



State Chairman to National Chairman
Catholic Daughters of the Americas®
LEADERSHIP

Circle of Love Reporting Form
February 1, 2018 – February 1, 2020

Court Name Court St. Charles

Number 1791

Regent Margaret Gall

Local Chairman Tina Lewis

Number of Members 89

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State Chairman: Name Ellen Huneke

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State Regent Marlys Knuth

Title of the Project Strengthen our Sisters, Strengthen Our Court

Attach the local court project you found most impactful to this form.

Deadline: Postmarked by April 1, 2020
Mail to: Sherry Nilles, National Chairman
711 25th Ave.
Sheldon, IA 51201
Email: ljnilles@nethtc.net

Greetings Sisters!

I first came to this court in late 2018, picking up the open Leadership Chair position as soon as I joined. My focus in the first year was to learn where the women of the court were from a leadership standpoint. Did they understand the strength and character that they could bring to the court? Did they see the value of their involvement? Did they have the tools they needed to continue to grow in the court? I utilized the results from my survey (below) to develop a set of learning objectives for the court. This resulted in a curriculum that became my project for the year.

Court St. Charles Leadership Development Curriculum 2018-2020:

Survey-

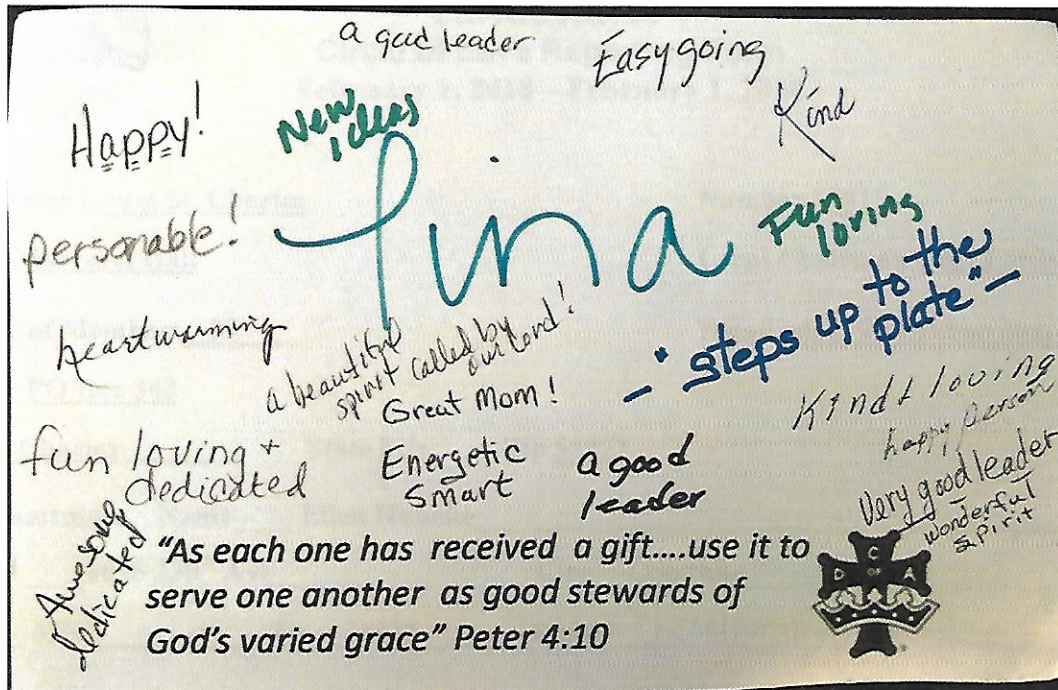
- What topics would you most like to learn about or discuss at a future leadership workshop?
- What factors of leadership are you most interested to learn about?
 - (CDA Structure, Leadership Concepts, CDA Leaders, etc.)
- What future positions are you interested in?
- What is a major setback from you getting involved in CDA activities?
- What is a major setback from you getting involved in CDA office/chair positions?
- What is your greatest pleasure in CDA?
- What chairs/offices have you held in the past (including current positions)?

National Leadership Presentation – I had the honor of attending the last National CDA Convention in Sioux Falls, SD. On my return, I realized there were many women who hadn't been to a convention or didn't understand what a convention was. I put together a presentation focused on the National CDA Leadership. I reached out to the National Board for input that I could share with the court to help them visualize the wonderful national leaders and understand where they came from.

State Leadership and Convention – Following the National Convention, I had the wonderful opportunity to prepare to go to my first State Convention as a delegate for my court. We were so fortunate to have the State Convention close by, as our Court was a host Court. It was important for the women of our court to understand what a delegate is and how a convention works so they could immerse themselves in the experience and garner everything possible from it. It was a great opportunity to encourage women to step out of their comfort zone and act as a delegate, or helper, even though it was a new experience for them. Giving them the basic tools and understanding to be successful at a convention was an important step in the process. It also opened conversation for some of the veteran women in our court to converse and share their experiences which made it all the richer. For this, I expanded on my presentation regarding National Leadership and added information pertaining to State Leadership and Convention.

Strengths Workshop – In November, I held a small workshop during our pre-meeting luncheon. We discussed as a group the strengths of our court. We also discussed the nature of women to do so much for those around them and take little credit. The theme for our current State Regency is "As each one has received a gift...use it to serve one another as good stewards of God's varied grace" Peter 4:10. For the activity, each member was given a card to write their name on. The card had the State Regency theme on it. Each woman was asked to write their name on the card. Their card was then were passed around the room so other members could write a note about each woman's' strengths. These cards continued to be kept available so members can write a

note to others to call out something special they have done at any function or meeting. The intention of this activity was to show each member the value they bring to the court. Instilling confidence in our sisters is a key to their personal growth, so they are more receptive to taking on new roles within the court.



Example Strengths Card

Imposter Syndrome – In January, I released a report highlighting Imposter Syndrome. Many women are not aware of what imposter syndrome is, but are likely affected by it at some level. Imposter Syndrome causes people to question their abilities and contributions. The handout came with a quiz activity that each member could take to identify their level of “imposterism”. Having an awareness of our propensity to sabotage our own thoughts helps us combat it. Imposter Syndrome relates to the idea of an inner voice that tells us we aren’t good enough, qualified enough, smart enough... (the list goes on) to perform certain tasks and activities. If the women of our court do not have confidence in their own abilities, the court suffers because it results in them holding their gifts and strengths back.

You will find copies of each of the handouts attached.