



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

MOTTO

Unity and Charity

Minnesota State Board

STATE REGENT

Mary Pufall
628 32nd St. N.
Moorhead, MN 56560
218-686-4852
marypufall@gmail.com

1ST VICE STATE REGENT

Monica Capra
300 Jefferson Ave
Zumbrota, MN 55992
507-732-5033
mcaptsch@gmail.com

2ND VICE STATE REGENT

Cathy Nelson
404 Barney St.
Owatonna, MN 55060
507-676-2192
cathyncda@gmail.com

STATE SECRETARY

Jeaneen Nelson
2917 Norwood Ave
Slayton, MN 56172
507-760-0222
daryljeaneen@gmail.com

STATE TREASURER

Vera Hannig
423 Woodland Ave, Apt 305
Crookston, MN 56716
218-289-3455
verahannig@gmail.com

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The Voice of the Lakes

MINNESOTA STATE
CDA NEWSLETTER

MARCH 2023
VOLUME 2023—ISSUE 1

Regent's Reflections Mary Pufall, State Regent

Greetings Dear CDA Sisters!

This will be my final article for the Voice of the Lakes Newsletter as your State Regent. It has been my honor and privilege to serve the past 8 years. When I first came on the board, I had no idea how many wonderful Catholic Daughters I would meet and get to know as we traveled the state. Your hospitality and warm welcome cannot be outdone and will never be forgotten. I am in awe of your generosity and can-do attitude as you support charities locally, nationally, and internationally. Thank you!

We are working hard on our State Convention and have a few surprises for you as well. Please attend this milestone of the State Court's 100th Anniversary. I am sure you have been practicing your skits, making a video of your Court, and looking forward to connecting with your CDA Sisters in beautiful Detroit Lakes. If you have not attended a State Convention yet, please do. It is a wonderful opportunity to renew friendships, to collaborate with others and see the bigger picture of CDA. Pray for the success of the convention and the new CDA State Board. I know you will support them as they continue our rich tradition of Sisterhood.

I would like to thank all of the women I served with and who mentored me over the years on the State Board: Margee Keller, Evonne Seivert, Marlys Knuth, Jackie Svenby, Bonnie Hein, Vera Hannig, Monica Capra, Cathy Nelson and Jeaneen Nelson. Grateful to each of them for sharing their talents, time, and treasure with MN CDA.

At this writing, Ash Wednesday is one week from now. It is my hope that you will develop a closer relationship with God through prayer, fasting and almsgiving and that the 40 days of Lent are a time for reflection, service to others, prayer, reconciliation, and personal renewal.

May God richly bless you, now and always.

Mary Pufall



2023 Habitat For Humanity State Grant

The State Board has announced the recipient of the \$10,000 Habitat for Humanity 2023 grant is being awarded to Court St. Charles #1791, St. Charles. Congratulations!

More information to follow from Court St. Charles, so you can plan a possible 'CDA Work Day' and make the trip to that beautiful Southern Minnesota city!

Upcoming Court Anniversaries

Court St. Cabrini #1466, Fergus Falls—75 years—3/7/1948

Court St. Joan of Arc #1291, Marshall—85 years—9/11/1938

Perpetual Calendars are \$8.00 and make lovely gifts!

Who We Are Books are \$2.00 - are great for new members and as a tool to share MN CDA.

Prayer books are \$5.00

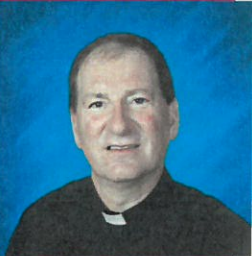


To purchase these contact Mary, Monica, Cathy, Vera or Jeaneen

Or.....

Come to the Convention to get what you need in person!!

Father Larry Delaney, State Chaplain



**MN State
Chaplain**

Greeting in the Lord,

The Minnesota Catholic Daughter Convention is fast approaching us. Again, the Diocese of Crookston is honored with hosting the convention, this time in beautiful Detroit Lakes, from April 21-23. Sorry to disappoint you “southerners” but it is likely that the lake will still be frozen over! With these “covid” years, it has been hard to gather for large group events so it will be a joy to meet many of you. I live just an hour from the convention site so will be traveling back and forth each day.

