



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

The Voice of the Lakes

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

MOTTO

Unity and Charity

Minnesota State Board

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MINNESOTA STATE
CDA NEWSLETTER

AUGUST 2023
VOLUME 2023—ISSUE 2

Regent's Reflections Monica Capra, State Regent

My Dear CDA Sisters,

During the summer, I like to garden. I have a large vegetable garden which grows more weeds than vegetables, but there is something about pulling weeds that is almost therapeutic for me. I am usually alone in the garden, and all is quiet and peaceful, aside from a few bees. I pull weeds and contemplate life. I think about God's creation, and I am filled with awe that from the tiniest insects to human beings, everything has a purpose.

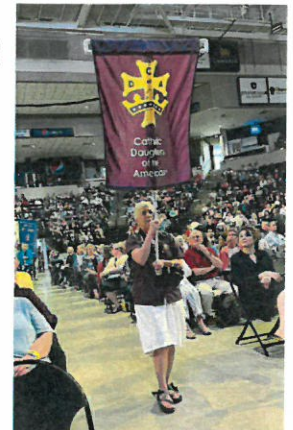
In June, I had the opportunity to attend the Eucharistic Congress that was held in Mankato. It was an amazing day with over 5,000 Catholics in attendance. A member of each church and/or organization within the Winona/Rochester diocese was allowed to process in to begin the congress. I was honored to process in with the Catholic Daughters banner!

The day started with adoration. Imagine 5,000 people on their knees adoring our Lord, Jesus Christ, truly present and with incense carrying our prayers heavenward. I love adoration! It is a time for me to be still and listen to what God may be asking of me. It is a time for me to talk to God up close and personal. It is a time for me to praise Him, thank Him, and ask for what I need (even though He already knows). I don't often "hear" God speaking, but I always feel His presence.

The Eucharistic Congress ended with Holy Mass and as we processed out, I couldn't help but think that Jesus was now present in all 5,000 of us. We were now sent to carry Jesus out to others, which is what we do as Catholic Daughters. We are the hands and feet of Jesus, and we aim to see Jesus in everyone we meet. We have a purpose!

As your new state regent, I pray for you during my adoration time each week. I pray that each of you find your "up close and personal" time with God, whether it be in the garden, in adoration, in the recliner with a cup of coffee, or somewhere else. I also pray that we find ways to make our organization thrive. We do important work, Ladies, and make a difference in the lives of others through our prayers and our deeds. Lastly, I pray that I may be a good leader; that I lead with the Holy Spirit as my guide. I have so much to learn yet but am very excited to be on this journey with you!

Our new State Chaplain is Deacon Paul Tschann. Deacon Paul and I have been married for 33 years and we are looking forward to traveling together to meet new sisters and hear about the great things happening in your courts. We hope to see many of you at the summer workshops in Plainview, Lismore, International Falls, or Red Lake Falls. I will be praying for you; please pray for me.



Your Sister in Christ,

Monica Capra

STATE REGENT



In 2019, when I became the Second Vice State Regent, I didn't really think about what the future would hold, but here I am four years later as your newest State Regent. I am thrilled to be in this position and can't wait to see what God has in store for us! My name is Monica Capra, and I am a member of Court St. Mary-Peter #1864 in Mazeppa-Bellechester. I have been a CDA member since 2010 and have been a local court treasurer and a local Circle of Love chair. Our local court chaplain (and our newest State Chaplain) is Deacon Paul Tschann whom I have been married to for 33 years. We have five children and 8 grandchildren. Life is busy around the Capra/Tschann household as I work as a Special Education teacher and Paul is a Registered Nurse at Mayo Clinic. The children and grandchildren live very close, so our house resembles a daycare more than middle-aged couple's home! There is never a dull moment. Deacon Paul and I look forward to meeting as many of you as possible and to serving our CDA sisters and this great organization.

Monica

MN
State
Board
News

1ST VICE STATE REGENT

Dear Minnesota CDA Sisters,

It was such a pleasure to meet so many of you at the 2023 MN CDA Convention in Detroit Lakes! I found it to be an inspiring, fruitful and celebratory event! Thank you for the trust you've placed in me, for your prayers, and for continuing to share your time and talents as I serve my 2023-2025 term as 1st Vice State Regent of the Minnesota Catholic Daughters.

