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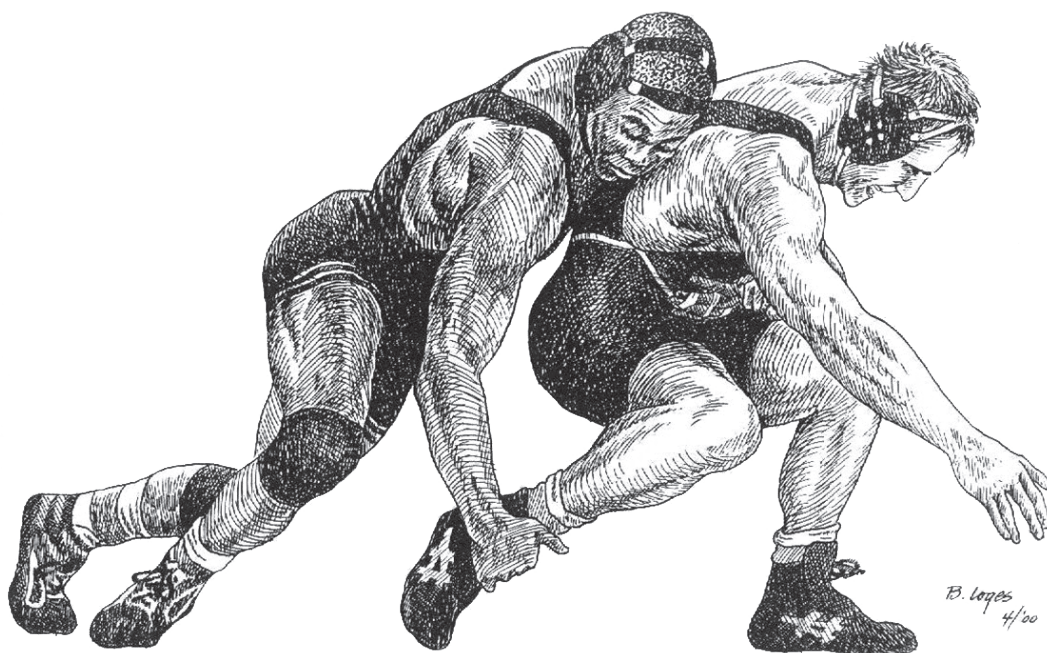
62<sup>nd</sup> ANNUAL

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# NEW ENGLAND

## PREP SCHOOL CHAMPIONSHIPS

### 2009



# WRESTLING

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FEBRUARY 27-28 *at* AVON OLD FARMS SCHOOL

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Andover ★ Avon Old Farms ★ Beaver Country Day ★ Belmont Hill ★ Brooks ★ Brunswick ★ Buckingham Browne & Nichols ★ Canterbury  
Chapel Hill-Chauncy Hall ★ Chase Collegiate ★ Cheshire Academy ★ Choate ★ Concord ★ Deerfield ★ Exeter ★ Forman ★ Governor's Academy  
Greens Farms ★ Hamden Hall ★ Hopkins ★ Hotchkiss ★ Hyde (CT) ★ Hyde (ME) ★ Landmark ★ Lawrence ★ Lexington Christian ★ Loomis Chaffee  
Middlesex ★ Milton ★ Moses Brown ★ Noble and Greenough ★ Northfield Mount Hermon ★ Pomfret ★ Roxbury Latin ★ Salisbury ★ St. Mark's  
St. Paul's ★ St. Sebastian's ★ Suffield ★ Tabor ★ Taft ★ Thayer ★ Trinity-Pawling ★ Wilbraham & Monson ★ Williston Northampton ★ Worcester Academy

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Thank you to all parents, faculty, and friends for your continued support of New England prep school wrestling.

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# Welcome!

