



CATHOLIC  
DAUGHTERS  
OF THE  
AMERICAS

# The Voice of the Lakes

MINNESOTA STATE  
CDA NEWSLETTER

MARCH 2022  
VOLUME 2022—ISSUE 1

## MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

## MOTTO

Unity and Charity

## Minnesota State Board

### STATE REGENT

**Mary Pufall**  
628 32nd St. N.  
Moorhead, MN 56560  
218-686-4852  
marypufall@gmail.com

### 1ST VICE STATE REGENT

**Monica Capra**  
300 Jefferson Ave  
Zumbrota, MN 55992  
507-732-5033  
mcapsch@gmail.com

### 2ND VICE STATE REGENT

**Cathy Nelson**  
404 Barney St.  
Owatonna, MN 55060  
507-676-2192  
cathyncda@gmail.com

### STATE SECRETARY

**Jeaneen Nelson**  
2917 Norwood Ave  
Slayton, MN 56172  
507-760-0222  
daryljeaneen@gmail.com

### STATE TREASURER

**Vera Hannig**  
423 Woodland Ave, Apt 305  
Crookston, MN 56716  
218-289-3455  
verahannig@gmail.com

### INSIDE THIS ISSUE:

Regent's Notes/State Board news	1-3
State Chaplain	4
State Chair/District Deputy news	5-7
Local Court news	8-17
JCDA news	16
Info on Membership Contest	18
New members/Deceased Members	20

## Regent's Reflections Mary Pufall, State Regent

Greetings Dear CDA Sisters!

Here I am Lord; I come to do your will. In a few short months, our local courts will be electing new officers to serve for the next two years. While this is exciting to elect new leaders, it also causes anxiety for many. Who will take over? What do we do if no one steps forward? What will happen to our court? The first step is to take a deep breath, pray and listen to God's plan. He wants us to succeed as Catholic Daughters! Our contributions to our parishes and communities are many, so needed and very much appreciated. As we enter the third year of the pandemic, we are needed more than ever. We are asked to share our unique God given gifts and talents with others. Local court officers work together as a team to guide their court in all activities. The ability to serve as a leader in our courts lies within each of us. The Nominating Committee will encourage women in their court to step up into a leadership position that utilizes their gifts. If you have been thinking this is your time to try an office, let the Nominating Committee know. Be open, ask questions and take time to reflect on how you can serve as an officer. Be assured that there are many resources available to you—The Tools of the Trade, CDA Bylaws, your CDA Sisters and the State Board and National Representatives. The blessings you receive will be more than the time you give.



*Mary Pufall*

**Happy**   
**St. Patrick's Day**

### Upcoming Court Anniversaries

Court St. Margaret #1888, Eveleth—60 Years—4/15/1962

JCDA Ct St. Teresa of Calcutta, Perham—5 Years—6/13/2017

JCDA Ct St. Kateri Tekakwitha, St. Charles—10 Years—10/16/2012



**Coming in August  
Summer Workshops 2022**

The State Board invites you to attend one of our Summer Workshops in August. We are working to select locations and dates convenient for you. We enjoy our travel to connect with our Sisters across the state. It's an opportunity to share news from National and State, provide education and most importantly have FUN! ALL Catholic Daughters are invited to attend. The more the merrier! Last summer was fantastic and we came away energized, renewed and ready to continue our work.

More information will be shared in April, so that you can plan before your summer break.

**Top 10 Reasons To Attend A Summer Workshop**

1. Spirituality
2. Sisterhood
3. Connection
4. Knowledge
5. Celebrate
6. Fun
7. Share
8. Renewal
9. Unity
10. Joy



Perpetual Calendars are \$8.00 and make lovely gifts!

Who We Are Books are \$2.00 - are great for new members and as a tool to share MN CDA.



To purchase these contact Mary, Monica, Cathy or Jeaneen if interested.

We will arrange for delivery or can mail them to you.

**COURTS AND DD'S PREPARE FOR APRIL FINANCIAL REVIEWS**

Local Courts will once again conduct a Financial Review in April 2022 for the period of October 2021 through March 2022. In preparation, the Financial Secretary of each Court should contact the National CDA Office now to request a current roster of their court membership. When received, the roster should be reviewed and any changes or corrections submitted back to the National office by the end of March so that all rosters are in agreement with the National records and billings received for National and State dues will be accurate. Courts should also contact their District Deputy to set up a date for the Financial Review that works for all schedules. The District Deputy is required to attend at least one of the Court Financial Reviews each year, but should be welcomed to all. Finally, in preparation for this review, please look over your Financial Review instructions from the 2021 workshops and make the changes to your process that were suggested at your last review. If you have any questions, contact your District Deputy or your 2nd Vice State Regent, Cathy Nelson. Best wishes for a successful and smooth Financial Review!



Members of Court St. Cecilia #2025 of Red Lake Falls attending their February Court meeting met and exchanged questions with Seminarian Joseph VanDenhuevel via Zoom. Joseph (pictured on the left) led the Court's opening prayer and shared his very interesting story of his vocation journey with members. He is one of the seminarians in the SOS (Support Our Seminarians) Program that Court St. Cecilia supports. Everyone was thankful to Joseph for answering God's call and for answering our Court's call to meet and get to know him. Everyone enjoyed the meet and greet with Joseph that evening!

### Publicity

Publicity use is important to spread the word about Catholic Daughters. It is a way of conveying information to the general public and creating awareness of what we have to offer our members, our faith community, and the general public. Publicity is a way to get information across to as many people as possible within the shortest time frame. It is important for each local court to have a Publicity Chair or Committee to get the word out to your court and church members about court meetings, events, fundraisers, etc. It is also important to get the word out to the general public about your fundraisers, special events or activities, so as to increase awareness of our wonderful Catholic Daughter organization.