Over the years I've served in other volunteer roles; as an ESL tutor, 4-H volunteer, Master Gardener, as a 'Martha', funeral committee member, and indoor gardener for my parish. I also enjoy sewing and quilting, creative arts, gardening, golf, travel, playing cards, visiting with friends, and especially, family time with my husband Greg, my parents and siblings, two children and two step-children, their spouses, and five beautiful grandchildren.



And as a member of Court St. Anne #1840, Medford, I have been blessed to learn from and work, play, and pray with so many wonderful women. Whether serving as Court Vice Regent, Regent, District Deputy, or State Officer, I found my time and efforts were rewarded with an abundance of friendships, learning, and spiritual blessings. I pray each of you has had the same experience because each of you, those who were at the convention in person and those who were with us in spirit, is a vital part of our organization!

Blessings to you all!

Cathy Nelson

My name is Lisa Ouderkirk, and I am so excited to serve as your 2nd Vice State Regent for the next two years! I have served our local court in each of the five positions (with two stints as regent), along with two stints as District Deputy for Fergus Falls and Moorhead, and one and a half stints as Education Chair for the state. I look forward to seeing all of you at the summer workshops and finding out what I can do to help make your position, whether a court officer or a court member, an enjoyable and successful one. Please ask questions along the way as, if you don't, it is very easy to get frustrated and will make your job more difficult and less enjoyable. We (the state board) are here to work with you to help grow our state's membership numbers in an environment of Unity and Charity.



2nd Vice
State Regent

God Bless!

Lisa

I was born in Detroit Lakes, #4 of 14 children and have lived here all my life. I've been married 50 years, have four children, eleven grandchildren, and one Great Granddaughter. I've been a CDA member for 47 years, did District Deputy for 3 terms, held 4 offices.

I love to attend State and National Conventions. I love to read, quilt, garden, travel, bake, play cards, put together puzzles, and spend time with family and friends.

In the past I was a Catholic School Board Member, Parish Council member, Member of Christian Mothers for 43 years, taught Religious Ed, Leader of a Bible Study Group, and a Leader of a 4-H club. I worked for the State of Minnesota, was the co-owner of a dairy farm, worked at a Motel, K Mart, and Menard's. Now I am enjoying retirement!



State Secretary

Linda

Darlene is a member of Immaculate Conception Parish of Osakis since 2014. She serves on several church ministries including Eucharistic Minister, Lector, and the Evangelization Committee.

Darlene is a member of Court St. Cabrini # 1466, Fergus Falls. She presently is serving as the Financial Secretary. She was a previous member of Court St. Mary-Peter #1864, Mazeppa – Bellechester. She served as Regent, Vice Regent and Financial Secretary.

Darlene attended North Dakota State School of Science, Wahpeton, ND and Moorhead State University, Moorhead, MN and attained a bachelor's degree in accounting. She is currently employed as a Payroll Administrator for Douglas County.



State Treasurer

Darlene and Craig were married May 3, 1986. Together they have three children, Rachel, Megan and Keith and three grandchildren Brooke, Derek and Lillian. Her interests include, flower (lavender field) and vegetable gardening, wine making, and spending time with family and friends.

Deacon Paul Tschann, State Chaplain

Deacon Paul



Dear Minnesota Catholic Daughters of the Americas,

As the Catholic Daughters of the state of Minnesota continue to celebrate their 100-year anniversary, I am honored to serve as your State Chaplain for a second time. I am reminded how God in His infinite wisdom places an unsuspecting individual like myself to hold this office. My Bishop, Robert Baron, has granted me to be his representative for him to have me love and support you on your spiritual journey, offering my prayers for you all and your local courts. I ask that you do the same for me. I hope to visit many of you in this upcoming two-year term and I am open to your requests.

I have known and been associated with our CDA local court St. Mary Peter for over 22 years. They were a primary mission partner for our family's medical mission in which we lived and served the medical needs of many individuals in rural Honduras, Central America from 2002-2004. Not only did they support us financially for this endeavor, they provided many prayers for our well being and safety. They were our prayer family. Later, in the fall 2004 that God was calling me to the diaconate, a journey that would take 5 years, so I turned to the local court to be my prayer family again. They willingly agreed and said that, God willing, if I was to be ordained, they would ask me to be their chaplain. I have now served the local court for about 14 years, 2 of those years as a State Chaplain supporting our state regent Ellen Huneke and all of the state's local courts.