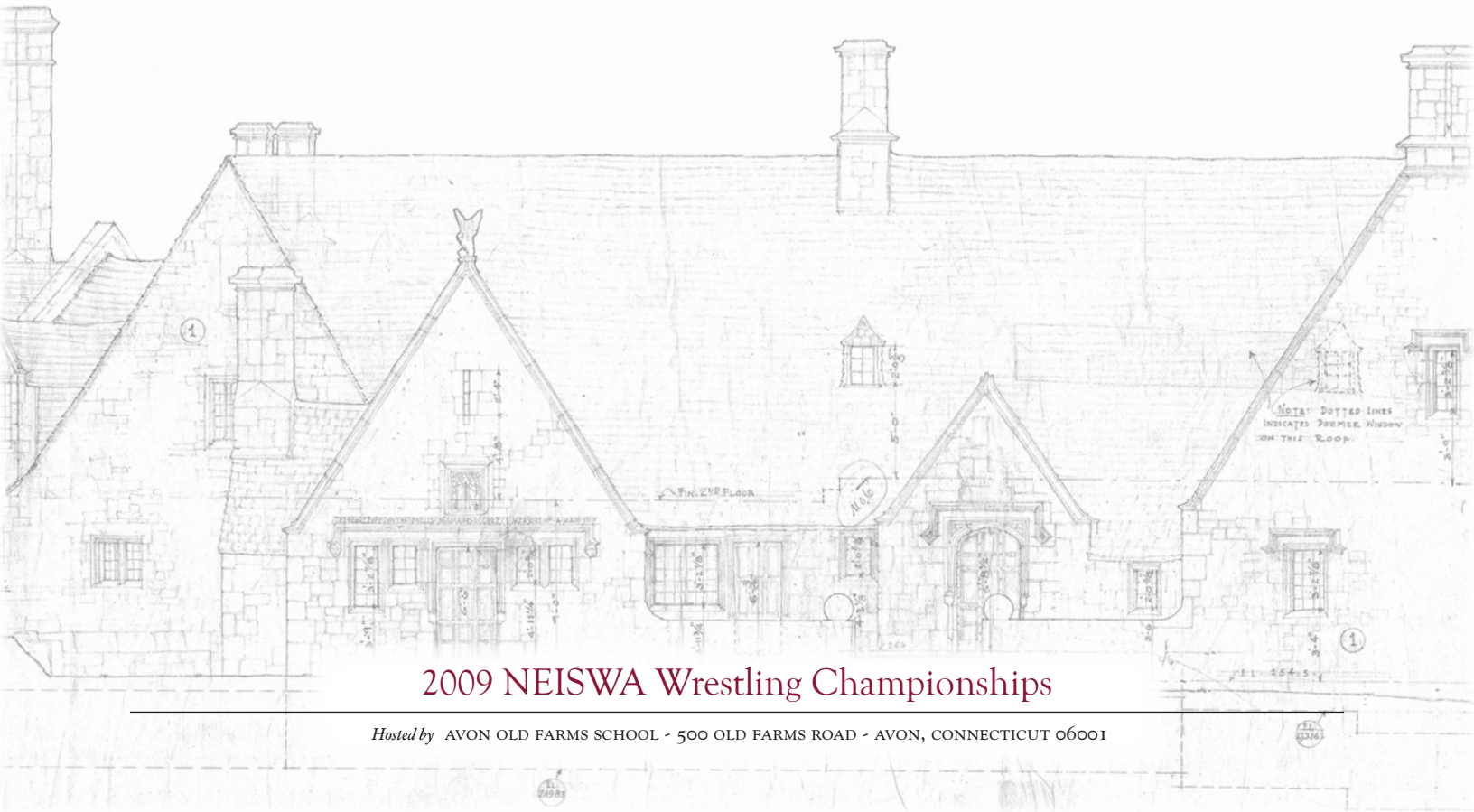
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Dear Coaches and Athletes,

Welcome to Avon Old Farms School. It is an honor for us to host this year's New England Independent School Wrestling Tournament. The NEISWA always sets the benchmark for excellence in sportsmanship and competition.

My sincere best wishes to all of the teams and wrestlers this weekend!

Ken LaRocque  
*Headmaster*



2009 NEISWA Wrestling Championships

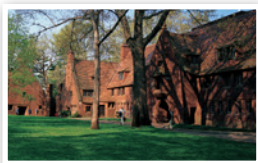
Hosted by AVON OLD FARMS SCHOOL - 500 OLD FARMS ROAD - AVON, CONNECTICUT 06001



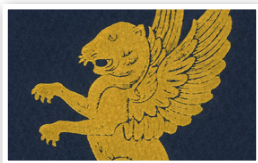
## AVON OLD FARMS SCHOOL: A BRIEF HISTORY

“There should be some oases in this country where love of tradition is fostered. Avon shall be one of these oases; one place where, when Avonians return, they will find at least a semblance of permanence.”

*—Theodate Pope Riddle, Founder, From the Deed of Trust*



Avon Old Farms School was founded by Theodate Pope Riddle, Connecticut's first licensed female architect. Theodate's imaginative genius as an architect and her vision and determination to create a school for boys, combined with her personal wealth, made possible the founding of the school in 1927. The original architecture is modeled after structures in the Cotswold region of England, and was built by craftsmen in the Cotswold and Tudor styles using traditional English methods with materials hewn from the school's property. The school sits upon 1,000 acres of rolling woodland, with the Farmington River to the east and picturesque Beaver Pond laying just a short walk south of the core campus. The center of campus includes a beautiful vista overlooking the Farmington Valley.