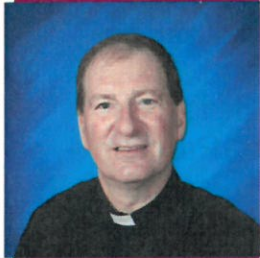
The **National Convention** is just five months away—We hope that all of our Local Courts are preparing to send a representative or two! Watch the mail or look at the National website for more info on registration and other items. We as Catholic women have much work to do in this ever changing world, that seems to be filled with crumbling morals. Many hands and new ideas go a long way to helping make the changes for the better—and we can do that together at the Convention!

*The 59<sup>th</sup> Biennial National Convention of the Catholic Daughters of the Americas will be held at the Sheraton Hotel and Casino in San Juan, Puerto Rico*

**Convention Dates:**

Pre-convention Workshops and Concert	Tuesday, July 19, 2022
Opening Convention Mass	Wednesday, July 20, 2022
<b>Convention Meeting Days</b>	<b>Wednesday, Thursday, Friday, &amp; Saturday, July 20-24, 2022</b>
Closing Banquet	Saturday, July 23, 2022

## Father Larry Delaney, State Chaplain



Fr. Larry Delaney,  
Pastor

Greetings in the Lord,

I ended my column in the last newsletter with “May you have a blessed and safe winter season!” Hopefully you have had a safe winter thus far and we certainly have been “blessed” with a rousing winter season! Here in northern Minnesota we have already had at least four blizzard condition days and plenty of snow since the middle of November. Well, we had a drought last summer so this should help our many farmers.

As I write this, the Feast of the Presentation of the Lord is approaching, when Mary and Joseph bring the infant Jesus to the temple in Jerusalem and present him as a first born son. In the account in Luke (2:22-40) we don’t hear from either Mary or Joseph but we do hear and witness profound actions from two very faith-filled people, Simeon and the prophetess Anna.

Simeon came in the Spirit to the temple and as soon as the infant Jesus was presented, Simeon recognized him as the Messiah. So Simeon calls out to the Lord, “Now, Master, you may let your servant go ..... for my eyes have seen your salvation....” Later Anna approached. It says that “she never left the temple, but worshiped night and day with fasting and prayer.” Anna then “gave thanks to God and spoke about the child to all who were awaiting the redemption of Jerusalem.”

How is it that Simeon and Anna were able to recognize Jesus as the Messiah so quickly? It didn’t happen automatically. Both had spent years being open to the Holy Spirit and dedicating themselves in prayer, worship and service of the Lord. By nurturing and exercising these virtues, their hearts, eyes and ears were attuned to the workings of God and the presence of the Lord. So when God in the flesh, Jesus, arrived in the temple they were quickly able to see his presence.

A CDA goal this year is to increase membership. We can implement the actions of Simeon and Anna in striving to meet that goal. First, continue to grow in your life of prayer, worship and service. Also, look around your parish with their eyes of faith to see the presence of the Lord in others. See the parents who faithfully bring their children to Mass even when it is hard to pay attention because of the squirming children or crying baby. Notice the parishioners who step forward to help with parish projects, teach religious education, guide the youth of the parish. If your parish has times for Eucharistic Adoration, join in that prayer and especially pray for those who are there with you. All of the above are people you can invite to join CDA. In your invitation, speak not only of how their gifts would enhance your local court, but also how being a Catholic Daughter will enrich their lives of faith.

May the season of Lent and Easter again enrich your lives as disciples of Jesus.

In Christ,

Fr. Larry Delaney

### Who? Me?? Am I Called to Serve? Do I need to be a more Active Member?

I was rather timid (if you can believe that. . .) as I came to my first CDA meeting. I was not sure what to expect. Thank goodness my friend who invited me to visit took me in hand and explained the opportunities available. I could attend a meeting or serve on a committee and would be serving the Lord and get better acquainted all at once. Just coming and getting to know other women of God was an opportunity. I joined and at the first opportunity to volunteer I raised my hand. Oh goodie! I was appointed to serve on the Spirituality Comm. (I guess I looked like I knew what I was doing.) I had no idea of what I a growth opportunity I was about to encounter.

I was aware that Catholic Daughters are called to prayer and service. What a great opportunity to get to know our God and myself better! Before long I was helping with prayer, coordinating who would lead the Rosary as well as other opportunities. Through prayer and perseverance I had a inspiring growth experience while working on this Committee.

The activities of CDA are many and we each choose those events or activities by opening ourselves up to the Holy Spirit and saying "Yes", Here I am, appoint me!

Not everyone aspires to be the Regent, not everyone chooses to be the Secretary, but there are so many activities in every court where your talents are needed. Working together in the kitchen helping serve lunch, offering Gummy Bears to the Parish, leading the rosary at a meeting or at a funeral, or just being present and visiting with another member who needs YOU might be your calling.

Working with others who share the same beliefs and values is a spiritual experience and every activity is a Spiritual experience for the Court and for you! Just visiting with another member has great value.

Go forth and grow spiritually! Don't miss an opportunity to serve. You are needed by your Court or some other member and God is calling you into service!! Whether you are a new member, or an ongoing member, say YES!

*E. Seivert, Spirituality Chair*

**DD  
and  
State  
Chair  
News**

### Family Program

A warm hello to all of you. The weather has been a bit chilly outdoors so far this winter but I know that there is much warmth and caring in the hearts of our Minnesota CDA sisters. Our spirit of "Unity and Charity" lives on in each of you and in the actions that you demonstrate in your good works. This is quite evident to me as I review all of your "Family Circle of Love" reports this month.

I am reading and learning about so many wonderful and caring activities in these reports. Much of these good works have/are being done for our church families or our society or community families which are in great need of such help. You are truly performing our Lord's works of love here on earth.