I now return to the office of State Chaplain at the request of the new State Regent Monica Capra, a woman who I love and adore. This may be the first time ever that a husband and wife have held these positions at the same time, at least it is for the Minnesota CDA history. Monica has been such a great influence in my life to help me become the person I am today through love, perseverance, forgiveness, mercy, and the patience of a saint. She is definitely the rock in our marriage, keeping me grounded for 32 years, but allowing room for my relationship with God to grow, even when it means saying yes to moving our 4 small children to live in a third world country for 2 years or saying yes to my call to the diaconate.

It is my love of God the Father, Son, and Holy Spirit, Our Blessed Mother Mary, and all of the saints that I pledge my service to you all. Deacons are *Persona Christi Servi*, emulating the person of Jesus Christ through our acts of service. This is also marks of the CDA, Unity and Charity. You are also called to be the hands and feet of Jesus in all that you do. And also, just as important to be good listeners and to speak charitably in all of our interactions. This is a great way to proclaim the Gospel of Jesus Christ to all we encounter and you do not need a special degree or training to do so. Just give from your hearts!

May God pour out His abundant blessings on each one of you.

Your Servant in Christ – Deacon Paul Tschann

Education

If you access our National website, this is how the Circle of Love Education area is explained. It has often been said that education literally means “a drawing out” of a person’s talent as well as a “putting in” of knowledge or instruction. Education is a key ingredient which significantly impacts the long-term success of our organization. Education helps bring us to fulfillment and helps improve attitudes. Education should include programs or activities that assist members to learn about CDA, its history, its charitable projects and charities, as well as the programs on the spokes of the Circle of Love. This could include topics of a spiritual nature, safety concerns and medical issues. Education may lead to higher participation in a whole range of activities. The CDA scholarships and Education Contests are a part of the education spoke.

As of now, the Education Contest themes are not available for 2023-2024. I soon as it becomes available, I will share the theme’s, etc.

I will be serving as your State Chair for Education. So, if you should have any questions or concerns, please contact me.

Margee Keller

margeekeller@hotmail.com Cell 218-349-4566

Publicity

Thanks to everyone who sent me their Publicity reports this past Spring. Not everyone included an outstanding project so remember to do this next time. It helps me in choosing the winners in the contest. Keep up the good work of spreading the word about CDA and all the fun, interesting fundraisers, projects, and events your courts do. It helps keep the church community and general public aware of our CDA courts and what we have to offer for perspective new members, our faith community and general public. Continue to be active courts to help keep our Catholic Daughters organization strong.

Bonnie Hein

**DD
and
State
Chair
News**

MN Catholic Daughters of the Americas
SUMMER WORKSHOP 2023
'EQUIPING YOUR CDA TOOLBOX'
"The best investment is in the tools of one's own trade."
Benjamin Franklin

2023 Workshop Details

** Mass times are listed for your convenience and are NOT part of the workshop.*

Saturday, August 26 Court Plainview #497	10:00 a.m.-2:00 p.m. Lunch provided	St. Joachim Church (Mass 4:30 p.m.)* 900 W Broadway, Plainview
Sunday, August 27 Court St. Bernard #886	10:30 a.m.-2:30 p.m. Lunch provided	St. Anthony Church 310 S 3rd Ave, Lismore
Saturday, September 16 Court St. Margaret Mary #605	10:00 a.m.-2:00 p.m. Lunch provided	St. Thomas Aquinas (Mass 5:00 p.m.)* 810 5th St., International Falls
Sunday, September 17 Court St. Cecilia #2025	11:30 a.m.-3:30 p.m. Lunch provided	St. Joseph Church (Mass 10:00 a.m.)* 112 Edward Ave NW, Red Lake Falls

Our Lady of Good Counsel
(Sunday Mass 8:30 a.m.)*
605 4th Ave., Wilmont

REFLECTING THE CONSTANCY OF GOD'S LOVE

State
News

While attending mass on a recent vacation, I was struck by the constancy of God's love, at all times and in all places. The ritual, familiarity, and sacredness of the mass, wherever it is celebrated, whoever are the worshipers, demonstrate God's faithfulness and fidelity to us. In turn, our faithfulness and devotion to God, is demonstrated when we share His love with others.



You and our CDA sisters from the past 100 years have done so much to share God's good news with others! The MN CDA timeline displayed at the convention was a visual image of how much our Minnesota Catholic Daughters have positively impacted our communities and our world. It showed that our accomplishments as CDA sisters did not rely solely on one person, one committee, one court, or even one generation of women. Our work depends on, and our

accomplishments rely on, constancy ... faithfulness to prayer, steadfast participation, and a consistent influx of members, willing leaders, new courts, creative ideas and worthwhile endeavors.