As I mentioned last time, the church in the United States is in the process of a Eucharistic revival, led by Bishop Andrew Cozzens of the Crookston diocese. Each parish is being asked to plan their own events so I encourage the local CDA courts to get involved with your local parishes to enhance the experience.

The final year of the Eucharistic Revival will kick off with a Eucharistic Congress being held in Indianapolis in the summer of 2024. Tickets for this event can be reserved through your local diocese. I hope to see a strong presence of CDA members at the Eucharistic Congress.

As I write this, Lent is just two weeks away. May this time of penitence and renewal, lead us all to a deeper faith. Together we will celebrate the joy of the resurrection when we gather for the state convention.

In Christ,

Fr. Larry Delaney



Utilizing publicity is key to hosting an event. Advertising well means your CDA court is known prior to the event. To help make your court known make sure your publicity such as contact information and website stays up to date. Use your banner and wear nametags at your event. Advertise your event in your local newspaper. Whether your event was successful or not take advantage of what did work and analyze what didn't work.

Bonnie Hein, State Publicity Chair

DOES YOUR PRAYER LIFE INCLUDE THE HOLY SPIRIT?

Evonne Seivert – State Spirituality Chair

Is it possible to know GOD without the HOLY SPIRIT? Life in the Spirit is something we are familiar with, but do we include prayers to the Holy Spirit in our daily life?

We received these gifts of the Holy Spirit at Confirmation: **Love, Joy, Peace, Patience, Long-suffering, Kindness, Goodness, Faithfulness, Gentleness and Self-control.**

Exploring further I wondered if the Holy Spirit comes by any other names. I found these names on Catholic Link by Steve Duran:

The Wild Goose – so named by the Celts because of the wild unpredictable nature of the Holy Spirit who always seems to call us out of our comfort zone.

Spiritual Unction (1 John 2:20) This is a term used for the Holy Spirit by the apostle John who is telling the early Christians that they are receiving the anointing from the same Holy Spirit that anointed Jesus.

Consuming Fire (Deuteronomy 4:24, Acts 2:3) This title is partly a throwback to the Old Testament where God is referred to as a "consuming fire." Later in the New Testament, St. Luke recounts how at Pentecost the Apostles saw tongues of fire descend and rest above each one of them.

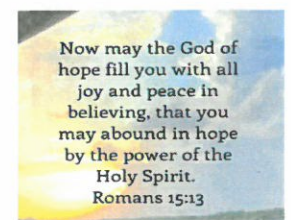
Spirit of the Fear of the Lord This title is given to the Holy Spirit because of his role of enabling us to have a vivid understanding of God's infinite power and greatness (a.k.a. "Fear of the Lord"). **Paraclete** (John 14:16, 26) This is the Greek term that translates into advocate or counselor. When Christ left this earth, he promised to send His advocate or paraclete so that His followers would not be left alone.

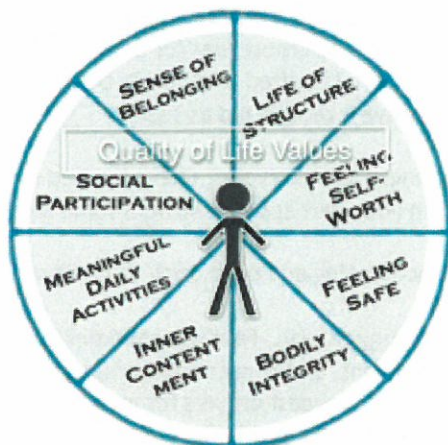
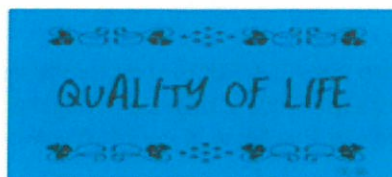
Convictor of Sin (John 16:7-11) In this Gospel, Christ talks about how He would send the Holy Spirit to convict men of their sinfulness. This conviction of sin would then lead man to recognize his own need for God's mercy.

Indweller of Believers (Romans 8:9-11, Ephesians 2:21-22) When we are in the state of grace, the Holy Spirit dwells within us.

***The key to remember is that the Holy Spirit is actively looking for a relationship with you. Be careful though. When you invite the Holy Spirit to enter your life, He always comes in abundance.

"Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit" Romans 15:13





Quality of Life Model of Service

Provided by Globe Star

Quality of Life – The Science of 3 good things –

- How God knows we need to pray. Not because he needs us to pray to him,
- But because He knows we need to show gratitude and express it regularly.
- Prayer is the original “3” good things/gratitude

After covid especially, we also know that “connection” is so important- Human interaction, touch, etc. Even if technology allows us to, we should not go to all virtual meetings. Again. God knew fellowship- the body of believers-is so important.

Giving to others, gives to oneself. The old Bible camp “Love Ball” skit -If you keep the ball to yourself, covet it... it will shrink, but if you toss it to others, it grows and when it comes back to you, the love ball is immense.

Now that we are nearing the end of our year, I would like to personally thank State Regent Mary for the appointment as Chair of Quality of Life.

Margee Keller

Family

I am writing this message as your Minnesota State CDA Family chair for the last time, as my term will be up very soon. I have had a very enjoyable and enlightening experience in this role during the last two years. I was delighted to read about some of the unique and amazing projects that some of our courts have worked on for the Family program. Thank you all for sharing.

I don't know about the rest of you, but when the Family program was introduced as one of our Circle of Love programs, initially I was a bit bewildered with what the exact purpose was for doing this. Family projects fell under the "Quality of Life" program, in my mind. After some thought, I realized that Family being the basic unit of our society and of such uttermost importance the purpose was to have it recognized as such.

In my work, readings, and prayers during these last two years, I have learned more about Family needs on several levels and would like to share some of them with you. Perhaps this will fuel some ideas for future Family projects in your courts.

Individual Family: Courts can begin by encouraging and promoting the following examples among their individual members.

- *Choose projects that focus on communication. Families need to know and understand each other better. Suggest better listening skills, discussions, and appreciation projects.
- *Encourage and foster prayer projects. Suggest prayers for morning and evening, meals, rosary or chaplet, spiritual readings; some together and some individually.
- * Encourage social activities done together. Games, picnics, outings, vacations, and sports are all suggestions that foster togetherness and enlighten each other about other's likes, dislikes, etc. It also builds character in many ways.
- *Promote family health and values. Encourage good diet, exercise, healthcare, and mental health care. Set good examples regarding values and beliefs such as pro-life, sanctity of marriage, moderation, reading and movie choices, etc. Also, visiting a nursing home at Christmas, bring food to a poor family are good examples.

Parish Family: Courts can introduce and plan activities within your parish family.

- * Share your court's message, good works projects, goals, and unity with your parishioners. The more visible and transparent that you are the better you, as Catholic Daughters, will be received.
- *Plan a prayer service to include a variety of inspirational reading, talks, music and even activities that will inspire all age groups. Organize a retreat for parishioners.
- *Sponsor activities and events for individual families. Plan a party with a theme to include food, fun and activities for all family members.
- *Demonstrate your Christian love and caring through organized acts such as visiting the elderly as a small group, collecting food for a food shelf, sponsoring a poor family at Christmas, donating to local charities, supporting a local pro-life activity, or sponsoring a child through a mission.

Community Family: Courts can expand on the above-mentioned family and parish project suggestions to include your entire community.

- *Ensure that your Catholic Daughter's organization is known within your community. Become more visible through newspaper articles with pictures relating your good works, donating to charities and worthwhile local activities, sponsoring events that are open to the public, such as a salad luncheons, teas, festivals, etc.
- *Work with parishioners to sponsor an ecumenical prayer service or ask your choir to do an inspirational musical event at your church. Invite the community to events of any kind that can include other denominations. Create an environment of true fellowship within the community.

I sincerely hope that some of these suggestions and ideas will be helpful to you in the future as you continue to carry on with your good works, especially those related to Family issues.

May God bless each and everyone!

Kathy Bastianelli
Minnesota State Family Chair

Local Court News

Court St. Mary #509 Moorhead hosted their annual Soup and Pie supper Thursday, February 16th. Eight varieties of homemade soup, fresh baked popovers and a variety of pies were enjoyed by over 200 people.



Right: BIRTHRIGHT BABY SHOWER: During the month of February, **Court St. Mary #509** collects donations for Birthright. Birthright of FM helps women with an unplanned or crisis pregnancy with information, referrals, and resources. Typically, the biggest need is for diapers, wipes, and other disposable items. Playpens are set out at St. Joseph and St. Francis churches in Moorhead through the month for both CDA members and parishioners can drop off donations. This is one of our Quality of Life projects.