"Family" is humanity's most cherished and most complicated unit of society beginning with our origin and extending to include the entire human race. Within those boundaries lie all human stories, from wonderful life-giving successes to painful spirit-robbing abuses; our greatest joys to our greatest wounds. Human effort can create happiness as well as destruction. Humans are imperfect for sure but the hope and guidance that we need comes to us in the Divine story of the Holy Family. It teaches us about perseverance in the face of hardship, determination in the face of despair, healing when there is so much pain and light where there is darkness.

We are all just works in progress as we press on to deliver this warmth and giving to our fellow human families. The good Lord is always working to lead us and guide us as we continue to perform His good works here on earth. Pray to our Lord and the Holy Family every day to ask for their guidance and perseverance to continue your works of love and mercy. Pray also for your own families as they are your individual fountains of strength and love.

May the Lord's blessings be with each and every one of you beautiful sisters!

*Kathy Bastianelli, State Circle of Love "Family" Chair*

## CATHOLIC DAUGHTERS SUPPORT HABITAT FOR HUMANITY IN MINNESOTA

THANK YOU so much to Cathy Nelson, 2nd Vice State Regent, for coming to Winona to present the CDA check and a gift for the Skappel family for Winona's Habitat home #52. What a special honor it was to participate in such a basic need for this beautiful family. We truly appreciate your presence and willingness to join us for the mini-celebration.

### State News



Above (L-R): Cathy Nelson, 2<sup>nd</sup> Vice State Regent; Mary Speltz, Member; Sue Kamrowski, Financial Secretary; Colleen Peplinski, Regent, Ct Winona #191; and Jessi Darst, Comm Engagement Coordinator, Habitat for Humanity serving Winona County.



Above(L-R): Cathy Nelson, 2<sup>nd</sup> Vice State Regent; Sue Kamrowski, Financial Secretary; Mary Speltz, member; Colleen Peplinski, Regent, Ct Winona #191; and John Corcoran, Director of Operations & Construction, Habitat for Humanity serving Winona County.

**2020 Habitat Build** - Cathy Nelson, 2<sup>nd</sup> Vice State Regent, on behalf of the MN State Board, joined Court Winona #191 members in extending congratulations to the Skappel family on their new home. The gift of a clock and the \$10,000 'virtual' check from MN Catholic Daughters was presented at the same time. The perseverance, dedication, and generosity of Habitat for Humanity of Winona, its staff, volunteers and donors, have overcome unusual obstacles to building, not just a house, but a home for this deserving family. Catholic Daughters throughout Minnesota join Court Winona #191 Catholic Daughters in extending best wishes and happiness to the Skappel family. We have been honored to provide hands-on, financial, and prayerful support in making this dream of a home become reality. The Skappel family moved into their new home on January 21, but due to their busy work schedules and some illnesses with the kids, they have not yet had a chance to celebrate. Winona County Habitat for Humanity Staff is hoping to meet with them the weekend of February 12-13 to present the clock from MN Catholic Daughters and a few other gifts from the community. Habitat Staff hope to develop a virtual home dedication on their website to share a few heart-warming photos and publicly welcome them home!

**2021 Habitat Build** – The 2021 Habitat Build in Northfield is coming along beautifully, with an estimated completion date sometime in March. The date for the dedication has not yet been set, but we look forward to celebrating with the four families of this Quad build when the time is determined. Volunteers are currently working on Tuesdays, Thursdays, and Saturdays but with smaller crews. Since September, Catholic Daughters from Wisconsin, Iowa and around Minnesota have joined sponsoring Court St. Anne #1840, Medford members in working on this build. If you would like to help build, provide a meal (or part of a meal), just go to [habitatricecounty.org](http://habitatricecounty.org) to sign up. You will have to sign the Release and Waiver form if you have not yet done it in 2022. If you have any questions or need help signing up, call Regent Cathy Nelson at 507-676-2192.

**2022 Habitat Build** – The MN State Board would like to congratulate Court St. Cabrini #1466, **Fergus Falls** on being awarded the 2022 CDA Habitat for Humanity grant! Members of Court St. Cabrini presented a positive and thorough application for this year's grant and are wished every success in their building efforts. We look forward to hearing more from them as plans get underway.

## Gummi Bear Project

Hello! The 2021 Gummi Bear sale was very successful. This year 26 out of our 28 courts participated and we have raised \$17,958.27 so far. I still am waiting for a few checks but I want to say thank you for everyone's hard work and patience with me during my first year as the Gummi Bear Chair. A final report will be sent to State officers and all local Courts.

*Sara Miller, State Gummi Bear Chair*

## Quality of Life

Greetings:

Happy Valentine Greetings from your Quality of Life Chairperson.....

My newsletter article this time has some insights of what Quality of Life means per Forbes Magazine.

"Quality of life" has quickly become a catch-all term, but confusion over what it actually means could have serious negative consequences. Once a term largely used by health-care professionals; now everyone from economists and advertising executives care about offering good "quality of life." As medical advances have helped to increase longevity, our focus has shifted from the quantity to the quality of life.

"Quality of life" is subjective and multidimensional, encompassing positive and negative features of life. It's a dynamic condition that responds to life events: A job loss, illness or other upheavals can change one's definition of "quality of life" rather quickly and dramatically.

An analysis of scientific papers over the past 20 years shows that a precise, clear and shared definition is a long way off. Often researchers don't even attempt to define the concept, using it instead as an indicator.