YOU are a vital link between our CDA sisters of the past and our CDA sisters of the future! By being welcoming and enthusiastic, we will keep our organization of Catholic women strong and alive. Invite other Catholic women to join our sisterhood; they will invite others; and so on. As the constancy of God's love is exhibited for us through the mass and the blessings in our lives, our fidelity to Him can be expressed by continuing to reflect His love to our families, our communities and our world through our CDA activities and prayers.

Cathy Nelson

Hello Ladies! It is hard to believe we have reached the midpoint of summer. Where or where did the summer go? During our state convention in April, I offered to design a quilt that commemorates the 27 active CDA courts. To begin the process I would like to obtain a 4 (height) x 6 (width) photograph of each parish church represented by each courts membership. (i.e. Court Queen of Peace has members from St. Columba/Iona, St Mary/Lake Wilson and St. Ann/Slayton, I would need a color photo of each if possible.

The photos can be emailed to me as a .jpeg at dea.konkol@yahoo.com or sent to me at

**Dea Konkol
3114 Maple Ave
Slayton, MN 56172**

If I could receive these photos by November 1, 2023, then I would be able to complete the quilt in time for our National Convention.

Thank you in advance for your time and consideration. Have an enjoyable rest of the summer.

Dea



Court Winona #191 celebrates 110 Years!

What a celebration we had in Winona June 4, 2023, honoring our history and celebrating 110 years as the first Minnesota Catholic Daughters of the Americas. Court Winona #191 started February 3, 1913, just ten years after the National CDA began, and just ten years before our Minnesota CDA began. At the time, Winona was one of the largest cities in Minnesota, created by the big boom in the lumber industry nestled along the Mississippi River Valley. Today, the Diocese of Winona-Rochester proudly hosts almost half the MN CDA courts. *How could we do better?* Encourage other Catholic friends in different parts of our beautiful state to explore CDA and what we have to offer. Make that connection to unite more Catholic women in serving those in need in Minnesota. We need you!

The mass was celebrated by Fr Michael Cronin, our Chaplain, at St Mary's Parish, Winona, with the Fourth Degree Knights of Columbus Honor Guard providing the reverence needed for such a celebration. We were so fortunate to have CDA Sisters from the National Board, our MN State Board, greater MN and our court too. Following mass, a delicious meal was served, cooked by Tim Tlougan, a Winona Knights of Columbus member, and a few CDA husbands – thanks Dave, Ken and Gerard.

Thank you to all who attended, traveling a distance or nearby, and to Mary Steffenhagen and Colleen Peplinski, our Past Regents who co-chaired this celebratory event. It was also wonderful to have so many of our local CDA Sisters from the Winona area celebrating with us today, reminding us to be supportive with one another in Unity and Charity!



Photographed celebrating with us: Fr Michael Cronin, Court Chaplain; Nancy Bambenek, National CDA Director, most of the new MN State Board: Monica Capra, State Regent, Cathy Nelson, 1st Vice State Regent, Lisa Ouderkirk, 2nd Vice State Regent, Linda Schons, State Secretary, and our new District Deputy, Laura Ellington. In addition, our Ct Winona #191 officers include: Paula Beyer, Regent; Claudia Johnson, Vice Regent; Sandy Schiltz, Financial Secretary; Terri Kersting, Treasurer; and Joann Ziegeweid, Recording Secretary. Also celebrating were past state officers (Ellen Huneke, Lois Nelson) and our CDA Sisters from around the state (Cindy, Deb, Bev, Betty & more!).

A CENTURY OF FAITH, HOPE, AND LOVE 2023 – 50th Biennial State CDA Convention Highlights