Left: **Court St. Margaret Mary #605, International Falls** hosted their Valentine's Luncheon on Thursday, February 9 at St. Thomas Equines Hall. The menu included Turkey Soufflé, salad and a variety of homemade desserts. Always a great turnout for this annual event !

Pictured left to right; Gary Loop, Audrey Chute, Donna Demuth, Barbara Custer, Linda Bahr, & State Regent Mary Pufall.

Court St. Cecilia #2025, Red Lake Falls observed White Ribbons Against Pornography (WRAP) last October at St. Mary Catholic Church in Euclid, St. Peter Catholic Church in Gently, the Cathedral of the Immaculate Conception in Crookston, and St. Joseph Catholic Churches in Brooks and Red Lake Falls. Beautiful, large white ribbons made by one our members were attached to the outside door handles on the five churches to bring awareness and be a visible sign of WRAP for parishioners and community members who passed by the churches. Articles and information about pornography were published in church bulletins and local newspapers. Small individual white ribbons were distributed or placed by displays and parishioners were encouraged to take them and wear them throughout the week of WRAP.



Court Our Lady of the Fields #2107, Argyle - The members of our court helped make local residents very happy! Sutton North and Sutton South Group Homes residents were excited about the Christmas holiday. They received many great gifts from the generous shoppers within the communities of Argyle and the surrounding area through the Community Giving Tree (set up at the Argyle Mall). Our Lady of the Fields, Court #2107 of Argyle, started sponsoring the Giving Tree project several years ago. In past years, an Advent tree had been set up at St. Rose of Lima Church with gift requests from area sites that served the needy. However, the members realized that there's more "foot traffic" going through the Argyle Mall and made the Giving Tree more accessible for any people interested in spreading Christmas joy by purchasing a gift or gift card for the Group Home residents. A couple of CDA members gathered the gift requests from the Group Home, and another member made the gift tags and decorated the tree with the tags. The volunteers also shopped for any gift requests that weren't filled, gathered the gifts in festive Christmas bags, and delivered gift bags to the Group Home in time for Christmas.





Several members of Court St. Bernard enjoyed a painting project following their December meeting. "Students" were slowly instructed on the steps to create their own unique winter barn scene. Proudly displaying their creations are: Back row-Deb Lutmer, Steph Diekmann, Lydia Diekmann, Julie Brake, Jean Loosbrock, Mary Brake, and Pearl Wieneke. Front row: Mindy Kemper, Lisa Diekmann, and Mary Metz.



Left: Ct. St. Bernard #886-Lismore held another successful bake sale in conjunction with the parish spaghetti dinner after St. Anthony's Saturday evening Mass. Pictured are Kate McCann and Pearl Wieneke with some of the wide array of goodies.



Right: Court St. Bernard #886, Lismore -Henrietta Lais turned 100 years young on Jan 6, 2023. Heine, as she is known as, grew up in Lismore, Minnesota and continues to live in the home that she and her husband, Tony, designed and built in the 1980's in Worthington. Her son lives with her to maintain her care and health. Heine is a 70+ year member of Ct. St. Bernard #886, Lismore. Her dedication and commitment to Catholic Daughters is what keeps organizations alive. She is in great spirits, although beset by memory loss, and looking forward to future birthdays.

Court Queen of Peace #1558, Slayton -A Memorial Mass was held Nov. 17, 2022 with Father Thein Nguyen presiding. Those remembered were members of Court St Theresa #973, Court Queen of Peace #1558 and KC's from the Slayton Area. Pictured are Regent Amy Kathman and Grand Knight Travis Smith.



Visit from our Bishop



On Sunday, January 22, Mass for Life at St Joseph Parish in Owatonna, our celebrant was Bishop Robert Barron. He gave a very powerful homily to the almost 400 gathered to hear him speak.

After Mass, our parish had a "Meet N Greet" for Bishop Barron. He greeted many, a few of our CDA Court Owatonna #1180 members. We also, had seminarians from the Institute of the Divine Word and Father Andrew, from Mankato, who came with Bishop Barron.



