



FC Elementary Breakfast Menu

January
2026

Fresh Vegetables and Seasonal Fruits are Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 No School New Years Day	2 No School
5 Banana Bread Fruit Selection Juice Selection Choice of Milk	6 Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	7 French Toast Sticks Fruit Selection Juice Selection Choice of Milk	8 Apple Cinnamon Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk	9 Pancake on a Stick,WG Fruit Selection Juice Selection Choice of Milk
12 Banana Chocolate Chip Snack Bread,WG Fruit Selection Juice Selection Choice of Milk	13 Mini Pancakes Fruit Selection Juice Selection Choice of Milk	14 Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	15 Apple Frudel Fruit Selection Juice Selection Choice of Milk	16 Sausage Breakfast Pizza Fruit Selection Juice Selection Choice of Milk
19 No School	20 Mini Maple Waffles Fruit Selection Juice Selection Choice of Milk	21 Strawberry Cream Cheese Filled Bagel Fruit Selection Juice Selection Choice of Milk	22 Chocolate Chocolate Chip Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk	23 Cinnamon Roll Fruit Selection Juice Selection Choice of Milk
26 Waffle Sticks Fruit Topping Fruit Selection Juice Selection Choice of Milk	27 Chocolate Chip Brekkie ,WG Fruit Selection Juice Selection Choice of Milk	28 Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	29 Blueberry Muffin Cheese Stick Fruit Selection Juice Selection Choice of Milk	30 Pancake on a Stick,WG Fruit Selection Juice Selection Choice of Milk

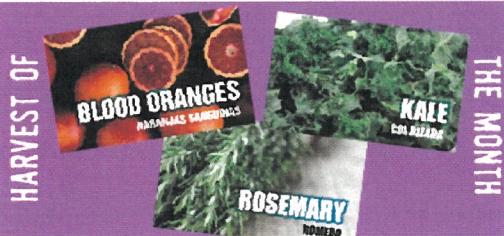
PRICES

K-6
Adult
Extra Milk

\$0.00
\$4.00
\$0.50

EXTRA INFO

Milk choice of 1% unflavored white milk or fat free chocolate.
Questions or comments contact Emily Kiehne at fillmorechefmgr@taher.com



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Taher Food4Life®



www.taher.com



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January
2026

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Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 No School	2 No School
5 Cheese Bosco Sticks Marinara Sauce Chicken & Cheese Quesadilla Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	6 Italian Pasta Bake Garlic Breadstick Corn Dog Baked Beans, Vegetarian Applesauce Fresh Fruit Bar Choice of Milk	7 All American Hamburger on a Bun Orange Chicken Brown Rice, WG Steamed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	8 Fluffy Pancakes Sausage Patty Chicken Bacon Ranch Melt Potato Triangle Mixed Fruit Fresh Fruit Bar Choice of Milk	9 Pasta w/ Hearty Meat Sauce Garlic Toast Hot Ham & Cheese Sandwich Roasted Broccoli Diced Pears Fresh Fruit Bar Choice of Milk
12 Roasted Beef Hot Dog on a Bun BBQ Rib Sandwich French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	13 Crispy Chicken Sandwich Buffalo Chicken Calzone Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	14 Crispy Chicken Tenders Whole Grain Dinner Roll Chili in a Bread Bowl Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	15 Beefy Nachos with Homemade Cheese Sauce Salsa Grilled Cheese Sandwich Black Beans Applesauce Fresh Fruit Bar Choice of Milk	16 Homemade Cheese Pizza Chicken Caesar Wrap California Blend Vegetable Sliced Pears Fresh Fruit Bar Choice of Milk
19 No School	20 Crispy Chicken Nuggets Whole Grain Dinner Roll Classic Cheeseburger Potato Wedges Pineapple Tidbits Fresh Fruit Bar Choice of Milk	21 Italian Stromboli Crispy Chicken Wrap Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	22 Creamy Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Sandwich Roasted Carrots Applesauce Fresh Fruit Bar Choice of Milk	23 Chicken Tacos Soft Beef Tacos Lettuce, Tomato and Cheese Salsa Black Beans Diced Pears Fresh Fruit Bar Choice of Milk
26 Cheese Bosco Sticks Marinara Sauce BBQ Chicken Sandwich Steamed Green Beans Diced Peaches Fresh Fruit Bar Choice of Milk	27 HOM Rosemary Salisbury Steak Roasted Beef Hot Dog on a Bun Garlic Rosemary Potatoes Mixed Fruit Fresh Fruit Bar Choice of Milk	28 Beefy Nachos with Homemade Cheese Sauce Cheese Quesadilla Baked Beans, Vegetarian Pineapple Tidbits Fresh Fruit Bar Choice of Milk	29 Chicken Alfredo w/Pasta Garlic Toast Chicken Bacon Ranch Melt Roasted Broccoli Applesauce Fresh Fruit Bar Choice of Milk	30 Pepperoni Pizza Ham Deli Sub Sandwich Glazed Carrots Diced Pears Fresh Fruit Bar Choice of Milk