100th anniversary of MN CDA-Detroit Lakes

- 19 Courts represented out of the possible 27 Minnesota Local Courts
- 71 voting delegates with about 20-25 guests/non-delegates; 17 or more first time attendees
- 7 Past State Regents attended out of the possible 10
- Habitat Humanity groundbreaking in St. Charles on May 6; build dates are Sept. 16 and Oct 14
- Collected \$457 for the hotel staff when passing the hat
- Friday Mass collection was \$771.60 for Health Resources
- New state officers: Monica Capra-State Regent; Cathy Nelson-1st State Vice; Lisa Ouderkirk-2nd State Vice; Linda Schons-State Secretary; Darlene Highet-State Treasurer; Missing 4 District Deputies
- Ct. Madonna will celebrate 100 years in December 2023
- Past State Regent Lois Nelson planted the seed to host National convention. Last one was in 2006.
- Past State Regent Shirley Seyfried gave statistics for the loss of members and courts in the last 10+ years. Encourage membership and build new courts. Lost 159 in last 2 years. Need new members to remain viable.
- Nov. 10-11-12 Bel Aire, KS Fall spiritual retreat
- Pilgrimage Oct. 23 with National Chaplain
- Theresa Steve-Ct. Madonna is new Quality of Life Chairman
- Deb Lutmer Chairman of the Nominating Committee for 2025
- \$1600 donated to Women's Religious with grants to St. James (\$800), Waseca (\$500) and Owatonna (\$300) Courts and \$1600 to Support the Seminarians. Declining membership influences amounts donated (State project)
- Proposal that the \$2.00 per member per year for state project stay the same. Passed
- Proposal to increase state fundraiser to \$5 per member per year (Increase of \$1) Passed
- Proposal to increase state dues to \$5 per member per year (increased by \$1) Passed
Rationale for all increases: declining membership; increased expense; outstanding funds not realized on calendars; loss of funds from no convention 2021; decreased fundraising during pandemic.
- Resolution proposal that we pray at each court meeting for a change of heart by all God's people to promote the value of human life from conception to natural death.
- Proposal for 2025 state convention to be hosted by Ct. St. Anne-Medford to be held in Owatonna with the assistance of Court Owatonna #1180 and Waseca Court Sacred Heart #1424
- 33 CDA ladies were added to the 50 yr. Member Club
- 24 of the 27 courts participated in Gummi Bear campaign = \$15,007.18
- Ct. St. Bernard - 1st Place newsletter for Division I Category I
- Ct. St. Anne – 1st Place newsletter for Division I Category II
- Tim Eggebraaten motivational speaker/installation banquet.
- Income about \$3256 from silent auction

State Board gown transition



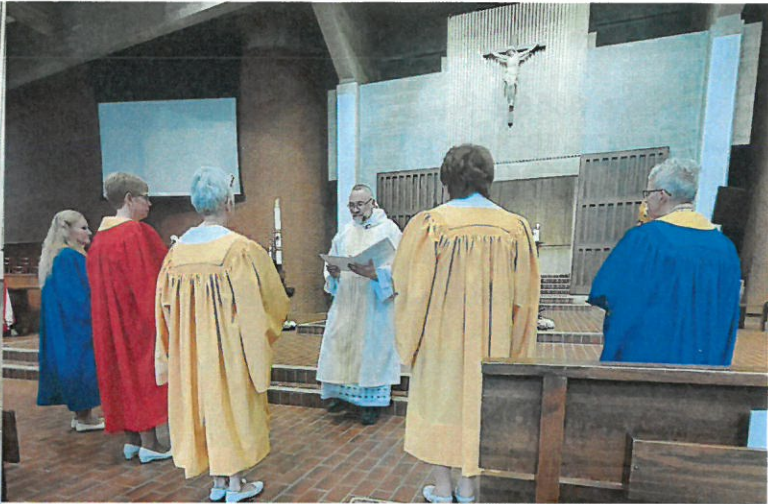
State Convention photos continued.....

Right: State Nominating Committee

Below: State Chairs

Below right: Past State Regents





Local Court News

Court Queen of Peace #1558, Slayton, collected and delivered underwear, socks and Chapstick to the Dudley House homeless shelter in Sioux Falls, South Dakota.

Pictured; back row- Jan Bryan, Karen Juenemann, Jill McCord, Barb Neilson (hidden), Jeaneen Nelson, Mary Meaden, 2nd row- Lou Christensen, Deanna Konkol, Joanne Halbur, Amy Kathman, Doris Carda, seated- Joyce Wynia



Court Queen of Peace #1558, Slayton

Left: May Crowning took place at St. Ann's Church on May 7. Members processed in, placed flowers before Mary and sat as a body. Kora Kremer, granddaughter of CDA member, Deb Kremer crowned Mary.

Below: First Communion was held at St. Ann's Church. Pictured left to right: back- Noah Brands; Father Thein Nguyen; Marti Engelkes, First Communion instructor; adult, Hailey Amsden. front- Emerie Almich; Brenner Le-Tendre; Ellie Hodgson. Each communicant received a gift from Court Queen of Peace.



Left: Proudly displaying award certificates that were issued at the state CDA convention are members of Ct. St. Bernard #886-Lismore: Regent Deb Lutmer for the 1st place newsletter, Pearl Wieneke for the newest 50-year member since the 2019 convention; and Julie Brake for her 2nd place poetry entry in the education contest. Congratulations, ladies!