In the founding years, Avon aimed to combine the best of English public school traditions with a daring and radical modern curriculum, and sent many of its students to the finest colleges and universities in the country despite its short track record. In 1944, Mrs. Riddle, a passionate patriot and good friend of president Franklin D. Roosevelt, decided to help her country by closing the school and turning it over to the federal government to be used as a training center for the rehabilitation of blinded veterans. The “Old Farms Convalescent Hospital” gained national recognition for its successful treatment of veterans during its three years in operation. In 1947, Avon re-opened as a school.



Through the leadership of headmasters of Don Pierport, George Trautman, and Ken LaRocque, in addition to that of countless board members, alumni, parents, and friends of the school, Avon Old Farms stands strong today. The school has grown from 48 boys at its opening in 1927 to a full capacity of 400 boys in grades 9-12 and postgraduates. The campus offers outstanding facilities, including a new student center and athletic field house as well as an NHL-quality arena. The Ordway Science and Technology Center was completed in 2002, and the new Beatson Performing Arts Center opened in March of 2007.

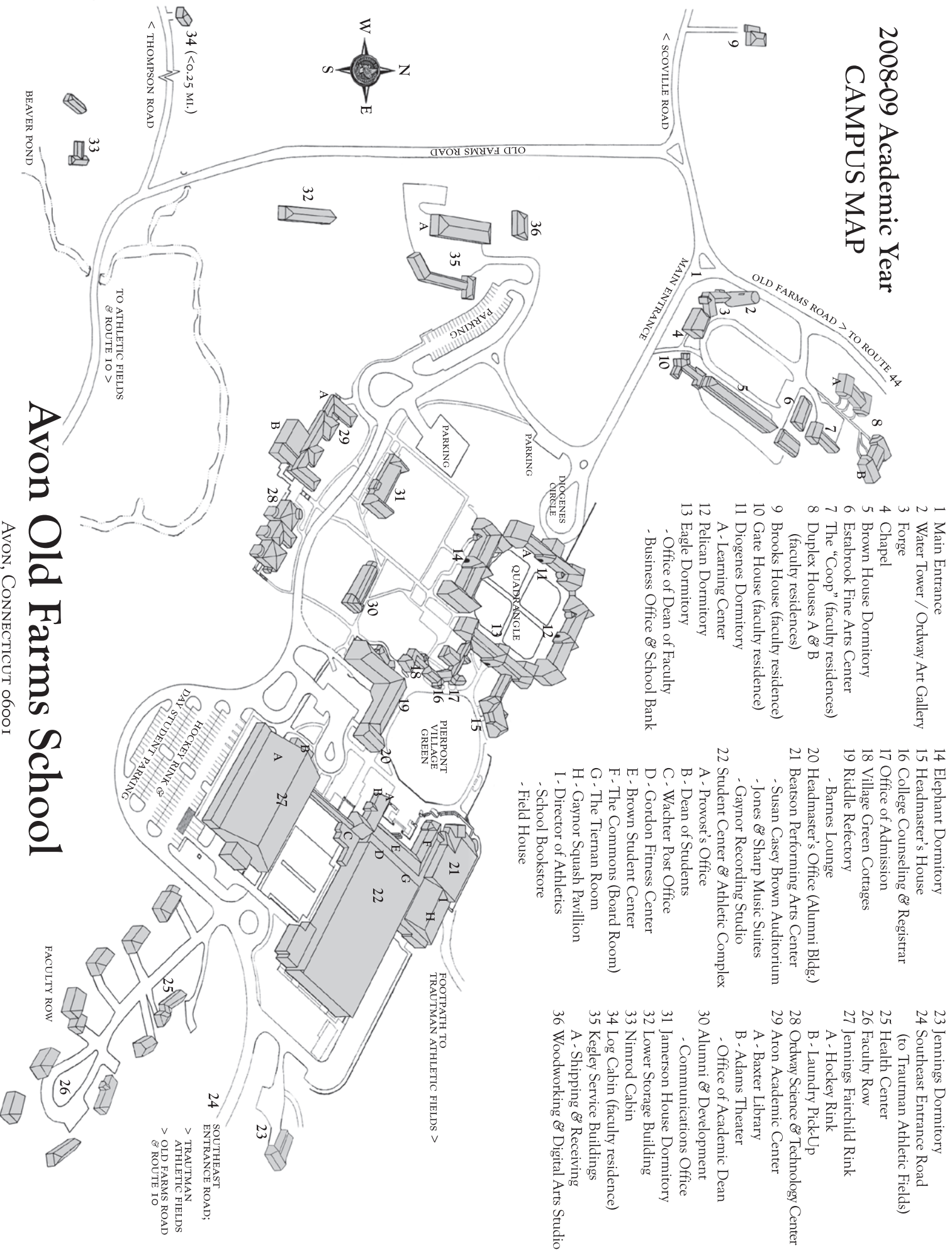


As Peter Aron '65, then Board Chairman, wrote in 2002 on the occasion of the school's 75th anniversary, “We have filled and overflowed Mrs. Riddle's original buildings, and have continued to build. By any measure, we are very different today — academically, athletically, socially — as a reflection of a very different society. Yet certainly Mrs. Riddle would recognize her school, and I like to think that she would recognize her boys. The young men of Avon are recognizable, not just by the winged beaver on their blazers, but by their direct and friendly gaze.”