Among the observations made about "quality of life" is that it encompasses:

- life satisfaction, which is subjective and may fluctuate.
- multidimensional factors that include everything from physical health, psychological state, level of independence, family, education, wealth, religious beliefs, a sense of optimism, local services and transport, employment, social relationships, housing and the environment.
- cultural perspectives, values, personal expectations and goals of what we want from life.
- not just the absence of disease but the presence of physical, mental and social well-being.
- our interpretation of facts and events.
- our level of acceptance of our current condition, and our ability to regulate negative thoughts and emotions about that condition.

Thank you to all of you that have already submitted your court's annual report for Quality of Life.

Enjoy the upcoming Easter season and be thankful for all we have and remember some others are not so fortunate.

***Margee Keller, 301 Maple St, Crookston, MN 56716 Email: [margeekeller@hotmail.com](mailto:margeekeller@hotmail.com); Cell 218-349-4566.***



*Left: Court Queen of Peace #1558 pooled their resources to gather food and gift cards to fill baskets and deliver them to shut-ins and the less fortunate in the community. It was a most gratifying experience.*

*Pictured left to right : Jeaneen Nelson, Jean Eich, Betty Palmer, Jan Bryan Judy Andrews*



*Above: St Joan of Arc #1291, Marshall Catholic Daughters have been busy creating quilts for needy families. We had been gifted fabric and yarn, so we purchased rolls of fiber-fill. Our Court had at least 20 volunteers that helped in different ways to complete hundreds of beautiful quilts. In February we gifted 44 quilts to the Holy Redeemer Pre-School classes. These quilts have been hand made with love for these wonderful young Catholic children to enjoy for the rest of their lives. We are so happy to be able to do this and share the love of the Catholic Daughters.*

## Helping Others Be Happy by Sharing

by Laurie Lewandowski, Court Holy Rosary, Detroit Lakes, MN

Living in care centers and senior living complexes, seniors sometimes find themselves feeling lonely, bored and depressed. Participating in activities can help provide entertainment, create important emotional connections, reduce anxiety and increase happiness.

At Pelican Landing Senior Community, in Detroit Lakes, Minnesota, Peggy Schons, Activity Director, has seen firsthand how activities can help keep patients engaged with others. Many of the residents really enjoy being active and creative. Catholic Daughters, Court Holy Rosary #1916, members purchased or shared items from their own personal supplies that could be used in various craft projects at the facility.



Here is the table full of items that were donated by Court Holy Rosary members.



The residents enjoyed working on the projects.





Left: The annual Christmas party for **Court Queen of Peace #1558** was held at the Slayton Pizza Ranch on Tuesday, Dec. 14, 2021. We gathered after Mass at 5:30 for a delicious buffet and then played Christmas Bingo. Pictured left to right front row: Amy Kathman, Jean Eich, Joyce Wynia, Barb Surprenant, Linda Voss, Marge Schoon, Joann Halbur. Back row: Father Thein Nguyen, Lou Christensen, Fidelis Hartle, Jeaneen Nelson, Sue Zenk, Jan Bryan, Deanna Konkol, Jill McCord, LaRue Robinson, Betty Palmer, Rita Lear, Karen Juenemann, Julie Kautz, Kim Konkol, Judy Andrews

Community

By Laurie Lewandowski, Court Holy Rosary #1916

When it comes to celebrating summer, Detroit Lakes, Minnesota takes top billing with an event called the Northwest Water Carnival, which lasts an enjoyable week or more in the heart of summer. The event has been celebrated every summer for over 85 years. One of the favorite events, that draws many from miles away, is the Parade of the Northwest. This is a several mile long (huge for a city of 10,000 residents) parade of floats, bands, entertainment, and more.

Our Catholic Daughter's group, Court Holy Rosary #1916, has participated in the parade with a CDA float for many years. It is an important part of Court Holy Rosary's beliefs to support the community. In return, participating in this event provides a platform to share pride in the Court's long standing membership in our parish and our community. It is time of comradery and cooperation among the Court Holy Rosary members that plan and prepare the float.

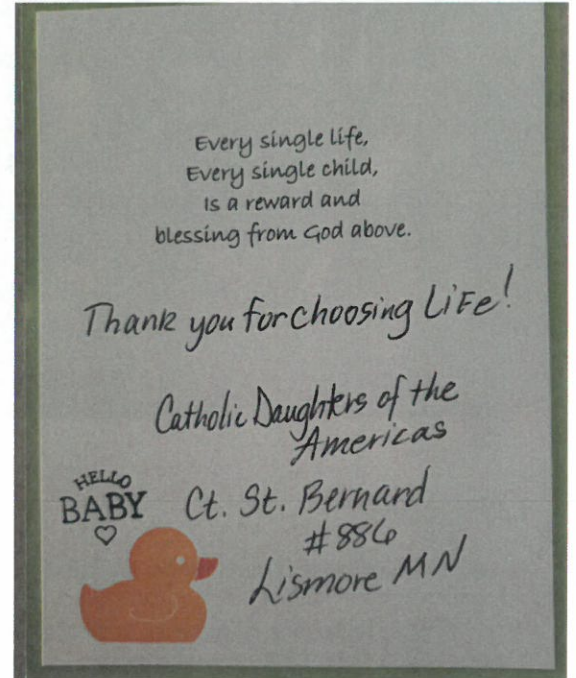
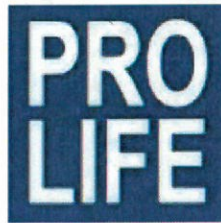
Thanks to Court Holy Rosary members Mary Buschette, and Karen and Jerry Bursaw for organizing a Holy Rosary Catholic Daughters float for the 85th Northwest Water Carnival 2021 parade. It was great to be represented and promoted at this community event.



Above: **Court Winona #191**— We lost one of our active members, a former officer, Esther Waas, just before Thanksgiving. Her friend and CDA Sister, Takako Humfeld, crocheted this beautiful tablecloths for all those CDA members who were friends with Esther. Takako is presenting my gorgeous gift in Esther's memory. *What a treasure!* What a wonderful CDA sisterhood we share!