Left: Court Joan of Arc #691, Blue Earth held a bingo party and invited the parishioners of their church to play bingo with them free of charge. Pictured is Ilene Sukalski, Ruth Kastner in center and Pam Armon on the left holding some of the bingo prizes.

Right is Shirl Maher enjoying playing bingo.



Left: Court St. James #1820, Blessings two by two—our Court now shares membership with Stephanie Paul and Laura Barber, front and center. Surrounding the two ladies is our Officer team; Marie, Mary, Terese, Viv, and Evie

Court St. Cecelia #2025, Red Lake Falls - Each year on Mother's Day weekend, the Catholic Daughters hand out a carnation to each Mother after the masses at St. Joseph Catholic Churches in Brooks and Red Lake Falls. Donations are also collected for MCCL - Minnesota Concerned Citizens for Life. Pictured above are charter members



Phyllis Audette (left) and Gen Knott (right) distributing the flowers and collecting donations for this project. It is our Court's way of honoring all Mothers and thanking them for choosing life!!



Members of the **Ct. St. Bernard #886-Lismore** may choose to bring a gift bag during the month of March filled with the makings of a "happy birthday" for recipients of the local food shelf. The thought was that if people are utilizing the food shelf, it is very likely that they are unable to purchase any extras for a birthday. Suggested items in a birthday bag may include: cake mix & frosting, paper plates, and candles. Optional items could be plastic forks, balloons, party hats, candy treats, favors, etc. The bags are distributed with a special tag letting the birthday person know that Catholic Daughters care about them and wish them a happy birthday!

Pictured: left to right: Ellen Henning, Mary Metz, Julie Brake, Deb Lutmer, Jen Brake, Lisa Diekmann, Roxanne Kemper, Laura Fodness, Donna Dew, and Brenda Loosbrock.



Ct. St. Bernard #886-Lismore hosted a Dementia Awareness Tour with the help of a group from ACE (Advocate-Connect- Educate) of Southwest MN. The tour gives participants a chance to experience impaired vision, arthritis, neuropathy of the feet, and hearing loss. Participants navigated through a series of instructions. *Pictured below left* is Regent Deb Lutmer as she prepared to complete the instructions. *Below right* Cindy Bullerman of Ct. Santa Maria #247-Adrian, is shown as she finished the "tour". Participants were able to visit about their experiences following the exercise.

Many gained new knowledge as to why dementia sufferers have trouble following directions due to the many physical challenges and sensory stimuli they encounter.





Members from **Court Sacred Heart #1424, Waseca**, recently gathered to make a special gift for our Parish priest and Court Chaplain, Fr. The Hoang. He was re-assigned to Lake City/West Albany and will be missed at Sacred Heart. We made a fleece blanket and hand-stitched a special tag with our CDA logo.

Pictured left with Fr. The is GERALYN KASSEL

Pictured below: CDA members making the blanket are GERALYN KASSEL, JUDY THOMAS, DEB PERREULT, PAT FOLEY, and DEB WOBSCHELL.



Court Sacred Heart #1424, Waseca

Each year, the confirmation students from our parish receive a fleece blanket made by various members of our court. This year, the parishes of Sacred Heart, Waseca and St. Ann, Janesville celebrated this sacrament together. Our volunteers made 45 fleece blankets. Not only were our blanket makers members of Court Sacred Heart, but a few members also went to the local nursing home/assisted living where some residents helped with the tying of these blankets. The blankets were then displayed on the church pews, and each Confirmation student was able to select their own blanket. A tag was sewn onto each blanket that has a verse from 2nd Corinthians, Walk by Faith. As we told the confirmands - many prayers were said while making these blankets. May each student remember this and "feel" the love and prayers through the hard times they may face in the years to come.

Pictured below is Connie Ockwig, Deb Perreault, and Lori Mickelson.



Right: Court St. James #1820 honored their Graduates on Sunday, June 4th, with muffins and juice following mass. Each graduate got to choose a quilt from the Mission Sewing group collection. They meet every Wednesday morning during the winter to quilt and enjoy their time together working on this project.



Left: Judy, Terese, and Stephanie with Orange juice, muffins, and racks of quilts.