Bishop Barron and Katie Mullally (Ct Owatonna #1180 member)



Bishop Barron, Bruce and Rose Ann Kubicek (Ct Owatonna #1180 member)



Bishop Barron and Rose Ann Rypka (Ct Owatonna #1180 Vice Regent)



Bishop Barron and Father Jim Starasinich

Court St. Margaret #1888, Eveleth

Below: Court St. Margaret held their 14th annual Birth Rite baby shower January 14th through February 1st. Catholic Daughters, Eveleth Knights of Columbus and parishioners of Resurrection and St. Joseph generously donated 262 layettes and clothing items plus \$300 in gift cards and checks.



All items collected were donated to the Family Life Center in Virginia, MN. The Family Life Center is a "life affirming organization dedicated to promoting healthy choices for women and men and protecting the well-being of children, pre-born and born, by offering counseling, information and assistance." Items collected benefitted families in the surrounding Iron Range area. Participants earn the baby care items by attending parenting classes and volunteering at the centers.



Above right: The program for the latest meeting was to pick up a handmade heart and place it somewhere in the community to brighten the day of a stranger.

Pictured: Doris Carda, Rita Lear, Barb Minnehan, Jan Bryan, Barb Neilson and Deanna Konkol.

Above left: Several CDA members got together to tie quilts that will be given to graduating seniors in the Tri-parish of St. Ann, Slayton; St. Mary's, Lake Wilson; and St. Columba, Iona. Pictured are left: Rita Lear, Marcie Cowan, Marti Engelkes; right: Doris Diekman, Deanna Konkol, Jill McCord and Missy Biren.

Court St. Joan of Arc #1291, Marshall



Left: On December 5, 2022 Court St. Joan of Arc celebrated a Christmas party with the Holy Redeemer Council of Catholic Women for a super fun time filled with laughter, games, music and a catered meal. With the past years of COVID we have not been able to gather and celebrate together. We definitely made up for the lost years. Over 80+ Holy Redeemer women attended Mass, then enjoyed a lovely decorated reception area and delicious catered lunch. Entertainment of many games were created by the CDA activities committee for all of us to share much love, fun and fellowship. We can't wait for next year!!

Court St. Margaret Mary # 605, International Falls

Right: On January 10, 2023, Court St. Margaret Mary welcomed five new members. Three were available to attend the installation. Pictured from left to right are Treasurer Betty Ericson, Secretary Sandy Sakry, Vice Regent Julie Hindman, new members Georgette Kacik, Leanne Crompton and Deborah Syvertsen and in back Financial Secretary Sandy Orgas. Missing are Christine Gelo and Molly Sheely Gushulak.

A potluck was held after the ceremony to celebrate the new members. We are blessed to have them join us.



Court Joan of Arc #691, Blue Earth



Left: Court Joan of Arc of Blue Earth held a Christmas bake sale and donated the proceeds of \$439.00 to the local Interfaith Caregivers.

Pictured from left to right is Sue Wiltse, Lee Mikolai, and Pam Armon.

Court St Rita #409, Perham

Below: Members enjoyed CDA Sisterhood at the December 6th meeting & potluck. The evening started with a delicious potluck and socializing followed by Rosary, business meeting and fun game





Above: Court St Charles gathered to fill over 100 Christmas pails that were distributed by them to community members to bring them some Christmas cheer.



Above: Court St Charles sponsored "Donuts & Hot Chocolate with Santa". You could have a treat, make a craft and have your picture taken with Santa.



Above: The yearly "Sweet Treat Sale" held by Court St Charles was warmly received by our community shoppers.



Above: A baby shower was sponsored by Court St Charles for Birthright.

Right: 500 Card parties are held at the Senior Center sponsored by Court St Charles CDA for six Sunday afternoons during January/February.





Above: We may have changed slippers, positions or Chairs.... But we are still the same team: Viv, Terese, Mary Evie, Marie



Above: Ready to make your 'take out' order at our CDA bazaar. Mary Evie Karen Bonnie Diannne and Carol



Left: The Lord provided us with a beautiful sunset. As we said our good-bye's until bright and early the following morning. Taking orders in the 'drive thru' line, selling raffle tickets and taking cash were Marie, Judy and Monica.