## 2009 NEISWA Wrestling Championships



# 2008-09 Academic Year CAMPUS MAP



# Avon Old Farms School

AVON, CONNECTICUT 06001

# SCHEDULE

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## 2009 NEISWA Wrestling Championships at Avon Old Farms

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### Friday, February 27, 2009

Round I	6:00 p.m.	Pigtails	6 mats
Round II	6:15 p.m.	Championship Round of 16	6 mats
Round III	8:00 p.m.	Consolation First Round	6 Mats

### Saturday, February 28, 2009

Round IV	9:00 a.m.	Championship Quarterfinals	6 Mats
Round V	10:15 a.m.	Consolation Second Round	6 Mats
Round VI	11:45 a.m.	Championship Semifinals Consolation Quarterfinals	4 Mats
Round VII	1:15 p.m.	Consolation Semi-Finals	4 Mats

### BREAK

Round VIII	2:15 p.m.	All Finals Matches (1st, 3rd, 5th place bouts)	3 Mats
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\*\*\*Note: All times are estimated. Our hope is that we will move from round to round without breaking except before the finals, but the minimum 45 minutes must transpire between individuals wrestling.

#### AVON OLD FARMS SCHOOL CONTACTS:

JOHN BOURGAULT, HEAD COACH: 860-404-4274

BRIAN DOYLE, ATHLETIC DIRECTOR: 860-404-4228



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62<sup>nd</sup> ANNUAL NEISWA CHAMPIONSHIPS

*“Aspire and Persevere”*

# PARTICIPATING SCHOOLS

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## 2009 NEISWA Wrestling Championships at Avon Old Farms

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Andover	Landmark
Avon Old Farms	Lawrence Academy
Beaver Country Day	Lexington Christian
Belmont Hill	Loomis Chaffee
Brooks	Middlesex
Brunswick	Milton
Buckingham Browne & Nichols	Moses Brown
Canterbury	Noble and Greenough
Chapel Hill - Chauncy Hall	Northfield Mount Hermon
Chase Collegiate	Pomfret
Cheshire Academy	Roxbury Latin
Choate	Salisbury
Concord Academy	St. Mark's
Deerfield	St. Paul's
Exeter	St. Sebastian's
Forman	Suffield
Governor's Academy	Tabor
Greens Farms	Taft
Hamden Hall	Thayer
Hopkins	Trinity-Pawling
Hotchkiss	Wilbraham & Monson
Hyde (Connecticut)	Williston Northampton
Hyde (Maine)	Worcester Academy

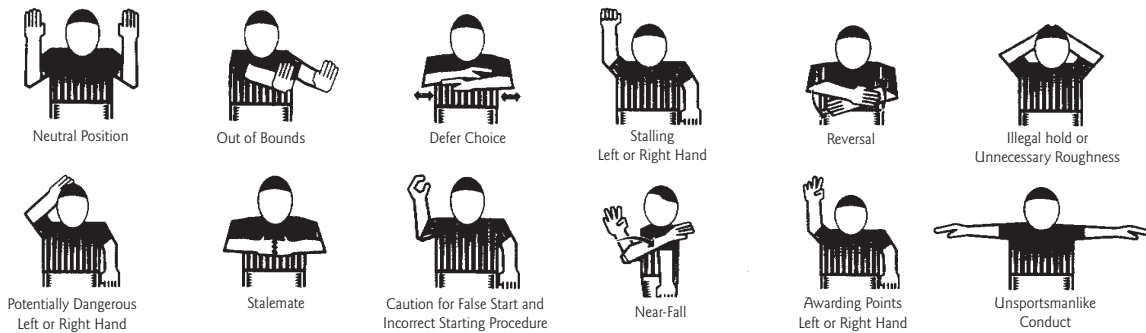


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62<sup>nd</sup> ANNUAL NEISWA CHAMPIONSHIPS

*“Aspire and Persevere”*

# SCORING POINTS / MATCH RULES



## Scoring Points

Throughout the match wrestlers are awarded points for the following moves: takedown, escape, reversal, and near fall. (The referee can also award points to a wrestler when an illegal hold has been used by his opponent or when his opponent is stalling.)