Below: Court. St. James #1820 June 2023

Travis Smith, front center, shared his rug making story with our Members. He takes plastic grocery bags and turns them into rugs for the homeless. He's working with Catholic Charities in the Twin Cities for distribution. It takes 900 bags to complete one rug, and about a day to complete. He had finished 62 at the time of our get together. "I feel very Blessed to do this", he shared with us. "Using those bags for mats keeps them out of the ocean where they do harm to our dolphins." Travis's Mom is part of his team. She does the cutting of the bags into strips for weaving.



Court St. Rita #409, Perham

At our June meeting we had a surprise guest. Mary Pufall came to present, in person, past Ct St. Rita#409 Regent Dianne Rohde-Szarke with the Regents award. Dianne was not at the State Convention in Detroit Lakes, so Mary decided to travel to Perham. A fun surprise! Everyone enjoyed fellowship, potluck, prayer, and meeting. Also pictured is Court St. Rita member and ritual coordinator Sherryl Holzer welcoming new member Cheryl Keller.



Court St Rita #409 is preparing for their 54th Annual Style Show!

Save the date and join us in **Perham**

for a fun filled morning fundraiser! The theme this year is:
"FOR THE BIRDS" and will take place October 28, 2023.

Court Our Lady of the Fields, Court #2107, Argyle announced the winners of the two scholarships the court has sponsored for several years. The winner of the Florence Yutzenka Memorial Scholarship was Aiden Anderson, son of Travis and Penni. Aiden graduated as an honor student at Stephen-Argyle Central and will be continuing his education at North Dakota State University this fall. Aiden has been willing to volunteer wherever he's needed in the church and community. Helping at Mass as an altar server, cleaning and preparing the church for the Christmas season, and assisting at Stations of the Cross have kept Aiden busy. Aiden also helps with the elementary students by coaching flag football and assisting within the classrooms. Tessa Durand, daughter of Kelly and Pammy, was selected as the winner of the Sister Mary John Memorial Scholarship this spring. Tessa's volunteer service within St. Rose and the community is outstanding. Tessa has been an altar server, a leader in Stations of the Cross, an RE classroom decorator, and a supervisor at the church Family Fun Night. According to Tessa's essay, her faith and willingness to volunteer were instilled by her parents. Tessa helped as a supervisor for our elementary students who were waiting for the school shuttle bus, and offered her creative eye in the third-grade classroom during gingerbread house decorating; she also delivered meals to shut-in seniors in Stephen. She volunteers at Santa Day and the Argyle Lions Basketball tournament. Tessa graduated with the highest honors from Stephen-Argyle Central and will be continuing her education at the University of North Dakota this fall.

Court St Cecilia #2025, Red Lake Falls- Alex Gullingsrud, grandson of Regent Bev

Philion, won the CDA local and state level essay contest, and it is now sent on to national. He was just recently selected as the Disabled Athlete of the Year and was recognized and received this award from USA Hockey's President's Awards Dinner in Denver, Colorado on June 9, 2023. This is how the award is described, "The USA Hockey Disabled Athlete of the Year Award annually recognizes the outstanding perseverance and dedication by a disabled hockey player through demonstrating the ability to overcome obstacles in the pursuit of excellence both on and off the ice. The recipient of this award exemplifies a positive role model for all disabled hockey disciplines."



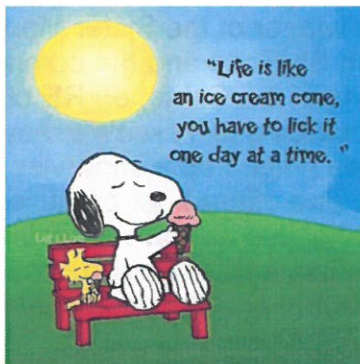
This is his essay:

I was eight years old when I got cancer. This made me very sad and scared. I had to lean on my faith and pray to God because no one knew if I would live. Even though we can't see God, I believe that He is here with us all the time. My saying is that you don't have to see to believe you have to believe to see! I had to do a lot of chemotherapy and spent many days and nights in the hospital. To get rid of the biggest tumor, the surgeon had to amputate my right hip and leg. I was sad to have to lose my leg.

Later that year, I had more scans and the doctors thought I was going to die and go to Heaven very soon. I was sad at first, but I talked with my mom and found out there would be animals in Heaven. I love animals! That made me feel a little better. Even though we can't see God, I know he is always with us, and I felt better knowing that I would be with God and Jesus.