**Ct. St. Bernard #886 of Lismore** began a year-long project to promote LIFE. Beginning October 2021, "Sunshine gal" Joyce Erdman sent out handmade cards to parents with a new baby. The cards have been mailed throughout Minnesota, South Dakota, and even as far away as Ohio. Members personally signed each of the cards with a message saying "thank you for choosing life". The photos shows Joyce signing the card and one of the examples. The court has sent 10 cards since October and plans to continue sending the greetings throughout 2022.



**Court St. Joan of Arc #1291 Marshall** held a Cinnamon Caramel/Frosted Roll Fundraiser on the last Sunday of January following the 8:00 a.m. Mass along with a short time after the 10:00 a.m. Mass. Several CDA volunteers along with five spouses helped prepare 360 rolls to be baked in the morning before Mass. We had seven volunteers help bake, frost, and package 360 rolls for a "Free Will Offering". We also had rolls and coffee available for any guests wanting to enjoy with fellowship. Our fund-raising goal was to be able to purchase a Travel Mass Kit for any new Diocesan Priest. All the rolls were sold out and we profited over \$750.

**A Successful Catholic Daughter Fundraiser!**



Above: Free will basket & sample of Mass Kit



Above: Yvonne Girard, Kathy Eveslage, Margaret Roberts, Evonne Seivert, Gin Windey, Joyce Reinhart, and Carolyn Boerboom



I'LL BE GNOME FOR CHRISTMAS

Ct. St. Bernard #886 had lots of fun and laughter at their December meeting and Christmas party as they tackled making the ever popular "gnome". Lydia Diekmann provided the group with step by step instructions and the needed materials. Each member paid a small fee to cover the cost of the project.

Left: Pictured with their gnomes are officers Ellen Henning, Pearl Wieneke, and Brenda Loosbrock.

**Court St. Joan of Arc #1291 Marshall**

In January we were allowed to utilize the restaurant "Pizza Ranch" as a fundraiser. On a Monday from 5:00 pm to 8:00 pm, our CDA Court had 12 volunteers come in to bus the tables for all the customers through out that evening and be rewarded with 10% of the evening sales plus tips. The "Ways and Means Committee" created 3 shifts that 12 volunteers signed up to help during the evening. We had a wonderful crowd come out for supper on a cold winter night. At the end of the night we were presented with this huge check for \$336.54. Our plan for this fundraiser was to assist with our CDA Scholarship Program. We all were so pleased with the results and what a fun night was had!

Right: Front Row: Yvonne Girard, Mary Jo Eick, Mary Pat Middleton, Karol Kopitski

Back Row: Paula Curry, Vicki Meulebroeck, Gin Windey, Mary Carstensen



In Minnesota, we have winter and Covid, so finding something to fill our reports with that is new and interesting is a challenge.

Regent Dianne of **Court St. Rita # 409, Perham**, and her publicity chairman, Fuzz, have been visiting the sick. We recently visited two strong Catholic Daughters, who were both officers.

Bev Holzer had to relinquish her Treasurer office, as she fell off a ladder and hit her head ending up with a brain bleed which resulted in an air ambulance to a Fargo, ND Hospital. (She giggled when she told us that part of her skull is still in a freezer in Fargo). Bev became handicapped after a stroke she had in 2004. Bev is such a positive person, struggled just to carry her CDA books, as her left arm is paralyzed. Bev grew up in a small town, the daughter of a beekeeper family. After she became Catholic, she married her husband, Frank, in 1971, and they became parents of 3 children. Bev attended Moorhead State College and became a teacher for 36 years. She is currently in the Perham nursing home dealing with physical therapy.



Our other officer is Helene Johnson, who was our Vice Regent. Helene suffered a brain tumor and ended up in a hospital in Minneapolis for several months and then Rochester for several more months. Helene has the biggest smile and determination of any lady you want to meet. Helene was always in sales. She was a home interior rep for over 35 years. After that she had several small boutiques, which she managed until her long hospital stays interfered. She married Dave Johnson and they became the parents of four children. She and her husband, Dave, lived in Alaska for 20 years. Something interesting about Helene, is that she is a twin and her twin sister, Irene, was also a Catholic Daughter. Helene is now residing in a assisted living facility in Wadena.

These two women are a great example of how to keep a positive attitude while dealing with their illness and handicap. Bev says she isn't walking YET and Helene is planning another trip to Alaska. Way to go Ladies!!!!!!!!!!!!

**ST NICHOLAS DAY EVENT**

**Court St. Margaret#1888, Eveleth** planned and sponsored a St. Nicholas Day celebration for members of our paired parishes, Resurrection Church in Eveleth, and St. Joseph's in Gilbert. The celebration was held after the 10:00 a.m. Mass on Sunday, December 5, 2022. A delicious brunch was served. The children left a shoe in the hallway for treats from St. Nicholas. As Father Fish told about him, St. Nicholas entered, surprising everyone. We had two levels of crafts for children to make and take. Four Confirmation students helped with the crafts.

During January, our court had the 13<sup>th</sup> annual birthright baby shower. Numerous packages of diapers, pull-ups, and other essential baby items were donated by our members, as well as by many parishioners. They were brought to the Family Life Center in Virginia. To receive baby items, parents are required to earn points by participating in parent education programs at the center or in the community. Once again it was a very successful project.



Plans have been coming together for a Women's Lenten Retreat, to be held at Resurrection Church, Eveleth, on March 12, 2022.