Right: Across town delivery team: Laura and Penny



Left: Hotdish cooking team—the best in town! Elaine, Jan, Denny, Viv



Left: Double raffle winner at our CDA Bazaar- Pictured: Terese, Judy, winner Judy Jones and Viv



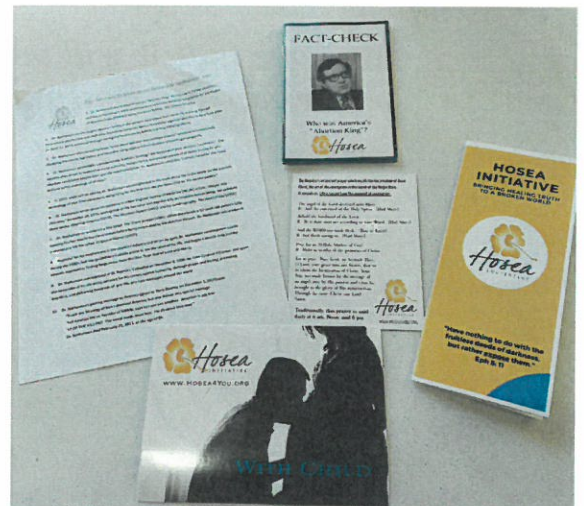
Above: We were blessed to receive a giant Rosary made from an Ohio Buckeye tree's seeds. Jan Sturms' sister, Pat Neimond from Montevideo thru her church friend, Pat Craigmey of Boyd, MN.

Below: Court St. Mary Peter #1864 was busy cooking in January and February for our main fundraiser, *Meal in a Bucket*. A group of six members do the planning, organizing, shopping and arranging for volunteers. Orders are taken at our local churches for four weeks prior to our cooking dates. We prepared Potato Soup, Portage Soup, Chili, BBQ with buns and Cinnamon Rolls, using recipes from our *Catholic Daughter's Cookbook*. Round 1 was in January, with cooking dates of January 11 -14, and with nineteen members helping to prepare 213 items. Round 2 was in February, with cooking dates of February 8 – 11, and with twenty-three members helping prepare 349 items. Many hands make light work. Monies raised are used for charitable donations and for member support to attend conventions.



Below: Court St. Mary Peter #1864 celebrated our December meeting with a potluck and socialization on December 19, despite a late afternoon snow-storm. We revealed who our 2022 Secret Sisters were and received our new Secret Sister for 2023. Our court also had a baby shower for Jesus and collected layettes, clothes, diapers, baby wipes, toys and cash donation for *Birthingright* in Rochester.

Below: On November 28, 2022, Court St. Mary Peter #1864 invited Clair Ruff (in person) and Terry Beatley (via Zoom), from the *Hosea Initiative*, to speak to our court members and guests about Dr. Bernard Nathanson, the "Abortion King." We learned of Dr. Nathanson's history of abortions, his conversion to Catholicism and sharing pro-life



Come one, Come all!

April 21-23, 2023

State Convention in Detroit Lakes

Theme is 'Celebrating a Century of Faith, Hope and Love'

Dear Catholic Daughters

On behalf of Court Holy Rosary 1916 of Detroit Lakes MN we would like to extend an invitation to attend the Minnesota Catholic Daughters Convention MN. The convention will be called to order on April 21 and continue through April 22 at the Holiday Inn in Detroit Lakes MN.

It is an honor and privilege to host the Convention. We look forward to welcome National, State, and Local Court officers and members.

Check in and registration will start on Thursday and continue on Friday morning. Please join us for entertainment and enjoy the hospitality room on Thursday evening.

We will have a welcome bag for everyone from the city of Detroit Lakes and they say that the new coupon book should be here to include in the bag.

Hopeful the ice will be off the lake and beautiful spring weather by then.

We hope that it will be a memorable and exciting days of fellowship and blessing for all.

*Sincerely Sisters in the
Catholic Daughters of
Americas*



Regent Janet Reller

The Nominations Committee submits the following candidates for State Office for 2023-2025:

State Regent: Monica Capra, Court St. Mary Peter #1864 of Mazeppa-Bellechester

1st Vice State Regent: Cathy Nelson, Court St. Anne #1840 of Medford

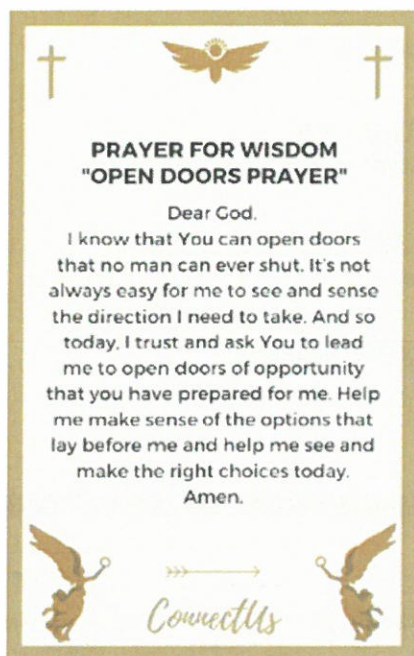
2nd Vice State Regent: Lisa Ouderkirk, Court St. Mary #509 of Moorhead