Everyone kept praying for me and a miracle happened! I had lung surgery and the doctors found out that the chemo was working! I finished chemotherapy last summer and since then it has been good! I play sports, go to school, sing in the choir, go to church, play with my friends, play with my toys, dress up, play with my cat, go outside and play, and play with my brother and sisters. I do all of these things with one leg while leaning on my crutches or walker.

Everyone can see that I have to lean on my crutches for support. My faith in God is strong and something that no one can see. I had to lean on my faith in God more than sight to get through everything last year. I know that even though we couldn't see Him, God has been there for me to lean on every step of the way.





Fourteen members of **Court St. Mary Peter #1864** made the trek from Southeastern Minnesota, driving through a snowstorm, to attend the state convention in Detroit Lakes. Court member Monica Capra was installed as State Regent along with Deacon Paul Tschann as State Chaplain.

Above: Picture of our court

From left to right – Rachel Tschann, Linda Kazmierczak, Donna Bautch, Jeanette Richardson, Jan Ryan, Sophie Marichich, Monica Capra, Deacon Paul Tschann, Zonda Befort, Chelsey Tschann (holding her son Gabriel), Joan Welscher, Patrice O'Reilly, Ann Buck, and Ellen Huneke.

Below: State Regent Monica Capra, installed Beth Arendt, of **Court St. Mary Peter #1864**, as District Deputy at their June 26th meeting. Beth will be District Deputy for Court St. Mary Peter #1864 and Court Plainview # 497.



Upcoming Court Anniversaries

Court St. Joan of Arc #1291, Marshall—85 Years—9/11/1938

Court Madonna #839, Wilmont—100 Years—12/9/1923

Nice to know: Past State Regent, Joyce Stock

On June 25 a tornado hit three miles East of Mahnommen and unfortunately it hit the farm site of our Past State Regent, Joyce Stock and her husband, Jim. At the time her son, Jon, was there with two of his young children. As they were in the basement the tornado hit their home and other buildings. In communication with Rosemary Walz she stated that her home was gone. They moved to the farm when Andy was a baby-1964, and made additions later as the family grew. Of course they built many other buildings as the farm grew—all basically destroyed. Joyce said, "All our land is there, and we have great renters. Jim and I have survived worse. We don't need donations, but thanks for your concern. As you know I really haven't been active in CDA for some time. Hope all goes ok for you."

Currently they are living with their son, Jon. Joyce said that since they have three children living in the Fargo-Moorhead area that they are looking to relocate in the area. She stated that they salvaged a few items.

Regent Gina Wander of Court St. Mary #509 of Moorhead sent an email request for the members to say prayers for Joyce and her husband, Jim. Please join in and say a prayer for Jim & Joyce.



Minnesota Catholic Daughters

Monica Capra
MN CDA State Regent
300 Jefferson Drive
Zumbrota, MN 55992

Welcome to our New State Board!!

State Officers

Regent: [Monica Capra](#)
1st Vice Regent: [Cathy Nelson](#)
2nd Vice Regent: [Lisa Ouderkirk](#)
State Secretary: [Linda Schons](#)
State Treasurer: [Darlene Highet](#)
Membership Chair: [Lois Nelson](#)
Webmaster: [Joan Welscher](#)

2023 - 2025

Please welcome our new leadership, who will bring us into the next century of Faith, Hope, and Love. Please check out their bio's inside this issue, and also, sign into the CDA website (mncda.com) to see many pictures, valuable CDA information and forms, and also to upload events from your local Minnesota Court.

Together, using our motto of **Unity and Charity**, lets grow our organization and continue to do great things in the next 100 years!

WEBSITES

Minnesota CDA:
mncda.org-or-mncda.com
National CDA:
catholicdaughters.org

NEWSLETTER

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Email Articles to:

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Or send typed articles and photos to Jackie Svenby (addresses above)

Newsletter Guidelines:

- Story should be 50-125 words
- Include who, what, when, where, and why in your story
- Include Court name, number & city
- If submitting photo, attach it as a .jpeg file to email with article-give photo a caption & identity each person
- Deadlines to submit articles: **July 10—Nov 10—Feb 10**
- Include your name, court, phone and/or email so we can contact you if we need more information.

Blessed Be Their Memory

Ct. Plainview #497, Plainview

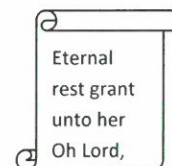
Elaine Lee, Margie Deminng

Ct. St. Mary #509, Moorhead

Magdalen Honl

Ct. Joan of Arc #1291, Marshall

Margaret Roberts, Bernice Fischer



...and may perpetual light shine upon them.