**PLAY AND PRAY EVENT**

Although **Court St. Anne #1840, Medford's** 'Play and Pray' event was advertised to families and parishioners through the church bulletin, Facebook page, REP and word of mouth, it was not as well attended as we had hoped. However, considering this first attempt, the Covid atmosphere and changes in church attendance, we were happy that those who did attend enjoyed the activities and their time together.



The 'Play and Pray' event schedule included 'Minute to Win It' games based on a New Year's theme. Attendees played DIET CHANGE (*transferring M&M's with a straw from one plate to another*), BALL DROP (*dropping whiffle balls into an egg carton*), PARTYHORN RACE (*blowing beans from one end of a tabletop racecourse to the other end*), and LOOK AHEAD (*catching cotton balls with a party hat with your back turned to your partner*). Simple prizes were awarded as well.

The games were a lot of fun, but we also enjoyed praying 'The Button Prayer' and after viewing a short video on the Miracle at Fatima, we prayed 'The Cupcake Rosary' together.

Thanks to all Court members who attended and helped with this event - Game Leaders: Judy Thomas, Jackie Svenby, Shirley Jen0, and Cathy Nelson. Prayer Leaders: Lois Nelson, Shirley Jen0, and Judy Edel (who baked and assembled the Cupcake Rosary), and the Snack Providers: Judy Bauer, Judy Edel, and Gail Heim. Your efforts are greatly appreciated!



**Happenings at Court St. Charles #1791**



Above: Court St Charles held a Baby Shower for Birthright at their January meeting.



Above: Members sponsored a Turkeys & Pies Sale in November.



Above: A snowstorm did not deter Court St Charles CDA "Sweet Treat" Sale on Dec. 11. Pictured are Co-chairs Jackie and Tina.



Above: Court St Charles members gathered on Dec. 4 to fill and distribute over 100 Christmas pails to individuals in the local community.

## 100th Anniversary of Ct. Joan of Arc #691, Blue Earth

Prior to the centennial celebration of **Ct. Joan of Arc #691, Blue Earth, MN**, a full page article was published in the local newspaper, *Faribault County Register*, giving a history of the court, naming the charter members and explaining some of the works of CDA. On November 14, 2021, the celebration began with mass celebrated by Fr. Andrew Beerman who gave a special blessing to the Catholic Daughters. Following mass, members and guests gathered in the parish social hall where they were handed copies of a timeline history of the court and invited to look at scrapbooks on display. Fr. Beerman led the meal prayer for a catered brunch and also blessed the rosaries that were given as door prizes. National director, Darlene Moritz presented the court with a commemorative plaque.



*Pictured left:* Greeters, front to back, Lee Mikolai, Jane Armon, Ilene Sukalski, and Regent Ruth Kastner



*Pictured right:* Rosary before mass, led by National Director, Darlene Moritz and court member, Shirl Maher



*Pictured left:* Set up Committee; front-Lee Mikolai, Mary Ann Murphy, Sue Wiltse; back- Shirl Maher, Doris Wilhelmi, Terri Colby, Pam Armon



*Pictured below:* Planning Committee Co-chairs, Sue Wiltse and Terri Colby



*Pictured Left:* Members with Charter; Seated, Ag Pfaffinger and Mary Ann Murphy. Middle row, Doris Wilhelmi, Lee Mikolai, Linda Willette, Carmen Coxworth and Jean Bierly. Back row, Pam Armon, Kas Greenfield, Shirl Maher, Sue Wiltse, Terri Colby, CHARTER, Ilene Sukalski, Ruth Kastner, Kathy Stevermer, and Jane Armon.



**Court Madonna #839 Wilmont-** At our January meeting we invited Sara from the Southwest Crisis Center to come speak with us about all that the crisis center does in our area. While we all wish that there wasn't a reason to have these types of programs available, it is also reassuring to know that there is help out there for victims of domestic violence, sexual violence, trafficking, and more. The crisis center has a residence available for people to stay at while they get back on track. They provide linens and personal items for the residents. Our court hosted a house warming party for Project Stepping Stone and we were able to donate linens, towels, soaps, and more. We know that these items will go to good use!

**Court Bishop Schenk #2010, Crookston** sponsored our annual January Baby Shower. The baby supplies will enable us to support the services provided by St Gianna's Maternity Home in Warsaw ND, Polk County Public Health, and the LifeCare Pregnancy Center in Thief River Falls with the necessary items needed. This is the first time we opened it up to our parish parishioners. We had a great response and are especially thankful for that. Project was chaired by Carol Romance and Liz Rust.



*Pictured right: Co-chair, Liz Rust*

**Court Bishop Schenk #2010 Catholic Daughters** held their annual Gummi Bear Campaign for "Habitat for Humanity". It was held before and after masses at the Catholic churches in Crookston Cathedral, Gentilly and Euclid on Saturday, November 6th and Sunday, November 7th. All funds raised from this event goes to support of the \$10,000 needed to obtain the grant for the next Habitat Home built in Minnesota. Crookston was fortunate to do a build in 2009. Building homes for families in need makes home ownership a game changer. Habitat for Humanity is a non-profit, Christian-based housing ministry that builds its faith through building homes for families in need. It's mission of building simple, decent, and affordable housing with and for local families while also building strength and stability. Habitat is committed to selling simple and affordable single-family homes, providing affordable mortgage options that help individuals and families buy a home. The families selected must meet eligibility requirements in their degree of need, ability to pay, and willingness to partner.



*Pictured right: Court members Nancy Cournia, Margee Keller and Cindy Altepeter.*



# JCDA SUNDAY!



We support and pray for all of our JCDA members, who are the future of our Catholic Daughter organization!