**Takedown (2 points):** A takedown occurs when either wrestler, starting from a standing position, gains control of his opponent on the mat. Takedowns can be accomplished by attacking an opponent's legs (e.g., double leg attack, low single leg attack, high crotch attack, high single attack) or by attacking the opponent's upper body (e.g., the headlock, the hiplock). The fireman's carry is an example of a takedown that combines a leg attack and an upper body attack.

**Escape (1 point):** The defensive wrestler is awarded one point for an escape when he moves to a neutral position. The standup is a commonly used escape. Other escapes include the sitout and the inside shoulder roll.

**Reversal (2 points):** The defensive wrestler is awarded a reversal when he moves from the bottom position and gains control of his opponent. This may take place while the defensive wrestler is either on his feet or on the mat. The switch is a common reversal; the Granby roll and the Peterson roll are escapes that often turn into reversals.

**Near Fall (2 or 3 points):** Points for a near fall are awarded when the offensive wrestler has control of his opponent in a near pinning position. This occurs when the defensive wrestler's shoulders are restrained four or fewer inches from the mat, one shoulder is touching the mat and the other is held at a forty-five degree angle to the mat, or when the wrestler is in a high bridge or supported on both elbows. If the near fall criteria are met for a period of two consecutive seconds, a two-point near fall is earned; if the near fall criteria are met for five continuous seconds, a three-point near fall is earned.

## The Match

A match consists of three two-minute periods. In the first period both wrestlers start from a standing position (neutral). At the start of the second period a flip of a disc determines which wrestler has choice. He may defer his choice to the start of the third period or choose neutral, the top (offensive) or the bottom (defensive) position. In the third period, the wrestler who did not choose in the second period has choice of neutral, top or bottom.

## End of the Match

A match ends when one of the following occurs: pin (fall), technical fall, or time expires.

**Pin (Fall):** A pin (fall) is awarded when a wrestler holds any part of both of his opponent's shoulders (or scapulae) to the mat for two consecutive seconds. Common pinning combinations are: 1) the far side cradle—the opponent's head and far knee are clamped together; 2) the near side cradle—the opponent's head and near knee are clamped together; and 3) the half nelson—the opponent has his head turned so that he is forced to his back.

**Technical Fall:** When a wrestler has earned a 15-point advantage over his opponent, the referee will end the match.

**Time Expired:** If there has not been a fall or a technical fall by the end of the third period, the winner of the match is determined by the number of individual points scored. The wrestler with the most points wins by decision. If the score is tied at the end of the three regulation periods, one or more additional overtime periods are added.

**Overtime:** Overtime will consist of a one-minute "sudden victory" period, and if needed two thirty-second tiebreakers. If the score remains tied at the end of two thirty-second tiebreakers, a thirty-second "sudden victory" ultimate tiebreaker shall take place. In this ultimate tiebreaker if there is no score, the offensive wrestler shall be declared the winner.