State Secretary: OPEN

State Treasurer: Darlene Hightet, Court Cabrini #1466 of Fergus Falls



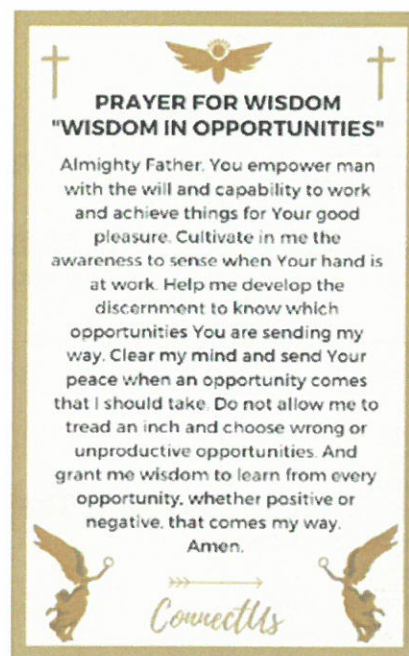
Submitted by Joan Welscher—State Nominations Committee Chair



DOORS OF OPPORTUNITY ARE OPEN FOR YOU TODAY!

As I write this note to you today, I recall the invitation I first received to serve as a District Deputy for the CDA courts in my area. A fellow court member who had served in this role, and in many others throughout her CDA membership said, "Perhaps the thoughts you're having about this opportunity is the voice of the Holy Spirit guiding you to say 'yes'!"

I hope you consider that the same may be true for you – the Holy Spirit may be inviting you to share your



talents through the Minnesota Catholic Daughters. Whether you've already been invited to serve in a leadership role, or if you've even thought privately about taking on such a position, remember, you are capable, you have the talent – it only takes the will to go through the door of opportunity that awaits you.

The State Secretary position and several District Deputy positions are still available for the 2023-2025 term. Your State Board members welcome your questions and are happy to visit with you about these opportunities and the rewards they've experienced in serving. Please prayerfully consider saying 'yes'!



Minnesota Catholic Daughters

Mary Pufall
MN CDA State Regent
628 32nd St. N.
Moorhead, MN 56560

WEBSITES

Minnesota CDA:
mncda.org-or-mncda.com
National CDA:
catholicdaughters.org

NEWSLETTER

Editor:

Jackie Svenby
8428 NW 21st Ave
Medford, MN 55049
507-456-5508

svenbymilling@msn.com

Email Articles to:

mncdanews@yahoo.com

Or send typed articles and photos to Jackie Svenby (addresses above)

Newsletter Guidelines:

- Story should be 50-125 words
- Include who, what, when, where, and why in your story
- Include Court name, number & city
- If submitting photo, attach it as a .jpeg file to email with article-give photo a caption & identity each person
- Deadlines to submit articles: **July 10—Nov 10—Feb 10**
- Include your name, court, phone and/or email so we can contact you if we need more information.

Welcome New Members!!

Ct. St. Cabrini #1466, Fergus Falls

Tammy Stanislowski, Janice Hunt, Marlene Ellen Gease

Ct. St. Rita #409, Perham

Cheryl Keller

Ct. St. Peter #1601, St. Peter

Pam Becker

Ct. St. Mary Peter #1864, Mazeppa-Bellechester

Callie Markson

Blessed Be Their Memory

Ct. Joan of Arc #1291, Marshall

Sandy Redding, Mary Eveslage

Ct. Queen of Peace #1558, Slayton

Mary Gaul

Ct. St. Rita #409, Perham

Rita Rotta

Ct. St. Joan of Arc #691, Blue Earth

Marvel Sippel

Ct. St. Mary #509, Moorhead

Magdalen Honi

Eternal
rest grant
unto her
Oh Lord,

...and may
perpetual light
shine upon
them.