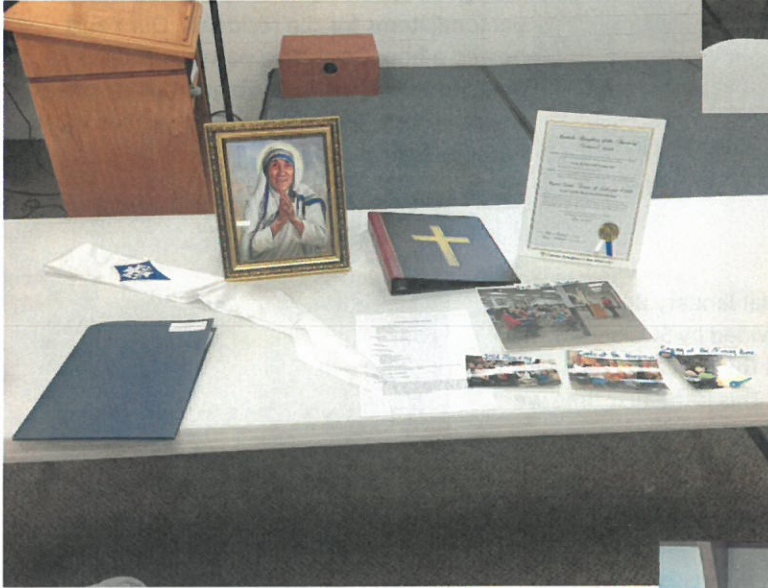


JCDA Court St. Teresa of Calcutta, Perham celebrated JCDA Sunday at their meeting on Saturday, February 19. They read the proclamation, talked a little bit about the history of their court and had snacks.

JCDA Court St. Maria #839, Wilmont celebrated the next week.

JCDA Court St. Cecilia, Slayton making plans

JCDA Court St. Kateri Tekakwitha in St. Charles celebrates, see pictures below.







## Twinkies and Root Beer

### Spiritual Growth Enhanced Through Sharing Moments

A little boy wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with Twinkies and a six-pack of Root Beer and he started his journey.

When he had gone about three blocks, he met an elderly man. The man was sitting in the park just feeding some pigeons. The boy sat down next to him and opened his suitcase. He was about to take a drink from his root beer when he noticed that the man looked hungry, so he offered him a Twinkie.

The man gratefully accepted it and smiled at boy. His smile was so pleasant that the boy wanted to see it again so he offered him a root beer. Again, the man smiled at him. The boy was delighted! They sat there all afternoon eating and smiling, but they never said a word.

As it grew dark, the boy realized how tired he was and he got up to leave, but before he had gone more than a few steps, he turned around, ran back to the man, and gave him a hug.

The man gave him his biggest smile ever.



When the boy opened the door to his own house a short time later, his mother was surprised by the look of joy on his face. She asked him

"What did you do today that made you so happy?"

"He replied, "I had lunch with God." But before his mother could respond, he added, "You know what? God's got the most beautiful smile I've ever seen!"

Meanwhile the elderly man, also radiant with joy, returned to his home. His son was stunned by the look of peace on his face and he asked, "Dad, what did you do today that made you so happy?"

He replied, "I ate Twinkies in the park with God." However, before his son responded, he added, " You know, he's much younger than I expected."


Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. People come into our lives for a reason, a season, or a lifetime. Embrace all equally!

~author unknown~

Submitted by: Evonne Seivert, Spiritual Enhancement Chair



# Membership



**'Let Your CDA Light Shine'**  
 Shine your CDA Light - Spread the Word - Share the Blessings  
 Invite other Catholic women to join our CDA 'Sisterhood' through the

**Minnesota Catholic Daughters  
 2021-2023 MEMBERSHIP CONTEST**

**THE CHALLENGE**


- Achieve a 100+ NET increase in Minnesota CDA members from April 2021-April 2022
- Achieve a 100+ NET increase in Minnesota CDA members from April 2022-April 2023

**THE REWARDS FOR LOCAL COURTS**

- \$100, \$75, \$50 respectively to the three local courts with the top NET percentage increases in membership from April 2021-2022
- \$100, \$75, \$50 respectively to the three local courts with the top NET percentage increases in membership from April 2022-2023
- \$1 per member reduction in the Fall 2023 State Membership dues for the local court which has the highest increase in NET membership from April 2021-April 2023

**THE REWARDS FOR ALL**

- A NET increase in Minnesota CDA membership of 200+ members
- A revitalization of local and Minnesota CDA courts
- New ideas, new energy, new friends, new CDA 'sisters'!



Sponsored by the Minnesota Catholic Daughters of the Americas  
 Prizes awarded April 2022 and April 2023

A CDA friend/sister told me recently the greatest accomplishment does not come from me but from the other sisters in the courts. Mine or others. When I am visiting a court I can find these sisters fragile at times, tempted at times, even sinful at times. I may rant and rave about their abilities or inabilities or their exuberant or lack of enthusiasm but the sisters of mine have "never given up." They are connected to each other.

What a beautiful testament to the grace and perseverance in their faith journey, which is the Grace of Christ preserving them and bearing fruit in those who humbly accept His Grace. These sisters seek Christ in the Eucharist and in the gifts of the Holy Spirit in times of disappointment, discouragement and devastation. They come to meetings to feel apart of a prayer community, to be uplifted with fellowship and to love and be loved. Maybe even a little business gets done.

Please take a look at your gatherings or ask a small group of your sisters to pray and take a look at your next meeting to see if you have the right balance of: Prayer, FUN, Fellowship and Community. If the answer is no, start with some small changes to make it more balanced. When asking the new member to join then you will be very proud of your court and what it has to offer. The business meeting should be the very last thing talked about.

