigrette Diced Peaches Fresh Fruit Bar Choice of Milk	Crispy Chicken Tenders Whole Grain Dinner Roll Dutch Waffle with Fruit Topping Easy Egg Bake Tri Tater Mixed Fruit Fresh Fruit Bar Choice of Milk	All American Hamburger on a Bun Orange Chicken Brown Rice, WG Steamed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	No School	No School
20	21	22	23	24
Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Sandwich French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	Italian Beef Lasagna Garlic Toast BBQ Chicken Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	Chicken Fried Rice Whole Grain Dinner Roll Sloppy Joe on a Bun Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Walking Taco Lettuce, Tomato and Cheese Honey Mustard Ham Wrap Black Beans Applesauce Fresh Fruit Bar Choice of Milk	Toasted Cheese Sandwich Roasted Beef Hot Dog on a Bun California Blend Vegetable Sliced Pears Fresh Fruit Bar Choice of Milk
27	28	29	30	31
Chicken Fajitas All American Hamburger on a Bun Potato Wedges Diced Peaches Fresh Fruit Bar Choice of Milk	Italian Stromboli BBQ Pulled Pork Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	Chicken Bacon Ranch Melt Corn Dog Steamed Green Beans Pineapple Tidbits Fresh Fruit Bar Choice of Milk	Pasta with Hearty Meat Sauce Whole Grain Dinner Roll Hot Ham & Cheese Flatbread Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	Homemade Pepperoni Pizza Ham Deli Sub Sandwich Baked Beans, Vegetarian Diced Pears Fresh Fruit Bar Choice of Milk

PRICES	EXTRA INFO
K-6	\$0.00
Adult	\$6.00
Extra Milk	\$0.50
Extra Entree	\$3.00

Milk Choice of 1% unflavored white or fat free chocolate.
For questions or comments contact Emily Kiehne at
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FCHS Breakfast Menu

October
2025

Non-Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30 	1 Vanilla Frosted Long John Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	2 French Toast Sticks Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	3 Breakfast Burrito Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
6 Pancake on a Stick Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	7 French Toast Snack Bread, WG Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	8 Mini Pancakes Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	9 Monte Cristo Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	10 Apple Frudel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
13 Sausage Breakfast Pizza Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	14 Mini Eggo Waffles Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	15 Mini-Cinnis Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	16 No School	17 No School
20 Chocolate Chip Brekkie ,WG Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	21 French Toast Bites, WG Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	22 Cinnamon Roll Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	23 Banana Choc Chip Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	24 Lemonade Stand Smoothie Graham Crackers Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
27 French Toast Sticks Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	28 Country Peach Yogurt Cup Fun with D&J Crackers Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	29 Pancake on a Stick Syrup Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	30 Banana Chocolate Chip Snack Bread, WG Cheese Stick Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	31 Cinnamon Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk

PRICES

7-12	\$0.00
Adult	\$4.00
Extra Milk	\$0.50

EXTRA INFO

 Milk Choice of unflavored white or fat free chocolate.
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HARVEST OF THE MONTH

THE MONTH

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Fresh Vegetable Choices & Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 	30 	1 Chicken Fried Steak Whole Grain Dinner Roll Pulled Pork Sandwich Mashed Potatoes Gravy Pineapple Tidbits Fresh Fruit Bar Choice of Milk	2 Chicken Alfredo w/Pasta Garlic Toast Classic Cheeseburger Garlic & Herb Broccoli Applesauce Fresh Fruit Bar Choice of Milk	3 Homemade Pepperoni Pizza Ham Deli Sub Sandwich Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk
6 Creamy Macaroni & Cheese Whole Grain Dinner Roll BBQ Rib Sandwich Roasted Broccoli Diced Peaches Fresh Fruit Bar Choice of Milk	7 Chicken and Cheese Quesadilla Roasted Beef Hot Dog on a Bun Baked Beans, Vegetarian Mixed Fruit Fresh Fruit Bar Choice of Milk	8 Max Stix Marinara Sauce Italian Toasted Cheese Sand with Marinara Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	9 Salisbury Steak Whole Grain Dinner Roll Classic Cheeseburger Mashed Potatoes Country Gravy Applesauce Fresh Fruit Bar Choice of Milk	10 Beefy Nachos w/Cheese Sauce Chicken Bacon Alfredo Flatbread Steamed Green Beans Diced Pears Fresh Fruit Bar Choice of Milk
13 HOM Vanilla Philly Cheesesteak Cucumber Ranch Salad Corn Dog Steamed Peas Salad Greens w/ Oranges, Strawberries & Vinaigrette Diced Peaches Fresh Fruit Bar Choice of Milk	14 Dutch Waffle with Fruit Topping Easy Egg Bake Crispy Chicken Tenders Whole Grain Dinner Roll Tri Tater Mixed Fruit Fresh Fruit Bar Choice of Milk	15 Orange Chicken Brown Rice, WG All American Hamburger on a Bun Steamed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	16 No School	17 No School
20 Crispy Chicken Nuggets Whole Grain Dinner Roll Spicy Chicken Sandwich French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	21 Italian Beef Lasagna Garlic Toast BBQ Chicken Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	22 Chicken Fried Rice Whole Grain Dinner Roll Sloppy Joe on a Bun Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	23 Walking Taco Lettuce, Tomato and Cheese Honey Mustard Ham Wrap Black Beans Applesauce Fresh Fruit Bar Choice of Milk	24 Roasted Beef Hot Dog on a Bun Toasted Cheese Sandwich California Blend Vegetable Sliced Pears Fresh Fruit Bar Choice of Milk
27 Chicken Fajitas All American Hamburger on a Bun Potato Wedges Diced Peaches Fresh Fruit Bar Choice of Milk	28 Italian Stromboli BBQ Pulled Pork Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	29 Chicken Bacon Ranch Melt Corn Dog Steamed Green Beans Pineapple Tidbits Fresh Fruit Bar Choice of Milk	30 Pasta with Hearty Meat Sauce Whole Grain Dinner Roll Hot Ham & Cheese Flatbread Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	31 Homemade Pepperoni Pizza Ham Deli Sub Sandwich Baked Beans, Vegetarian Diced Pears Fresh Fruit Bar Choice of Milk

PRICES

7-12	\$0.00
Adult	\$6.00
Extra Milk	\$0.50
Extra Entree	\$3.00
Ala Carte	\$ Varies

EXTRA INFO

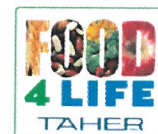
Milk choice of 1% unflavored white or fat free chocolate
 Deli Sub Sandwich available daily
 Questions or comments contact Emily Kiehne
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HARVEST OF



THE MONTH

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