PRICES

K-6
Adult
Extra Milk
Extra Entree

\$0.00
\$6.00
\$0.50
\$3.00

EXTRA INFO

Milk choice of 1% unflavored white milk or fat
free chocolate.
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at
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FCHS Breakfast Menu

January
2026

Fresh Vegetable Choice and Seasonal Fruit Offered Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 No School New Years Day	2 No School
5 Banana Bread Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	6 Breakfast Taco Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	7 French Toast Sticks Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	8 Apple Cinnamon Muffin Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	9 Pancake on a Stick,WG Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
12 Banana Chocolate Chip Snack Bread,WG Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	13 Mini Pancakes Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	14 Yogurt Parfait with Strawberries & Granola Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	15 Apple Frudel Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	16 Sausage Breakfast Pizza Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
19 No School	20 Mini Maple Waffles Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	21 Strawberry Cream Cheese Filled Bagel Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	22 Chocolate Chocolate Chip Muffin Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	23 Cinnamon Roll Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk
26 Waffle Sticks Fruit Topping Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	27 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	28 French Toast Sticks Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	29 Blueberry Muffin Cheese Stick Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk	30 Pancake on a Stick,WG Choice of Cereal Graham Crackers Fruit Selection Juice Selection Choice of Milk

PRICES

7-12
Adult
Extra Milk
Extra Entree
Ala Carte

\$0.00
\$6.00
\$0.50
\$3.00
\$ Varies

EXTRA INFO

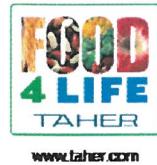
Milk choice of 1% unflavored white milk or fat free chocolate
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HARVEST OF



THE MONTH

Menus and nutrition
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FCHS Lunch Menu

January
2026

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Vegetable and Fruit Bar

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12 Roasted Beef Hot Dog on a Bun BBQ Rib Sandwich French Fries Diced Peaches Fresh Fruit Bar Choice of Milk	13 Buffalo Chicken Calzone Crispy Chicken Sandwich Roasted Broccoli Mixed Fruit Fresh Fruit Bar Choice of Milk	14 Crispy Chicken Tenders Whole Grain Dinner Roll Chili in a Bread Bowl Glazed Carrots Pineapple Tidbits Fresh Fruit Bar Choice of Milk	15 Beefy Nachos with Homemade Cheese Sauce Salsa Grilled Cheese Sandwich Black Beans Applesauce Fresh Fruit Bar Choice of Milk	16 Homemade Cheese Pizza Chicken Caesar Wrap California Blend Vegetable Sliced Pears Fresh Fruit Bar Choice of Milk
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PRICES

7-12
Adult
Extra Milk
Ala Carte
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\$6.00
\$0.50
\$ Varies

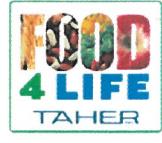
EXTRA INFO

Milk Choice of 1% unflavored white milk or fat
free chocolate milk
Deli Sub Sandwiches offered daily
Questions or comments contact Emily Kiehne
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HARVEST OF THE MONTH



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