## The Membership/Leadership/Development Team




**YOU CAN ...**

**'Let Your CDA Light Shine'**

<b>By Being ...</b>		<b>By Hosting ...</b>
Prayerful	☀	Membership Drives
Faithful	☀	Socials and Fun Nights
Knowledgeable	☀	Spiritual Events
Enthusiastic	☀	Anything that spreads the
Welcoming		Light of Christ to others

**MEMBERSHIP PRAYER**

Heavenly Father, as we venture into growing our membership, we come before You asking for Your guidance, wisdom and support. Fill us with Your grace, Lord God, as we make contact with others. Remind us that all that we do, all that we accomplish is for the pursuit of truth for the greater glory of your kingdom, and for the service of humanity.

Guide our hearts, our words, our actions, to be a shining light for all to see. May the face of Christ shine through. We ask Your Mother, our patroness, by her powerful intercession, to be with us as we witness to others. We ask all these things in Your most Holy name. Amen.

I have received a call from LeAnn Brand and they need to have the reservations for the Oberammergau pilgrimage by March 6th in order to reserve plane tickets. We still have several openings for the trip and I encourage members of our Minnesota courts to join us on the pilgrimage so that we can hopefully fill all the spots. I'm sure it will be a wonderful pilgrimage and we'd love to have any of you join us. If you need a copy of the brochure or Reservation form, The State Board, Jackie Svenby or I can send it to you electronically to print off or US mail it to you if you don't have email. If anyone has any questions, please contact me either by phone at 218-862-3493 (Home) or 218-205-6454 (cell) or by email:

[shirley.seyfried@gmail.com](mailto:shirley.seyfried@gmail.com)

Peace and God bless,

## Oberammergau Passion Play & Shrines of Germany 9 Days, September 9-17, 2022 From Minneapolis (MSP)

PRICE \$5,150 ALL INCLUSIVE (EXCEPT LUNCHES) **Early Bird \$4,950**

Shirley

### DO YOU WANT TO FAST THIS LENT? POPE FRANCIS' FASTING IDEAS

Fast from hurting words	<i>...and say kind words</i>
Fast from sadness	<i>...and be filled with gratitude</i>
Fast from anger	<i>...and be filled with patience</i>
Fast from pessimism	<i>...and be filled with hope</i>
Fast from worries	<i>...and have trust in God</i>
Fast from complaints	<i>...and contemplate simplicity</i>
Fast from pressures	<i>...and be prayerful</i>
Fast from bitterness	<i>...and fill your hearts with joy</i>
Fast from selfishness	<i>...and be compassionate to others</i>
Fast from grudges	<i>...and be reconciled</i>
Fast from words	<i>...and be silent so you can listen</i>



**COURT ST. PETER #1601** CELEBRATED ITS 70<sup>TH</sup> ANNIVERSARY ON FEB. 20<sup>TH</sup>, WITH A ROSARY, MASS AND COFFEE & MUFFINS IN THE SOCIAL HALL FOR ANYONE WHO WANTED TO STOP IN. A FLORAL TRIBUTE WAS ON THE ALTER IN HONOR OF OUR CHARTER MEMBERS; CDA MEMBERS FULFILLED ALL THE ROLES FOR THE MASS (EXCEPT SERVERS) AND WE WOULD LIKE TO THANK EVERYONE WHO HELPED US CELEBRATE!



## Minnesota Catholic Daughters

**Mary Pufall**  
**MN CDA State Regent**  
**628 32nd St. N.**  
**Moorhead, MN 56560**

### WEBSITES

**Minnesota CDA:**  
mncda.org-or-mncda.com  
**National CDA:**  
catholicdaughters.org

### NEWSLETTER

#### Editor:

Jackie Svenby  
8428 NW 21st Ave  
Medford, MN 55049  
507-456-5508  
svenbymilling@msn.com

#### Email Articles to:

[mncdanews@yahoo.com](mailto:mncdanews@yahoo.com)

Or send typed articles and photos to Jackie Svenby (addresses above)

#### Newsletter Guidelines:

- Story should be 50-125 words
- Include who, what, when, where, and why in your story
- Include Court name, number & city
- If submitting photo, attach it as a .jpeg file to email with article-give photo a caption & identify each person
- Deadlines to submit articles: **July 10—Nov 10—Feb 10**
- Include your name, court, phone and/or email so we can contact you if we need more information.

## Welcome New Members!!

Ct. St. Cecilia #2025, Red Lake Falls

*Wendy Hausmann, Kristie Remick, Andrea Thibert*

Ct. Plainview #497, Plainview

*Elizabeth Deming*

Ct. St. Charles #1791, St. Charles

*Ashley Polzin*

Ct. St. Theresa #973, Currie

*Michelle Vanderveen*

Ct. Caledonia #555, Caledonia

*Bernadene Privet*

## Blessed Be Their Memory

Ct. St Bernard #886, Lismore

*Rosanne Sloan*

Ct. Winona #191, Winona

*Esther Waas*

Ct. St Charles #1820, St. Charles

*Leilani Hurley*

Ct. Our Lady of the Field #2107, Argyle

*Lorrayne Yutzenka*

Ct. St. Cecilia #2025, Red Lake Falls

*Jean Beyer, Kathleen Holland*

Ct. Queen of Peace #1558, Slayton

*Betty Dahlhoff, Margaret Konkol*

Ct. Plainview #497, Plainview

*Mary Lou Schouweiler*

Ct. Bishop Schenk #2010, Crookston

*Cecilia Plante, Clarice Vik*

Ct. Joan of Arc #1291, Marshall

*Mary Ann Blanchette, Ardyce Carrow, Madeline Timmerman, Mary Winn*

Eternal  
rest grant  
unto her  
Oh Lord,

**Correction:** In the last issue I listed Carol Schmidt and Jean Quistorff of Ct. St. Rita as deceased, when they were actually resignations. My apologies!



...and may  
perpetual light  
shine upon  
them.