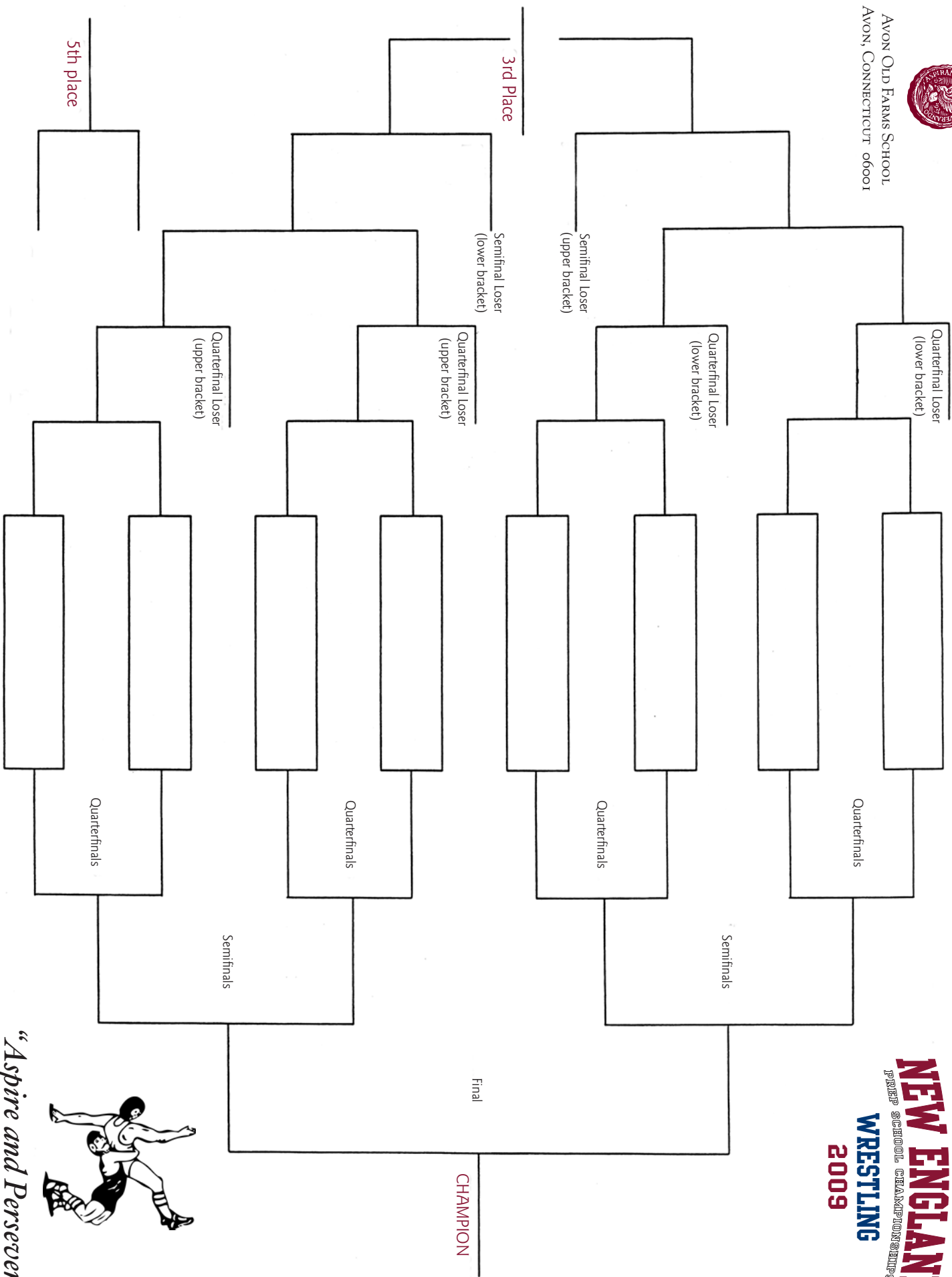




AVON OLD FARMS SCHOOL  
AVON, CONNECTICUT 06001

## Consolation Rounds « « » » Championship Rounds

Grand ANNUAL  
**NEW ENGLAND**  
PREP SCHOOL CHAMPIONSHIPS  
**WRESTLING**  
**2009**



*"Aspire and Persevere"*



# PAST AWARDS & CHAMPIONS

## Past Independent School Champions

2004

@ Phillips Exeter Academy

103 lbs. Sean Bilodeau  
112 lbs. Alex Cournoyer  
119 lbs. Patrick Feeley  
125 lbs. Ryan Naczi  
130 lbs. Joshua Wildes  
135 lbs. Michael Powers  
140 lbs. Kyle Harger  
145 lbs. Charles Davies  
152 lbs. Ralph Fedeale  
160 lbs. Joseph Harbour  
171 lbs. Jerome Featherstone  
189 lbs. Kenneth Lee  
215 lbs. Joshua McKelligan  
275 lbs. Daniel Cotrone

Fay School  
Suffield Academy  
Loomis Chaffee School  
Canterbury School  
Pomfret School  
Loomis Chaffee School  
Brooks School  
Brooks School  
Trinity-Pawling School  
Tilton School  
Salisbury School  
Milton Academy  
Salisbury School  
Tilton School

2005

@ Taft School

103 lbs. Dante Paolino  
112 lbs. Alex Cournoyer  
119 lbs. Ravid Chowdhury  
125 lbs. Sean Bilodeau  
130 lbs. Mike Abell  
135 lbs. Corey Stewart  
140 lbs. Jack Conroy  
145 lbs. Ryan Murphy  
152 lbs. Jason Lapham  
160 lbs. Curtis Roddy  
171 lbs. Kenneth Lee  
189 lbs. Joe Bellini  
215 lbs. Casey Shea  
275 lbs. Paul Mancuso

Taft School  
Suffield Academy  
Loomis Chaffee School  
Brooks School  
Northfield Mount Hermon School  
Loomis Chaffee School  
Green Farms Academy  
Northfield Mount Hermon School  
Canterbury School  
Loomis Chaffee School  
Milton Academy  
Suffield Academy  
Deerfield Academy  
Trinity-Pawling School

2006

@ Brooks School

103 lbs. Chasen Van Lang  
112 lbs. Sean Boyle  
119 lbs. Dennis Sullivan  
125 lbs. Alex LaBeef  
130 lbs. Sadiq Okocha  
135 lbs. Justin Davies  
140 lbs. Sean Bilodeau  
145 lbs. Corey Stewart  
152 lbs. Michael Powers  
160 lbs. James McCarthy  
171 lbs. Rob Damon  
189 lbs. Luis Gomez  
215 lbs. David Bernstein  
275 lbs. Paul Mancuso

Brunswick School  
Loomis Chaffee School  
Trinity-Pawling School  
Pomfret School  
Phillips Exeter Academy  
Brooks School  
Brooks School  
Loomis Chaffee School  
Loomis Chaffee School  
Tabor Academy  
Trinity-Pawling School  
Suffield Academy  
Loomis Chaffee School  
Trinity-Pawling School

2007

@ Lexington Christian Academy

103 lbs. Chasen Van Lang  
112 lbs. Rey Kelly  
119 lbs. Greg Karelitz  
125 lbs. Ronnie Waters  
130 lbs. Nick Boghos  
135 lbs. Kyle Palmer  
140 lbs. Juan Jurado  
145 lbs. Justin Davies  
152 lbs. Sean Bilodeau  
160 lbs. George Sullivan  
171 lbs. Corey Stewart  
189 lbs. David Loomis  
215 lbs. Burke St. John  
275 lbs. Dan Patterson

Brunswick School  
Salisbury School  
Belmont Hill School  
Hyde School (Maine)  
Belmont Hill School  
Trinity-Pawling School  
Belmont Hill School  
Brooks School  
Brooks School  
Belmont Hill School  
Loomis Chaffee School  
Pomfret School  
Deerfield Academy  
Loomis Chaffee School

2008

@ Loomis Chaffee School

103 lbs. Mike O'Boyle  
112 lbs. Omar Bey  
119 lbs. Robert Butts  
125 lbs. John Coutoumus  
130 lbs. Todd Patterson  
135 lbs. Peter Randall  
140 lbs. Andrew Kellogg  
145 lbs. Kyle Palmer  
152 lbs. T.J. Strunk  
160 lbs. Kyle Roy  
171 lbs. Hector Cintron  
189 lbs. Vinnie Napoleon  
215 lbs. Reid Mosquera  
275 lbs. Greg Vaughan

Brooks School  
Northfield Mount Hermon School  
Canterbury School  
Northfield Mount Hermon School  
Northfield Mount Hermon School  
Buckingham Browne & Nichols  
Williston Northampton School  
Trinity Pawling School  
Northfield Mount Hermon School  
Milton Academy  
Phillips Andover Academy  
Roxbury Latin School  
Phillips Andover Academy  
Phillips Exeter Academy

## New England Team Champions

2008	Northfield Mount Hermon	1994	Phillips Exeter
2007	Belmont Hill	1993	Deerfield
2006	Loomis Chaffee	1992	Phillips Exeter
2005	Trinity-Pawling	1991	Phillips Exeter
2004	Loomis Chaffee	1990	Tabor Academy
2003	Loomis Chaffee	1989	Phillips Exeter
2002	Loomis Chaffee	1988	Phillips Exeter
2001	Phillips Exeter	1987	Phillips Exeter
2000	Phillips Exeter	1986	Deerfield
1999	Williston Northampton	1985	Milton
1998	St. Paul's	1984	Hopkins
1997	St. Paul's	1983	Govenor Dummer
1996	Taft	1982	Tabor
1995	St. Paul's	1981	St. Paul's

## Place Winners by School, 1998-2007

Exeter	53	Worcester	11
Loomis Chaffee	52	Hyde (Maine)	11
Northfield Mount Hermon	50	Governor's Academy	10
Brunswick	43	Hopkins	10
Trinity-Pawling	43	Landmark	9
Brooks	43	Moses Brown	7
Andover	34	Providence Country Day	7
Milton	34	Thayer	7
Belmont Hill	34	Hyde (Connecticut)	7
Williston North Hampton	28	Lexington Christian	7
Pomfret	27	Hamden Hall	6
Roxbury Latin	27	Concord	6
Choate	20	Greens Farms	5
Deerfield	20	Nobles	5
St. Paul's	19	Gunnery	4
Tabor	19	NYMA	3
Tilton	18	Lawrence	3
New Hampton	17	Fay	2
Taft	16	Pingree	1
Wilbraham & Monson	15	Eaglebrook	1
Avon Old Farms	15	Proctor	1
Salisbury	15	Forman	1
Hotchkiss	15	Middlesex	1
St. Mark's	12	Vermont	1
Suffield	12	Marinapolis	1
BB&N	12	Cheshire	1
Canterbury	11		

## 2008 All-Americans

Wt.	Name	School	Nationals
103	Ponte	Northfield Mount Hermon School	4th
140	Palmer	Trinity-Pawling School	4th
285	Vaughan	Phillips Academy Andover	4th
189	Steur	Phillips Academy Andover	5th
103	O'Boyle	Brooks School	6th
125	Coutoumas	Northfield Mount Hermon School	6th
171	Roddy	Northfield Mount Hermon School	6th
189	Napolean	Roxbury Latin	6th
215	Papagianopoulos	Buckingham Browne and Nichols	6th
285	Lahey	Brooks School	6th
103	Van Lang	Brunswick School	7th
171	Cintron	Phillips Academy Andover	7th
130	Patterson	Northfield Mount Hermon School	8th
189	Wilson	St. Paul's School	8th
215	Mosquera	Phillips Academy Andover	8th



# GOOD LUCK TO ALL COMPETITORS!

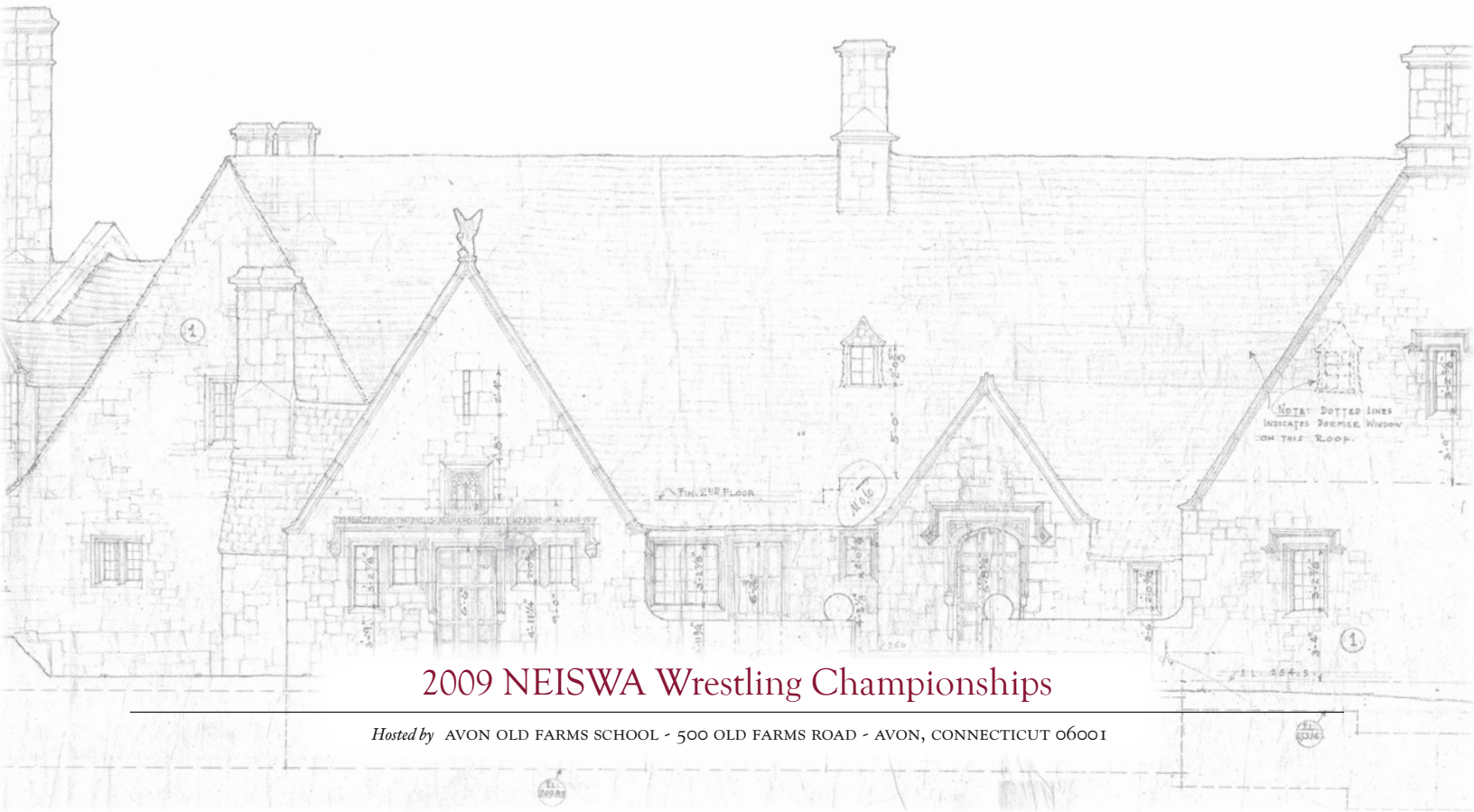
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*And to the many people who have worked so hard to make this event a success, we offer our sincere "Thanks."*

## Avon Old Farms School

**NOTE:**

This program is available in PDF format on the Avon Old Farms School website.



## 2009 NEISWA Wrestling Championships

Hosted by AVON OLD FARMS SCHOOL - 500 OLD FARMS ROAD - AVON, CONNECTICUT 06001